NOVEMBER 2026

SACO MIDDLE

MON	TUE	WED	THU	FRI
2 **Chicken Drumstick** **Cornbread** Garlic Roasted Broccoli Watermelon	3 **Rotini & Meatballs** **Garlic Breadstick** Peas Mixed Fruit	4 **Early Release Day** **Bosco Sticks** Carrots Bananas	5 **Brunch for Lunch!** **Chicken Sausage & Eggs with French Toast Sticks** Hash Brown Maine Apples	6 **BBQ Chicken Pizza** Green Peppers Grapes
9 **Chicken & Waffles with Maine Blueberry Sauce** Sweet Potato Tots Strawberries	10 **Sea Salt's Baked Haddock & Rice Pilaf** Peas Pears	11 **Veteran's Day** **No School**	12 **BBQ Chicken Mac & Cheese** **Garlic Breadstick** Garden Salad Maine Apples	13 **Pineland Farms Big Mac Burger** (tomato, lettuce, pickle, specialty sauce) Potato Wedges Green Peppers Grapes
16 **Chicken Wings** **(Buffalo or BBQ)** **Garlic Knot** Celery & Carrots Plums	17 **Taco Tuesday!** **Walking Beef Tacos** Corn Strawberries	18 **Copy Cat Chic Fil-A Sandwiches** Yellow Peppers with Hummus Maine Apples	19 **Thanksgiving Meal** **Turkey & Gravy** **Dinner Roll** Mashed Potatoes Stuffing Roasted Green Beans Cranberry Sauce	20 **Sriracha Honey Chicken Pizza** Broccoli Slaw Peaches
23 **Grilled Cheese** Homemade Tomato Soup Cucumbers Bananas	24 **Early Release Day** **Popcorn Chicken Bowl** **Biscuit & Gravy** Mashed Potatoes Corn Peaches	25 **Thanksgiving Break** **No School**	26 **Happy Thanksgiving!** **No School**	27 **Thanksgiving Break** **No School**
30 **Vegetarian Baked Ziti with Mozzarella & Maine Ricotta** **Garlic Toast** Garlic Green Beans Honeydew				

On November 10, we are excited to welcome Sea Salt Restaurant to our kitchens to help us prepare their Baked Maine Haddock for lunch!

*other options still available

SALADS OF THE DAY

Monday- Chicken Caesar
grilled chicken-romaine-parmesan-croutons- caesar dressing

Tuesday- Asian Mandarin Salad
sweet Thai chili chicken- mandarin oranges- slaw- red peppers-crispy noodles- romaine- ginger dressing

Wednesday- Buffalo Chicken
buffalo chicken- tomatoes- cucumbers-celery- mozzarella-romaine dressing choice

Thursday- Cobb Salad
ham-chicken-eggs-tomatoes-green peppers-cucumbers- cheese- romaine

Friday- Chef's Choice

DAILY LUNCH OFFERINGS

Bagel Meal

Peanut Butter Sandwiches

Hamburgers, Cheeseburgers. & Chicken Sandwiches

Salad Bar

Milk Choices

Menu is Subject to Change

USDA is an equal opportunity provider, employer, and lender.

NOVEMBER 2026

SACO MIDDLE

MON	TUE	WED	THU	FRI
2 **Lemon Bread** Pineapple Cups	3 **French Toast Sticks** Diced Peaches	4 **Apple Frudel** Apple Slices	5 **Homemade Blueberry Muffins** Diced Pears	6 **Ham, Egg & Cheese Pocket** Applesauce
9 **Corn Muffin** Pineapple Cups	10 **Egg & Cheese Breakfast Burrito** Salsa & Sour Cream Diced Peaches	11 **Veteran's Day** **No School**	12 **Warm Cinnamon Roll** Diced Pears	13 **Early Risers** (McCain Hashbrowns with Egg, Cheese, and Bacon) Applesauce
16 **Pumpkin Bread** Pineapple Cups	17 **Bacon, Egg, & Cheese Breakfast Roll** Diced Peaches	18 **Pancakes** Apple Slices	19 **Blueberry Bread** Diced Pears	20 **Turkey Sausage, Egg, & Cheese Pocket** Applesauce
23 **Mini Blueberry Pancakes** Pineapple Cups	24 **Homemade Chocolate Chip Muffin** Diced Peaches	25 **Thanksgiving Break** **No School**	26 **Happy Thanksgiving!** **No School**	27 **Thanksgiving Break** **No School**
30 **Banana Bread** Pineapple Cups				

ANNOUNCEMENTS

Give Thanks & Eat Breakfast!

A healthy breakfast helps fuel your body, power your brain, and prepare you for a day of learning. We're grateful to have you at our breakfast table!

DAILY BREAKFAST OFFERINGS

Cereal Choices

100% Fruit Juice

Milk

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