NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BREAKFAST BURRITO OR BREAKFAST BAR YOGURT FRUIT & MILK MAC & CHEESE CHICKEN NUGGETS SALAD FRUIT & MILK	3 WAFFLES YOGURT FRUIT & MILK CRISPY BEEF TACOS SPANISH RICE REFRIED BEANS CORN FRUIT & MILK	4 PANCAKE WRAPPED SAUSAGE FRUIT & MILK ORIENTAL CHICKEN SAVORY RICE PILAF STIR FRY VEGGIES GRAPE TOMATOES FRUIT & MILK	5 SCRUMPTIOUS BREAKFAST CAKE STRING CHEESE FRUIT & MILK PIZZA COOKIE SALAD FRUIT & MILK	6 MUFFINS SAUSAGE OR HARD BOILED EGG FRUIT & MILK HAMBURGERS FRIES BAKED BEANS FRUIT & MILK
9 BREAKFAST SKILLET OR CEREAL TOAST FRUIT & MILK CHILI CHEESE FRIES CORNBREAD SALAD FRUIT & MILK	10 YOGURT PARFAIT BREAKFAST BAR FRUIT & MILK BREAKFAST FOR LUNCH PANCAKES & CHEESY EGGS SAUSAGE & TATER TOTS FRUIT & MILK	11 FRENCH TOAST STICKS YOGURT FRUIT & MILK GRILLED CHEESE TOMATO SOUP CARROTS FRUIT & MILK	12 DONUT OR CEREAL FRUIT & MILK BAJA BOWL GUACAMOLE CORN PUMPKIN BARS FRUIT & MILK	13 MUFFINS SAUSAGE OR HARD BOILED EGG FRUIT & MILK BBQ PULLED PORK SANDWICH FRIES & GREEN BEANS JELLO FRUIT & MILK
16 OMELET COTTAGE CHEESE TOAST FRUIT & MILK SPAGHETTI BREADSTICKS SALAD FRUIT & MILK	17 CEREAL YOGURT FRUIT & MILK CHICKEN TACOS REFRIED BEANS CORN COOKIE FRUIT & MILK	18 BREAKFAST SANDWICH OR BREAKFAST BAR FRUIT & MILK RMMHS SANDWICH CARROTS CUCUMBERS COOKIE FRUIT & MILK BURLINGTON, RMES MANHATTAN ROLL POTOATO WEDGES SALAD FRUIT & MILK	19 CINNAMON ROLL SMOOTHIE FRUIT & MILK THANKSGIVING Lunch TURKEY & MASHED POTATOES GRAVY & ROLL PUMPKIN PIE DESSERT FRUIT & MILK	20 MUFFINS SAUSAGE OR HARD BOILED EGG FRUIT & MILK PIZZA SALAD COOKIE FRUIT & MILK
23 BREAKFAST BURRITO OR BREAKFAST BAR YOGURT FRUIT & MILK CHICKEN ALFREDO BREADSTICKS CAESAR SALAD CARROTS FRUIT & MILK	24 WAFFLES YOGURT FRUIT & MILK BURLINGTON, RMES SANDWICH CARROTS CUCUMBERS COOKIE FRUIT & MILK RMMHS MANHATTAN ROLL POTOATO WEDGES SALAD FRUIT & MILK	25 No School	26 THANKSGIVING	27 No School
30 BREAKFAST SKILLET OR CEREAL TOAST FRUIT & MILK HAM PASTA SALAD PORK 'N' BEANS & CARROTS ROLL FRUIT & MILK				

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