



October



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 DONUT OR CEREAL FRUIT & MILK BAJA BOWL GUACAMOLE & CORN PUMPKIN BARS FRUIT & MILK	2 MUFFINS SAUSAGE OR HARD BOILED EGG, FRUIT & MILK SLOPPY JOES FRENCH FRIES GREEN BEANS JELLO FRUIT & MILK
5 CHEESE OMELET COTTAGE CHEESE TOAST FRUIT & MILK SPAGHETTI BREAD STICKS SALAD FRUIT & MILK	6 HOT OR COLD CEREAL YOGURT FRUIT & MILK CHICKEN TACOS REFRIED BEANS CORN & COOKIE FRUIT & MILK	7 BREAKFAST SANDWICH OR BREAKFAST BAR FRUIT & MILK MANHATTAN ROLLS POTATO WEDGES SALAD FRUIT & MILK	8 CINNAMON ROLL SMOOTHIE FRUIT & MILK DIPPER BOWL (POPCORN CHICKEN, MASHED POTATOES, CORN, GRAVY) ROLL FRUIT & MILK	9 MUFFINS SAUSAGE OR HARD BOILED EGG, FRUIT & MILK PIZZA SIDE SALAD COOKIE FRUIT & MILK	
12 BREAKFAST BURRITO OR BREAKFAST BAR YOGURT FRUIT & MILK CHICKEN ALFREDO BREADSTICKS & CARROTS CAESAR SALAD FRUIT & MILK	13 WAFFLES YOGURT FRUIT & MILK CHICKEN FAJITAS PEPPERS & ONIONS SIDE SALAD RICE KRISPY TREAT FRUIT & MILK	14 PANCAKE WRAPPED SAUSAGE W/ SYRUP FRUIT & MILK ORIENTAL CHICKEN SAVORY RICE STIR FRY VEGGIES CHERRY TOMATOES FRUIT & MILK	15 BREAKFAST CAKE CHEESE STICK FRUIT & MILK MEATBALL SUB POTATO WEDGES SIDE SALAD & JELLO FRUIT & MILK	16 NO SCHOOL	
19 NO SCHOOL 	20 YOGURT PARFAIT BREAKFAST BAR FRUIT & MILK TEX-MEX TUMBLE SPANISH RICE CORN FRUIT & MILK	21 FRENCH TOAST STICKS YOGURT FRUIT & MILK SANDWICH CHIPS & COOKIE SIDE SALAD FRUIT & MILK	22 DONUT OR CEREAL FRUIT & MILK CHICKEN CAESAR WRAP TATER TOTS PEAS & CHERRY TOMATOES FRUIT & MILK	23 MUFFINS SAUSAGE OR HARD BOILED EGG, FRUIT & MILK PIZZA SIDE SALAD COOKIE FRUIT & MILK	
26 CHEESE OMELET COTTAGE CHEESE TOAST FRUIT & MILK NACHOS REFRIED BEANS LETTUCE & TOMATOES FRUIT & MILK	27 HOT OR COLD CEREAL YOGURT FRUIT & MILK CHILI CAULIFLOWER CINNAMON ROLL FRUIT & MILK	28 BREAKFAST SANDWICH OR BREAKFAST BAR FRUIT & MILK BBQ PORK RIB SANDWICH FRENCH FRIES SIDE SALAD FRUIT & MILK	29 CINNAMON ROLL SMOOTHIE FRUIT & MILK HAWAIIAN HAYSTACKS BREADSTICKS VEGGIES FRUIT & MILK	30 MUFFINS SAUSAGE OR HARD BOILED EGG, FRUIT & MILK CHICKEN PATTY SANDWICH FRIES CHERRY TOMATOES FRUIT & MILK	



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