

**DPS Prep**



**Sports at**



**Bear\* Valley**

# Agenda

- Coach & Athletic Director introductions
- Eligibility (Grades, Attendance & Behavior)
- Sportsmanship
- Sports Physicals
- Practice and Game Schedules
- Transportation
- Uniforms
- Snack donations
- Q&A



**BEAR VALLEY  
MIDDLE SCHOOL**



**DENVER  
PUBLIC  
SCHOOLS**

**Athletics**

# Prep League/Middle School Athletics

Denver Public Schools Prep League uses **athletics to connect academic motivation, personal growth, and physical health.** By providing quality coaching and diverse sports opportunities, **we create a supportive environment** where middle school students build fundamental athletic skills, leadership, and positive sportsmanship on and off the field.

| Season       | Dates                  | Program                                    |
|--------------|------------------------|--------------------------------------------|
| Early Fall   | September 8-October 16 | Cross Country (XC), Baseball, Girls Soccer |
| Fall         | October 19-December 4  | B/G Flag Football, Floor Hockey            |
| Winter       | January 11-February 19 | B/G Volleyball & 6th Grade Volleyball      |
| Early Spring | February 22-April 9    | B/G Basketball & 6th Grade Basketball      |
| Spring       | April 12-May 21        | Softball, Boys Soccer                      |

# Eligibility- Grades & Attendance



To be eligible for all Bear Valley Sports, students grades must be C's or above (no D's or F's) in all their classes

- Eligibility is reassessed weekly for the following week's games.

If low grades are identified the AD sends an Effort Verification form to that teacher.

- This allows students that are truly doing their best or have IEP accommodations to have a 2nd chance at eligibility.:
- If the majority of team grades decline, study halls will replace regular practices to help students stay on track.
- Coaches and our Athletic Director, Ms.Sarah, will collaborate with teachers to support academic progress.

Students must attend school the day of games in order to participate, even if eligible, will not be allowed to play.

- If you are too sick for school, you are too sick for sports
  - If you are absent for non-illness related issues, please see Ms. Sarah to discuss.

# Eligibility- Behavior



- Behavior is a key factor in maintaining eligibility for all Bear Valley offered sports.
  - Any major incidents, including out of school suspension, could result in removal from the team.
  - Additionally, in school suspensions, or chronic lunch detentions, may lead to reduced playing time, as determined by Coaches or Ms. Sarah.

# Yeti Watch: Sports Update



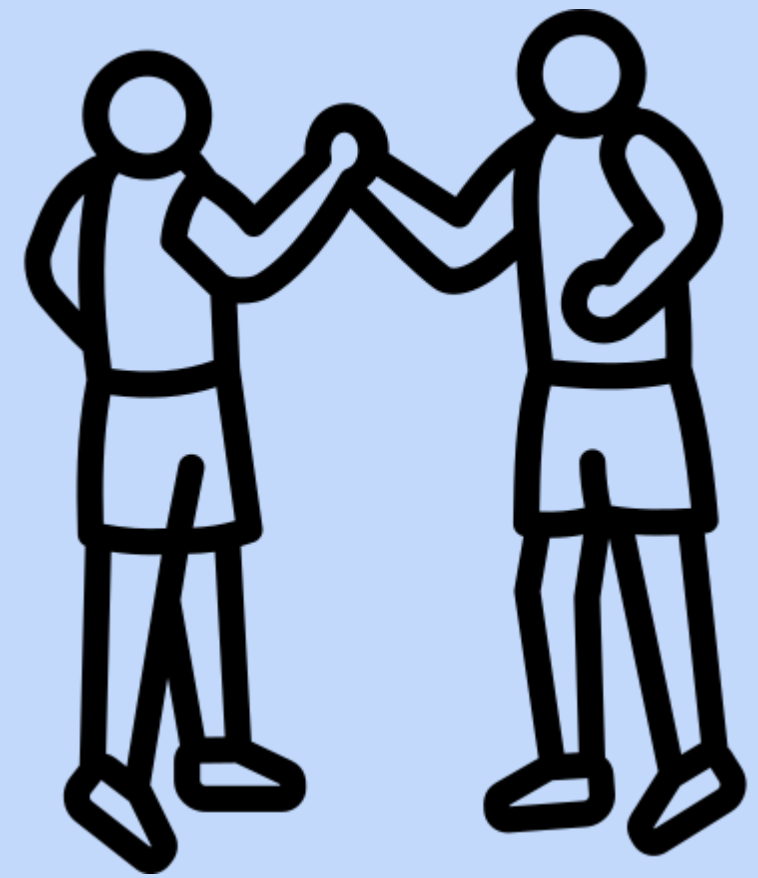
- **On Phase 1**
  - Student can try out and be on team
  - If a student is on phase 1 of Yeti Watch the student can participate in practice and games IF meeting daily goals.
  - If a student does not meet yeti watch daily points (they got 14 or below) on a practice day the student can practice but has to apologize to teammates and coach gives consequence
  - If a student does not meet goals the day of a game the student CANNOT participate.
- **On Phase 2**
  - Student CANNOT tryout or be on the team

# Sportsmanship!

## SPORTSMANSHIP

*noun* |spôrts-mən-SHip|

A person who displays good sportsmanship always plays fair and by the rules. They make an effort to treat opponents, coaches, teammates and referees with respect. Sportsmanship is the golden rule of sports: You should always treat others how you wish to be treated.



# Sport Physicals

All players must have a valid sports physical on file to be eligible to play in the 1st game

JFK/KCAA and Lincoln all have Denver Health Centers inside their buildings and offer sports physicals for FREE!~



# BVMS Student Athlete Contract

My goal is to become the very best player I can be. I, alone, am responsible for my own actions. I am committed to Bear Valley Middle School and therefore will:

**Conduct** myself positively and bring credit and prestige to myself, my team, and BVIS.

**Manage** my time to meet all the responsibilities of academics, sports, and other personal areas.

**Communicate**, both on and off the field, with my teammates and coaches. Respect all aspects of the game; parents, coaches, officials and members in our community.

**Support** the full effort and good skills that my teammates exhibit.

**Perform** with full effort and intensity to the best of my ability in academics and extracurricular activities.

**Accept** my role on the team and what it takes to be the best.

**Demonstrate teamwork**; we rise as a team, we fall as a team.

# BVMS Athlete Parent Contract!

I have given permission for my child to participate in BVMS Athletics. We have discussed the commitments and are committed to contributing to the success of the program. I understand and accept the time obligations of participating, with the following in mind:

**I trust** that the coach is making judgments for the team as a whole unit.

**I will encourage** my child to self-advocate to meet their needs.

**I understand** calls will be made that I do not agree with, but I will withhold any negative comments directed towards officials, coaches, and players.

**I realize** that we, as family members, are role models and representatives of BVMS and we will conduct ourselves accordingly at all times, with appropriate sportsmanship.

**I support BVMS** while attending games, both at home and as visitors.

# Practice & Game Schedules

## Week of 10/19 and 10/26

Wednesday & Thursday 4:00-5:00pm



Once we see the rest of the game schedules, we will send out more information about the practice cadence.

Please be prompt picking up your child as our Coaches cannot go home until all students have left campus!

# Co-Ed Flag Football

| <u>Date Flag FB</u> | <u>Away Team</u>   | <u>Home Team</u>   | <u>Location</u> | <u>Time</u> |
|---------------------|--------------------|--------------------|-----------------|-------------|
| 10/19/26            | Bear Valley (Boys) | Hamilton (Boys)    | Hamilton        | 5:00 PM     |
| Mon.                |                    |                    |                 |             |
| <u>Date Flag FB</u> | <u>Away Team</u>   | <u>Home Team</u>   | <u>Location</u> | <u>Time</u> |
| 10/26/26            | Lake (Boys)        | Bear Valley (Boys) | Bear Valley     | 4:15 PM     |
| Mon                 |                    |                    |                 |             |

Post-season tournaments start 12/1/26

# Transportation

DPS does not provide bussing for Middle School Sports

It is the responsibility of family members to transport their child to all away games.

- \* If you need help or if you are able to carpool to support other families, please alert Mama Yeti.



# Uniforms



DPS Prep Sports provides a uniform to all players to borrow for the season.

Students must return this uniform at the end of the season or they could be charged \$30 for replacement fee





# Snack Sign-ups !

Please check in with  
Mama Yeti if you are  
able to provide a small  
snack and beverages for  
game days!





# Questions?

Please call 720-423-9663 or email

Mama Yeti at

[sarah\\_masten@dpsk12.net](mailto:sarah_masten@dpsk12.net)