

Montbello High School Fall Football Checklist

Any student athlete interested in participating in Football this Fall, please complete the following checklist below. Students at the following schools are welcome to participate Northeast Early College, Robert F. Smith, Vista Academy, DMLK, DSST Green Valley Ranch, KIPP, STRIVE PREP (or any student without a Football program)

In order to participate

1) Get an up to date physical exam (must have been administered in the last 365 days). Physical form is available in the main office.

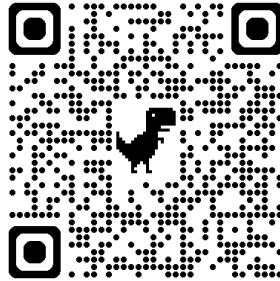
****New for 25-26: The CHSAA membership will only accept the preparticipation physical evaluation form that is linked below. No other form or template will be accepted by the Athletic Office****

[\[PPE Form - All Pages \(English\)\]](#)

[LOCATIONS FOR PHYSICALS](#)

2.) Register for your sport

<https://students.arbitersports.com/montbello-high-school/25-26-fall-sports-montbello>



Interested in playing this fall? Contact our coach for more information!

Football: Head Coach Quinton Rogers theeqbcoach@gmail.com

Lista de verificación de Football de Montbello High School

Cualquier estudiante atleta interesado en participar en Fútbol Americano este año por favor de completar la siguiente lista de verificación. Los estudiantes de las siguientes escuelas son bienvenidos a participar

Northeast Early College, Robert F. Smith, Vista Academy, DMLK, DSST Green Valley Ranch, KIPP, STRIVE PREP (o cualquier estudiante sin un programa de Football)

Para Participar

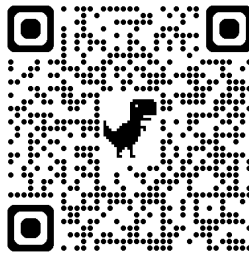
- 1) Obtenga un examen físico actualizado (debe haber sido administrado en los últimos 365 días).

****New for 25-26: The CHSAA membership will only accept the preparticipation physical evaluation form that is linked below. No other form or template will be accepted by the Athletic Office****

[\[PPE Form - All Pages \(Spanish\)\]](#) [UBICACIONES PARA EXÁMENES FÍSICOS](#)

- 2.) Regístrese para su deporte

<https://students.arbitersports.com/montbello-high-school/25-26-fall-sports-montbello>



¿Interesado en practicar este otoño? ¡Contacta a nuestro entrenador para más información!

Futbol Americano: Entrenador Quinton Rogers theeqbcoach@gmail.com