



METACOMET ELEMENTARY SCHOOL MENU

LAUREL ELEMENTARY SCHOOL MENU

November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<div> 2 Grilled Chicken Brown Rice Glazed Carrots 5</div>	<div> 3</div>	<div> 4 Mozzarella Sticks w/ Marinara Sauce  Broccoli Parmesan</div>	<div> 5 All Beef Frank Bun  Boston Baked Beans Fries</div>	<div> 6 Turkey & Cheese Roll  String Beans</div>
<div> 9 BBQ Grilled Chicken Bun  Glazed Carrots 1</div>	<div> 10 Sausage Patty French Toast Sticks  Tater Tots</div>	<div> 11</div>	<div> 12 Sloppy Joes Bun  Lemon Garlic Broccoli</div>	<div> 13 Cheeseburger Bun Green Beans Baked Beans</div>
<div> 16 Chicken Tenders Dinner Roll  Glazed Carrots 2</div>	<div> 17 Beef Ragu Penne Pasta  Zucchini</div>	<div> 18 Chix Fajita w/Cheese, Salsa  Tortilla Black Bean Salad</div>	<div> 19 Beef Pot Roast/ Gravy Dinner Roll  Fingerling Potatoes</div>	<div> 20 Bosco Sticks w/ Marinara Sauce  Lemon Broccoli</div>
<div> 23 Scotts' Jamaican Beef Patty Coco Bread Roasted Corn 3</div>	<div> 24 Roasted Turkey w/ Gravy Dinner Roll Mashed Potato</div>	<div> 25</div>	<div> 26</div>	<div> 27</div>
<div> 30 Walking Tacos (Beef)  Fritos Black Beans 4</div>				

Monthly Notes

School Closed
Election Day- 3rd
Veterans Day- 11th
Thanksgiving Recess-
25th, 26th, 27th

Daily Offerings

ITEMS
Assorted Fruit
Choice of Milk
Veggie Cups w/ Hummus

THIS MONTHS FARMS
Slowpoke Farm
Oxen Hill Farm

*Offered everyday to help make a complete meal & meet USDA nutritional guidelines

A complete meal consists of an entrée, bread or grain, vegetable, fruit & a choice of milk: fat-free, 1% white or non-fat chocolate milk.

* Menu is Subject to Change