



METACOMET ELEMENTARY SCHOOL MENU

LAUREL ELEMENTARY SCHOOL MENU

September 2026

Monday		Tuesday		Wednesday		Thursday		Friday		Monthly Notes	
August 31 BBQ Grilled Chicken Bun Glazed Carrots 1		1 Sloppy Joes Bun Glazed Carrots		2 Roasted Turkey w/ Gravy Dinner Roll Red Beans & Rice		3 Turkey & Cheese Roll Mixed Veggies		4 Sausage Patty French Toast Sticks Tater Tots		School Closed Labor Day – 7th Early Dismissal 16th 30th	
7 2		8 Beef Ragu Penne Pasta Garlic Green Beans		9 Chix Fajita w/Cheese, Salsa Tortilla Black Bean Salad		10 Beef Pot Roast/ Gravy Dinner Roll Mashed Potato Carrots		11 Bosco Sticks w/ Marinara Sauce Lemon Broccoli			
14 Chicken Tenders Dinner Roll Glazed Carrots 3		15 Mozzarella Sticks w/ Marinara Sauce Broccoli Parmesan		*16 All Beef Frank Bun Boston Baked Beans		17 Chicken Empanada Roasted Plantains		18 Stuffed Crust Pizza Garlic Green Beans			
21 Grilled Chicken / Gravy Biscuit Mashed Potato 4		22 Meatlovers Stromboli Mixed Veggies		23 General Tso's Chicken Seasoned Brown Rice Glazed Carrots		24 Meatball Sub Roll Great Northern Beans		25 Smoked Chicken Mac & Cheese Lemon Garlic Broccoli		ITEMS Assorted Fruit Choice of Milk Veggie Cups w/ Hummus Watermelon (Oxen Hill Farm)	
28 Scotts' Jamaican Beef Patty Coco Bread Roasted Corn 5		29 Chicken Alfredo Pasta Roasted Broccoli		*30 Grilled Chicken Brown Rice Glazed Carrots		August 27 Cheeseburger Bun Fries Week 0		August 28 Round Cheese Pizza Parmigiana Broccoli			

A complete meal consists of an entrée, bread or grain, vegetable, fruit & a choice of milk: fat-free, 1% white or non-fat chocolate milk.

Vegetarian Locally Grown Whole Grain = WG Scratch Cooking Healthy Sourced/ Low Processing

Daily Offerings

ITEMS

Assorted Fruit

Choice of Milk

Veggie Cups w/ Hummus

Watermelon
(Oxen Hill Farm)

*Offered everyday to help make a complete meal & meet USDA nutritional guidelines

* Menu is Subject to Change