



LOCAL RESOURCES

Cascade School District Office

Superintendent: Dr. Tracey Edou 509-548-5885

Cascade High School & Discovery

Principal: Jon Gasbar
Counselor: Assistant Principal: Annika Bibby
Career Counselor: Meche Grace
Special Education Case Managers: Katie Schmitten
Becca Fritz, Dalia Tovar (Jenny Yates), & Kristy Barnes

Icicle River Middle School

Principal: Kim Gilreath
Counselor: Hana Getsinger (Home Link Counselor as well)
Special Education Case Managers: Jason Kramer & Nayeli Aguilar
Communities in Schools: Dora Campos

Alpine Lakes & Beaver Valley Elementary Schools

Principal: Terry Muscutt
Counselor: Angela Waggoner
Special Education Case Managers: Lori Wylie & Kristy Barnes
Communities in Schools: Dora Campos

Peshastin-Dryden Elementary

Principal: Emily Ross
Counselor: Angela Waggoner
Special Education Case Managers: Melissa Trammell

Kodiak Cubs Preschool

Lead Teacher: Lindsay Camp
Special Education Case Manager: Jason Kramer

Home Link

Principal: Brenda Bartelme, Interim
Teachers: Shanda Holm, Kathleen O'Bryan-Boling
Secretary: Julie Winters

Other Services

Career and Technical Education Kirk Sunitsch 509-548-5277
Special Education Program Mgr. Michelle Arnold 509-548-4042
School Psychologist: Tyler Cox 509-548-5832
Physical Therapist Stephanie Astell 509-548-4004
School Nurse Maria Lutes 509-433-0017
Medical Specialist Chloe Hollatz 509-433-0024
Homeless Liaison Officer Hana Getsinger 509-548-4042
Multilingual Learner Director Emily Ross 509-548-5832
Facilities/Grounds/Food Services Teresa Disher 509-548-5885
Transportation Andrea Skylstad 509-548-6039

EMERGENCY CONTACTS

Emergency 911

Designated Crisis Responders (DCRs): Suicide Prevention/Risk Assessments
Chelan-Douglas County DCR Catholic Family & Child Services 509-888-2118
Crisis Line (24 hour) 509-662-7105
Chelan-Douglas RSN Mental Health Crisis Lines 1-800-852-2923
Suicide Prevention 988 or 1-800-273-TALK (8255)
Wenatchee DCFS 1-800-562-5624 CPS for Eastern WA 1-800-557-9671

CHELAN COUNTY JUVENILE JUSTICE RESOURCES

Chelan County Sheriff (Non-Emergency Number): 509-663-9911
CSD School Resource Officer: Deputy Javier Reyna 509-663-9911
At-Risk Youth Petition: Delia Garcia 509-667-6353
Juvenile Center Manager: Corey Stephens 509-667-6647
Probation Officer for Cascade SD: Pedro Magana 509-667-6352

HEALTH CARE PROVIDERS/AGENCIES/COUNSELING RESOURCES

SAGE/Domestic/Sexual Violence Center (24hrs) 509-663-7446
Teen Text Hot Line 509-669-9652
Catholic Family Services 509-662-6761
Children's Home Society 509-663-0034
WISE Program ([Wraparound with Intensive Services](#))
Columbia Valley Community Health 509-662-6000
Confluence Health 509-663-8711
Behavioral Health Clinic
Developmental & Behavioral Pediatrician: Petra Swidler
Strength of Life Counseling 509-888-4866
The Ripple Foundation 509-548-8109
O'hana Occupational Therapy 509-699-0214
Mt. Stuart Physical Therapy 509-548-3133
Treehouse Therapy Fax 509-357-9593
Leavenworth Family Naturopathic Medicine 509-881-0722
Cascade Medical Center (Emergency Room & Admitting) 509-548-5815
Maxwell Moholy, Licensed Clinical Psychologist 509-548-3420
Aisha Houghton, Clinical Social Worker 509-548-3420
Physical, Speech, and Occupational Therapy 509-548-3421
PLU Couple and Family Therapy Center 253-535-8772

PRIVATE COUNSELORS/HEALTH CARE PROVIDERS

Stacey Barnhill 509-881-1772 Lori Van Lith 509-667-7790
Micah Vacatio <https://www.towardthewithincounseling.com>
Julie Broxson 509-663-3304 Jenelle Landgraf 509-508-1256
Maile Davelaar 509-676-6009 Andra Darlington 509-566-9780
Stephanie Drexel 509-670-5919

CHEMICAL DEPENDENCY RESOURCES

The Center for Alcohol & Drug Treatment (pp & coupons) 327 Okanogan Ave, 509-662-9673
New Hope Recovery 238 N. Chelan Ave 509-293-7724
Shipowick-Smith Counseling (insurance & credit cards) 326 N. Miller 509-667-0679
New Path (Insurance & Medicaid) 509-664-0950

CRISIS & HEALTH RESOURCES

Crisis Management/Student/Family Support: <http://www.cmionline.org/>

Counseling: <https://www.psychologytoday.com/us/therapists/wa/wenatchee>

Designated Crisis Responders: [Mental health crisis lines](#) | [Washington State Health Care Authority](#)

Suicide Prevention: <https://988lifeline.org/>

Teen support: <https://www.teenline.org/>

IMMIGRATION RESOURCES

- **CAFE:** Community partner who has offered services to help with counseling and immigration questions. Contact Maria Morales, (509) 415-8274.
- **Northwest Immigrant Rights Project:** Promotes justice by defending and advancing the rights of immigrants through direct legal services, systemic advocacy, and community education. Phone: (509)-570-0054. Toll-Free: 866-271-2084. Location: 620 N. Emerson, Suite 201, Wenatchee.
- **Hand in Hand Immigration Services:** A local nonprofit agency where immigrants can receive accurate, up-to-date information about the citizenship process and clarification of their particular requirements for citizenship. They assist clients, students, and the community, and they provide guidance if they are unable to assist. Phone (509)888-4833. Email: info@handinhandis.org.
- **Immigrant Legal Resource Center:** A national nonprofit resource center that provides immigration legal training, technical assistance, and educational materials. They engage in advocacy and immigrant civic engagement to advance immigrant rights. They offer [printable Red Cards](#) in various languages that help people assert their rights and defend themselves in many situations.
- Legal Counsel for Youth and Children: <https://lcywa.org/resources/immigration>
- Office of the Superintendent of Public Instruction: <https://ospi.k12.wa.us/policy-funding/equity-and-civil-rights/immigrant-students-rights-attend-public-schools#:~:text=Like%20other%20children%2C%20undocumented%20students,the%20basis%20of%20undocumented%20status>.
- **Wenatchee for Immigrant Justice:** provides Know Your Rights training and family support. Phone: 509-237-8120. Email: wenatcheeij@gmail.com.

LOCAL PROGRAMS & SERVICES

The Community Cupboard: Formed as a food bank by local churches in 1983, the Community Cupboard has grown both in size and services over the years. Currently located in a space donated by the City of Leavenworth, the Cupboard now includes a food bank, thrift store, and Emergency Family Assistance services. Location: 219 14th Street Leavenworth Phone: 509-548-6727

Upper Valley MEND: MEND stands for Meeting Each Need with Dignity. We are an independent human service organization dedicated to meeting the basic health, housing and hunger needs of residents and transients in the Upper Wenatchee Valley. Our goal is to meet these basic needs in a way that respects the integrity and dignity of each person. Location: 347 Division St. Leavenworth WA 98826 Phone: (509)548-0408. Emergency Assistance Program Manager: Liz Hazen 509-293-8062 (direct) liz@uvmend.org

The Upper Valley Free Clinic: Provides free medical care and dental consultation at the Cascade Medical Center in Leavenworth. No appointment is necessary, and patients are seen on a first-come, first-serve basis. Major dental work, including dental surgery, is not done at the free

clinic, but patients can be referred to local partner dentists. The cost of care with partner dentists may be subsidized depending on the patient's income and specific situation. Hours: 6:30 - 8pm on Mondays Location: Cascade Medical Center, 817 Commercial Street

Cascade Medical Center's Financial Assistance: CMC's program can help reduce or eliminate medical bills for patients who meet income criteria, even if they have insurance. Discounts are applied on a sliding scale for patients who earn a household income of up to 250 percent of the federal poverty level. Applications are available in both English and Spanish on Cascade Medical's website, www.cascademedical.org . If you think you may be eligible for Medicare, Medicaid or other government or community programs, an insurance navigator at Cascade Medical can help you get started. Call CMC's staff at 509-548-3436 for details.

Cornerstone Community - Mission Statement: To provide a loving home and gathering place for people with developmental disabilities. Cornerstone Community is a home for six adults with developmental disabilities. Location: 12125 Detillion Road (509) 888-3311

Tierra Learning Center -Trails Program, Coyote House, & Mountain Sprouts Preschool TRAILS is a program based in a beautiful natural setting that offers opportunities to fully immerse ourselves in both our environment and our community. TRAILS Recreational Arts component encompasses fun and engaging activities that build self-esteem, self-awareness, teamwork, trust and self-expression. Our Independent Life Skills component includes a focus on pre-vocational training, service, meaningful work opportunities, and life skills practice. Location: Tierra Village 11864 Sunitsch Canyon Road 509 548-1200 ext. 5

Upper Valley Connection – Building a holistic community that includes our special needs population in an environment that cultivates compassion, one connection at a time. Activities include sports, arts, music, and other social activities. For more information contact Maren Cagle Phone: (509) 888-4181. Email: uppervalleyconnection@gmail.com