



## Fall 2026 Sports - First Week 8/17-8/22

### **Boys Cross Country** - KMC Track

Monday-Friday, 8/17-8/21: 5:30-7:00 am

Weather may affect practice times. All information will be shared by coach. For more information, contact Coach Garcia, [ggarcia@kapaun.org](mailto:ggarcia@kapaun.org)

### **Girls Cross Country** - KMC Track

Monday-Friday, 8/17-8/21: 5:30-7:00 am

Weather may affect practice times. All information will be shared by coach. For more information, contact Coach Bina, [gbina@kapaun.org](mailto:gbina@kapaun.org)

### **Flag Football** - KMC Baseball Outfield

Monday-Tuesday, 8/17-8/18: Tryouts: 3:15-5:15 pm

Wednesday-Friday, 8/19-8/21: Practice: 3:15-5:15 pm

For more information, contact Coach Mires, [tmires@kapaun.org](mailto:tmires@kapaun.org)

### **Football** - KMC Turf Field

Monday-Friday, 8/17-8/21: Practice: 3:15-5:45 pm

Saturday, 8/22: Practice: 7:00-9:00 am

For more information, contact Coach Schartz, [wschartz@kapaun.org](mailto:wschartz@kapaun.org)

### **Girls Golf** - KMC & Crestview Country Club, 1000 N 127<sup>th</sup> St E

Monday, 8/17: Meeting in KMC Crusader Lounge: 3:30 pm

Tuesday-Thursday, 8/18-8/20: Practice at Crestview Country Club: 3:30-6:00 pm

Proper dress attire is mandatory. For more information, contact Coach Novascone, [cnovascone@kapaun.org](mailto:cnovascone@kapaun.org)

### **Boys Soccer** - Stryker Sports Complex, 2999 N Greenwich Rd

Monday-Tuesday, 8/17-8/18: Tryouts: 4:00-5:30 pm

Wednesday-Friday, 8/19-8/21: Practice: 4:00-5:30 pm

For more information, contact Coach Cantele, [acantele@kapaun.org](mailto:acantele@kapaun.org)

### **Girls Tennis** - KMC Tennis Courts

Monday, 8/17: Practice for all: 3:30-5:00 pm

Tuesday, 8/18: Tryouts (times will be assigned)

Wednesday-Thursday, 8/19-8/20: Tryouts Matches (times will be assigned to each athlete)

Friday, 8/21: Practice, only for athletes playing in the Collegiate Classic on 8/22. No practice for the rest of the team.

Saturday, 8/22: Collegiate Classic Varsity Tournament

For more information, contact Coach Schulte, [kschulte@kapaun.org](mailto:kschulte@kapaun.org)

### **Volleyball** - KMC Main Gym

Monday-Tuesday, 8/17-8/18: Tryouts: 9<sup>th</sup> grade, 5:45-7:00 am; JV, 3:30-5:00 pm; Varsity, 5:00-6:30 pm

Wednesday, 8/19: Individual Meetings: 3:30-6:00 pm

Thursday, 8/20: Team Practice: 3:30-5:30 pm; Parent Meeting: 5:30 pm

Friday, 8/21: TBD

For more information, contact Coach Holovach, [hholovach@kapaun.org](mailto:hholovach@kapaun.org)

**Team Photos: Saturday, 8/22, 7:30 am - 11:00 am**  
**Coaches will announce scheduled time to teams.**