

CHEBOYGAN ATHLETIC CODE OF CONDUCT

Participation in Cheboygan Area Schools athletics is a privilege, not a right. Student-athletes are students first. When participating in District athletics, student-athletes are District representatives and are held to the highest standards. Accordingly, this Athletic Code of Conduct applies 24 hours a day, 365 days a year. Student-athletes and parents should be familiar with this Athletic Code of Conduct. By participating on any school-sponsored athletic team both student-athletes and parents agree to abide by these terms.

Athletic Director: Jason Friday; 231-627-7191; fridayj@chebschools.com

Available Sports Golf M/F; Volleyball; Cross-Country M/F; Football; Basketball M/F ; Wrestling; Baseball; Softball; Track & Field M/ F ; Hockey; Soccer M/F; Bowling M/F

Communication Protocol

The District has full faith in its coaches to make decisions that are in the best interest of their teams. If parents have questions or concerns about their student-athletes' sports participation, use the following protocol:

1. Wait 24 hours before contacting the coach.
2. Schedule a time to speak with the coach, either via phone or in-person, at the coach's discretion.
3. If the issue is unresolved, schedule a time to speak with the Athletic Director, either via phone or in-person, at the Athletic Director's discretion.

Concussion Protocol

The District will comply with the concussion protocol in Policy per MHSAA guidelines .

A student-athlete must:

1. Unless otherwise approved by your coach, if school is in session, attend school for the full day to be eligible to practice or play in an event on the same day.
2. Comply with the law, Board Policy, the Student Code of Conduct, the Athletic Code Of Conduct, and all team rules. Failure to comply with this provision may result in suspension or removal from a team.
3. Not possess, use, or consume alcohol, tobacco, cannabis, nicotine (including a vape), or controlled substances (other than those prescribed by a physician for the student-athlete).
4. Not engage in conduct that is unbecoming of student-athletes.
5. Maintain academic eligibility as required by the Cheboygan Area Schools
6. Notify your coach or District athletic trainer of any injury or medical condition that may affect your athletic participation.

An athlete will not be able to play another sport if he/she is removed from a team for disciplinary reasons. If a player is out for reasons other than disciplinary, he/she may participate in another sport.

Philosophy and Administration of the Cheboygan Athletic Program

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Section I

Introduction

A. Athletic Mission Statement

Cheboygan Area High School is committed to providing equal opportunity to compete in interscholastic athletics for both male and female students. All interscholastic activities recognized and approved by the Board of Education shall follow the guidelines established by the Michigan High School Athletic Association.

B. Athletic Program BeliefsThe Cheboygan Area Schools Athletic Program should:

- Teach individuals to be humble in victory and gracious in defeat.
- Provide and maintain quality athletic facilities and equipment.
- Provide and develop quality coaches to ensure an effective athletic program.
- Promote personal development by building positive self-esteem and nurturing positive behavioral and academic habits, while fostering emotional maturity.
- Teach character qualities such as discipline, responsibility, respect for authority, loyalty, and trust.
- Develop valuable life skills such as leadership, communication, teamwork, sportsmanship, goal-setting, and a healthy lifestyle.
- Instill a winning attitude developed through commitment, strong work ethic, sacrifice, perseverance, and quality competition.
- Nourish social development by building relationships and celebrating school spirit.
- Encourage responsible, enthusiastic support at our athletic events.
- Adhere to Title IX directives.
- Recognize and celebrate the outstanding accomplishments of our athletes, coaches, and teams.

C. Message to Athletes

Participation in interscholastic athletics is a privilege, which must be earned by students who continuously adhere to the standards of conduct, both in and out of school, which are listed in the School Student Code of Conduct, the Athletic Code, and the Team Rules established by the team coaches. The goal of student-athletes is excellence in academics and in athletics. When athletes wear Cheboygan School colors, they are representatives of Cheboygan traditions. Participation in Cheboygan athletics is a privilege that is earned through hard work and respectful behavior in the classroom as well as during athletic practices and contests. High standards of conduct are expected of Cheboygan athletes. Other students, staff, parents, and members of the community shall closely observe the conduct of an athlete. His/Her behavior should be above reproach at all times. The Athletic Code applies to all students, regardless of participation status, commencing the first day after graduating their 6th grade school year and remains in effect the entire calendar year (365 days), whether they are in- season or out-of-season, both on and off school property until the school experience ends. Failure to obey the School Student Code of Conduct, the Athletic Code, or the Team Rules will result in disciplinary action up to and including suspension from the team, suspension from school, and/or denial of future participation in Cheboygan athletics.

D. Message to Parents

Your student has indicated a desire to participate in the high school interscholastic athletic program. Parents of student athletes also commit themselves to certain responsibilities and obligations, which are outlined in the Athletic Code. Your signature on the Athletic Code Contract, along with the signature of your student-athlete, acknowledges that you have read, understand, and accept the responsibilities and obligations listed in the Code, and agree to cooperate with school personnel in enforcing the Athletic Code. Failure to return the Athletic Code Contract signed will not exclude you or your son or daughter from the expectations of the Code.

Parent(s) of athletes participating in fall, winter, and/or spring sports are encouraged to attend the seasonal meeting scheduled by the Athletic Director as well as the parent meeting scheduled by the Varsity Coach of each sport. Copies of the team rules will be distributed and discussed with parents at this meeting.

As fans and spectators at athletic events, parents of athletes play a special role in supporting their athlete, the coach, and the team. Parents of athletes are expected to model good sportsmanship at all athletic events. **Failure to adhere to acceptable standards of adult behavior may result in removal from the event and/or future events.** All parents are invited to join the Athletic Boosters and become part of the long-standing traditions associated with interscholastic athletic support in Cheboygan.

SECTION II

Guidelines

A. Definition of Athletic Code/Team Rules

The Athletic Code applies to all students, regardless of participation status, commencing the first day after graduating their 6th grade school year and remains in effect the entire calendar year (365 days), whether they are in-season or out-of-season, both on and off school property until the school experience ends. In addition, coaches in any particular sport may impose supplemental rules for his/her team as approved by the Athletic Director. In all cases, the team rules must be consistent with the Athletic Code. In the event of a conflict or inconsistency between the Athletic Code and Team Rules, the Athletic Code will control, with the Athletic Director (A.D.) making the final decision.

B. Sportsmanlike Expectations

A good sport is a true leader within the school and the community. As an athlete of our school, the following points represent sportsmanship behavior you should display:

1. Accept and understand the seriousness of your responsibility, and the privilege of representing your school and community. Conduct yourself in an exemplary manner, before, during, and after contests and events.

2. Learn the rules of your sport thoroughly and discuss them with parents, fans, fellow students, and elementary students to assist both them and you in achieving a better understanding and appreciation of the competition.
3. Treat opponents the way you would like to be treated.
4. Omit intimidating behavior, including taunting, or making any kind of derogatory remarks to your opponents during the game, especially comments of ethnic, racial, or sexual nature. This is not acceptable behavior.
5. Wish opponents good luck before the game and congratulate them in a sincere manner.
6. Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will make a positive impression of you and your team in the eyes of the officials and all people at the event.
7. Win with humility; lose with grace. Do both with dignity. Avoid excessive celebration after a player at the end of a game.
8. Athletic events are among the most popular activities for participants and spectators. These games and competitions provide another learning experience in life. Integrity, fairness, and respect, the principles of good sportsmanship, are lifetime values enhanced through athletics.
9. It is expected that all student-athletes will conduct themselves in an orderly and self-disciplined manner at all times, both on and off school property throughout the calendar year. Appearance and personal hygiene should be appropriate for travel and other team appearances, in good taste, and consistent with the expectations of the coach, school district, and other team members.

Any form of unacceptable behavior by any student is subject to discipline, which may include removal from the event, suspension of attendance to all Cheboygan home athletic events up to a full school year, suspension from school, and/or referral to the local authorities.

Student Attending Athletic/Extracurricular Events (Example: Student Section)

Students are expected to conduct themselves in a manner that reflects positively on Cheboygan Area Schools, Cheboygan Area Schools athletes, and the Cheboygan community. With this expectation in mind, the student code of conduct will be enforced at all times at athletic/extracurricular events (home or away). Additionally, if students are removed from an event from a referee, school official, or other adult in a leadership role, they will face the following consequences:

First Offense- Student will be suspended from attending all athletic/extracurricular events for two consecutive weeks.

Second Offense- Student will be suspended from attending all athletic/extracurricular events for the remainder of the season (Fall, Winter, Spring) or a specified date set by school administration.

C. Philosophy of Winning

Winning is the primary objective of each contest within the parameters of our Mission Statement and beliefs.

Since the Varsity team is the culmination of Cheboygan's athletic experience, winning is a priority and cuts can be made if necessary.

Middle School Athletics - Participation in middle school (7th and 8th grade) athletics is an introduction of interscholastic sports to student athletes. Recognizing that a strong middle school athletic program is the foundation of a successful high school program, middle school athletic participation should be encouraged by providing as many students as possible with an opportunity to learn the skills and physical requirements necessary for athletic competition.

Junior Varsity Athletics - (Open to freshman, sophomores, and juniors in special situations approved by the AD) Teams are to prepare and develop athletes for varsity competition. The level of intensity on the practice field should increase, as should the commitment to the sport by the student athlete.

Varsity Athletics - (Open to all CHS students) Varsity level athletics are a culmination of the CHS athletic experience. To be chosen to represent CHS as a varsity athlete is a privilege and an honor that is earned through hard work, effort, and commitment to a sport. The best athletes within CHS, regardless of class level, can make the varsity team. At this level, no one is guaranteed playing time as the best student-athletes should be on the field/court/mat/course when the skills and intensity of the competition requires the best. All student-athletes should be committed and focused at all practices and events, demonstrate good sportsmanship on the field of competition as well as off, and be excellent role models. All student athletes are guaranteed sufficient practice time, when possible, to enable them to improve their skills and demonstrate a positive attitude.

D. General Information

Physicals and Athletic Code Contract - All athletes must have on file at the Athletic Director's office a Physical

Uniforms - Athletes are financially responsible for the proper care and security of uniforms issued to them. Uniforms need to be returned clean. Any uniforms not returned or returned with major defects will be the financial responsibility of the athlete. The student will not be issued another uniform or be allowed to participate in an Cheboygan athletic contest until either the uniform is returned or payment is received for the replacement. In the case of a senior athlete, he/she may not be eligible to participate in graduation ceremonies unless the uniform is returned or paid for.

Team Membership – Once an athlete has participated in a full week of practice or made a team through cuts, he/she may not change to another sport without permission from the coach of the sport he/she is dropping, the new coach and the athletic director. If an athlete is dropped from a team for disciplinary reasons, he/she is not allowed to try out for another sport during the same season.

Injuries/Medical Conditions

When the athletic trainer refers a student athlete to follow up with a doctor, and that doctor holds the student athlete from participation, the student athlete needs a clearance letter from said doctor to return to athletic participation.

Athletic Code Enforcement - The Athletic Code applies to all students, regardless of participation status, commencing the first day after graduating their 6th grade school year and remains in effect the entire calendar year (365 days), whether they are in-season or out-of-season, both on and off school property until the school experience ends. The athletic code is not limited to school conduct at school-sponsored activities or school property. Rather, the Athletic Code applies on a 24-hour basis and has no limitation as to the place of conduct.

E. Summary of Michigan High School Athletic Association Regulations on Eligibility for High School Athletes as Applicable in Cheboygan Area Schools:

All rules of the Michigan High School Athletic Association must be adhered to.

Age - High school students become ineligible if they reach their nineteenth birthday before September 1 of a current school year.

Physical Examination - Students must have on file, in the Athletic Director's office, a physician's statement for the current school year (after April 15th) certifying that he/she is physically able to compete in athletic contests and practices.

Enrollment - Students must be enrolled in school prior to the fourth Friday after Labor Day (1st semester) or fourth Friday of February (2nd semester) for which he or she competes. Semesters of Enrollment - Students cannot be eligible in high school for more than eight semesters and the seventh and eighth semesters must be consecutive. Students are allowed four (4) first semesters and four (4) second semesters of competition and cannot compete if they have graduated from high school. Semester Academic Records - Students must have passed enough classes that equal or exceed 20 credit hours of instruction per week the previous semester to be eligible to begin playing a sport during the next semester.

Transfer Students - A student in grade nine through twelve who transfers to Cheboygan High School from another high school is not eligible to participate in an interscholastic contest for one full year unless the student qualifies for immediate eligibility under MHSAA exceptions. The Athletic Director should be notified immediately of the transfer and will determine the eligibility of the student.

Undue Influence - The use of undue influence by any person directly or indirectly associated with a school to secure or encourage the attendance of a student for athletic purposes will cause the student to become ineligible for a minimum of one semester.

Limited Team Membership - After practicing or participating with a high school team, students cannot participate in any athletic competition not sponsored by his/her school in the same sport during the same season. Students in individual sports may participate in a maximum of two non-school individual meets or contests during the school season while not representing their school.

All-Star Competition - Students shall not compete at any time in any sport under MHSAA jurisdiction in All-Star contests or national championships regardless of the method of selection. Participation in such a contest shall cause that student to become ineligible for a maximum period of one year of school enrollment.

Awards and Amateurism - Students cannot receive money or other valuable consideration, for participating in MHSAA sponsored sports or officiating in interscholastic athletic contests, except as allowed by the MHSAA handbook. Students may accept, for participation in an MHSAA sponsored sport, a symbolic or merchandise award, which does not have a value over \$40.00. Banquets, luncheons, dinners, trips, and admissions to camps or events are permitted if accepted "in kind." Awards in the form of cash merchandise, certificated, or any other negotiable document are not allowed.

Disqualification: Regulation V Section 3 (D)

The following policies for disqualification shall apply in all sports.

1. When a student is disqualified during a contest for flagrant or unsportsmanlike conduct, that student shall be withheld from competition for at least the next day of competition for that team.
2. Failure of the school, for any reason, to enforce this regulation will prohibit the school from entry in the next MHSAA tournament for that sport, or from the remainder of the current tournament if the disqualification occurs during an MHSAA tournament, or during the last regular season day of competition.
3. Disqualifications from one season carry over to the next season in that sport for undergraduates and coaches, or the next season in any sport for seniors.
4. If the playing rules for sport specify an additional penalty, more rapid progression, or use of such a progression for other violations, the playing rules apply.

F. Eligibility Concerning Previous Semester Records, Current Semester Grades, and Daily Attendance.

Participants must be a full time student to participate in athletics. All incoming freshmen are eligible to participate in athletics. All 8th grade students are eligible to participate in athletics at the Middle School. All athletes must be passing five classes at all times to remain eligible to participate in athletics. If the athlete becomes ineligible due to grades, a weekly progress check will be completed. After a two week probationary period, the athlete is ineligible for a minimum

of one week and may become eligible if he/she is passing five classes. Student athletes who do not meet the weekly eligibility standards for three (3) consecutive weeks will be removed from the team. A student that fails three or more classes in a semester is ineligible for the next semester (90 school days). Exception to the 90-day rule is after the second semester the student completes summer school, correspondence or on-line courses that result in eligibility being restored.

Previous Semester Record - The MHSAA requires that students must have passed enough classes that equal or exceed 66 2/3% credit hours (must pass 4 of 6 classes) of instruction per week the previous semester to be eligible to begin playing a sport during the next semester.

- Athletes may practice and participate in all athletic contests during the probationary period.
- Ineligible student athletes will not participate in any contests the week after an unsuccessful probationary period beginning Sunday and running through Saturday.
- Practice eligibility will be left up to the parent(s) and coaches involved. Ineligible athletes will be unable to participate and dress for athletic contests and will remain ineligible until he/she returns to passing status.

Daily Attendance - On the day of a scheduled athletic event, student athletes must attend all hours of the school day. If an absence occurs, the student may be ineligible for the day's contest. If it is necessary to attend an appointment on a game day, verification must be provided upon returning to the school (pre-arranged absence or doctor's note). It is expected that the athlete will attend as much school, both before and after appointment, as able. The athlete is expected to be in school for a full day following an athletic contest or he/she may be ineligible for the next contest. All situations are subject to administrative discretion.

- A parent calling in to excuse an absence the day of a game does not meet qualifications

Provision for Student Athletes Returning from Late Events

If a student athlete rides the bus back from an athletic event and the bus pulls into the school parking lot after 11:30pm, then the student athlete will have the ability to have an excused absence for the following zero hour and 1st hour of the next day. To use this provision, a parent/guardian must still notify the high school office about their student athlete's absence.

G. Team Rules and Violations

Team rules must be in writing and approved by the Athletic Director prior to the start of the season and will be distributed to athletes within the first week of practices. Parents will receive a copy of the team rules during the required Parent Meeting that the coach schedules at the beginning of the season or upon request. Penalties for violating team rules may not be more severe than the penalties approved by the Athletic Code.

Each coach shall be afforded a reasonable amount of discretion, subject to final approval by the A.D., in interpreting and applying his/her team rules, in determining whether an athletic department rule has been broken, and in setting the appropriate penalty for the athlete who has broken a team rule.

Discipline imposed by a coach and approved by the Athletic Director, which results in suspension or removal from the team may be appealed by sending a letter to the Athletic Committee.

H. Rules for Disciplined Athletes

1. A student who is suspended from school may not practice or be in attendance at practice. If the school suspension covers the day of a contest, the suspended student may not travel, dress, or sit on the bench with his/her team.
2. Athletes suspended during the season may forfeit any claim to athletic awards that season, pursuant to Team Rules.
3. Persistent behavioral issues in school may result in loss of playing time.

I. Team Advancement Guidelines

The intent of advancing an athlete to a level beyond which he/she would normally play (9th grade athletes at the freshman or junior varsity level and 10th grade athletes at the junior varsity level) is to provide an exceptionally talented athlete the opportunity to enhance his/her experience and skill development, as well as contribute to the success of the team.

The following Team Advancement Guidelines must be followed:

- The Head Varsity Coach is responsible for making the initial recommendation regarding who should be considered.
- The proposed team advancement must be discussed and approved by the A.D., the Varsity Head Coach, and the parent(s)/guardian and agreed upon using the Cheboygan Athletic Programs Consent Form
- Middle School athletes at Cheboygan cannot, by MHSAA rule, be advanced to the freshman level and above.

J. Dual Sports

1. Students are allowed to participate in two co-curricular activities during the same season. Students wishing to participate in two sports during the same season will need to obtain a request form from the athletic director and follow the guidelines set down by the athletic department involving dual sports participation.

2. Students are not allowed to participate in "open gym" as well as other non-school competition in another sport, on the same day they are participating in a school sponsored co-curricular sports activity, without permission of the head coach of the sport in which they are currently participating and the building principal.

Rules of Dual Sport Participation

1. A student who wishes to participate in two sports during the same season must designate a primary sport.
2. A primary sport is defined as the sport which takes precedence over another sport in the event there is a conflict of schedule or any other matter that could lead to a conflict. The student must adhere to the primary sport in the event of any and all scheduling conflicts. If one sport has a contest and the other has practice, the contest will take precedence.
3. Both coaches **MUST** agree and both coaches must sign a contract of dual sport participation.
4. The student must practice in both sports but the amount of practice time must meet the agreed requirements of the head coaches of those sports involved.
5. Approval may be denied because of academic concerns at any time during the sport season. The athletes will then participate in the primary sport only.
6. The student and parents or legal guardians must sign a contract of dual sport participation before the first practice sessions he or she attends.
7. In the event that a student is disciplined for any infraction in a specific sport, the consequence will also be applied to the second sport in the season of dual participation.
For example: Student A is suspended 25% of a season for drug use. That suspension is to be served for both the primary sport and secondary sport.
8. The High School Athletic Director and the High School Principal will serve in the capacity of advisors and final judgments on matters concerning dual sports participation.

K. Transportation

All members of an athletic squad must travel to and from all away contests in school- sponsored transportation. Deviations may be granted by the building Principal or Athletic Director on an individual trip basis.

1. For contests where the district provides transportation, coaches are responsible for the behavior of athletes on the bus and during the trips.
2. After away contests, team members may be released directly to their parents by the coach.
3. After away contests, team members wishing to ride with another team member's parent must have submitted to the office prior to the athletic contest a note (phone call or text will not work) from their parent requesting their child to ride with another parent **AND** permission must be granted by the principal or designee prior to the athletic event.
4. Athletes may not be released to anyone that is under 21 years of age except an immediate family member (brother or sister).

L. Varsity Letter Requirements

All participation requirements are with the expectation that the athlete finishes the season in good standing.

Baseball – Participation in 8 games or team membership for the regular season.

Boys & Girls Basketball – Participation in 4 games or team membership for the regular season.

Football – Participation of 8 quarters or team membership for the regular season.

Boys & Girls Golf – Team membership for the regular season or at the discretion of the coach.

Hockey – Participation in 4 games or team membership for the regular season.

Boys & Girls Soccer – Participation in 4 games or team membership for the regular season

Softball – Participation in 8 games or team membership for the regular season.

Boys & Girls Track – Participation in 5 meets or team membership for the regular season

Volleyball – Participation in 4 matches or team membership for the regular season.

Wrestling – Team membership for the regular season or at the discretion of the coach.

M. Awards

- Athletic awards are to be presented at a school sponsored function where practical (i.e. banquet or assembly) after the season has been successfully completed. An athlete will receive a chenille letter the first time they letter in a Varsity sport. An athlete shall not receive more than one Varsity letter award during his/her school career. Certificates shall be presented to each athlete for each sport.
- Freshmen/JV - Certificate, numbers
- 1st Year on varsity – Certificate, Letter and pin
- 2nd Year on varsity – Certificate, service bar

Baltzer Scholarship

Two \$1000 scholarships are available (one male, one female). This scholarship is not renewable. The student will fill out the local Cheboygan Area High School (CAHS) scholarship application, which is available in the guidance office in January. The application is to be returned to the guidance office by the regular scholarship deadline. This scholarship is reserved for a male and student who has participated in at least two Varsity sports while in high school.

Student must have a 3.5 grade point average or higher. They should exemplify sportsmanship, leadership, character, and integrity. The CHS Scholarship Committee will select the recipient, with input provided by the athletic director. Students will pick up their check in the high school guidance office the Friday after graduation.

Cheboygan Athletics Award of Appreciation

All CHS athletes who participate in a sport for each of the three seasons, all four years of high school, will receive a special plaque of appreciation that will be presented at the end-of-the-year awards assembly.

SECTION III

Athletic Code Violations and Penalties

All athletes agree to abide by the following Code of Conduct, which prohibits illegal or inappropriate.

Allegations of Athletic Code violations may be made to the Athletic Director at any time. Allegations made by students or adults not employed by the school district in some capacity must be presented in writing to the Athletic Director who will investigate and determine the validity of the accusation prior to administering any disciplinary action. Cheboygan Area School employees, including coaching staff, are obligated to report any and all allegations of athletic code violations to the Athletic Director as soon as they become aware of said violation.

A. Hazing

Hazing is defined as an intentional, knowing or reckless act by a person who acted alone or with others that was directed against an individual done for the purpose of affiliation with, participation in or maintaining membership in any organization.

The coach, athletic director and administrator will investigate any suspected hazing. If it is determined that an athlete has participated in hazing, he/she will be suspended for one-third ($\frac{1}{3}$) of the sporting season plus school consequences under the harassment policy. If the season is at the end, the suspension will continue into the next season in which the student participates.

B. Banned Drugs

The use, sale or distribution of banned drugs and other performance enhancing drugs is strictly prohibited. Any student who possesses, uses, or sells/distributes banned substances violates Michigan law as well as the Cheboygan Area High School Student Code of Conduct. Any violation of banned substances will be subject to the consequences under the Cheboygan Area High School Code of Conduct. The following classes of drugs (and any substance chemically related to these classes) are banned:

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|------------------------------|--------------------------------------|
| a. Stimulants | e. Anabolic Agents |
| b. Alcohol and Beta Blockers | f. Diuretic and Other Masking Agents |
| c. Street Drugs | g. Peptide Hormones and Analogues |
| d. Anti-estrogens | h. Beta-2 Agonists |

Although there is no complete list of banned drugs, a listing of some drugs within each classification outlined above is available on the NCAA drug testing website at [www.ncaa.org/drug testing](http://www.ncaa.org/drug%20testing).

C. Training Rules

The illegal consumption and/or possession of alcoholic beverages, drugs, chemicals, smoking or chewing tobacco, electronic cigarettes, are considered violations of the training rules for all athletic teams.

First Offense– The coach, athletic director and administrator will determine if the violation has occurred.

If the violation is smoking or possession of tobacco, or electronic cigarettes, the punishment will be a 1-date suspension for football and a 2-date suspension for all other sports. If the violation is the consumption or possession of alcohol, drugs or chemicals, the punishment will be a suspension of one-third of the athletic dates during the season in which the athlete is currently participating:

Golf 5 dates	V Baseball/Softball 5 dates
Hockey 8 dates	V/JV Basketball 7 dates
JV Soccer 4 dates	Bowling 2 dates
Varsity Soccer 6 dates	Fall Cheer 3 dates
Track 5 dates	V/JV Volleyball 6 dates
Cross Country 5 dates	Football (all levels) 3 dates
JV Baseball/Softball 4 dates	

These numbers may be amended if the number of dates/contests in a certain sport changes. Amendments will be made by the athletic director. The punishments are to be carried out consecutively and include any play-off games or events that occur simultaneously with a contest (i.e. parent's night). If the season ends before the one-third penalty is served, the punishment will carry over to the next sport. The number of dates will be determined by the coach of the new sport, the athletic director and the administrator. If the athlete does not incur any training rule violations during a one-calendar year period beginning the first day of the first suspension, the athlete will have the violation dropped from the record.

Second Offense – If determined that a second violation occurred less than one calendar year from the first training rule violation in or out of season, the athlete will be removed from the team for the remainder of the season and be on suspension for one-third of the next sport season he/she participates in. The athlete will have 180 days from the date of the second suspension to have the violation dropped from the record.

Third Offense – If determined that a third violation occurred less than one calendar year from the second training rule violation, the principal, athletic director and head coach of the sport will determine the length and scope of suspension.

Off-Season Offense - If a training rule violation occurs during the off-season (defined as any time during the calendar year), the consequences will be decided by the athletic director and principal, consistent with the training rules previously described.

More Serious Violations and Penalties

A. Any student athlete charged with the commission of a felony will be in violation of the Cheboygan Area Schools handbook and will result in an investigation and decision by the Athletic Director and administration.

B. Any student athlete found guilty of a felony will be suspended from co-curricular activities for a period of one year (12 months) from the date that the Athletic Director becomes aware that the offense has occurred, whichever comes first. Any student athlete that “pleads guilty” to a felony in order to enter into a training or deferment program will be considered the same as a student athlete who has been “found guilty” of a felony.

C. Any student athlete charged by a law enforcement agency with an offense that is in violation of the student/parent handbook may be prohibited from participation in interscholastic activities until the charge has been resolved or until the specified number of suspension dates for that offense have been reached.

D. Any student athlete charged by a law enforcement agency with an offense that is in violation of the student/parent handbook should contact the Athletic Director.

E. One year after a suspension has been served, the student athlete must come before the school board for review

F. Behavior/Discipline- When an alleged offense that brings negative exposure to the school, community, coach, team, or the student athlete occurs, the student athlete(s) may be suspended by the athletic director until completion of the athletic director's investigation. The outcome of the investigation will be reported to the committee consisting of the building principal, athletic director and coach. This committee's disciplinary decision will be communicated to the student athlete(s), and their parents/guardians.

G. If an athlete shall come under the jurisdiction of the probate court as the result of an alleged delinquent act or under the jurisdiction of the district or circuit court as a result of a criminal act, he/she may be suspended by the athletic director from all athletics until the athletic director has completed an investigation. The administrator, athletic director and coach involved shall determine when the athlete may be reinstated or a hearing granted. The outcome shall be determined by a majority vote of the athletic director, coach and administrator. The coach can suspend any athlete for up to 14 calendar days without a hearing; any suspension over 14 days requires a hearing and a student can request a hearing on any suspension.

D. Parental Concerns or Grievances

Concerns or grievances must be directed first to the coach, second to the athletic director, third to the building administrator, fourth to the superintendent and then to the Athletic Committee if the matter has still not been resolved.

Complaints From Parents and Athletes

Most complaints are a result of a misunderstanding and can be resolved with a conversation between the individuals involved. An athlete is advised to meet with his/her coach as the initial step in resolving any misunderstanding. If the athlete is unwilling to meet with the coach, the parent(s) are encouraged to schedule a meeting with the coach. A coach should never treat an athlete differently as the result of a parent complaint, action, or opinion. Coaches should comply with the A.D.'s directives, Team Rules, Athletic Code, and the School Code of Conduct.

1. If the concern is not satisfactorily resolved after meeting with the coach, the athlete, and/or parent(s), it should be discussed with the A.D. informally in an attempt to resolve the situation.
2. If the athlete and/or parent(s) wish to make a formal complaint to the A.D. about the coach, it should be put in writing with a copy provided to the coach.
3. The A.D. will investigate the complaint, and discuss the concern with the coach and the Head Varsity Coach of that particular sport. The investigation may include observation of practice sessions and/or contests by the A.D.
4. If the formal complaint is not satisfactorily resolved by the A.D., the athlete and/or parent(s) may appeal, in writing, to the superintendent. The Superintendent will meet with the parties involved in a further attempt to resolve the situation.
5. If the complaint is not satisfactorily resolved at this level, the athlete and/or parent(s) may appeal to the Athletic Committee, in writing.