April 27, 2026

Pre-Participation Physical Evaluation

Parents and Students,

Students who plan on participating in sports next school year are required to have a Pre-Participation Physical Evaluation by KSHSAA on file in the Office before the first day of practice. The Pre-Participation Physical Evaluation may be given any time after April 1, 2026, up to the first day of practice.

On Wednesday, May 6, 2026, Dr. Alex Boss, DC, will be at Osage City Middle School, and he will offer an opportunity for students to get their Pre-Participation Physical Evaluation for the 2026-2027 school year here at school. If you are interested, you will need to fill out the required KSHSAA physical form and bring it signed by your student and parents/guardians, along with $20.00 for the cost of the physical. If you are writing a check, please make it out to Dr. Alex Boss. Dr. Boss will donate a portion of the cost of the physical back to school. We appreciate Dr. Boss providing this service for us and his donation to the school.

Students are not required to get their physical on this day and may do so with their own health care provider or other approved medical provider. We recommend scheduling your student's physical appointment before the rush later in the summer.

If you need a copy of the Pre-Participation Physical Evaluation, we have copies here at school in the Office that your student can pick up. The following link can also be used to make a copy.

https://www.kshsaa.org/Public/PDF/FORM-PPE.pdf

If you have any questions, please let us know.

Thanks,

Andrew Gantenbein
OCHS Athletic Director