EDGEWOOD ISD San Antonio

EISD Child Nutrition
Lunch Elementary



Monday	Tuesday	Wednesday	Thursday	Friday
			Oct 1 ***ENTREES*** BBQ Chicken Wrap **OR** Turkey Chef Salad Steak Fries Baked Beans Fresh Cucumber slices Chilled Fruit ***MILK***	Oct 2 ***ENTREES*** Crispy Beef Bites **OR** Tuna Salad w/Chips Warm WG Roll Baked Mac N Cheese Buttered Corn Chilled Peaches Milk
Oct 5 ***ENTREES*** Crispy Chicken Nuggets **OR** French Bread Pizza **OR** Sandwich PB&J(nut-free) Warm WG Roll Creamy Mashed Potatoes Broccoli w/Cheese Sauce Tangy Carrot Salad 100% Fruit Juice ***MILK***	Oct 6 ***ENTREES*** BBQ Beef Whole Grain Bun **OR** Cheese Pizza Square Golden Tater Tots Seasoned Vegetables Crunchy Carrots Raspberry Applesauce ***MILK***	Oct 7 ***ENTREES*** Beefy Macaroni **OR** Chef Salad Tortilla Chips Pinto Beans Buttered Corn Fresh Cucumber slices ***MILK***	Oct 8 ***ENTREES*** Teriyaki Chicken **OR** Grilled Cheese Steamed Rice Pot Fried Dumplings Golden Tater Tots Seasoned Vegetables Raw Veggies ***MILK***	Oct 9 ***ENTREES*** Beef and Cheese Nachos **OR** Deli Sandwich w/Chips Buttered Corn Pinto Beans Fresh Fruit Milk
Oct 12 ***ENTREES*** Chicken Tenders **OR** WG Breaded Cheese Twist Creamy Mashed Potatoes Broccoli w/Cheese Sauce Crunchy Carrots Vegetable Puree Chilled Peaches ***MILK***	Oct 13 ***ENTREES*** Turkey Dog **OR** Chef Salad **OR** Baked Potato w/trimmings Baked Mac N Cheese Baked Beans Green Salad Fresh Cucumber slices Chilled Fruit ***MILK***	Oct 14 ***ENTREES*** 100% Beef Hamburger **OR** Grilled Cheese Ham Sandwich Steak Fries Green Beans Chilled Vegetables Fresh Fruit ***MILK***	Oct 15 ***ENTREES*** Beef & Bean Quesadilla **OR** Tuna Salad w/Chips Corn and Black Beans Fresh Cucumber slices Fresh Vegetables Chilled Fruit ***MILK***	Oct 16 ***ENTREES*** Crispy Beef Bites **OR** Pepperoni Pizza Beef Golden Tater Tots Hot Mixed Veggies Chilled Fruit ***MILK***
Oct 19 ***ENTREES*** Chicken Tenders **OR** Pizzeria Style Slice Warm WG Roll Creamy Mashed Potatoes Broccoli w/Cheese Sauce Crunchy Carrots Fresh Fruit ***MILK***	Oct 20 ***ENTREES*** Cheesy Baked Pasta **OR** Sandwich PB&J(nut-free) Twisted Bread **OR** Green Beans Green Salad ***MILK***	Oct 21 ***ENTREES*** Beef Tacos **OR** Deli Sandwich w/Chips Cilantro Lime Rice Corn and Black Beans Fresh Vegetables Chilled Fruit ***MILK***	Oct 22 ***ENTREES*** BBQ Chicken Wrap **OR** Turkey Chef Salad Steak Fries Baked Beans Fresh Cucumber slices Chilled Fruit ***MILK***	Oct 23 ***ENTREES*** Crispy Beef Bites **OR** Tuna Salad w/Chips Warm WG Roll Baked Mac N Cheese Buttered Corn Chilled Peaches Milk

Oct 26	Oct 27	Oct 28	Oct 29	Oct 30
ENTREES Crispy Chicken Nuggets **OR** French Bread Pizza **OR** Sandwich PB&J(nut-free) Warm WG Roll Creamy Mashed Potatoes Broccoli w/Cheese Sauce Tangy Carrot Salad 100% Fruit Juice ***MILK***	***ENTREES*** BBQ Beef Whole Grain Bun **OR** Cheese Pizza Square Golden Tater Tots Seasoned Vegetables Crunchy Carrots Raspberry Applesauce ***MILK***	***ENTREES*** Beefy Macaroni **OR** Chef Salad Tortilla Chips Pinto Beans Buttered Corn Fresh Cucumber slices ***MILK***	***ENTREES*** Teriyaki Chicken **OR** Grilled Cheese Steamed Rice Pot Fried Dumplings Golden Tater Tots Seasoned Vegetables Raw Veggies ***MILK***	***ENTREES*** Beef and Cheese Nachos **OR** Deli Sandwich w/Chips Buttered Corn Pinto Beans Fresh Fruit Milk

Menus are subject to change based on product availability. All special dietary requests must be made by submitting a completed dietary menu request form EISD CN Medical Statement 26-27 to our department dietitian at paul.segura@eisd.net

***This institution is an equal opportunity provider**