



Lee County Schools Elementary School Menus for September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
August 31 Banana Bread <u>Hot Ham & Cheese Panini</u> Baby Carrots Potato Roasters Pickles Applesauce Milk	September 1 Chicken Biscuit Hotdog Chili, Cheese, Slaw Crinkle Cut French Fries Bush's Baked Beans Chilled Mixed Fruit Milk	September 2 Mini Donuts Whole Grain Whole Muscle Chicken Nuggets Whole Grain Roll Buttery Mashed Potato Seasoned Green Beans Spiced Apples Slices Milk	September 3 Pancake on Stick Mega Nachos Ranchero Pintos, Salsa Shredded Lettuce, Jalapenos Sour Cream Fresh Pineapple Spears Milk	September 4 <u>New Cheese Omelet</u> Pepperoni Pizza Fresh Garden Salad Buttery Corn Fresh Blueberries Milk
September 7 Labor Day	September 8 Lemon Bread Cheeseburger Crinkle Cut French Fries Bush's Baked Beans Pickle Chips Chilled Mixed Fruit Milk	September 9 Chicken Biscuit Chicken Fajitas Ranchero Pintos, <u>New Mexican Corn.</u> Salsa, Jalapeños Sour Cream Diced Pears Milk	September 10 Apple Cinnamon Texas Toast <u>New Beefy Lasagna</u> Garlic Bread Fresh Garden Salad Buttery Corn Fresh Pineapple Spears Milk	September 11 <u>New Chicken Mini's</u> Pizza Cheese Sticks Fresh Garden Salad Marinara Banana Milk
September 14 Blueberry Muffin Chicken Sandwich <u>New Curry Fries</u> Baked Beans Sandwich Fixings Diced Peaches Milk	September 15 Sausage Biscuit <u>Teriyaki Beef,</u> <u>Steamed Rice, Egg Roll</u> Sweet Carrots Steamed Cabbage Diced Pears Milk	September 16 Bagel w Cream Cheese Honey Siracha Boneless Wings Roasted Potatoes Green Beans Applesauce Milk	September 17 Egg, & Cheese Biscuit Chicken Alfredo Breadsticks Fresh Garden Salad Roasted Broccoli Fresh Honeydew Melon Milk	September 18 <u>New Honey Bun</u> Taco Pizza Shredded Lettuce Salsa Corn Fresh Mango Slices Milk
September 21 Banana Bread Hot Ham & Cheese Panini Baby Carrots Sandwich Fixings Potato Roasters Applesauce Milk	September 22 Chicken Biscuit Hotdog Chili, Cheese, Slaw Crinkle Cut French Fries Bush's Baked Beans Chilled Mixed Fruit Milk	September 23 Mini Donuts Whole Grain Whole Muscle Chicken Nuggets Whole Grain Roll Buttery Mashed Potato Seasoned Green Beans Spiced Apples Slices Milk	September 24 Pancake on Stick Mega Nachos Ranchero Pintos, Salsa Shredded Lettuce, Jalapenos Sour Cream Fresh Pineapple Spears Milk	September 25 Cheese Omelet Pepperoni Pizza Fresh Garden Salad Buttery Corn Fresh Blueberries Milk
September 28 Lemon Bread Cheeseburger Crinkle Cut French Fries Bush's Baked Beans Pickle Chips Chilled Mixed Fruit Milk	September 29 Sausage Biscuit Chicken Fajitas Ranchero Pintos, New Mexican Corn Salsa, Jalapeños Sour Cream Diced Pears Milk	September 30 French Toast Fried Chicken Buttery Mashed Potatoes Seasoned Green Beans Applesauce Milk	October 1 Apple Cinnamon Texas Toast Beefy Spaghetti w Breadstick Fresh Garden Salad Buttery Corn Fresh Pineapple Spears Milk	October 2 Chicken Mini's Pizza Cheese Sticks Fresh Garden Salad Marinara Banana Milk

Nutrition Byte

Taste & Learn About Local Product

Did you know you can find North Carolina-grown products in grocery stores, farmers markets, roadside stands, and schools across the state? "Goodness Grows in North Carolina!"

For National Fruits & Veggies Month in September and Farm to School and Early Care and Education Month in October, plan to participate in the N.C. Crunch. The N.C. Crunch is an opportunity for youth and adults to taste and learn about North Carolina-grown fruits and veggies with their schools, early care and education centers, organizations, and

families. Everyone can participate! Share photos on social media of you tasting and learning about N.C. produce using #NCCrunch. **Nutrilink:** Learn more and sign up at <https://growing-minds.org/north-carolina-crunch>. Receive a free guide with tips, templates, and links to resources.

The N.C. Crunch is also an opportunity to recognize all those involved in feeding our youth and communities—farmers, distributors, school nutrition professionals, transportation professionals and more. Let's thank our dedicated #FarmtoSchoolHeroes across the state!

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<https://go.ncdpi.gov/ncschoolmeals>