

# Adrian MS/HS Activities Handbook

2025-2026



## *BLACKHAWK PRIDE*

*Uniting our Attitude and Effort to proudly represent  
our School, Team, and Community*

## **A Message from the Activities Director**

Welcome to Adrian Activities! We trust your decision to participate in our school's activities will be educational, rewarding, and challenging. The purpose of this handbook is to make you aware of all the programs available as well as the policies/procedures that apply. We encourage all of our students to take advantage of as many programs as their time and talents allow. Research shows that involvement in extra and co-curricular activities holds a significant positive correlation to academic success and social adjustment. It is our sincere desire that all of our students take advantage of these activities in hopes of enhancing their educational experience and increasing their promise for a successful future. Please note that if you do commit to participating in any of our activities, you agree to honor all of the policies/procedures listed in this handbook and understand that these policies/procedures are necessary if we are to reap the maximum benefits from our programs. These policies are created in conjunction with the Missouri State High School Activities Association (MSHSAA), a nonprofit organization of which Adrian HS/MS is a member. We are excited about your interest and potential involvement with our activities. Together, it is our hope that we are able to achieve our individual and collective best. Go Blackhawks!!!

## **Philosophy & Purpose**

The Adrian R-III School District believes that extracurricular and co-curricular activities shall supplement the secondary curricular program, and as such, become a vital part of the student's total education experience. Student activities and athletics shall be an integral part of the total secondary educational program which shall provide experience not otherwise provided. These activities and programs will help students to acquire additional knowledge, skills, and emotional patterns necessary to attain attributes of good citizenship. *Student participation in any part of our activities is a privilege which carries with it responsibility to the school, to the team/activity, to the student body, to the community and to the student.*

### **Purpose and Priorities**

The Adrian R-III School District believes that the culture of our activities and athletics are to provide students opportunities and experiences the develop the following life skills :

- the ability to take positive risks
- earning and giving respect for self and others
- setting goals and developing strong work habits in pursuit of those goals
- building self-awareness and an understanding of one's strengths and weaknesses
- respecting authority and the ability to work through disagreements in a constructive manner
- recognizing the value of physical, academic, and artistic pursuits
- understanding teamwork while working towards common goals
- an awareness and appreciation for the diversity of others
- taking and accepting responsibility as a role model in the community

The main priorities of our activities and athletics programs are to:

- Maintain secure, safe, fun, and engaging learning opportunities for our students to build life skills and character
- Represent the Adrian community in a positive and honorable manner
- Perform to our highest potential and be as successful as possible within our activity

## **Activities Offered at Adrian Schools**

*All activities are offered at both high school and middle school unless noted otherwise. (\* = HS only)*

<b><u>Extra &amp; Co-Curricular</u></b>	<b><u>Fall</u></b>	<b><u>Winter</u></b>	<b><u>Spring</u></b>
Art	Cheerleading	Cheerleading	Baseball*
Band	Football	Boys Basketball	Softball*
Choir	Volleyball	Girls Basketball	Boys Track
FBLA*	Girls Golf*	Boys Wrestling	Girls Track
FCCLA*	Cross Country	Girls Wrestling	Boys Golf*
FFA*			
NHS*			
Scholar Bowl			
Speech & Debate			
Student Council			
TSA			
Yearbook			

## **Conference Affiliation**

Adrian R-III School is a cooperating member of the Ozark Highland Conference (OHC), and, as a member, is committed to adhere to the rules and regulations of the conference. Schools compete for conference championships in football, volleyball, wrestling, basketball, baseball, softball, golf, cross country, track & field, and other activities/recognition outlined by the OHC by-laws. Presently there are six member schools including; Adrian, Butler, Eldo, Sherwood, Warsaw, and Versailles.

## **Competition Levels**

It is the belief of the Adrian R-III School District coaching staff, sponsors, and administration that each student will be given the chance to participate. However, due to the large number of athletes who participate during high school athletics and activities, a tryout process may be used when numbers become too large. Each sport has a starting date and there will normally be a minimum of three days of tryouts/practice before cuts are made. Each team and coach may have additional rules and guidelines that are relative to the particular sport.

Coaches will be determining the levels players will be assigned to. A reminder to students and parents;

just because you are assigned to a team or level at the beginning of the year does not mean this will be the level you stay for the entire season. There are many factors that can result in students changing levels including injuries, performance (good and bad), discipline, team needs, or others as the coaches/sponsors identify. The number of students for each squad is determined by the coaching staff and sponsors.

### High School

At the varsity level, it is the objective of the coaching staff to put the players on the floor/playing field whom they feel will give the team the best chance to be successful. Junior Varsity (JV) the goal of the coaching staff is to prepare the athletes for their move up to the Varsity level.

### Junior High

Our junior high programs will be divided into A and B squads to meet the needs of student participation numbers. There will be no tryout process at the junior high level. With the large numbers, playing time is not a guarantee. Athletes should use practice time to get better.

## **Student Participation and Eligibility**

The Adrian R-III School district promotes students to be involved in as many activities as possible. We do not encourage specialization in activity or athletic endeavors. Rather, we would encourage you to experience a variety of school athletics and activities. Students are allowed to choose activities that they want to be involved in. In order for students to participate in activities and athletics, they must maintain their eligibility in many areas including academics, attendance, disciplinary, drug testing, amateur status, non-school competition, physicals/insurance, and alcohol/drug/tobacco/crimes against society.

- DO NOT drop courses without first consulting with your school principal, athletic administrator or counselor to determine whether it will affect your eligibility.

### **Academics:**

The following academic requirements are put in place for all students in grades 6-12 participating in activities at Adrian HS/MS.

- Must currently be enrolled in and regularly attending normal course offerings for their appropriate grade level.
- Students must be enrolled as full-time students at Adrian Schools to participate in any activities.
- No student in grades 6-12 shall be eligible for any co-curricular or interscholastic activity, if he/she receives more than one failing grade in any subject during the preceding grading period.
  - According to MSHSAA, any high school student who fails to earn a minimum of 3 credits and pass 6 classes for the semester will be ineligible for the entire semester. If appropriate, a student must be enrolled in a full course at his or her level in a special education program for the handicapped approved by the Missouri State Department of Education and must have made standard progress for his or her level the preceding semester/quarter. A student who has been ineligible the preceding quarter/semester, but then meets the academic standard at the close of the quarter/semester will become eligible on the fifth day of classes of the new term. Exception: Students entering their 9th grade school year are automatically eligible for activities for the first quarter.
  - According to MSHSAA, any junior high school student who fails to pass 6 classes for the quarter will be ineligible for the following quarter. If appropriate, a student must be enrolled in a full course at his or her level in a special education program for the handicapped approved by the

Missouri State Department of Education and must have made standard progress for his or her level the preceding quarter. A student who has been ineligible the preceding quarter, but then meets the academic standard at the close of the quarter will become eligible on the fifth day of classes of the new term. Exception: Students entering their 6th grade school year are automatically eligible for activities for the first quarter.

- If you are beginning the 9th grade, you must have been promoted prior to the beginning of the school year.

**2.3.9 Fifth Day Requirement - Gaining Eligibility:** A student who was academically ineligible the preceding semester (high school) or grading period (junior high) but meets the academic standard at the close of that semester (high school) or grading period (junior high) becomes eligible the fifth day classes are attended in the succeeding semester (high school) or grading period (junior high). Exception: If an interscholastic contest is played before the formal opening of school and a student has become academically eligible for the fall semester/grading period and is eligible in all other respects he/she may be eligible to participate under this provision provided the student is properly enrolled in school

#### **Adrian School District Levels:**

The following grades will be used to determine a student's eligibility 1st quarter, 1st semester, 3rd quarter, 2nd semester.

#### **Level 1**

##### **HS - MSHSAA Athletics and Activities:**

- ★ **Must follow CAPTAP program requirements**
- ★ **In attendance the day of and day after**
- ★ 1st Semester/2nd Semester
- ★ 1st quarter determines 2nd quarter eligibility - does not override semester eligibility
- ★ 3rd quarter determines 4th quarter eligibility - does not override semester eligibility

- Football
- Volleyball
- Girls Golf
- Cross Country
- Basketball
- Wrestling
- Track
- Baseball
- Softball
- Boys Golf
- Cheerleading
- Choir (district/state contests)
- Band (football performance, marching contest, district and state contests)
- Speech and Debate
- Scholar Bowl

##### **JH - MSHSAA Athletics and Activities:**

- ★ **Must follow CAPTAP program requirements**
- ★ **In attendance the day of and day after**

- ★ 1st quarter determines 2nd quarter
- ★ 2nd quarter determines 3rd quarter
- ★ 3rd quarter determines 4th quarter
- ★ 4th quarter determines 1st quarter

- Football
- Volleyball
- Cross Country
- Basketball
- Wrestling
- Track
- Cheerleading
- Choir
- Band
- Scholar Bowl

## Level 2

### School Activities:

- ★ **Grade check (Every Tuesday) - cannot have two failing grades at the time of the contest/event**
- ★ **In attendance the day of and day after the contest/event**
- ★ **Cannot owe attendance hours**
  
- Homecoming Dance - midterm grade check - cannot have more than 2 F's
- Courtwarming Dance - 1st semester grade check - cannot have more than 2 F's
- Prom - 3rd quarter grade check
- MS Dance - 1st quarter and 3rd quarter grade check
- FFA Activities
- FBLA Activities
- FCCLA Activities
- School Plays
- Choir Concerts - @ home concert - must attend for grade
- Band Concerts - @ home concert - must attend for grade
- Art Contest
- Math Contest
- Field Trips
- **all other non-mshsaa activities will fall under the Level 2 requirements**

### Attendance at School and Practices

- A student must attend school all seven hours of the day that he/she is to participate in an extracurricular activity unless special arrangements have been made in advance with the Activities Director or Building Administration. If a student has a scheduled appointment or is going to be absent on the day of activity and they want to participate in that activity that day, the student needs to bring back to school a medical note to be excused. If the activity is on a Saturday then attendance on Friday will be used.
- Going home for an illness will disqualify a student for that day's practice/contest.

- Attendance at all practice sessions and games for all team members is mandatory. If for some reason the athlete will be late or tardy for a practice, he/she must personally speak to the coach prior to that practice.
- Athletes are not permitted to leave practice early unless prior approval from the coach has been given. If a student is at school they will be expected to attend practice unless he/she leaves during the day, at which time they should still contact their coach.
- Students are also expected to be in school the day following an athletic contest for the eight hours of the school day. If they are not in attendance a medical note will need to be provided on the next day of attendance for an absent to be excused. If the student does not provide a medical note they will not be eligible for the next contest.
- Each coach shall have a team policy in regards to missed practices.

#### Disciplinary

All Adrian HS/MS student handbook policies are in place for all Adrian School District sponsored activities. Any student participating in an activity, in attendance as a spectator or in attendance at a school-sponsored event is subject to all the policies and procedures of the Adrian HS/MS Student Handbook

- Students that are in ISS are expected to attend and participate in practices, rehearsals, or meetings. Students are expected to attend games or other activities, but they cannot participate or play.
- Students that are under OSS restrictions are not allowed to attend or participate in any functions of the school, program, or activity that they are involved in.

#### Drug Testing

The program is mandatory to all students participating in all school sponsored extracurricular activities/co-curricular and also those who choose to drive to school. A student using drugs is a danger to him/herself as well as other students. All students in the Adrian R-III High School who choose to participate in a covered activity are entitled to do so in a drug free environment. The only exception to this rule is if an activity is a requirement for a grade for class. More details about the Drug Testing Policy are available in this handbook under "Drug Testing Policy and Procedures".

#### Maintaining Amateur Status (Athletic Requirement Only)

- After entering a member school, you will become ineligible in the sport concerned if you receive cash, merchandise or services for participating in an athletic contest or being an athlete. This restriction applies to all sports in which MSHSAA member schools conduct interscholastic programs. (Merchandise received shall not exceed \$250 suggested retail price)
- You may accept awards which are symbolic in nature, such as medals, ribbons, trophies, plaques, etc. for participating in a school athletic program.
- You may accept awards which are merchandise and such awards shall not exceed \$250 in the suggested manufacturer's retail price. Awards as described above presented by a person or group other than your school, must be approved in advance by your school principal and the suggested manufacturer retail price of merchandise shall not exceed \$250.
- You may accept awards for participating in non-school sponsored athletic competition only if the above restrictions are met.

#### Non-School Competition (Athletic Requirement Only)

- You may not practice for or participate with a non-school team or in any organized non-school athletic competition and for your school team in the same sport during the same season of the school team.
- You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice for the non-school team or participate in organized

non-school athletic competition on the same day that you practice with or participate for the school team without prior approval of your school Administrator.

- You must receive approval in advance from your school principal in order to miss school time to practice for, travel to or compete in organized non-school athletic competition.
- You may not play at any time on an organized non-school basketball, football, or volleyball team made up only of members of your school team unless: a) the teams are nontraditional as defined in 235.2-b with limits to out of season; or b) during the summer months when there is no limit on team rosters/lineups (235.2-b)
- Before you join a non-school team or enter any non-school competitive athletic event, your school principal or athletic administrator should be consulted to make certain these standards are met.

#### Physicals and Insurance (Athletics Only)

- Athletes must have a physical examination by an M.D. or D.O. on file with the office at a minimum of every two years before he or she will be allowed to participate in tryouts or practice. A physical examination date is valid for 2-years following the date that the physical exam occurred.
- Annually all students will have to complete required Pre-Participation Documentation before they will be allowed to try out or practice.
- Physical forms should be completely filled out and signed by the student and parent(s)/guardian(s).
- Proof of insurance is required by having the name of the insurance company and policy number.
- District physical forms are available in the office and on the MSHSAA website.
- MSHSAA prohibits student participation without a signed physical and insurance form. This rule will always be honored and enforced.
- Students and/or families needing insurance need to contact the high school office for assistance in purchasing an Accidental Plan for students.

#### Use of Alcohol/Tobacco/Drug Use and Crimes Against Society/Safe School Violations MSHSAA By-Law 2.2 Citizenship Requirements

In order to be eligible for any activities at Adrian R-III School all students must be credible citizens. Credible citizens are those students whose conduct, both in school and out of school, will not reflect discredit upon themselves or their school. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered "credible citizens." Conduct shall be satisfactory in accord with the standards of good discipline.

The Adrian R-III School District adheres to Missouri State Law in maintaining a drug/alcohol/tobacco free environment. The use of mood-altering chemicals such as alcohol, drugs, marijuana, tobacco, vaping, E-cigs, etc. negatively affects athletes in behavior, learning, and total development, as well as posing threats to the athlete and those around them. Close contact of teachers, sponsors, and coaches provides them the opportunity to observe, confront, and assist students. This allows them to recognize and evaluate physical and emotional potential of students in a positive manner and encourage the growth of these students in an atmosphere of responsible citizenship.

At any time after a student begins 7th grade students shall not possess or use anything containing alcohol, have in possession or use tobacco or vaping products, or use or consume, have in possession, buy, sell or give away marijuana or any substance defined by law as an illegal drug; or use a prescription drug other than it's prescribed use.

According to MSHSAA citizenship requirements, any student who is charged with or convicted of a crime, misdemeanor, or felony is not eligible to participate until the matter has been completely adjudicated and

any sentence, fine, or community service has been served. The team could be required to forfeit any games if a student participates in an activity during such time per MSHSAA by-laws 2.2.

Therefore, any student athlete or participant in any school activity will be required to notify his/her head coach or sponsor immediately and will not be allowed to participate in competition or activities until the student can provide written confirmation from law enforcement that the matter has been completed.

If the student does not notify the coach/sponsor immediately the next school day/practice and the school is later made aware from either the student or an outside source, the student will lose the privilege of participating in extracurricular activities for 365 days from the day that the school was made aware of the incident.

A student will be in violation of this policy if the violation is substantiated verbally and/or in writing by:

- A law enforcement official
- A medical official
- A faculty member
- A school administrator
- The parent of that student/athlete
- The confession of that student/athlete
- A coach/sponsor

**Note: Hearsay and/or anonymous sources will not be used to substantiate violations of this policy.**

The following are minimum guidelines that apply to all activity and athletic programs for citizenship violations:

<b><u>Level 1 Offenses</u></b>	<b><u>Level 2 Offenses</u></b>	<b><u>Level 3 Offenses</u></b>
Any disciplinary action that results in 1-5 days of OSS	Repeat of any Level 1 offense	Repeat of any Level 2 offense
Possession or use of tobacco or other tobacco products	Any disciplinary action resulting in 6-10 days of OSS	Distribution of alcohol or drugs on school property or while representing the school or at a school function
In attendance at a party or other activity where illegal student activity occurred	Assaultive behavior	Any disciplinary action resulting in more than 10 days of OSS
Bullying or hazing infractions	Use or possession of any illegal or counterfeit drugs	Failure to report any violation to administration
Possession or use of vaping products	Distribution of tobacco or other tobacco products at school	2nd Failed Drug Test
	Theft or knowingly received stolen property	

	Use or possession of alcohol	
	Any other credible citizen violations (felony, misdemeanors, criminal behavior)	
	1st Failed Drug Test	
	Distribution of vaping or other vaping products at school	

### Penalties for Violations

#### Level 1 Violation

- Minimum of a 7-school day suspension from participating in all school activities that the student is involved in. The suspension starts on the date of the first game or contest after the violation.
- If a student-athlete is not in an athletic season, they will have to serve an additional athletic specific suspension of a minimum of 7-school days that starts on the date of the first game or contest

#### Level 2 Violation

- Minimum of a 15-school day suspension from participating in all school activities that the student is involved in. The suspension starts on the date of the first game or contest after the violation.
- If a student-athlete is not in an athletic season, they will have to serve an additional athletic specific suspension of a minimum of 15-school days that starts on the date of the first game or contest

#### Level 3 Violation

- Minimum of a one calendar year suspension from all activities

#### Activity Suspension Expectations of the Student

- Students must continue to meet all team or activity expectations during the time of their suspension.
- They are just not allowed to participate in the game, activity, competition, event, concert, field trip or contest.
- Students are required to attend all practices, meetings, rehearsals, or other required activities by the coach or sponsor.
- If the student is under suspension for an activity that is required for a grade, the student will be provided an alternative assignment to fulfill the grade requirement.

## **CAPTAP Program**

Students who participate in extracurricular activities that are underneath the jurisdiction of the MSHSAA are underneath the Adrian R-III School District CAPTAP (Continued Activity Through Academic Performance) Program. Students will be required to attend two (W and TH) thirty minute study sessions per week if during the weekly grade checks one or more of their grades falls below a 70% C- level. CAPTAP will be Wednesday and Thursday morning from 7:15-7:45 am. If a student is absent from CAPTAP, he/she will be ineligible to practice or participate until he/she has returned to the CAPTAP program. If the student is absent for the entire school day, on the day that he/she has been assigned CAPTAP, they will be required to attend an after school detention the following day to make that CAPTAP day up. If a student is not present for CAPTAP on Wednesday and Thursday but is present during the school day and does not provide a medical note then that student will be assigned an after school detention for each missed CAPTAP. The student will not be eligible to participate in practice or any contests until the first detention is served.

## **Care of Equipment**

In order to give the student a sense of responsibility and an appreciation of his/her equipment, each will be held accountable for the abuse or loss of it. Any equipment lost or stolen must be paid for by the student in whose name it was checked out. If equipment is not turned in, the athlete will be ineligible for activities until equipment is turned in.

The following guidelines, if adhered to, will reduce the chances for lost or stolen equipment:

1. Do not exchange or loan any of the equipment checked out to you to another teammate.
2. Except when you are in visual contact, keep your locker closed and LOCKED at all times.
3. Any loss of equipment should be reported immediately to the head coach, rather than waiting until the end of the season.
4. Any protective equipment that does not fit properly or that has any defective parts should be reported to a coach immediately. Do not wear the equipment until the necessary adjustments have been made.

## **Concussion and Injuries**

If a student is suspected of being concussed, the parent will be promptly contacted with all the details. If a student athlete is diagnosed with a concussion or with a head injury, no student will be allowed to return to play until completing the "Return to Play" guidelines outlined by MSHSAA.

Any student that has been diagnosed with an injury by a medical professional must have a doctor's note stating they are fully released in order to participate in practice or activities.

## **Anti-Hazing/Bullying**

In order to promote a safe learning environment, Adrian Schools prohibits all forms of hazing, bullying and student intimidation. Students participating in or encouraging inappropriate conduct will be disciplined accordingly. Such discipline may include, but is not limited to, suspension or expulsion from school and removal from participation in activities. Students who have been subjected to hazing or bullying are instructed to promptly report such incidents to a school official. In addition, district staff, coaches,

sponsors and volunteers shall not permit, condone or tolerate any form of hazing or bullying or plan, direct, encourage, assist, engage or participate in any activity that involves hazing or bullying. District staff will report incidents of hazing and bullying to the building principal. The principal shall promptly investigate all complaints of hazing and bullying and shall administer appropriate discipline to all individuals who violate this policy. District staff who violate this policy may be disciplined or terminated.

Hazing – For purposes of this policy, hazing is defined as any activity, on or off school grounds, that a reasonable person believes would negatively impact the mental or physical health or safety of a student or put the student in a ridiculous, humiliating, stressful or disconcerting position for the purposes of initiation, affiliation, admission, membership or maintenance of membership in any group, class, organization, club, or athletic team including, but not limited to, a grade level, student organization, or school-sponsored activity.

Bullying – For purposes of this policy, bullying is defined as intimidation or harassment of a student or multiple students perpetuated by individuals or groups. Bullying includes, but is not limited to: physical actions, including violence, gestures, theft, or damaging property; oral or written taunts, including name-calling, put-downs, extortion, or threats; or threats of retaliation for reporting such acts. Bullying may also include cyberbullying or cyberthreats.

Cyberbullying is sending or posting harmful or cruel text or images using the Internet or other digital communication devices. Cyberthreats are online materials that threaten or raise concerns about violence against others, suicide, or self-harm.

## **Lettering Criteria**

### **Athletic Lettering**

All of the Adrian High School athletic programs offer an athletic letter. Each sport offers objective criteria and qualifications for lettering set by the individual sport's coaching staff. Subjective criteria such as, but not limited to, the factors of sportsmanship, citizenship and good team membership also determine the conferring of a letter. Coaches have the right to set the standards they want in order to "letter" athletes. Coaches should communicate to the athletes the varsity lettering standards prior to the start of the season. Standards should not change after they have been stated. The head coach has the ultimate authority in the granting of a varsity athletic letter.

### **Non-athletic Lettering**

Several organizations offer a non-athletic letter for their respective activities. Each activity offers objective qualifications and criteria for lettering set by the organization and/or sponsor/directors. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the lettering process. For lettering requirements, students should check with their respective staff advisors/directors.

## **NCAA/NAIA Eligibility Requirements**

If your child is interested in participating in college sports/activities, he/she should contact the counseling office to ensure proper guidelines are met.

## **Parent/Coach Communications**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a great benefit to children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program which would include: expectations the coach has for your child, locations/times of practices, team requirements for lettering, procedures to follow should your child be injured during participation, any special team policies or discipline that may result in the denial of your child's participation.

The coaching staff and sponsors of the Adrian R-III School District believe that parent-coach/sponsor communication can be helpful. However, no communication/conferences will be conducted immediately following an event so please do not attempt to confront a coach after an athletic contest. Meetings of this nature do not promote resolution. Moreover, there will be no conferences conducted via text/phone call or at the coach's home. If a parent/guardian chooses to confront a coach immediately following an athletic contest or without first allowing the 24 hour rule to expire he/she will not be allowed to attend any Adrian R-III activities for a period of two weeks (14 days) following such confrontation. A subsequent offense will result in loss of privileges to attend any and all activities.

As your child becomes involved in the programs of the Adrian R-III School District, they will experience some of the most rewarding moments of their lives. It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. It is important to understand that there may be times when things do not go the way you or your child wishes. Please review the lists below to familiarize yourself with items that are appropriate for you to discuss with a coach or sponsor.

The following are appropriate concerns to discuss with coaches:

- treatment of your child both mental and physical
- ways to help your child improve
- scheduling concerns or conflicts
- issues at home or at school

The following are not appropriate items to discuss with the coach:

- Playing time
- Team strategy
- Play calling
- Other student athletes

If a conference is deemed necessary then the HS principal and Activities Director will be in the meeting with the coach and parents.

### Violation of the 24 Hour Rule - Parent/Communication Rule

Violation of the 24 hour rule will result in the parent/guardian/person in violation of the rule being disallowed to attend Adrian R-III extra-curricular contests or events.

- 1st Offense: 14 day suspension from all district activities home or away.
- Subsequent Offense: At a minimum a suspension from all district activities for the remainder of the school year or another assigned suspension determined by administration

### Parent/Adult/Spectator Expectations at Events

In order to ensure a safe and orderly environment in which our students can maximize their educational and social development, the following regulations are enacted with respect to the conduct of adult visitors:

1. Access to extracurricular locker rooms, meeting rooms, school transportation and the like is strictly limited to students involved in extracurricular activities, sponsors/coaches and administrators. Access by all others is prohibited by the Board of Education. Failure to comply with this policy will result in a suspension of the individual from extracurricular activities and/or school premises.
2. Verbally aggressive behavior, which would include, but not be limited to, threats, intimidation, and profanity, will result in limited access to school premises and school activities for up to one (1) year. The length of the restriction will be determined by the administration.
3. Physical or violent behavior will result in a ban by the Board of Education from school premises and activities and will be referred to law enforcement.
4. Failures to comply with the restricted access provided in these regulations will result in the filing of civil and/or criminal charges.

## **Offseason Programs**

Coaches are allotted twenty contact days to work with their teams on sport-specific training activities during the summer. Summer begins the day after the last day of school. Conditioning and strength training activities do not count as contact days as long as they do not include sport specific training. The purpose of our offseason programs is to develop our athletes in a way that allows them to decrease their risk of injury, maintain the fitness level required to withstand practices and competitions, and to increase their competitiveness within those competitions.

## **Quitting**

A student who has gone out for an athletic team but quits on his/her own accord will not be eligible to start practicing or pre-season conditioning for another sport before the end of the competition in the sport that was dropped unless the head coach (of the sport that was dropped) releases that athlete from their team and the head coach of the new sport involved accepts the athlete.

## **Sportsmanship**

The Adrian R-III School District believes that students, parents, and patrons must demonstrate positive behavior on and off the field of play. If a student athlete receives a technical foul or unsportsmanlike conduct foul, the following consequences will result:

### Students

- 1st Offense: Student will meet with coach/athletic director
- 2nd Offense: Student will be suspended for one game/contest
- 3rd Offense: Student will be dismissed from team for the remainder of the season

If a student is ejected from a contest for unsportsmanlike conduct, they shall be prohibited from playing in the next contest at that level.

### Parents/Patrons

If a parent or patron is ejected from a contest or has been identified by school administration or game officials for unsportsmanlike behavior, the Adrian R-III administration has the ability to discipline the offender as deemed necessary. Discipline could result in the offender being suspended from attendance to any and/or all activities both home and away.

## **Transportation Policy**

### Varsity Travel Expectations

All athletes are expected to travel to and from athletic competition in transportation provided by the district. It is the belief of the coaching staff at Adrian R-III that "You go as a team, you win or lose as a team, and you ride home as a team". The expectation for all Varsity team members is that they will ride to and from events and games together as a team. If special circumstances arise, then parents need to contact the coaching staff and/or administration to make potential arrangements. Students are only permitted to sign out with parents or guardians. The exception to this rule will be Track and Field Athletes.

### JV/C-Team/JH Travel Expectations and other extra-curricular

Students will be allowed to sign out with parents or guardians only following activities at the lower level or other activities.

### Sign Out Procedures

Parents wanting to sign out their students following an activity must notify the coach in advance of leaving for the activity. Parents will sign out students with a designated coach, administrator, or manager following the completion of the activity. Parents must wait until all team meetings or other team activities are finished following the activity. Parents or guardians must sign the student out. A parent must sign out their student at each individual event.

## **Student Drug Testing Policy**

Drug abuse is a serious problem. Schools, including Adrian R-III School District, are not immune. Even students involved in extracurricular activities are increasingly using alcohol and are experimenting with "street drugs" such as marijuana and cocaine.

The educational program and drug-testing program described in these materials is part of an overall physical conditioning program at Adrian R-III School District. The goal is not to levy discipline, but rather to aid in discovery and prevention of possible drug-related problems. The key component of this program is opening the lines of communication between students and parents about the serious matter of drug usage and abuse and to offer support for those that may need it.

We believe that students at Adrian R-III High School need to have assistance in dealing with the peer pressure associated with drugs and alcohol. This process will help give them another way to say “NO” to those things. The program is mandatory to all students participating in all school sponsored extracurricular activities and also those who choose to drive to school. A student using drugs is a danger to him/herself as well as other students. All students in the Adrian R-III High School who choose to participate in a covered activity are entitled to do so in a drug free environment.

The program does not affect other policies and practices of the school in dealing with drugs or alcohol use or possession where reasonable suspicion is obtained by means other than the mandatory and random sampling discussed here. All students involved in the covered activities will be included in the random pool for testing throughout the school year. Once a student’s name enters the testing pool, they will be in the pool the remainder of the school year and subject to random testing. Drug testing forms must be submitted to school by September 1st or student will not be eligible for activities and driving permissions at school.

Students who refuse to submit a drug test or failure to comply with drug testing procedures is an admission of a guilt. Students that do not fulfill the obligations of drug testing will be subject to the consequences outlined below.

### Consequences

#### 1st Non-Negative Test

- This will result in removal from the A+ program.
- Students will be tested at each random sampling of students for 365 days following the first non-negative test.
- Driving permissions are suspended for 30 days from when the test results are determined ● Suspension from all activities as classified as a Level 2 Violation. Minimum of 15-school days.
- The following conditions must be met for the student to participate in activities:
  - 1 Provide a minimum of five documented hours of substance abuse counseling. ○
  - Pass a drug test.
- If an activity is for a grade, the student will be given an alternative assignment to fulfill the grade requirements.

#### 2nd Non-Negative Test

- A second non-negative test, mandatory or random, will result in the student being ineligible to participate in all covered activities for 365 calendar days.
- The following conditions must be met for the student to participate in activities again:
  - 1 Provide a minimum of twenty documented hours of substance abuse counseling.
    - Pass a drug test following the completion of the 365 day suspension.
    - If a student completes twenty hours of substance abuse counseling, they can appeal to the school administration to have the suspension reduced to a minimum of 180 days.
- If an activity is for a grade, the student will be given an alternative assignment to fulfill the grade requirements.
- Driving permissions are suspended for 90 days from when the test results are determined.
- Students will be tested at each random sampling of students for 365 days following the non-negative test.

#### 3rd Non-Negative Test

- A third non-negative result is permanent loss of covered activities for the remainder of enrollment at the school district.
- Driving permissions are suspended for the remainder of enrollment at the school district.
- If an activity is for a grade, the student will be given an alternative assignment to fulfill the grade requirements.

#### Drug Counseling and Assistance

The main goal of this drug testing policy is to educate students regarding the serious problems of drug abuse. As such, drug counseling and assistance programs will be required by the school district for any student with a non-negative test under this policy. Failure to meet this requirement will result in dismissal from the covered activity for the remainder of the season or school year. In addition, the student will not be allowed to participate in any activity until this requirement has been met. If requested by the parent/guardian, assistance in obtaining help for the student will be provided by the school counselors. Any assistance otherwise or enrollment into any other drug counseling sessions will be the responsibility of the student and parent/guardian. The school district will not request or accept any information regarding the treatment of students participating in a drug counseling program, other than enrollment in or completion of an approved program.

### **Changes in School Handbook**

The Adrian R-III School Board of Education reserves the right to make changes in the Adrian Middle and High School Activities Handbook as deemed necessary. A handbook cannot cover all possible activities of a school. Items not covered are left to the discretion of the principal in consultation with the superintendent. The handbook is a part of the Adrian R-III School Board of Education's policy and rules incorporated therein by reference.