

INFORMATION FROM THE HEALTH OFFICE

Policy for Illnesses: 2026 - 2027 School Year

When Your Child **Must** Stay Home from School:

- Fever: Oral temperature of 100.0 degrees Fahrenheit or above
- Vomiting
- Diarrhea
- For these symptoms, school policy states that a child **cannot return to school if they had a fever, diarrhea, or vomiting within the past 24 hours.**
- A child needs to be fever free for at least 24 hours **without the use of fever reducing medications.**

When it is **Strongly Advised** to Keep Your Child Home from School:

- Excessive cold symptoms: Coughing, sneezing, yellow or green nasal drainage
- Sore throat, especially without cold symptoms as this can be indicative of strep throat
- Severe earache
- Any undiagnosed skin rashes
- Drainage from the eyes
- Changes in behavior or appearance, complaints of not feeling well, decreased appetite
- Illness symptoms lasting three days or more days (it would be advised to follow up with your child's primary care doctor for ongoing symptoms)

COVID-19 Positive:

- If your child tests positive for COVID-19, they can return to school after being fever free for at least 24 hours without being on fever-reducing medication and once symptoms improve. Please contact the school nurse if your child tests positive for COVID-19 as it is helpful in tracking reported cases in the school and to determine when they can return.

Influenza Positive Cases:

- If your child tests positive for the flu, they can return to school once fever free for at least 24 hours and when they feel well enough. Please contact the school nurse if your child tests positive for the flu as it is helpful in tracking reported cases in the school and to determine when they can return.

Strep Throat Cases:

- If your child tests positive for strep throat, they can return to school when free of fever and symptoms for one day **and at least 24 hours of taking appropriate antibiotic treatment**. Students should return with a written doctor's verification of treatment.

Pink Eye Cases:

- If your child has pink eye, they can return to school when discharge and inflammation of the eyes have cleared and/or upon doctor's approval. Your child should have a written doctor's verification of treatment for bacterial infection and **they are required to have at least one dose of a topical antibiotic before reentry to school**.

Hand Washing:

- Please encourage your child to continue proper hand washing at both home and school to help reduce the spread of illnesses. There are hand sanitizers and access to soap and water around the school. LES staff will continue encouraging all students to wash their hands before and after lunch/snack time, after using the bathroom, and throughout the school day.

Absences:

- If your child is going to be absent, please be sure to contact the attendance line at 860-642-5763, email lesattendance@lebanonct.org, or email the school nurse at kelsey.konow@lebanonct.org to provide your child's name and reason for absence. This will be beneficial with tracking illnesses within the school. If your child was seen by a doctor or had an appointment, please send that note to the school to medically excuse the absence.

If you have any questions or concerns, please contact the school nurse at (860) 642-5765 or kelsey.konow@lebanonct.org.

Thank you so much,

Kelsey Konow, RN, BSN
School Nurse
Lebanon Elementary School