WCES DECEMBER NEWSLETTER

K-6 Winter Concert

Christmas is around the corner and Washington Elementary music will be putting on a Christmas Concert for all grade levels, Kindergarten through Sixth Grade. The concert will be Tuesday , December 2nd in the Washington High School Gym at 7:00 pm. Please have K-4 students to the school and in their classrooms by 6:40pm. They will do a warm-up with their classmates at this time. 5th and 6th grade band parents, your student should arrive at the band room on this night at 6:30 to warm up on their band instrument with Mrs. Sawin. We do ask that K-4 students do not arrive in their classrooms before 6:30. Students need to dress in holiday attire, "Sunday Best" or "Picture Day Best".

PTO Book Fair

Tuesday, Dec. 2nd 10:00 a.m.-after concert at the WCES lobby
Saturday, Dec. 6th 9:00 a.m. - 2:00 p.m. in the district office board room

Students will be making wish lists during the day on Tuesday, December 2nd. Those wish lists will be kept at the book fair only on Tuesday to help make your shopping easier. Teachers will also be making wish lists for their classroom. A book for your child or child's classroom makes a great Christmas gift. The book fair is a Parent/Teacher Organization (PTO) fundraiser. The money raised from the book fair goes towards books and supplies for the library and classrooms, classroom field trips, and other classroom activities and needs.

If you would like your child to be able purchase items without sending cash, check out eWallet - https://www.scholastic.com/bf/washingtonelementaryschool15

T.I.G.E.R.

The "I" in Tiger is for integrity. This is our focus in the second 9-weeks.

Upcoming Events

Tuesday, Dec. 2nd - 7:00 p.m. Elementary Christmas Program

Wednesday, Dec. 3rd - December Birthday Lunch

Friday, Dec. 5th - Tiger Friday (wear any Tiger or red/black shirt)

Wednesday, Dec. 10th - 4th, 5th, 6th attend KSU women's basketball

Friday, Dec. 12th - Tiger Friday (wear any Tiger or red/black shirt)

Friday, Dec. 19th - Crazy Christmas (see flyer on the 3rd page)

Monday, Dec. 22nd through Monday, Jan. 5th - No School - Winter Break

Winter Testing

WCES students will be doing winter testing on various days from December 1st through December 12th. We will be doing FastBridge (local) testing for reading and math. This testing gives us information on how each student is progressing and areas to focus on in the 2nd semester. It is important for students to be well rested and nourished in order to do their best on these assessments.

MENU

USD 108 December Menus

Menus are subject to change with or without notice. MILK IS SERVED WITH EVERY MEAL.

1	2	3	4	5
breakfast selection of cereal applesauce / juice **lunch** scalloped ham & potatoes broccoli / dinner roll fruit cocktail fresh fruit & vegetable bar	**breakfast** French toast sticks fruit cocktail/ juice **lunch** sloppy joe sandwich tri tater green beans mandarin oranges fresh fruit & vegetable bar	**breakfast** pb & j mandarin oranges / juice **BIRTHDAY LUNCH** oven fried chicken leg mashed potatoes / gravy green beans pears birthday cake	**breakfast** strawberry bagel pears/ juice **lunch** pork fritter sandwich baked beans pineapple chunks fresh fruit & vegetable bar	**breakfast** cinnamon roll / sausage pineapple chunks/ juice **lunch** crispito / corn chips peas peaches fresh fruit & vegetable bar
8	9	10	11	12
breakfast breakfast pizza peaches / juice **lunch** chicken with orange sauce fried rice carrots applesauce fresh fruit & vegetable bar	**breakfast** apple cinnamon muffin applesauce/ juice **lunch** taco crunch corn rosy applesauce fresh fruit & vegetable bar	**breakfast** pancake wrap peaches / juice **lunch** cheese breadstick green beans applesauce fresh fruit & vegetable bar	**breakfast** ham & cheese croissant fruit cocktail / juice **lunch** bbq pork sandwich broccoli macaroni & cheese mandarin oranges fresh fruit & vegetable bar	**breakfast** breakfast nuggets mandarin oranges/ juice **lunch** chicken strips tri tater green beans pears fresh fruit & vegetable bar
15	16	17	18	19
breakfast mini donuts pears / juice **lunch** corn dog peas pineapple chunks fresh fruit & vegetable bar	**breakfast** waffle pineapple chunks / juice **lunch** grilled chicken sandwich carrots peaches fresh fruit & vegetable bar	**breakfast** cinn minis rosy applesauce / juice **1/2 BIRTHDAY LUNCH-JUNE** chicken drummies baked beans fruit cocktail birthday cake fresh fruit & vegetable bar	**breakfast** selection of cereal applesauce / juice **lunch** hot dog in a bun natural cut potatoes corn fruit cocktail fresh fruit & vegetable bar	**breakfast** glazed donut fruit cocktail / juice **lunch** Fiestade Pizza Christmas Trees *(broccoli)* Rudolph's Applesauce Reindeer Snacks *(fresh fruit & veg)* Santa's Milk & Cookies

Days identified with the Power Tiger are serving items that were made with locally donated beef or pork. Call 785-325-2261 x 3 for more information on Farm to School donations. Thank you for your generosity!

Together we are #TigerStrong!!

This institution is an equal opportunity provider

Winter Break

No School 12/22/2025 thru 1/5

Back to school 1/6/2026

Crazy Christmas

Friday, December 19th

3rd, 4th, 5th, & 6th grades will carol on the courthouse lawn at 8:45 a.m.

Kindergarten, 1st, & 2nd grades will carol on the courthouse lawn at 12:45 p.m.

*Both performances will be on Facebook Live

All students and staff are welcome to wear their
CRAZIEST CHRISTMAS OUTFIT
and show off your Christmas Spirit for everyone to see.

Counselor's Corner

December, 2025

CONNECTION POINT

Following directions helps children learn, stay safe, and work with others. First, get your child's attention by pausing their activity, saying their name, and making eye contact. Give one step at a time while packing a bag. Say, "First, put your folder in your backpack." When that step is done, ask, "What should you do next?" then add the next step. Practice in calm moments and praise effort, "You stopped, listened, and followed each step."

THIS MONTH AT WCES

December is always a busy month with students looking forward to Winter break and all of the excitement of the holidays. Holidays and breaks can bring some anxiety for students so we will do some lessons on different coping skills such as relaxation, mindfulness, movement, and distraction.

This time of year students may also be attending more concerts (school, church, etc.) or performances so we will go over concert etiquette as a reminder.

CONTACT INFO

Please feel free to reach out to me if you have any concerns about your child(ren).
Fallon Craig
fcraig@usd108.org
(785) 325-2261 ext. 125

Please remember we are in the time of year when the weather/temperature can change quickly. We encourage you to always send a jacket/sweatshirt, hats, and gloves to school with your student. If you need help providing any of these items for your child please reach out to me.



December

Winter Wellness:

As temperatures drop, maintaining good health is even more important!

****Cold and flu viruses spread easily in schools during winter months.****

****Remember to:**

- Dress in layers to stay warm during outdoor activities.
- WASH HANDS frequently.
- Get plenty of rest to support overall wellness.
- Cover coughs and sneezes with tissues or elbows.
- Disinfect commonly touched surfaces regularly.
- Ensure flu vaccinations are up to date!

****Winter Nosebleeds****

If your child suffers from winter nosebleeds it may be from the dry air. Try using a cold air humidifier at night. Saline nose drops or petroleum jelly may help too. If severe, consult your provider. Teach your kids what to do if they get a nosebleed. Stay calm,pinch the soft part of their nose for 10 minutes (No peeking!), lean forward.

****Chapped Lips****

Have chapstick or vaseline available to apply to lips daily or more often to prevent cracking and bleeding. Students may keep chapstick in their book bags or pockets and use it throughout the day.

Stay Hydrated!

Even in colder weather, it's crucial to stay hydrated. Drink water regularly, as the cold temperatures, dry air, and indoor heating can contribute to dehydration.

Don't like water? Sipping on warm drinks like herbal teas and enjoying nourishing soups can also be comforting and contribute to overall well-being. Try foods with high water content like cucumbers and oranges.

Dry skin can be a sign of dehydration. Remember to nourish your skin to prevent dryness and itching. Use moisturizers to keep your skin hydrated. Helping your child to apply lotions after bathing will improve skin condition.

Lisa Ouellette, LPN
louellette@usd108.org
785-747-6843

Help your child dress for the weather. Start with a moisture-wicking base layer, add a flannel or something with fleece, and then cover with a waterproof coat. A warm hat that covers the ears, winter gloves/mittens, and a pair of snow boots will help during the colder days!

ACCUWEATHER

Click on the link!

Stay home if:

***VOMITING OR DIARRHEA *FEVER OVER 100 DEGREES**
(Be symptom-free for 24 hours before returning.)
***SORE THROAT WITH FEVER OR SWOLLEN GLANDS**
***PINK EYE(S) WITH YELLOW DISCHARGE**
***SEVERE OR PERSISTENT EARACHE**
***SHARP OR PERSISTENT ABDOMINAL PAIN**
***HEAD LICE UNTIL TREATED ONCE**

November Clubs for 3rd-6th Grades

Hockey






STEM - Rube Goldberg Machine






Puppet Play






Karaoke






Reading in Library




