WCES SEPTEMBER NEWSLETTER

This Year is a Rainbow of Possibilities

WCES has had a great start to the school year! Our theme to start our school year is "This year is a Rainbow of Possibilitiesl!" We had fun on the first day of school with a rainbow activity, eating rainbow goldfish, and having a colorful drink.

We look forward to a great partnership between your family and school. Please contact me if I can assist your family in any way.

Amy Hoover
WCES Principal
ahoover@usd108.org
785-325-2261 ext 2

Thank You

A special thank you goes out to the many donations that happened at the beginning of the year.

- Healthmart - school supplies
- Jayda Edgar, Laramie Jueneman, Stacy Svanda and other anonymous people -items for clubs
- Citizens National Bank - water for first day
- Thrivent customers - teacher wishlists

Individual School Pictures

Thursday, September 10th

https://inter-state.com/order

USE CODE: 0638YBF.

Tiger Strong

The "T" in Tiger is for teamwork. This is our focus in the first 9-weeks.

Tiger Fridays

This year FNB of Washington is sponsoring t-shirts for every student and staff at USD 108. WCES has Tiger Fridays where I designate certain Fridays for the new shirts and then other Fridays for their choice of a Tiger shirt.

You can find these days each month in the newsletter section titled "Upcoming Events." I do a small prize drawing on Friday mornings. If your child's name is drawn and they are wearing the designated Tiger shirt, your child gets a prize. Every elementary student has the opportunity to get called twice in the school year.

Upcoming Events

Wednesday, Sept 2nd - September Birthday Lunch
- Parent Title I Meeting (more information on page 6)

Friday, September 4th - Tiger Friday (Wear New Tiger Shirts)

Monday, Sept. 7th - No School (Labor Day)

Thursday, Sept. 10th - Individual School pictures

Friday, Sept. 11th - Tiger Friday (wear any Tiger or red/black shirt)

Friday, Sept. 18th - Tiger Friday (wear any Tiger or red/black shirt)

Friday, Sept. 25th - Tiger Friday (wear new Tiger shirts)
-Grandparents Day for 2nd Grade
- Little Tigers Cheer at half time of football game

Grandparent's Day for Second Grade

The 2nd Grade Grandparent's Day is Friday, September 25th from 2:00-3:00 p.m. Invitations will be sent home with students soon. We look forward to seeing our grandparents or grand friends.

Counselor's Corner

Welcome back, students and families! We are so excited to begin a new school year and look forward to a year filled with learning, growing, and making positive choices together.

As we get settled into our routines, our counseling focus will be on identifying and understanding our feelings and emotions. Students will learn that all feelings are okay, how to recognize and name what they are feeling, and healthy ways to express and manage those emotions.

We will also be focusing on making good choices. Through classroom lessons and everyday conversations, we will practice thinking about our choices, considering how they affect ourselves and others, and making decisions that help us be safe, kind, respectful, and responsible.

Happy Kids Tip:
Give your child your full attention when they open up to you. Encourage them to openly express their thoughts and feelings. Ask questions. This fosters trust and grows your bond.

Menu

SEPTEMBER | 2026

Washington County Schools USD 108

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **breakfast** cinn minis pineapple chunks fruit juice **lunch** tiger rib sandwich broccoli w/cheese sauce applesauce fresh veggies	2 **breakfast** mini donuts applesauce / fruit juice **birthday lunch** chicken fried steak mashed potatoes / gravy green beans mandarin oranges birthday cake fresh veggies	3 **breakfast** pancakes mandarin oranges fruit juice **lunch** taco crunch corn mango fresh veggies	4 **breakfast** breakfast bowl mango fruit juice **lunch** chicken quesadilla peas strawberries & bananas dessert fresh veggies
7 **NO SCHOOL LABOR DAY**	8 **breakfast** sausage breakfast sandwich strawberries & bananas fruit juice **lunch** chicken w/orange sauce rice stir fry vegetables pears fresh veggies	9 **breakfast** glazed donut cheese stick / pears fruit juice **lunch** chicken patty sandwich tri tater / green beans peaches dessert fresh veggies	10 **breakfast** blueberry waffle peaches fruit juice **lunch** chili mac broccoli fruit cocktail fresh veggies	11 **breakfast** cinnamon roll sausage / fruit cocktail fruit juice **lunch** ham patty sandwich carrots rosy applesauce fresh veggies
14 **breakfast** pb & j rosy applesauce fruit juice **lunch** spaghetti w/meat sauce garlic bread / corn mandarin oranges fresh veggies	15 **breakfast** pancake wrap mandarin oranges fruit juice **lunch** chicken strips tri tater / peas fruit cup fresh veggies	16 **breakfast** selection of cereal fruit cup fruit juice **lunch** pizza peas fruit cocktail dessert fresh veggies	17 **breakfast** breakfast pizza fruit cocktail fruit juice **lunch** pork fritter mashed potatoes / gravy green beans fresh fruit fresh veggies	18 **breakfast** muffin fresh fruit fruit juice **lunch** tater tot casserole corn / rolls mandarin oranges dessert fresh veggies
21 **breakfast** croissant w/ham & cheese mandarin oranges fruit juice **lunch** chicken drummies baked beans applesauce dessert fresh veggies	22 **breakfast** pop tart applesauce fruit juice **lunch** bbq pork sandwich macaroni & cheese broccoli pineapple chunks fresh veggies	23 **breakfast** strawberry bagels pineapple chunks fruit juice **lunch** teriyaki chicken rice stir fry vegetables mango fresh veggies	24 **breakfast** french toast sticks mango fruit juice **lunch** soft shell taco spanish rice carrots / pears dessert fresh veggies	25 **breakfast** cinn minis pears fruit juice **lunch** scalloped ham & potatoes pears / roll peaches fresh veggies
28 **breakfast** mini donuts peaches fruit juice **lunch** grilled chicken sandwich broccoli w/cheese strawberries & bananas fresh veggies	29 **breakfast** pancake wrap strawberries & bananas fruit juice **lunch** hot dog / bun natural cut potatoes peas peaches fresh veggies	30 **breakfast** selection of cereal peaches fruit juice **lunch** chicken nuggets french fries rosy applesauce fresh veggies		

Menus are subject to change with or without notice.

MILK IS SERVED WITH EVERY MEAL

This institution is an equal opportunity provider.

Days identified with the Power Tiger are serving items that were made with locally donated beef or pork.

Call 785-325-2261 x 3 for more information on Farm to School donations. Thank you for your generosity!

Together we are #TigerStrong!!

Extra milk
50¢
7th – 12th Additional Entrée
$1.85
Adult Lunch
$5.50

Birthday Lunches

Parents and families are invited to join their child during their child's designated birthday lunch days.

September Birthdays - Wednesday, September 2nd

October Birthdays - Wednesday, October 7th

November Birthdays - Wednesday, November 4th

December Birthdays - Wednesday, December 2nd

June Birthdays - Wednesday, December 9th

January Birthdays - Wednesday, January 6th

July Birthdays - Wednesday, January 13th

February Birthdays - Wednesday, February 3rd

August Birthdays - Wednesday, February 10th

March Birthdays - Wednesday, March 3rd

April Birthdays - Wednesday, April 7th

May Birthdays - Wednesday, May 5th

LUNCH TIMES

Kindergarten & 1st Grade - 10:55a.m.

2nd & 3rd Grades - 11:15 a.m.

4th, 5th, and 6th Grades - 11:35 a.m.

LUNCH COST

$5.50

Nurse's Notes

THIS MONTH

The 2026-27 school year is off to a great start! Every month I will share health tips for your family, and school guidelines regarding illnesses. September is National Cholesterol Education Month. Learn more below.

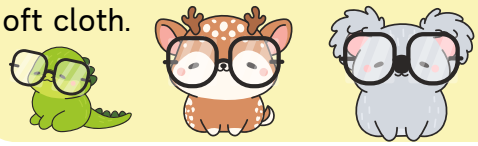
LEARNING

I thought cholesterol was an adult issue. Are kids really at risk?

- New studies show that imbalances of HDL and LDL cholesterol in childhood are closely linked to heart disease in mid-life.
- Finding out that your child has cholesterol issues gives you the chance to help them learn heart-healthy habits early.
- For some kids, cholesterol can't be controlled through diet, exercise and other lifestyle choices. These kids have an inherited disorder known as familial hypercholesterolemia, or FH. Though FH is fairly rare—affecting 1 in 250 children—it can cause heart problems early in life. This article gives more details on FH and how it can be successfully treated in kids.

TIPS

Make sure your child wears their glasses every day. Our eyes get tired from trying to focus without our glasses. Tired eyes can cause headaches, sore neck and shoulders, blurred vision, sensitivity to light, and difficulty concentrating. Help create a routine; put glasses on, (keep them on), store them in their case in a designated place, keep clean with a soft cloth.



Seasonal Reminder:
Asthma can be flared up by allergies, colds/viruses, and exercise. Make sure your child has an unexpired inhaler if needed.



STAY IN TOUCH

Nurse Lisa

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785-325-2261 x 104
785-747-6843



STAY HOME IF:

*VOMITING OR DIARRHEA *FEVER OVER 100 DEGREES
(Must Be symptom-free for 24 hours before returning.)
*SORE THROAT WITH FEVER OR SWOLLEN GLANDS
*PINK EYE(S) WITH YELLOW DISCHARGE
*SEVERE OR PERSISTENT EARACHE
*SHARP OR PERSISTENT ABDOMINAL PAIN
*HEAD LICE UNTIL TREATED ONCE

Title 1 - School Wide Program

Parents Meeting

ALL WCES PARENTS INVITED



What to discuss

- What is School-Wide Title
- Title Funds
- Family Engagement
- Parent-Student-Teacher Compact
- Testing and Progress Monitoring
- Questions & Feedback

Wednesday, September 2nd

TIME: 6:00 PM – 6:30 PM





ATTEND IN PERSON AT WCES LIBRARY

OR

VIRTUALLY

(EMAIL AHOOVER@USD108.ORG FOR A ZOOM LINK)