SOUTH WESTERN FOOD & NUTRITION SERVICES

ELEMENTARY MENU OCTOBER 2026

Breakfast:
FREE for ALL Students!
Lunch:
Elementary: $3.00
secondary: $3.30
Milk: $0.55

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NEW! Our local Domino's will be served at a different Elementary building once a month on Wednesdays!	Domino's SMART Slice	**Domino's Cheese Pizza** will be offered instead of option #1 on your school's assigned day: 10/7: Baresville 10/14: Manheim 10/21: Park HIlls 10/28: West Manheim	1 BBQ Pulled Pork Sandwich, Au Gratin Potatoes, Fruit Choice, Chicken Patty	2 Pizza, Mixed Veggies, Fruit Choice, Chicken Patty
5 Fish Sticks w/ Mac & Cheese, Broccoli, Fruit Choice, Mustang Sub	6 Crispy Chicken Sandwich, Baked Beans, Fruit Choice, Mustang Sub	7 Chicken Potato Bowl, Mashed Potatoes, Corn, Fruit Choice, Mustang Sub	8 Cheeseburger, Baked Fries, Fruit Choice, Mustang Sub	9 *Early Dismissal* Yogurt Meal or PBJ Uncrustable, Baby Carrots, Fruit Choice
12 NO SCHOOL CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH WEEK OCT 12TH-16TH *2026	13 *Acrobat* Bosco Cheese Sticks w/ marinara, Green Beans, Fruit Choice, Yogurt Meal	14 *The Greatest Show* Chicken & Soft Pretzel Nuggets, Broccoli w/ Cheese, Fruit Choice, Yogurt Meal	15 *Center Ring* Corn Dog, Tater Tots, Fruit Choice, Yogurt Meal	16 *The Ringmaster's* Pizza Choice, Steamed Mixed Veggies, Fruit Choice, Yogurt Meal
19 Mozzarella Sticks w/ Marinara, Green Beans, Fruit Choice, Turkey & Cheese	20 Walking Taco, Fiesta Beans, Fruit Choice, Turkey & Cheese	21 Ham & Cheese Pretzel Melt, Carrots, Fruit Choice, Turkey & Cheese	22 Chicken Alfredo w/ Garlic Bread, Garden Salad, Fruit Choice, Turkey & Cheese	23 Pizza, Corn, Fruit Choice, Turkey & Cheese
26 Grilled Cheese Sandwich, Tomato Soup, Fruit Choice, Chicken Patty	27 BAT NUGGETS W/ PRETZEL BONES, GHOSTLY GREEN BEANS, SPOOKY FRUIT CHOICE, HOCUS POCUS CHICKEN PATTY	28 Meatballs w/ Rotini & Garlic Bread, Broccoli, Fruit Choice, Chicken Patty	29 *K-5 Only Early Dismissal* Yogurt Meal or PBJ Uncrustable, Baby Carrots, Fruit Choice	30 NO SCHOOL *K-5 Only*

DAILY BREAKFAST OPTIONS:

MONDAY
FRENCH TOAST STICKS OR ASSORTED BREAKFAST BAR
TUESDAY
WAFFLES OR DONUT
WEDNESDAY
MINI PANCAKES OR YOGURT
THURSDAY
SAUSAGE/BACON, EGG & CHEESE SANDWICH OR BANANA BREAD
FRIDAY
MINI CINNI OR CEREAL

INCLUDES A VARIETY OF FRUIT & CHOICE OF MILK

APPLES are the October #PAHarvestoftheMonth

Learn more about apples here!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Offered Daily as 3rd Entree Choice:
PBJ Uncrustable served with a cheese stick & whole-grain crackers

Assorted fresh veggies, fruit & milk are offered daily at lunch.

schoolcafé *Check meal accounts, apply for meal benefits & more:*
https://www.schoolcafe.com/southwesternsd

MENU IS SUBJECT TO CHANGE