REFERENCE GUIDE

Monmouth County 2026 Guide to Child & Youth Services

Division of Child & Youth Services

Monmouth County
Division of Child and Youth Services

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Monmouth County Division of Child and Youth Services

Our Mission:

The Division of Child and Youth Services, through collaboration with our public and private partnerships, educates, guides, empowers, advocates, and creates access to locally organized and integrated systems of care, support systems, and positive youth development. We serve all children and youth ages 0-21, their families and caregivers. Our office consists of the Youth Services Commission (YSC), the Children's Interagency Coordinating Council (CIACC), the Juvenile Detention Alternatives Initiative (JDAI), and the Positive Youth Development Hub (PYD). Together we strive for the healthy development and wellbeing of all our county's children and youth.

Monmouth ACTS Resource Connect.....732-683-8959

Speak to a compassionate, trained social worker who will discuss your needs and connect you to potential resources including Housing. Mental Health. Childcare. Domestic Violence. Food. Substance Use. Employment. And more…

The Warm Line is available Monday through Friday from 8:30 a.m.- 4:30 p.m.

Monmouth Resource Net…… ***www.monmouthresourcenet.org***

Provides a wide range of information about support, resources, and services for the residents of Monmouth County, NJ. It is a collaboration between Monmouth ACTS and MonmouthCares, Inc.



NJ Children's System of Care (CSOC)

The Children's System of Care (CSOC), a Division of New Jersey's Department of Children and Families, provides timely and individualized support and services to families with youth up to age 21 who have emotional or behavioral health needs, including substance use, and/or intellectual and developmental disabilities. For more information on eligibility and to access services, please call:

PerformCare……*www.performcarenj.org*.....….....877-652-7624
PerformCare is the children's system of care (CSOC) contracted management system. Parents or guardians can contact PerformCare to be connected to appropriate services for their child. PerformCare provides a path for families to request appropriate therapeutic, needs-based services with a single phone call any time day or night.

Mobile Response and Stabilization Services (MRSS)…….....877-652-7624
Available 24 hours a day, 7 days a week. Provides timely, in-home or in-community responses to youth who are experiencing a crisis. MRSS will arrive within 24 hours, based on the family's need and request for assistance. The goal is to de-escalate as necessary, engage, assess, plan for and connect families to services.

Care Management Organizations (CMOs) are county-based agencies that provide strength-based, wraparound care planning and access to treatment and support services for youth and their families with complex needs including linkages to identified services, crisis stabilization and support services, and advocacy. **MonmouthCares** is our county's care management organization and is accessed through PerformCare. MonmouthCares maintains Monmouthresourcenet.org, a free online directory of programs, supports, services, and events for families.

The Children's Interagency Coordination Council (CIACC) consists of individuals from child-serving agencies, community organizations, youth, parents/caregivers, the local system of care, and county/state government. The Monmouth County CIACC strives to serve the best interests of youth and families in need by communicating about the challenges, needs, and concerns in our community and sharing concerns with the NJ Department of Children and Families. If you are interested in becoming a part of CIACC, email us at*……..…….....CIACC@co.monmouth.nj.us*

Family Support Organization (FSO)……..…….....No referral needed.
Call Family-Based Services Association of NJ…….....732-542-4502
Family staffed to provide family-to-family peer support, education, and advocacy. Parent support groups in English & Spanish. Youth Partnership Program for ages 13-20.

Intellectual / Developmental Disabilities

NJ Children's System of Care…..*nj.gov/dcf/about/divisions/dcsc*
Families can call PerformCare for immediate assistance when a child or youth is in a non-life-threatening mental health crisis. Youth can also apply for "DD Eligibility" up to age 18 and call for direct services when in crisis or in need of behavioral supports, life skills, summer camp assistance, respite, educational advocacy, and assistive technology.....***performcarenj.org*****…….....877-652-7624**
For health and early intervention information:
state.nj.us/health/fhs/sch/**…….....732-224-6950**

- Ombudsman for I/DD Individuals and Families assists families in accessing services and identifying opportunities to improve NJ's services for I/DD individuals and their families. ***disabilityombudsman.nj.gov/*****.....609-984-7764**
- Monmouth County Special Needs Registry-voluntary registry for use by First Responders when responding to emergencies: ***mcsnrnj.org/***

NJ Early Intervention System (NJEIS) Birth-age 3 (36 months)..
.....888-653-4463
Any New Jersey family with a child under three years of age may be eligible for Early Intervention services if the child is not reaching age-appropriate milestones in one or more areas of development. The developmental delay must meet the NJEIS eligibility criteria: Is determined by an evaluation conducted as part of the referral process: Is diagnosed with certain conditions that may result in a developmental delay or disability. Anyone (a parent, doctor, caregiver, teacher, or friend), with concerns about a child's development may call the statewide referral line.

Project Child Find (Ages 3+)…….....
www.nj.gov/education/specialed**….....800-322-8174**

Confidential, free referral service for concerns about your child's development.

Intellectual/Developmental Disabilities Supports & Organizations

ARC of Monmouth General information regardless of age, help with SSI, Medicaid, Guardianship, DDD, medical care……. ***arcofmonmouth.org*……..732-493-1919**

ASPEN Asperger Syndrome Education Network, Inc
***aspennj.org*……..732-321-0880**

Autism Family Services of NJ
***autismfamilyservicesnj.org*…….877-237-4477**

Autism NJ - resources for referrals, services and the latest information about autism ***Autismnj.org*……..Helpline……..800-4-autism**

Brain Injury Alliance - ***bianj.org*…….800-669-4323**

Catastrophic Illness in Children Relief Fund: Financial assistance program for NJ families with overwhelming medical cost..... ***nj.gov/humanservices/cicrf/text/*…….800-335-3863**

CHADD - **(Children & Adults with Attention Deficit/Hyperactivity Disorder)** - ***chadd.org*.....800-335-3863**

Epilepsy Services of NJ: Provides comprehensive support, personalized services and advocacy for individuals and their families to maximize their participation in society.
***epilepsyservicesnj.org*……800-336-5843**

Family Resource Associates: FRA assists individuals of all ages who have developmental delays or disabilities as well as acquired disabilities. FRA provides home-based early intervention for infants, therapeutic recreation programs, pre-vocational and educational classes for adults, along with family and sibling support groups…... ***frainc.org*…….732-747-5310**

Family Resource Network: A comprehensive group of community-based programs and service organizations…… ***familyresourcenetwork.org*…….800-373-6510**

Transitional Living

Collier House: *collieryouthservices.org*…….732-264-3222

Covenant House: Food, clothing, hygiene, education & employment referrals; emergency shelter (ages 18-21)
Outreach……732-674-4702 or 609-289-5359

Project Stepping Stone: *iepyouthservices.org*.....732-431-2663

Bullying Resources

NJ Statewide Student Support Services/NJ4S COMPASS
***preferredbehavioral.org*….....732-961-4353**

Prevention First - ***www.preventionfirst.net*.....732-663-1800**

Monmouth County Child Assault Prevention Project (CAP) -
***mjcap.org/Monmouth-cap project*…….....732-245-8754**

New Jersey Department of Education Monmouth County Office…….....732-431-7810

Bullying Websites:

- ***familyeducation.com***
- ***bullyfree.com***
- ***stopbullyingnow.com***
- ***antibullying.net***
- ***kidshealth.org***

LGBTQ+ Resources

Garden State Equality - ***gardenstateequality.org*.....973-509-5428**

Jersey Shore Q-Spot - LGBT Community Center
qspot.org…….....732-604-1791

Monmouth County Consortium on LGBTQ Youth
…….....*makeitbetter4youth.org*

New Jersey Gay, Lesbian & Straight Education Network (GLSEN)
***njglsen.org*….....609-448-8243**

PFLAG (Parents, Families & Friends of Lesbians & Gays)
***jerseyshorepflag.org*.....908-814-2155**

Project R.E.A.L. (Real Empowerment on All Levels)
***projectrealap@gmail.com*.....732-455-5516**

TREVOR Project……*thetrevorproject.org*…….866-488-7386

Advocacy and Legal Services

Community Health Law Project - *CHLP.org*…….....732-380-1012

Disability Rights New Jersey: Advocacy, training, education, and technical assistance to individuals with disabilities
***drnj.org*…….....800-922-7233**

Division of Mental Health & Guardianship Advocacy
***nj.gov/defender/structure/mha*…….....877-285-2844**

Legal Aid Society
monmouthbarassociation.com/legal-aid-society.com
732-869-5619

Legal Services of NJ
***LSNJ.org*…….....Hotline: 888-576-5529**

NJ Office of Advocacy.....877-543-7864

South Jersey Legal Services - *LSNJ.org*…….....732-414-6750

SPAN Parent Advocacy Network (SPAN): Supports and empowers families as advocates and partners in improving education, health, and mental health outcomes for infants, toddlers, children and youth
***spanadvocacy.org*…….....973-642-8100**
800-654-SPAN

Family Success Centers

Bayshore Family Success Center/YMCA of Greater Monmouth County - *ymcanj.org*…….....732-671-5505

Coastal Communities Family Success Center Long Branch
***coastalfsc.org*…….....732-571-1670**

Oceans Family Success Center Greater Asbury Park Community
***oceansfsc.com*…….....732-455-5272**

Community Resource Organizations

Big Brothers/Big Sisters - mentornj.org…….732-544-2224

Boys & Girls Clubs of Monmouth County
***bgcmonmouth.org*.....732-775-7862**

CARC Community Affairs & Resource Center
***carcnj.org*…….....732-447-9371**

CASA Freehold - *casafreehold.org*…….732-409-3111

Red Bank Resource Network
***mentalhealthmonmouth.org*…….....732-383-5135**

VNA Community Health Centers
***https://vnachc.org/hours-and-locations/*:**
Asbury Park.....732-774-6333
Freehold…….....732-252-1641
Keyport.....732-264- 0799
Red Bank…….....732-219-6620

Behavioral / Mental Health Outpatient Services and Supports

- **2nd Floor Youth Helpline** (Youth Support)
  Talk or Text…..888-222-2228
- **Amanda's Easel/180 Turning Lives Around…….732-787-6503**
- **Catholic Charities Monmouth Counseling Program**
  Office:732-747-9660.....Access Center: 800-360-7711
- **CPC Integrated Health Care.....800-250-9811**
- **Family Based Services** (parent support)**.....732-542-4502**
- **Family Helpline - state.nj.us/dcf/prevention.....800-843-5437**
- **High Focus IOP & Partial Day Substance Use & Psychiatric Treatment Programs…….800-877-3628**
- **IEP Youth Services……732-431-2663**
- **Jersey Shore University Medical Center (JSUMC)**
  Children's Behavioral Health Center:
  Outpatient Services.....732-869-2784 opt. 3
  JSUMC Project HEAL/ Elevate (13-20)**…….732-897-8190**
- **Jewish Family & Children's Service……..732-774-6886**
- **Mental Health Association - Monmouth……..732-542-6422**
- **Mercy Center** (Asbury Park)**……..732-774-9397**
- **NAMI-National Alliance on Mental Illness**
  NAMI - New Jersey…….732-940-0991
  NAMI Monmouth…….732-462-6448
- **NJ4S COMPASS** (school-based)**……732-961-4354**
- **Parents Anonymous of New Jersey**
  ***www.paofnj.org*…..800-893-5437**
- **PENN Medicine……888-437-1610**
- **Preferred Behavioral Health Group.....732-367-4700**
- **YMCA Counseling and Social Services……732-290-9040**
- **Grief and Loss Specific…Common Ground……732-606-7477**
  Stephy's Place.....732-797-9739

Substance Use / Intervention

- **Addictions Hotline of NJ for 18+…….....800-238-2333**
- **CPC Integrated Health Care**
  .....732-935-2220 / 800-250-9811 opt. 3
- **MonmouthACTS Navigation Warm Line…….....732-683-8959**
- **Monmouth County Division of Behavioral Health**:
  Information & Referral…….....732-431-6451
- **New Hope Foundation**:
  Inpatient…….....732-946-3030
  Outpatient…….....732-308-0113
- **New Hope Integrated Behavioral Health Care:**
  ***newhopeibhc.org*……..…….....800-705-4673**
- **PerformCare: NJ Children's System of Care….877-652-7624**
- **Riverview Medical Center Behavioral Health**:
  (Hackensack Meridian Health)…….....732-345-3400
- **YMCA Counseling and Social Services…….....732-290-9040**

PREVENTION

- **Alliances to Prevent Alcoholism and Drug Use**.....732-431-6451
- **CentraState Health Awareness Center**……....732-308-0570
- **Prevention First**……....732-663-1800
- **Wellspring Center for Prevention**…….....732-254-3344

Domestic Violence/Sexual Assault

Police or Medical Emergencies, CALL 911

Domestic Violence is family violence that is physical or emotional abuse directed at partners, siblings, children, or elders.

- **180 Turning Lives Around…….....732-264-4111**
- **Domestic Violence 24-Hour Hotline…….....888-843-9262**

Sexual Assault/Rape Intervention

- **24-Hour Hotline…….....888-264-7273**
- **180 Turning Lives Around…….....732-254-3344**
- **Catholic Charities Family Growth Program**:
  Office…….....732-747-9660
  Access Center…….....800-360-7711
- **Project HEAL** (Help. Empower. Lead)**……..732-897-8190**

Child Abuse and Neglect

The common signs of child abuse or neglect may include physical signs such as bruises, welts, burns, lacerations, abrasions, fractures), sexual signs such as complaints regarding genital areas, unusual knowledge about or preoccupation with sex (seduction), pregnancy, substance use, excessive delinquency, emotional signs such as unusual fears, compulsive behaviors, aggression or withdrawal, running away, sudden change in mood or behavior, anti-social behavior, or neglect signs such as consistent hunger, poor hygiene, inappropriate dress, lack of supervision, unattended physical problems or medical needs, excessive absences.

Under NJ Law, any person having reasonable cause to believe that a child has been abused or neglected in any environment (e.g., home, institution) shall immediately report to the Division of Child Protection and Permanency (DCP&P). (N.J.S. A. 9:6-8, 10)

To report suspicions or concerns 24/7:.....877 NJ ABUSE (877-652-2873)

Crisis/Suicide Intervention - Hot Lines

24/7 Emergency Services
CALL 911…..when there is Imminent Risk of Harm to Self, Others or Property

- **Monmouth County Psychiatric Emergency Screening Services (PESS):**
  Child and Family Crisis Clinicians (RWJBH)…..732-923-6999

If there is a CRISIS with NO imminent risk of harm:

- **Children's Mobile Response and Stabilization Services (Perform Care)…….....877-652-7624**
- **Family Crisis Intervention Unit** (FCIU--ages 10-17)
  …….....732-996-7645

Hospital Hotlines 24/7

- **CentraState Medical Center……...732-780-6023**
- **Jersey Shore University Medical Center (JSUMC)**
 732-776-4555
- **Monmouth Medical Center (RWJBH)……...732-923-6999**
- **Riverview Medical Center (HMHN)……...732-219-5325**

Additional Hotline/Helpline Numbers

- **Suicide and Crisis Lifeline** - Call.Text.Chat….....988

(The 988 Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.)

- **2nd Floor Youth Support Line** - Call.Text.Chat
  …….....888-222-2228
- **Traumatic Loss Coalition of Monmouth County**
 732-749-0620

The dual mission of the TLC is excellence in suicide prevention and trauma response assistance to schools following unfortunate losses due to suicide, homicide, accident, and illness. Provides crisis stabilization, prevention, and postvention support at no cost.

Suicide Prevention/Postvention Resources

- **Traumatic Loss Coalition Monmouth County....732-749-0620**
- **2nd Floor Youth Helpline** (ages 10-24)**…….....888-222-2228**
- **Mental Health Association of Monmouth County:**
  Lifelines.....732-542-6422
- **American Foundation for Suicide Prevention:**
  ***www.afsp.org*……....800-333-2377**

You are not alone….

Although it can feel that way when your child or youth is experiencing behavioral health challenges or has a disability that is impacting their daily lives—and you and your family's lives. Help is at hand.
The resources listed in this reference guide can provide support, guidance, and treatment.

Not sure where to turn?

Call Monmouth ACTS Resource Connect 732-683-8959

A social worker will connect you to human service resources in Monmouth County. They have three ways to refer you to help.

If your child is experiencing a crisis, call 911.

The Monmouth County Stigma-Free Initiative
is a county-wide program that aims to reduce the stigmas associated with mental illness and substance use. We are dedicated to raising awareness and creating a culture wherein residents feel supported by their community and neighbors and feel free to seek treatment without fear of stigma. For more information, visit our website:
www.stigmafree-monmouth.org/

NJ Governor's Council on Mental Health Stigma
www.nj.gov/mhstigmacouncil.org
The campaign to educate and enlighten the public about the importance of mental health is paramount to our efforts. Mental health stigma is the last frontier of discrimination, and we are in the midst of an evolution and revolution in mental health. We now know that it is likely that everyone will experience or be touched by a mental illness at least once in their lives.

Therefore, we must remember that mental illness does not discriminate. People do.
When we discriminate against those with mental illness we are discriminating against our mothers and fathers, sons and daughters, sisters and brothers, friends and neighbors. Embracing mental health and learning more about mental illness will enrich

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