

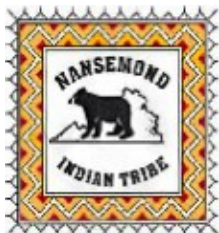
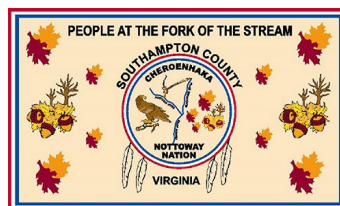


Colonial Heights Middle School Lunch Menu November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4 BBQ Sandwich Curly Fries Cole Slaw Cheeseburger/Veggie Burger Corndog Nuggets	5 Beef Nachos Nacho Cheese Black Beans Sour Cream & Salsa French Bread Pizza	6 Mac & Cheese w/ Biscuit Diced Ham Steamed Broccoli Spicy Chicken Tenders Pizza Crunchers
9 Stuffed Crust Cheese or Pepperoni Pizza Sweet Potato Waffle Fries Green Beans Cheeseburger Corndog Nuggets	10 French Toast Sticks & Sausage Patties Tater Tots Cinnamon Apples Spicy Chicken Tenders Cheese Sticks w/ Marinara	11 Ultimate Chicken Sandwich Lettuce, Tomato, Pickle French Fries Seasoned Kidney Beans Cheeseburger/Veggie Burger Corndog Nuggets	12 Asian Fried Rice Bowl Egg Roll & Dumplings Steamed Broccoli Spicy Chicken Tenders Pizza Crunchers	13 Country Chicken Bowl Fresh Baked Roll Mashed Potatoes Seasoned Corn French Bread Pizza
16 Stuffed Crust Cheese or Pepperoni Pizza Sweet Potato Waffle Fries Sweet Corn Cheeseburger Corndog Nuggets	17 Penne Chicken Alfredo Garlic Bread Green Beans Spicy Chicken Tenders Cheese Sticks w/ Marinara	18 Fried Chicken w/ Biscuit Mashed Potatoes Homestyle Greens Cheeseburger/Veggie Burger Corndog Nuggets	19 Beef Nachos Nacho Cheese Black Beans Sour Cream & Salsa French Bread Pizza	20 Hot Dog w/ Chili Cheese Sauce Curly Fries Cole Slaw Spicy Chicken Tenders Pizza Crunchers
	<div>  <div> Thanksgiving Break No School </div> </div>			

CELEBRATE VIRGINIA INDIAN TRIBES



"This Institution is an Equal Opportunity Provider"