CEDAR BLUFFS PUBLIC SCHOOLS



STUDENT – PARENT ACTIVITY HANDBOOK
2025-2026

Section 1 Extracurricular Activity Participation

Participation in activities, both as a competitor and as a student spectator, is an integral part of the students' educational experiences. Such participation is a privilege that carries with it responsibilities to the school, team, student body, community, and the students themselves. In their play and their conduct, students represent all these groups. Such experiences contribute to the knowledge, skill, and emotional patterns that they possess, thereby making them better individuals and citizens.

Participation in any intramural or athletic activity may involve injury of some type. The severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck, and spinal cord. On rare occasions, injuries can be so severe as to result in total disability, paralysis, or death. Even with appropriate coaching, appropriate safety instruction, appropriate protective equipment and strict observance of the rules, injuries are still a possibility. Every student who participates in an extracurricular activity assumes the risks inherent in such activities.

Section 2 Extracurricular Activity Code of Conduct

Participation in extracurricular activities is a privilege. The privilege carries with it responsibilities to the school, team, student body, and the community. Participants not only represent themselves, but also their school and community in all their actions. Others judge our school on the student participants' conduct and attitudes, and how they contribute to our school spirit and community image. Consequently, participation is dependent upon adherence to this Code of Conduct and the school district's policies, procedures, and rules.

Activities Subject to the Code of Conduct: The Code of Conduct applies to all extracurricular activities. Extracurricular activities mean student activities or organizations which are supervised or administered by the school district which do not count toward graduation or grade advancement and in which participation is not otherwise required by the school.

Extracurricular activities include but are not limited to all sports, cheerleading, Pep Club, vocal, band, speech and drama, One-Act, FBLA, SkillsUSA, Student Council, National Honor Society, Robotics, and other school sponsored organizations and activities. The Code of Conduct also applies to participation in school sponsored activities such as school dances, field trips, and royalty for such activities.

A participant means a student who participates in, has participated in, or will participate in an extracurricular activity.

When: The Code of Conduct rules apply to conduct which occurs at any time during the school year, and also includes the time frame which begins with the official starting day of the fall sport season established by the NSAA and extends to the last day of the spring sport season established by the NSAA, whether or not the student is a participant in an activity at the time of such conduct.

The Code of Conduct also applies when a student participates or is scheduled to participate in an extracurricular activity that is held outside the school year or the NSAA season. For example, if an FBLA or SkillsUSA student plans to participate in a conference in July and commits a Code of Conduct infraction in June, the student may be suspended from participating in the conference. Conduct during the summer months may also affect a student's participation under the team selection and playing time guidelines.

Where: The Code of Conduct rules apply regardless of whether the conduct occurs on and off school grounds. If the conduct occurs on school grounds, at a school function or event, or in a school vehicle, the student may also be subject to further discipline under the general student code of conduct. A student who is suspended or expelled from school shall not be permitted to participate in activities during the period of the suspension or expulsion and may also receive an extended activity suspension.

Grounds for Extracurricular Activity Discipline. The following conduct rules have been determined by the Board of Education to be reasonably necessary to aid students, further school purposes, and prevent interference with the educational process. Such conduct constitutes grounds for suspension from participation in extracurricular activities and grounds for other restrictions or disciplinary measures related to extracurricular activity participation:

1. Willfully disobeying any reasonable written or oral request of a school staff member, or the voicing of disrespect to those in authority.
2. Use of violence, force, coercion, threat, intimidation, bullying, harassment, or similar conduct in a manner that constitutes a substantial interference with school or extracurricular activity purposes or making any communication that a reasonable person would interpret as a serious expression of an intent to harm or cause injury to another.
3. Willfully causing or attempting to cause substantial damage to property, stealing or attempting to steal property, repeated damage or theft involving property or setting or attempting to set a fire of any magnitude.
4. Causing or attempting to cause personal injury to any person, including a school employee, school volunteer, or student. Personal injury caused by accident, self-defense, or other action undertaken on the reasonable belief that it was necessary to protect another person shall not constitute a violation.
5. Threatening or intimidating any student for the purpose of, or with the intent of, obtaining money or anything of value from a student or making a threat which causes or may be expected to cause a disruption to school operations.
6. Knowingly possessing, handling, or transmitting any object or material that is ordinarily or generally considered a weapon or that has the appearance of a weapon, or bringing or possessing any explosive device, including fireworks, on school grounds or at a school function or event, or in a manner that is unlawful or contrary to school activity rules.
7. Selling, using, possessing or dispensing alcohol, tobacco, narcotics, drugs, a controlled substance, or an inhalant; being under the influence of any of the above; possession of drug paraphernalia, or the selling, using, possessing, or dispensing of an imitation controlled substance as defined in section 28-401 of the Nebraska statutes, or material represented to be alcohol, narcotics, drugs, a controlled substance or inhalant. (Note: Refer to "Drug and Alcohol Violations" for further information).

8. Public indecency. This includes "deep fakes" or other computer-generated images of other students or staff intended to bully, harass, intimidate, or humiliate another student or staff member.
9. Sexual assault or attempting to sexually assault any person. Engaging in sexual conduct, even if consensual, on school grounds or at a school function or event.
10. Engaging in any activity forbidden by law which constitutes a danger to other students, interferes with school purposes or an extracurricular activity, or reflects a lack of high ideals.
11. Repeated violation of any of the school rules, including (but not limited to) a violation of the District's dress code and electronic communication device rules..
12. Truancy or failure to attend assigned classes or assigned activities; or tardiness to school, assigned classes or assigned activities.
13. The use of language, written or oral, or conduct, including gestures, which is profane or abusive to a school employee, school volunteer, or student. Profane or abusive language or conduct includes, but is not limited to, that which is commonly understood and intended to be derogatory toward a group or individual based upon race, gender, national origin, or religion.
14. Willfully violating the behavioral expectations for those students riding District buses or vehicles used for activity purposes.
15. Failure to report for the activity at the beginning of the season. Reporting for one activity may count as reporting on time if there is a change in activity within the season approved by the coach or the supervisor.
16. Failure to participate in regularly scheduled classes on the day of an extracurricular activity or event.
17. Failure to attend scheduled practices and meetings. If circumstances arise to prevent the participant's attendance, the validity of the reason will be determined by the coach or sponsor. Every reasonable effort should be made to notify the coach or sponsor prior to any missed practice or meeting.
18. All other reasonable rules or regulations adopted by the coach or sponsor of an extracurricular activity shall be followed, if participants shall be advised by the coach or sponsor of such rules and regulations by written handouts or posting on bulletin boards prior to the violation of the rule or regulation.
19. Failure to comply with any rule established by the Nebraska School Activities Association, including, but not limited to, the rules relating to eligibility.

All terms used in the Code of Conduct have a less strict meaning than under criminal law and are subject to reasonable interpretation by school officials.

<u>Consequences.</u>
Students may be suspended from practices or participation in interscholastic competition or participation in co-curricular activities for violations of the Code of Conduct. The period of suspension or other discipline for such offenses shall be determined by the school administration.

The disciplinary consequence will be determined based on consideration of the seriousness of the offense, any prior violations, the student's compliance with the self-reporting obligations, the student's level of cooperation and willingness to resolve the matter, and the student's demonstration of a commitment to not commit future violations.

Section 3 Drug and Alcohol Violations

Students may not use, consume, possess or be under the influence of drugs or alcohol. Any violation (even if off school grounds) shall be subject to the disciplinary consequences outlined below.

Meaning of Terms.

"Use" or "consume" includes any level of consumption or use. Use of a controlled substance in the manner prescribed for the student by the student's physician is not a violation.

"Under the influence" means any level of impairment and includes even the odor of alcohol on the breath or person of a student, or the odor of an illicit drug on the student or being impaired by reason of the abuse of any material used as a stimulant.

"Possession" includes having control of the substance and includes being in the same area where the substance is present, and no responsible adult is present and responsible for the substance. Possession includes situations where, for example,

(1) Alcohol is in a vehicle in which the student is present. The student is in possession if the student is aware that the alcohol is in the vehicle, even though the student has not touched or consumed the alcohol; and

(2) Alcohol is present at a party attended by the student. The student is in possession if the student is aware that alcohol is at the party and fails to immediately leave the party, even though the student has not touched or consumed the alcohol.

In these situations, a violation would not exist if the alcohol is in the control of a parent or guardian or other responsible adult (age 21 or older) such that students are not allowed to access the alcohol. A violation would also not exist if the student did not know or have a reasonable basis to know that alcohol would be present, and the student leaves the location where the alcohol is present as soon as the student could safely do so. (Students are expected to leave immediately but are not to do so in a manner that would endanger them.).

Drug and Alcohol Violations and Consequences

Because of the significance of drug and alcohol violations on the student participants, other students and the school, the following consequences are established for such violations:

An activity participant who violates the drug or alcohol rules (other than steroids) shall be prohibited from participating in any extracurricular activity for the following minimum periods:

1. First Violation: 15 School days.
2. Second Violation: 25 School days
3. Third Violation: One calendar year.
4. Reduction for Self-Reporting: If the student has self-reported, the violation shall be reduced to 10 school days for the first violation. A reduction to 20 school days for the second violation.

5. Reduction for Participation in Chemical Dependency Program: If the student and parents agree to participate in a school-approved program for chemical dependency, the consequence will be reduced to only the next activity in which the student was to participate (including at least one contest) in the case of a first violation, and to a commensurate reduction (approximately 80%, as determined by the administration, for a second or subsequent violation).
   The program must be administered by a certified alcohol and drug abuse counselor and be approved by the school authorities. The student will need to successfully complete the approved chemical dependency program. Proof of successful completion of program must be submitted in writing to the Activities Director. Failure to participate and successfully complete the approved chemical dependency program may cause the participating student to be suspended from extracurricular activities for one calendar year. All costs associated with the program are to be borne by the student/parent or guardian.
6. More Serious Violations: In the event of more serious drug or alcohol violations, such as students engaging in use of especially serious drug offenses (cocaine, meth, etc.) or procuring alcohol for minors, the consequence of the violation is not restricted by the foregoing and may be established in the discretion of the administration.

Steroid Offenses. A student who possesses, dispenses, delivers, or administers anabolic steroids shall be prohibited from participating in any extracurricular activity for the following minimum periods:

1. First Violation: 30 school days.
2. Second or Any Subsequent Offense: One calendar year.

When Suspensions Begin. All suspensions begin with the next scheduled activity in which the student is a participant, after the determination by school officials of the sanction to be imposed; provided that the school officials shall have the discretion to establish a time for the suspension that makes the suspension have a real consequence for the student. During a suspension, participants may be required or permitted to practice at the sole discretion of the coach or activity sponsor. Suspensions in the Spring will be carried over to the Fall when the suspension has not been fully served or when determined appropriate for the suspension to have a real consequence for the student.

Letters and Post-Season Honors. A student who commits a Code of Conduct violation is:

1. Eligible to letter, provided the student meets the criteria of the coach or sponsor.
2. Not eligible to receive honors during the sport or activity in which they are participating at the time of the offense and/or in sports or activities in which they have been suspended due to a Code violation. The coach/sponsor, with the Athletic Director's approval, may make an exception where the student has self-reported or otherwise demonstrated excellence in character allowing for such honors.

Self-Reporting. A student who violates the Code of Conduct is highly encouraged to self-report. To qualify as a self-reporter, a student must disclose their rule(s) violation to the principal, athletic director, or the head coach or sponsor of an activity in which the student participates. The self-report must be made the earlier of: (1) before the end of the next school day after the conduct occurred and (2) before participation in an extracurricular or co-curricular activity.

In making a self-report, the student must be forthright and honest about their conduct and any questions asked by the administration. In the event the student has received a criminal citation, charge, or ticket, and proclaims innocence of a violation, a self-reporting student may be required to self-report such offense and provide information as to why they should be found innocent, not as it relates to the criminal offense, but as it relates to the Code of Conduct.

All students are expected to be honest and forthright with school officials. In the event the coach or activity sponsor or any school administrator asks a student participant for information pertaining to compliance (or lack of compliance) by the student or other student participants with the Code of Conduct or eligibility conditions for participation in activities, the student is expected to provide the information fully, completely, and honestly. Students may be disciplined for a failure to be honest and forthright.

Activity Handbook Common Offenses Chart

Offense	1st Offense	2nd Offense	3rd Offense
Steroids	30 Calendar Days	One Calendar Year	Cut from all Activities
Drugs, Alcohol, Vaping, or other substances	15 School Days	25 School Days	Remainder of the Year
5 Tardies in a Week (starts over at semester)	1 Week Suspension	2 Week Suspension	Remainder of Semester
ISS	Suspended during ISS Time	Suspended during ISS Time	10 School Days
OSS	15 School Days	25 School Days	Remainder of the Year
Leaving School or Activity Unexcused	1 Game Suspension	2 Game Suspension	3 Game Suspension
Unexcused Missed Practice or Game	Loss of Playing Time at coach's discretion	Loss of Playing Time at coach's discretion	Loss of Playing Time at coach's discretion (discussion about standing on the team)

Section 4 Investigation and Appeal

Determining a Violation Has Occurred. A violation of the Code of Conduct will be determined to have occurred based on any of the following criteria:

1. When a student is cited by law enforcement and school officials have a reasonable basis for determining that grounds for the issuance of the citation exist.
2. When a student is convicted of a criminal offense. Conviction includes, without limitation, a plea of no contest and an adjudication of delinquency by the juvenile court.
3. When a student admits to violating one of the standards of the Code of Conduct.
4. When a student is accused by another person of violating one of the standards of the Code of Conduct and school officials determine that such information is reliable.

5. When school officials otherwise find sufficient evidence to support a determination that a violation has occurred.

Procedures for Extracurricular Discipline. The following procedures are established for suspensions from participation in extracurricular activities:

1. Investigation. The school official(s) considering the suspension will conduct a reasonable investigation of the facts and circumstances and determine whether a Code of Conduct violation occurred and, if so, whether a consequence will help the student or other students, further school purposes, or prevent an interference with a school purpose.
2. Meeting. Prior to the implementation of any consequence, the school official considering the suspension, or their designee will provide the student an opportunity to give the student's side of the story. The meeting for this purpose may be held in person, by phone, or by other electronic means.
    a. The student will be given oral or written notice of what the student is accused of having done, an explanation of the investigation outcome, and the opportunity to explain the student's version. Detail is not required where the activity participant has made a self-report or otherwise admits the conduct. Names of informants may be kept confidential when determined to be appropriate by the school official.
    b. The suspension may be imposed prior to the meeting if the meeting cannot reasonably be held before the suspension is to begin. In that case the meeting will occur as soon as reasonably practicable. The student is responsible for cooperating in the scheduling of the meeting.
3. Notice Letter. Within two school days, or such additional time as is reasonable following the suspension, the Athletic Director or the Athletic Director's designee will send a written statement to the student and the student's parents or guardian. The statement will describe the student's conduct violation and the discipline imposed. The student and parents or guardian will be informed of the opportunity to request a hearing.
4. Informal Hearing Before Superintendent. If the student or student's parent/guardian request an informal hearing before the Superintendent, then the Superintendent may designate the Athletic Director or another administrator not responsible for the suspension decision as the Superintendent's designee to conduct the hearing and decide.
    a. A request for a hearing must be signed or sent by the parent or guardian.
    b. If a hearing is requested:
        i. The hearing will be held within ten calendar days of receipt of the request; subject to extension for good cause as determined by the Superintendent or the Superintendent's designee.
        ii. The Superintendent or the Superintendent's designee will notify the participants of the time and place of the hearing a reasonable time in advance to allow preparation for the hearing.
        iii. Upon conclusion of the hearing, a written decision will be rendered within five school days, unless good cause exists to render the decision at a later date. The written decision will be mailed or emailed to the parents or guardian.

5. No Stay of Penalty. There will be no stay of the penalty imposed pending the hearing process.
6. Opportunity for Informal Resolution. These due process procedures do not prevent the student or parent/guardian from discussing and settling the matter with the appropriate school officials at any stage.

Section 5 Attendance

Student participants are expected to meet the following attendance expectations:

1. Attend school regularly. Students who have "excessive absences" as determined by the Principal are ineligible to participate in extracurricular activity contests, dances, field trips, or performances.
2. Be on time for all scheduled practices, contests, and departure for contests. In the event a participant is unable to attend practice or contests, the participant should contact the coach or sponsor in advance.
3. On the day of a practice, contest, performance, or other activity, be in attendance for the full day. A student who receives an unexcused absence the day of a contest is ineligible for the contest, performance, or activity. Weekend or extended break activities will be impacted by attendance the school day prior to the break. Exceptions may be made for extenuating circumstances, such as doctor/dentist appointments or family emergencies. The exception must be approved in advance by the Principal or Athletic Director.

Section 6 Academic Standards

A student participating in extracurricular school activities must show evidence of sincere effort towards scholastic achievement. To be eligible for participation in extracurricular activities students must:

1. Be enrolled in at least 25 credit hours in the semester of participation.
2. Maintain passing grades. A student who is not passing two or more classes at progress reporting times (Tuesday's at 9:00am) will be have their eligibility reviewed. Students will receive 1 probation week per semester. After the probation week, a student will be ineligible if they are still failing two or more classes.
3. Eligibility weeks run from Wednesday competitions through the next Tuesday competitions.
4. Students ineligible due to grades will be in Wildcat Reflection until they are passing all but at least 1 class. Although a student may not be in Wildcat Reflection because they improved a grade, they will remain ineligible for the week.

Section 7 "Team Selection" and "Playing Time"

"Team selection" and "playing time" decisions are the responsibility of the individual coach or sponsor of the activity. Consistent, however, with the purposes of the activities program, the coaches and sponsors shall follow the following established guidelines for team selection and playing time decisions, along with such other guidelines as each individual coach and sponsor may develop which are not inconsistent with these established guidelines:

1. School Representative. Student participants must demonstrate that they can and will represent themselves and their school in a manner which reflects the development of high ideals and appropriate values, which shall include good citizenship in the school and in the community.

2. Success. Student participants must demonstrate that they can make the activity program more successful, both from a standpoint of competitive success and success in promoting a positive school spirit. Characteristics for purposes of these criteria include the student's: (1) talent or skill, (2) desire to improve the student's own skills or talents as well as those of others in the activity, and (3) attitude of respect towards teammates, the coach, the school, and the community.

Section 8 Relationships Between Parents and Coaches/Sponsors

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone.

Parents have the right to know the expectations placed on them and their children. Coaches and sponsors have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place. Any concerns raised about the coach will be redirected to the coach to address directly with the coach.

Students and parents are expected to communicate professionally with coaches. Any parent who fails to communicate in a professional manner may be asked to leave school grounds.

Section 9 Good Sportsmanship—Behavior Expectations of Spectators

Good sportsmanship is expected to be exhibited by all coaches, sponsors, students, parents, and other spectators. The school can be punished by NSAA for a lack of good sportsmanship at NSAA sanctioned events. More importantly, activities are more enjoyable for the students when good sportsmanship is displayed.

The administration supervising an activity shall have the authority to implement good sportsmanship expectations. Any participant, parent, or spectator who fails to uphold the good sportsmanship expectations may be removed from an event and banned from returning.

Section 10 School Dances

A school sponsored dance is a school activity (not part of the general curriculum or school day), subject to all provisions of the Code of Conduct. Attending a school dance is a privilege (not a right) available to those students who meet all requirements for participation.

General Rules of Student Conduct at Dances. In addition to all rules of student conduct in the Student handbook, students attending dances shall adhere to the following rules of conduct:

1. Who Can Attend: Only students from the School District and their guests may attend.
    a. Students currently attending the District's High School, or another Nebraska high school, are generally considered appropriate dates or invited guests. The Principal may prevent a student from attending if the Principal determines that a student may cause a disruption at the dance or would otherwise distract from the dance itself (such as a student who is serving an expulsion).
    b. Persons who are younger than 14 or older than 19 years of age and not attending high school are generally considered to not be appropriate dates or invited guests for our school dances.

c. Some school dances may be restricted to students attending specified grades levels.
d. Students who have been suspended from school or from extracurricular activities at the time of the dance may not attend. Students who are ineligible at the time are also unable to attend.
e. The school reserves the right to exclude persons who may or do cause a disruption or detract from the event. Dates or invited guests not attending our school are expected to follow the same rules of conduct which apply to our students.
f. Rules for dances may restrict students and their guests from leaving the dance until the dance ends without written parental permission on a form provided.
g. Students or their guests who engage in inappropriate behavior, whether on or off the dance floor, may be asked to leave.

2. Prohibited Substances: Alcoholic beverages, illegal drugs, and tobacco are prohibited. Anyone using these or showing the affects of use will not be allowed admission or, if discovered after admission, be removed from the dance. Their parents or guardians may be contacted.

   Students and their dates may be required to submit to a breathalyzer prior to gaining entrance. Those who choose not to submit to a breathalyzer will not gain entrance. Law enforcement will be contacted if there is reasonable suspicion that the student or a student's date is under the influence of alcohol or drugs.

3. Appropriate Attire: Students and their guests must meet the dress code requirements established for each dance. Teachers or administrators will make the final decision as to whether a student's attire is appropriate. Students will be asked to change unacceptable items, which may mean that the student may have to return home to change the inappropriate clothing.

Eligibility for Selection as Royalty. Nomination and selection as royalty for school sponsored dances is an honor awarded by students to those of their peers that exemplify the highest standards of integrity and achievement. The students selected to be the "royalty" for Homecoming and Prom, or any other school sponsored dance or activity, shall meet that general standard as determined by the administration and, in addition, meet the following specific academic, activity and conduct standards:

Achievement, Citizenship and Conduct Qualifications:

a. The student must have exhibited sportsmanship and leadership in activity endeavors and participation.
b. The student must have exhibited a cooperative and respectful attitude toward fellow students, teammates, opponents, sponsors, coaches, and officials.
c. The student must be in good academic standing as determined by school administration.
d. The student must not have had excessive violations of school policies and procedures during their high school career.
e. The student may not, within 12 months of the dance, have been cited, ticketed, or arrested for engaging in criminal violations involving: (i) alcohol, drugs or tobacco; (ii) driving law violation in which the penalty is a loss of four points or more under the point system; (iii) a Class I, II, III, or IIIA or Class W misdemeanor; or (iv) a felony.

2. Royalty Candidate Eligibility and Selection: The determination of whether a student meets the foregoing conduct and citizenship qualification standards shall be made by administration for each dance at which royalty is to be selected. The Principal or Activities Director will communicate with students to inform them of their eligibility and selection (when applicable).

3. Specific Dance Eligibility and Selection Requirements:
   a. Homecoming Queen & King:
      - Only a senior girl shall be eligible to be Queen and only a Senior boy shall be eligible to be King.
      - To be eligible, a candidate must agree to attend the entire Homecoming Dance and represent the school properly.
      - The Queen and King will be chosen from the qualified nominees by secret vote of the student body & staff during Homecoming week. Crowning will be held at an appropriate fall sports event.
   b. Prom King and Queen:
      - Only a Senior girl shall be eligible to be Queen and a Senior boy shall be eligible to be King.
      - To be eligible, a candidate must agree to attend the entire Prom Dance and represent the school properly.
      - The Queen and King will be chosen from the qualified nominees by secret vote.
   c. Prom Prince & Princess
      - Only a Junior girl shall be eligible to be Princess and a Junior boys shall be eligible to be Prince.
      - To be eligible, a candidate must agree to attend the entire Prom Dance and represent the school properly.
      - The Prince & Princess will be chosen from the qualified nominees by secret vote.

Section 11 Student Fees

Activity Fee - Students will pay a one-time activity fee to participate in extracurricular activities, athletics, and clubs. The cost is the same whether a student participates in one or multiple activities. Grades 9-12: $40.00, and Grades 7 & 8: $30.00.

Activity Fee Waiver – If your family qualifies for the free or reduced lunch plan, you can request a fee waiver from the Athletic Director.

Season Passes & Admissions

- Yearly season passes available upon request for all Cedar Bluffs home sporting events
  - Single Adults = $50
  - Senior Citizen = $35
  - Family (household) = $100
- Yearly Admissions Costs for Cedar Bluffs events
  - Adults & Students = $5
  - 5 & Under and Cedar Students = Free
  - JH Admissions - $2

Section 12 Academic Awards

1. NCPA Academic All State Nominations.
    a. A nominated student must be a **varsity player** or **organizational leader** who has played a significant role on the team or in the organizational activity during the season for which nominations are accepted.
    b. A nominated student must have a minimum cumulative Grade Point Average, in all curricular subject, of **93% or 3.7 on a 4.0-point scale** or the equivalent.
    c. NSAA high schools or their cooperative sponsorship may nominate a maximum of two students per NSAA activity program.
    d. In an instance where a sport and/or activity has more than two available candidates, the school district will determine the candidates by selecting an individual who has not yet been nominated, oldest to youngest, highest GPA to lowest, or leadership qualities.
2. Academic All-Conference
    a. Any senior who achieves a composite score of 24 or higher on the ACT provided the student has a 3.5 or better cumulative grade point average.
    b. There will be two tiers of awards. A recipient of the Silver Tier Award would have a minimum 24 ACT score and a 3.5 GPA. A recipient of the Gold Tier Award would have a minimum 28 ACT score and a 3.75 GPA.

Section 13 End of Year Awards

Athlete/Performer of the Year

a. Any junior or senior that has participated in at least 2 sports (Athlete) or 1 activity (Performer) is eligible to be nominated for this award.
b. Students will be nominated by coaches and scored on areas of leadership, accountability, teamwork, effort, etc.
c. A minimum average score of 21 must be met, and the highest average score will be the winner.

12 Sport Letter Winner

a. Students who letter in 12 NSAA sanctioned sports (cross country, football, volleyball, golf, basketball, wrestling, or track & field) will receive this award at the end of their senior year.

Section 14 Random Drug Testing

a. All student-athletes and activity participants are eligible for random drug testing throughout the school year.
b. Testing will occur three times throughout the year; one each season. Students participating in the sports or activities in that season are eligible to be chosen.
c. The testing collection process will be conducted in a manner that protects student privacy, will also guard against tampered specimens and ensuring an accurate chain of custody of the specimen.
d. The specific testing procedures and mechanism are to be created by the Athletic Director or designee. A test will include a collection of saliva from the student. It

is intended that the procedures be modeled on those applicable to the testing of CDL employees, which include the testing of specimens for alcohol and unlawful substances. The tests are to be designed to detect only the use of illegal drugs, including but not limited to amphetamines, marijuana, cocaine, steroids, opiates, and barbiturates, not medical conditions or the presence or authorized prescription medications.

e. The following shall result from a positive test result:
   - The student's parents or guardians will be contacted and a meeting will be held to discuss the positive test result, with the object of collaborating on a plan to assist the student in avoiding future substance abuse.
   - The student's privilege of participating in extracurricular activities will follow the guidelines established in Section 3 above.

RECEIPT OF Cedar Bluffs HIGH SCHOOL
2025-2026 STUDENT-PARENT ACTIVITY HANDBOOK

We acknowledge receipt of the 2025-2026 Student-Parent Activity Handbook.

We agree to abide by the extracurricular activity code of conduct set forth in the handbook and the other rules and regulations set forth in the handbook.

We agree to read the handbook. In the event we have a question about the meaning of any of the material in the handbook, we understand that we can request a conference with the Principal or the Athletics Director to get an explanation.

Date: _____ Date: _____

_____ _____

Student's Signature Parent or Legal Guardian's Signature