

## WHAT DO SCHOOL COUNSELORS DO?

We work alongside teachers and parents to help students develop socially and emotionally, and to help remove any barriers they have to learning!



## WHAT WE PROVIDE:

- Classroom lessons teaching social skills, how to take care of strong feelings, study skills, etc.
- Small group counseling
- Short-term individual counseling
- Consultation with parents and teachers
- Parent workshops
- Community resource referrals (including longer term therapy services)
- Schoolwide programming (Kindness Week, College Week, etc.)

## CONTACT US!



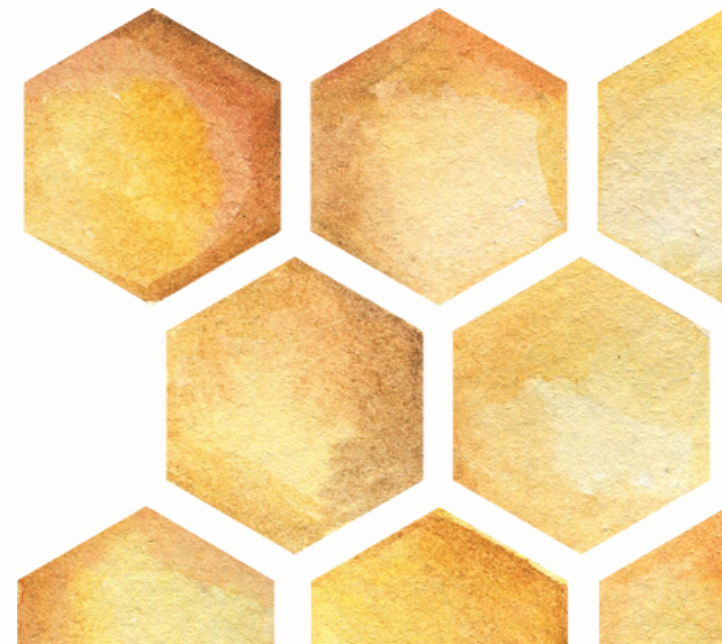
**Heather Mauck**  
*3rd Grade Counselor*  
heather.mauck@lcps.org

**Megan Nunes**  
*5th Grade Counselor*  
megan.nunes@lcps.org

**Patty Rose**  
*4th Grade Counselor*  
patricia.rose@lcps.org



**HOVATTER  
ELEMENTARY**  
SCHOOL COUNSELING



## HOW CAN WE SUPPORT PARENTS?

- Helping to handle social or emotional concerns you have about your child
- Improving parent-child communication
- Family difficulties or concerns that affect your child at school
- Referrals for community resources
- Understanding the developmental changes of childhood
- Helping your child to be on time to school every day
- Discussing concerns about your child's academic achievement

## WHAT TYPES OF THINGS DO WE TALK WITH STUDENTS ABOUT IN CLASS LESSONS AND IN COUNSELING?

- Making and keeping friends
- Setting goals
- Teamwork
- Feeling good about yourself
- Making good choices
- Being responsible
- Managing strong feelings
- Conflict resolution

## HOW DOES A STUDENT SEE A SCHOOL COUNSELOR?

- Self-referral
- Parent referral
- Administrative, teacher, or other staff referral
- Referral by friend(s)

### ABOUT MRS. MAUCK



Mrs. Mauck is eagerly beginning her 4th year as a school counselor at Hovatter Elementary School, bringing with her 17 years of experience in the field. Passionate about the academic, career, and social/emotional growth of all students, Mrs. Mauck enjoys delivering classroom lessons, conducting small group sessions, and providing individual counseling. She thrives on collaborating with students, parents, teachers, and community members to create a nurturing and supportive learning environment. Mrs. Mauck is excited to continue building strong relationships within the Hovatter community during the 2025-2026 school year.

### ABOUT MRS. NUNES

Mrs. Nunes is so excited to be back at Hovatter for her second year! Mrs. Nunes grew up in Western Loudoun. When she is not at school, Mrs. Nunes can be found outdoors with her husband and son or reading a good book!



### ABOUT MS. ROSE



This will be Ms. Rose's 9th year as a school counselor and she is very excited to be returning as a Honeybee! Ms. Rose loves to read, walk her dog, and spend time with her friends and family outside of school.