

*Autism Services and
Resources in LCPS
and the Community*

Continuum of Services for Students with Autism in LCPS

Jamilah Anderson

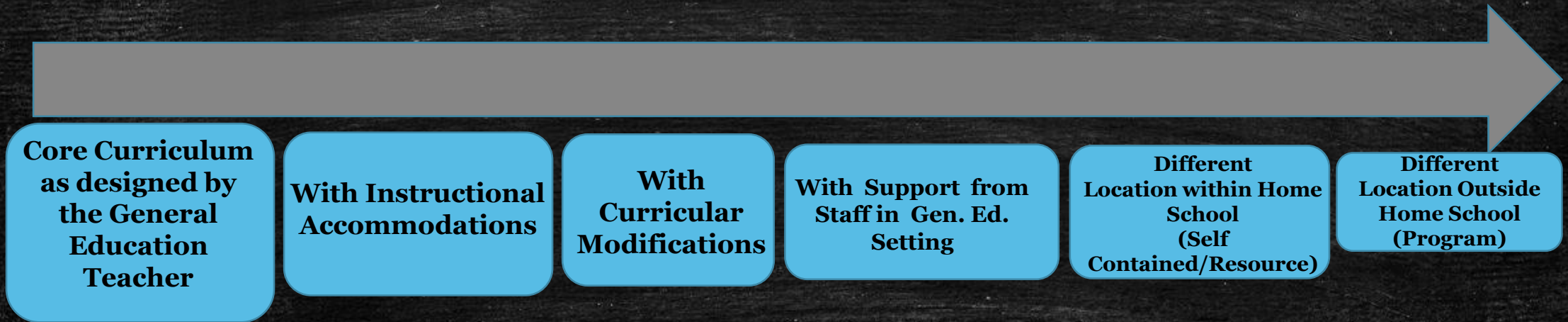
Dr. Joy Engstrom

Autism Program Specialists

July 19th and 20th, 2016

Summer Session for New School-Based Administrators

Special Education Continuum



Special Education Continuum

- Curriculum, as designed, in the general education classroom; if student is being successful then that would be their least restrictive environment.
- Accommodations and/or modifications that would be required for the student to access the curriculum

Special Education Continuum (cont.)

- Support within the general education setting (could be a co-taught class or additional staff supporting students with disabilities within the general education setting).

Co-Teaching

- A formal semester-long or yearlong commitment between a general education and special education teacher; daily partnership for instructional design and delivery
- Must be taught by 2 licensed professionals (general education teacher and special education teacher)
- Joint/collaborative process for planning, instructional delivery, behavior management, assessment of instruction, grading and conferences for all students in the general education class

Special Education Continuum (cont.)

- More restrictive support/placement in a different location:
 - resource level services (outside the general education classroom; student should be in the resource setting for the minimal amount of time required to meet the unique needs of the student)
 - Self Contained (within home school)
 - Program level Services within the division (Specialized Instructional Program, Intensive Program)

Pull-Out Support and Services

- Focused services to students who require support to address one or more learning objectives in a setting other than the general education classroom for a period of the school day
- Level of pull-out support and/or services is individualized based on the needs of the student
- Areas of need can include reading programs, specialized counseling, instruction in learning and/or behavior strategies
- Can be provided by certified/licensed personnel or paraprofessionals

Self-Contained Program (Autism)

- Highly specialized supports and services delivered to students in a setting outside of the general education classroom for most or all of the school day
- Accommodations, curricular instruction and modifications prepared and delivered in a specialized learning environment
- Students require significant level of explicit instruction in multiple domains such as language development, communication, social skills, coping skills, specialized academic instruction, self-care/life skills and/or vocational skills
- Lower student to staff ratio to enable more focused direct instruction and increased opportunities for skill demonstration across multiple environments

Self-Contained Intensive Program

- Incorporates all the elements of the self-contained program for students with Autism
- Student to staff ratio is lower than the self-contained setting
- Staff receive additional training to support the teaching of students with challenging behaviors
- Environment is highly structured to allow for predictability and the systematic teaching of replacement behaviors
- Focused on the reduction of interfering behaviors that have demonstrated a significant impact on the student's ability to learn
- Goal is to reduce interfering behaviors, teach replacement behaviors and successfully transition student to their least restrictive environment

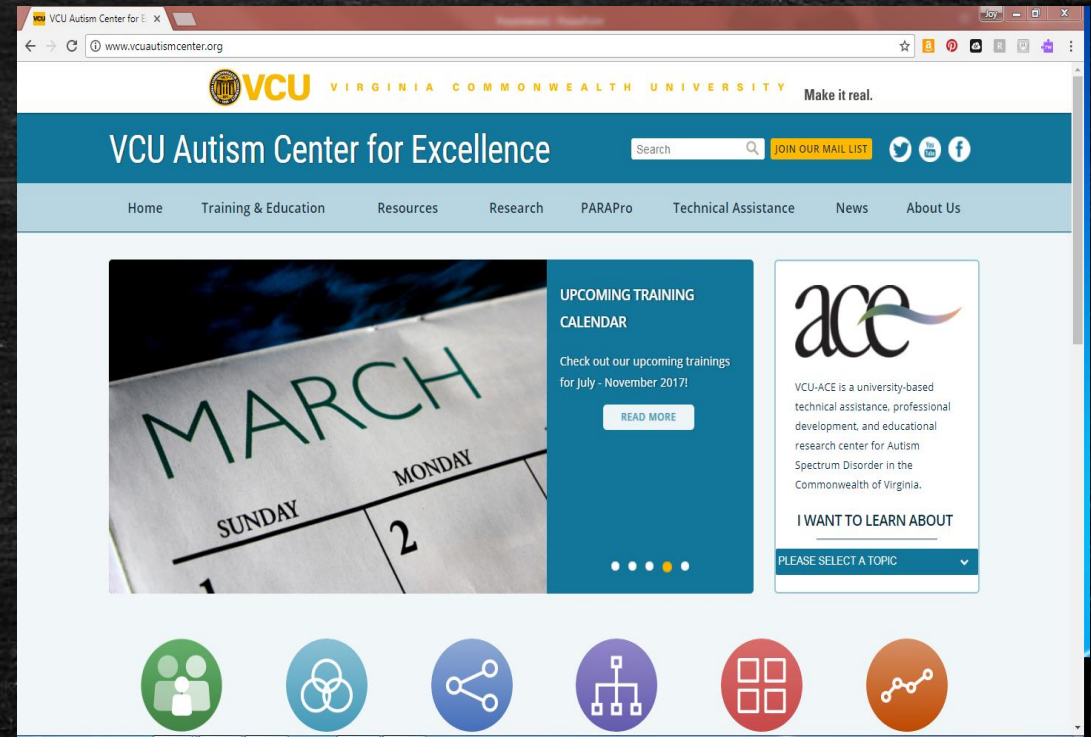
Additional Supports, Interventions and Resources

- In School resources
- Pupil Services Student Support Team Meetings (PSSST)
- Related Service providers
- Assistive Technology
- Autism Consulting Teachers (teacher resource)
- Specialized Instructional Facilitator for Autism (SIF-AUT)
- Autism Program Specialists (Elementary and Secondary)
- Autism Supervisor
- Special Education Supervisor (school- based)

Virginia Commonwealth University Autism Center for Excellence (VCU ACE)

- Intensive Technical Assistance Grant
- Training and Resources

<http://www.vcuautismcenter.org/>



COMMUNITY RESOURCES



Loudoun Cares – Information and Referral Helpline

- Loudoun Cares' Helpline serves as a gateway through which residents access links to services from all Loudoun agencies (nonprofit, government and faith entities). Our call specialists use a locally maintained database to give callers the most detailed and up-to-date resource information appropriate to their needs. This screening process enables our staff to efficiently connect the callers with the most suitable service provider or resource.
- Referral Helpline: 703-669-4636 (INFO)



Loudoun County Mental Health, Substance Abuse & Developmental Services (MHSADS)

- Provides services to mentally disabled Loudoun County residents, including mental health and substance abuse outpatient, emergency services, developmental disabilities, case management, job coaching, early intervention services, residential services, and outreach in all three disability areas.
- Mental Health Emergency – 703-777-0320 24 hours, 7 days per week
- Mental Health & Substance Abuse Services – for information & appointments – 703-771-5155
- Developmental Services – 703-777-0377

CR2 – Children's Regional Crisis Response

24-hour rapid response to all youth (17 and younger) facing a mental health and/or substance abuse crisis. Also respond to youth experiencing a psychiatric crisis due to mental health issues that are placing them at risk of psychiatric hospitalization, including youth with intellectual and developmental disabilities that are experiencing mental health or behavioral challenges.

When to refer: aggression or self-harm, thoughts of suicide, threatening behaviors, dangerous decision making, extreme social isolation, property destruction, hallucinations or delusional thinking, loss of coping skills.

Counselors provide phone screening and face-to-face assessment, intervention, and support.

Provided at NO cost to the families. It is funded through both DBHDS grants and Medicaid. ****Families with commercial insurance may be required, by their insurer, to provide a copay for psychiatric assessment and medication services.***

Referral Source: Parents can call directly

Referral Contact: 844-N-Crisis (844-627-4747) <http://cr2crisis.com/>

Wraparound Loudoun Program

Wraparound is a structured, planning process to help vulnerable children stay with their families and in the community. The process is designed to support and assist the family as it develops a better understanding of its own strengths, needs, and resources. Student must have a serious emotional disability (or suspected one), be involved with multiple agencies, and be at risk of removal from their home, or placement in a more restrictive placement.

****It is a PROCESS, not a SERVICE****

Referral Source: School Social Worker

Referral Contact: Referral form and release of information faxed to Maria Torres

Fax: 703-777-0170

NAMI – National Alliance on Mental Illness

571- 458-7310

referrals@nami-nova.org

- Support groups, classes, presentation programs and events for individuals living with a mental health condition, family members and our community.
- Family Support Partners (FSP) – parents or caregivers of children who live with emotional, behavioral or mental health and related conditions. They use their own experiences to help other families with similar experiences. Family Support Partners receive on-going state and local training and certification.

Loudoun County – Developmental Services

Contact person: John Hudson 703-777-0377

- Early Intervention – for infants and toddlers to age 3 who have a developmental delay or have a diagnosed condition with a high probability of developmental delay.
- Support Coordination (aka Case Management) – for individuals with a developmental delay such as Autism, Intellectual Disabilities and medical conditions, i.e. Cerebral Palsy.
- Medicaid Waivers – assigned through this office, when the state lets them know how many waivers Loudoun County is given for the year. Waiver slots typically open up around July 1st.

REACH - Regional Education Assessment Crisis Services Habilitation

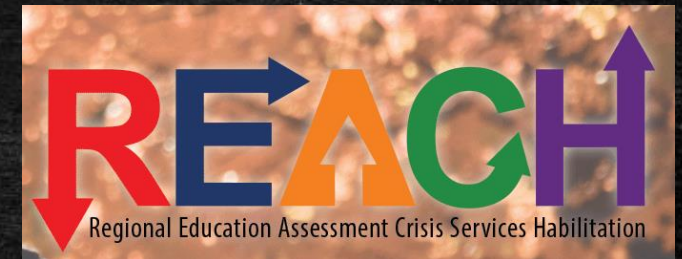
REACH provides clinical assessment and support by:

- Training and empowerment for individuals, families, and caregivers
- Community and home based crisis intervention and stabilization support
- A multidisciplinary support team utilizing a biopsychosocial approach

Who is eligible:

Individuals aged 18 and above with documented evidence of:

- Intellectual and/or developmental disability and
- Mental health and/or at risk behavioral challenges



24/7 Referral & Crisis Hotline – (855)897-8278

EDCD WAIVER-Elderly or Disabled with Consumer Direction

- Services offered in the home and community to prevent placement in a nursing facility.
- Serves people with disabilities (or the aged) with activities of daily living to include bathing, dressing, eating, playing, etc.
- Student is screened through the Department of Family Services and the Health Department.
- Once referred, parents will be asked to fill out a Medicaid application. They determine eligibility for Medicaid based on the child's income and resources, not the parents. So if the child becomes eligible for the waiver, Medicaid comes with it.

For students under age 18 – call Sarah Washington at

The Health Department - 703-777-0236

For students age 18+ call the Department of Family Services

703-777-0353 and ask for an EDCD Waiver Screening

Supplemental Security Income

- www.socialsecurity.gov
- 1-800-772-1213
- The SSI program makes monthly payments to people who have low income and few resources and are disabled or blind or age 65 and older and have severe limitations.
- Eligibility has to be determined in two areas:
 - Disabling condition that results in severe functional limitations
 - Low income

If your child is under 18 years of age the income assessment is determined by parents' income. Once your child turns 18, the income assessment is based solely on your child's income.

Jill's House

- Jill's House provides overnight and day programs to children with special needs ages 6 to 17 and their siblings.
- Jill's House can accommodate up to 45 children per night with a ratio from 1:1 to 1:4 of trained and qualified staff to children.
- Jill's House relies on hundreds of trained volunteers to help keep the costs down for families. Fees are based on a sliding scale.
- Jill's house has partnered with Camp Highroad to bring the Weekend Adventure program to the Washington D.C. area.

Location: 9011 Leesburg Pike, Vienna, VA 22182

<http://jillshouse.org>

703-639-5660

Access Ministry- McLean Bible Church

- Access began in 1996 with a Sunday school class of four children diagnosed with various disabilities, who were not able to attend typical classes. Today, Access serves over 500 families of children with special needs in the Washington, DC, area each year. Access Ministry has a holistic approach to care for individuals with disabilities and their families by providing spiritual, physical and emotional care. We accomplish this through an incredibly passionate staff and core group of volunteers with servant hearts.
- <https://www.mcleanbible.org/connect/access>

Loudoun County's location is :

44180 Riverside Parkway

Lansdowne, Va 20176

Project Lifesaver and Project First Responder

Project Lifesaver

<http://www.sheriff.loudoun.gov/projectlifesaver>

Loudoun County Sheriff's Office
P.O. Box 7200
Sycolin Road, S.E.
Leesburg, VA 20177-7200

The Project Lifesaver program is an electronic based tracking system for people with medical conditions such as Alzheimer's, Autism, or other conditions, that have a tendency to wander from home and become lost. The program allows Loudoun Deputies certified as Electronic Search Specialists to fit clients with a wristband transmitter that emits an automatic tracking signal. If the client becomes lost, the specially trained deputies will use a mobile antenna and hand-held directional device to help locate the client.

FREE to Loudoun County Residents.

Project First Responder

- Deputy Christina Evans
- **This program aims to assist local first responders, individuals with autism and other developmental delays and their families to successfully manage emergency situations.**

LAWS Community Services Center
105 East Market Street, Leesburg, VA 20176
703-771-3398 laws@lcsj.org

- Free, confidential services for anyone who has experienced abuse
- 24 hour line 703-777-6552
- Spanish speaking victims – 703-443-2810
- Serves adults, children and youth
- Legal services; crisis intervention; short term shelter; advocacy; counseling; peer support group; follow-up services for food, clothing, and emotional support for families in recovery from violence

ARC of Loudoun

- Since 1967, The Arc of Loudoun has been Loudoun County's only advocacy organization dedicated to serving people with disabilities and their families.
- 601 Catoctin Circle NE
- Leesburg, VA 20176
- 703.777.1939
- Parent support groups
- Information seminars
- <http://www.paxtoncampus.org/futures-planning/> - 11/16 Medicaid Waiver Changes

Adaptive Recreation- Loudoun County

20145 Ashbrook Place,
Suite 170
Ashburn, VA 20147
703-777-0343



- Our goal is to provide individuals of all abilities the opportunity to participate in recreation and leisure programs, which may enhance their quality of life and foster respect for and acceptance of diversity within the community.
- Adaptive Recreation offers a wide range of activities throughout the year including aquatics, bowling, movies and theater, outdoor adventures and more
- Camps; VSA Arts, Special Olympics
- Link for Leisure Connection, the guide for activities and registration
- <https://www.loudoun.gov/DocumentCenter/View/126442>

Healthworks of Northern Virginia



- Provides comprehensive medical, dental and behavioral health care to anyone, including those who are uninsured or underinsured
- Fees are based on household income and family size. They accept all insurance, including private, Medicaid and Medicare. No one is ever denied care due to an inability to pay or because they do not have insurance.
- Services include: medical care, preventive dental care, behavioral health care, nutrition counseling, health assessments and screening and laboratory services.

Locations: Leesburg 163 Fort Evans Rd NE 703-443-2000

Herndon 1141 Elden St, Suite 300 703-481-8160

<http://hwnova.org>

We Rock the Spectrum (Opening 12/2017)



We Rock the Spectrum - Loudoun
COMING SOON!
22446 Davis Drive, #127
Sterling, VA 20164

The first sensory-safe gym for ALL kids!



* Zip Line * Trampoline * Swings * Climbing Structures * Arts & Crafts *
* Fine Motor/Sensory Play * Teen Area * Birthday Parties * Open Play *
* Private Playdates * Special Events * Fields Trips * Classes * Parent Workshops *
* Respite Care * Multifunction Rooms (avail for rent) * and more!



[f t i n]
WRTSLoudoun
info@werockthespectrumloudoun.com



WE ROCK THE SPECTRUM
WHAT DOES YOURS SAY?
SUPPORTS FOUNDATION

- Sensory Safe Gym
- The gym is designed to enhance and improve sensory skills, strengthen coordination, and teach crucial communication skills and social interaction.
- Teen area

Legacy Farms

- Legacy Farms is committed to helping individuals with Autism Spectrum Disorder (ASD) and other developmental disabilities explore opportunities that advance their employment, education, life skills, health, and well-being. Our programs provide experience in a wide array of agrarian based job skills and settings, all designed to give our farmers “hands-on” learning opportunities and contribute to their community.
- <https://www.legacyfarmsvirginia.org/>



Questions



Contact Information

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Office of Special Education

571-252-1011