LOUDOUN COUNTY SHERIFF'S OFFICE
CRIME PREVENTION UNIT

INTERNET SAFETY

December 2023

Agenda

Social Media Use

Online Predators

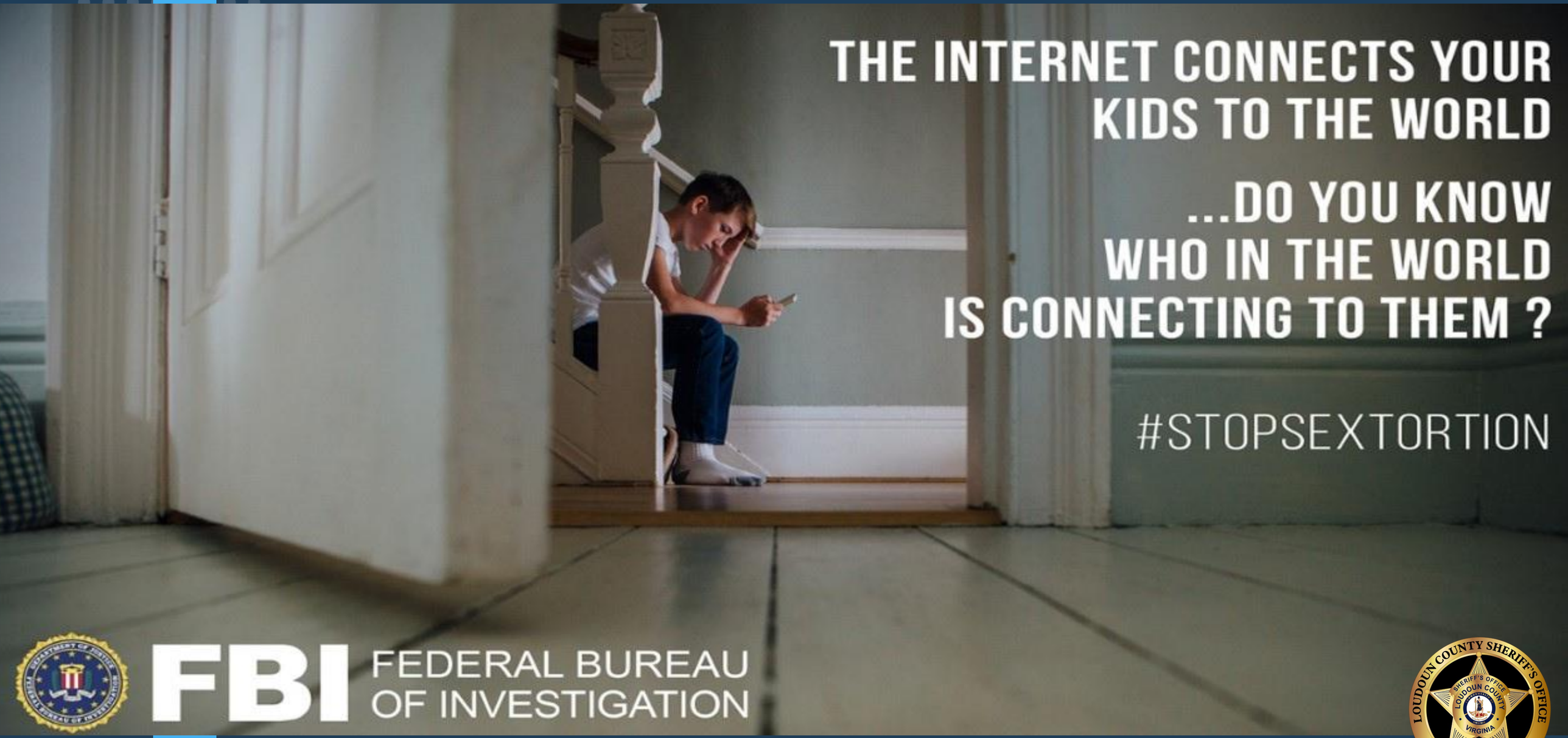
Sexting and Sextortion

Cyberbullying

Parental Controls

Recent Developments

Safe2Talk


THE INTERNET CONNECTS YOUR KIDS TO THE WORLD
...DO YOU KNOW WHO IN THE WORLD IS CONNECTING TO THEM ?
#STOPSEXTORTION
FBI
FEDERAL BUREAU OF INVESTIGATION
LOUDOUN COUNTY SHERIFF'S OFFICE
VIRGINIA

The First Line of Defense

A parent or guardian’s duty and responsibility is to protect their children

- Keep an open and ongoing dialogue on online habits.
- Know their passwords to access devices and accounts
- Know what social media they use
- Look at your child's contact lists and ask questions
- Have access to your child's device at anytime
- Use parental controls and know how to use them

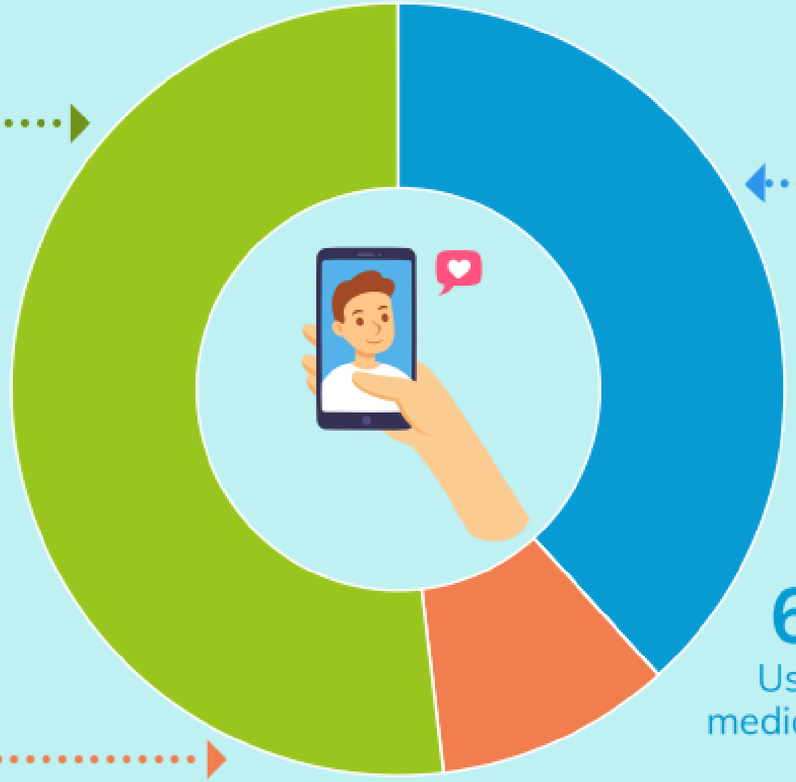
Teens & Screens: Smartphones, Screen Time, & Social Media

#StartTheConversation

Social Media Use Among 13-18 year olds

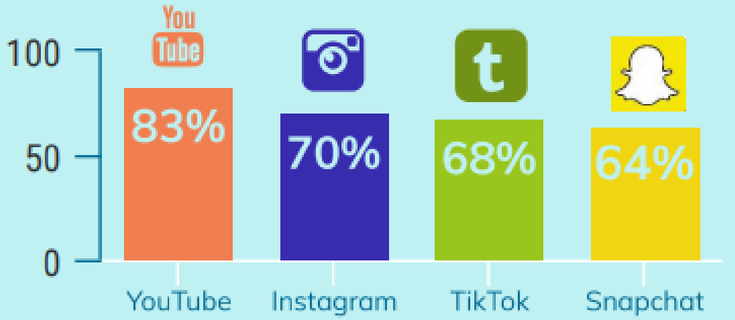
84% Use social media

16% Never use social media

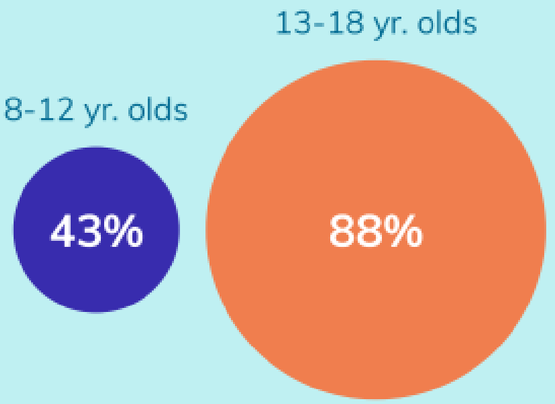


62% Use social media every day

Most Popular Social Media Platforms (% of Teens on each platform)



Smartphone Ownership Among Youth



95% of teens in the U.S. have access to a Smartphone, and 45% report being online "***almost constantly,***" spending an average of 9 hours per day online.

ICAC Internet Crimes Against Children Task Force Program

Common Sense Media 2021 & Pew Research Center 2019

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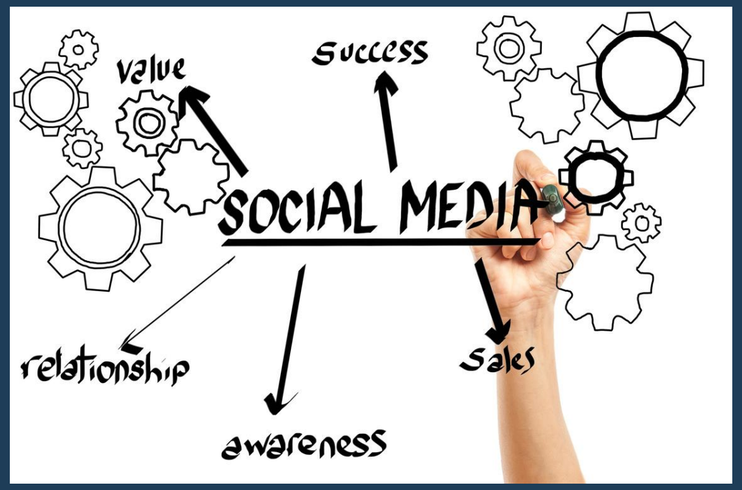
IMPACT OF SOCIAL MEDIA



1

Mental and physical health

Constant distraction, lack of sleep, links with depression and anxiety, views on body image.

2

Unrealistic views

Impact views of how others live, what they should strive for, what counts as success.

3

Social status

Equate social media with social status (number of likes, friends, reposts.)

4

Communication issues

Lack of face-to-face communication can lead to misunderstanding, real life relationships may suffer

Social Media and Youth Mental Health

2023

The U.S. Surgeon General's Advisory

What should adults look out for?

OBSESSIVE

Constantly online and becomes angry when they can't.

SECRETIVE

Will not discuss activities. Hides screen or changes what they are looking out.

SUSPICIOUS CONTACT

Random phone calls or messages from strangers. Receiving mail or packages

CHANGES IN BEHAVIOR

Becoming withdrawn, lack of interest in normal activities.

Online Predators

For Online Predators are sexual predators who use information and communications technology to locate, target, and victimize minors.

Why do predators use technology?

ANONYMITY

Easy to remain anonymous and conceal identities.

EASY ACCESS

Variety platforms including social media and video games.

NUMBERS ONLINE

If one potential victim does cooperate, easy for them to move on to next.

MULTIPLE VICTIMS

Ability to target multiple victims at the same time.

ONLINE BEHAVIORS

Oversharing of information on social media.

Alicia's Story

Grooming

Predators build an online relationship with a victim to commit further criminal acts.

- Can occur over a short or long period of time.
- Offer flattery and compliments in order to build trust.
- Deceptive and controlling.
- Abuse can be continued online or move to in-person contact.

Sexting

The act of sending sexually explicit photographs or videos of children under the age of 18.

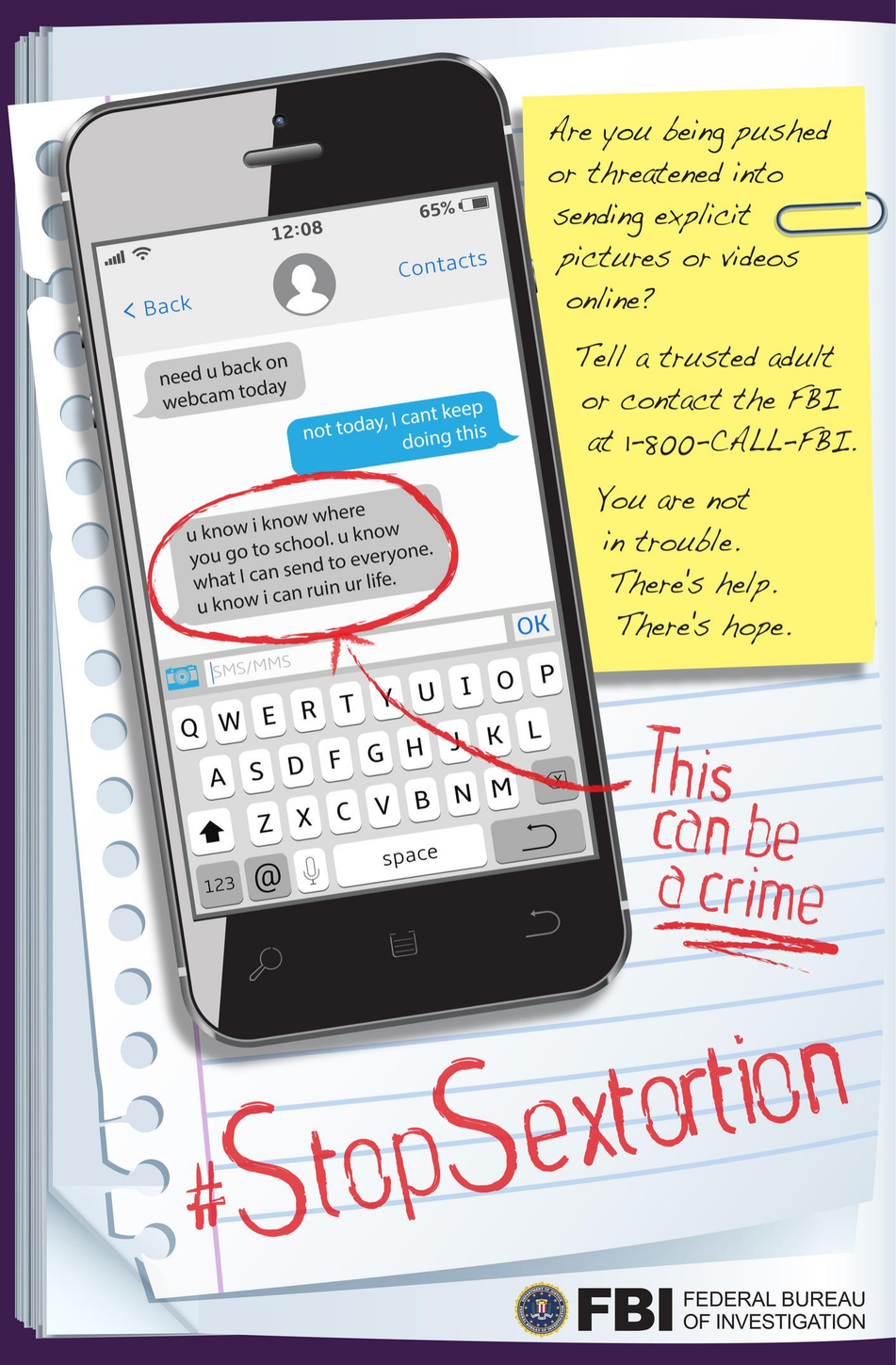
- Production
- Distribution
- Possession
- Solicitation

Sextortion

When a predator uses threats to acquire sexually explicit images or videos through manipulation.

Tactics may include:

- Switching platforms
- Reciprocity ("Show me yours, I'll show you mine".)
- Take screenshots during video chats
- Edit photos and videos victim's likeness
- Threat to share/shame, or physically harm them or their family



NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN®

CyberTipline

CyberTipline.org • 1-800-THE-LOST®

Reporting Category	2019 Reports	2020 Reports	2021 Reports
CSAM (possession, manufacture, and distribution)	16,939,877	21,669,264	29,309,106
Child Sex Tourism	683	955	1,624
Child Sex Trafficking	11,798	15,879	16,032
Child Sexual Molestation	4,747	11,770	12,458
Misleading Domain Name	838	3,109	3,304
Misleading Words or Digital Images on the Internet	8,631	8,689	5,825
Online Enticement of Children for Sexual Acts	19,174	37,872	44,155
Unsolicited Obscene Material Sent to a Child	1,613	3,547	5,177
Grand Total	**16,987,361**	**21,751,085**	**29,397,681**

In 2021, 93% of reports were resolved to locations outside of the U.S.

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NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN®

https://www.missingkids.org

Learn How to Remove Explicit Content from the Following Platforms

Discord, Facebook, Google, Instagram, imgur, kik, Microsoft, Reddit, Snapchat, TikTok, tumblr, Twitter, YouTube, Other Sites

Remember:

If the activity is criminal in nature, law enforcement should be notified before further action is taken.

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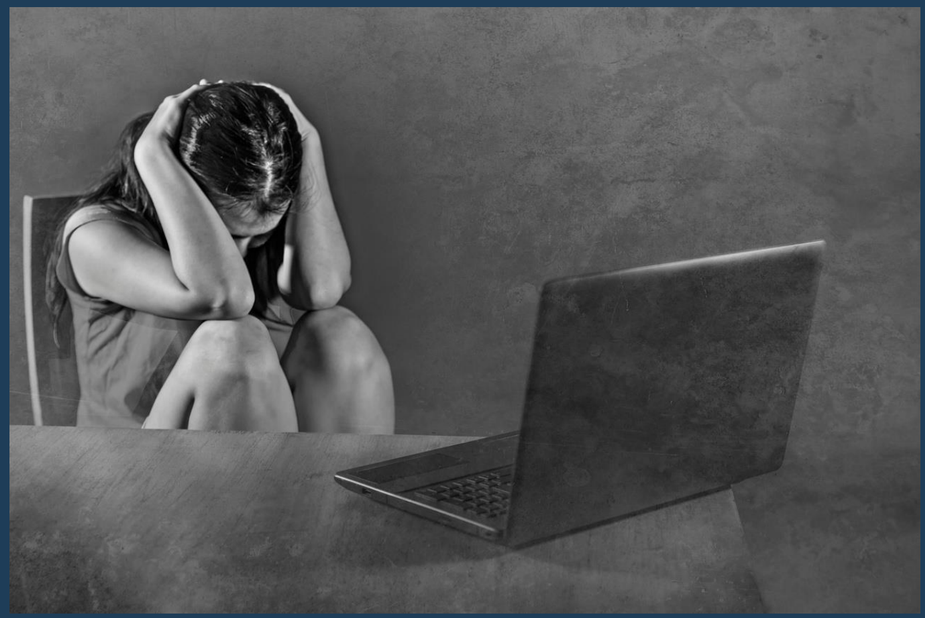
CYBERBULLYING

AGGRESSIVE AND UNWANTED ONLINE BEHAVIOR TO HARM, INTIMIDATE, OR HUMILIATE.

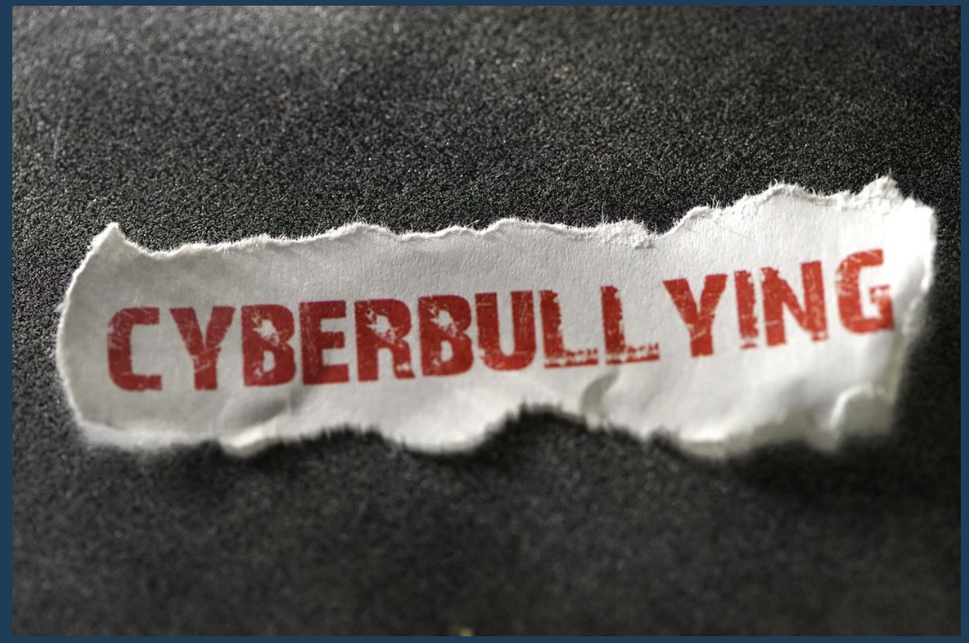
- Sending threatening or mean messages
- Spreading false rumors or gossip
- Forwarding messages or photos without permission
- Making lists to rate peers
- Creating fake accounts to pose as someone else
- Using another's account without their permission
- Sending edited photos or videos of someone
- Posting personal information in a public forum ("doxing")



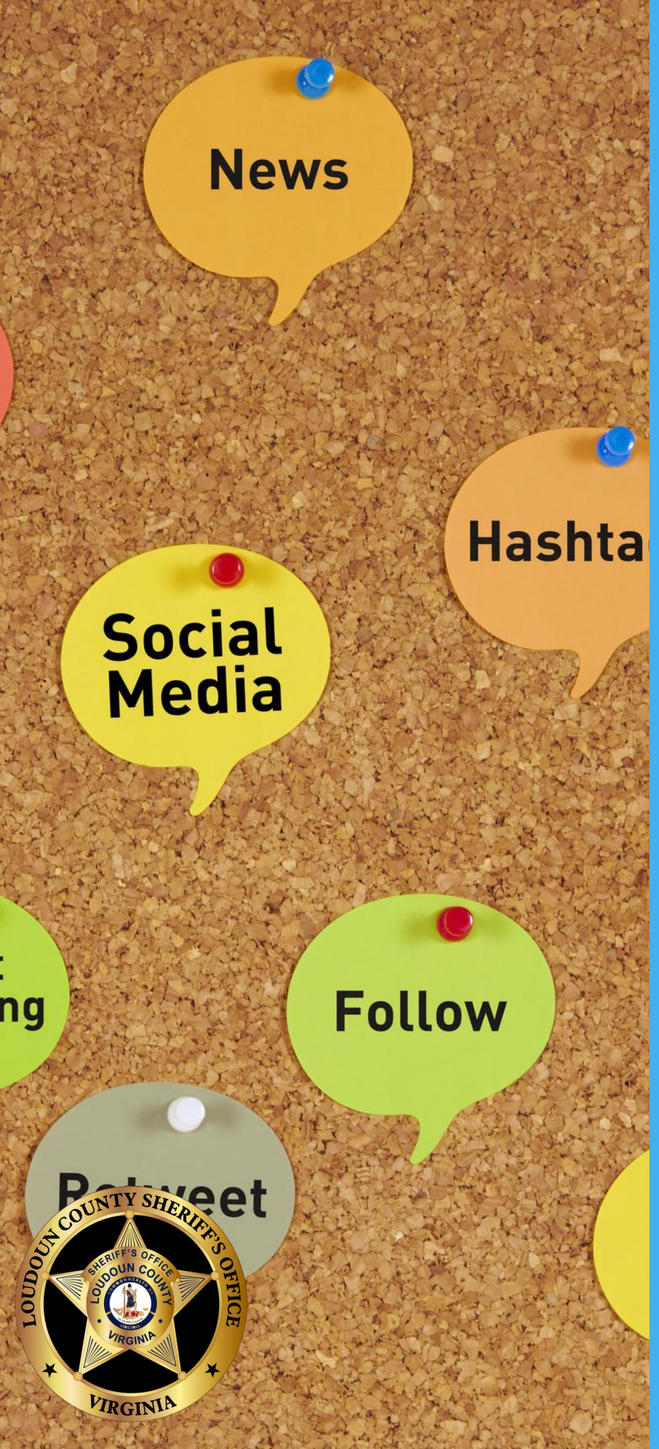
CYBERBULLYING

AGGRESSIVE AND UNWANTED ONLINE BEHAVIOR TO HARM, INTIMIDATE, OR HUMILIATE.

- Persistent
- Permanent
- Harder to detect
- Spreads faster
- Anonymous
- Easier to hurt



Threats



Responsible Social Media Use

STOP AND THINK BEFORE POSTING

- Who am I communicating with?
- Could this be considered bullying?
- How will this affect me or another person?
- Will this violate policy (school, job) or the law?

DON'T POST

- Unverified or false information, rumors and gossip
- Cryptic messages ("something bad will happen")
- Hateful language
- Pictures of weapons
- Anything that can be considered a threat

PARENTAL CONTROLS

Software and tools that can monitor, restrict, or disable certain types of online activities.

- Filtering/Blocking
- Deny Outgoing Content
- Limit Time
- Monitoring

- Internet Service Providers
- 3rd Party Apps and Software
- Operating Systems
- Internet Browsers
- Internet Streaming Devices
- Individual Devices (Apple, Android)
- Search Engines
- Online Games
- Gaming Controls
- Social Media Apps

The Number One Free App Available:

Ongoing Dialogue With Your Children

RESOURCES

ENOUGH·IS·ENOUGH
MAKING THE INTERNET SAFER FOR CHILDREN AND FAMILIES

https://enough.org

Internet Service Providers

AT&T
Comcast
EarthLink
Netzero
Sprint
Time Warner
Verizon

Parental Controls

Activity Logger
Bark
Circle
CleanBrowsing
Content Watch
Covenant Eyes
CYBERsitter
Forcefield
McAfee Internet Security Suite
Microsoft Windows Parental Controls
NetIntelligence
Netsweeper
Net Nanny
Norton Internet Security
Norton by Symantec Parental Control Software
OnGuardOnline
PC Tattletale
Radlee
Reword
Roqos
SaferNet
ScreenRetriever
uKnowKids
Webroot Child Safe

Smart Phones/Tablets

Android
Apple
Google Play Store

Search Engines

AOL
(note - AOL discontinued its parental controls as of 2017)
Bing
Google Safe Search
Yahoo

Online Gaming and Consoles

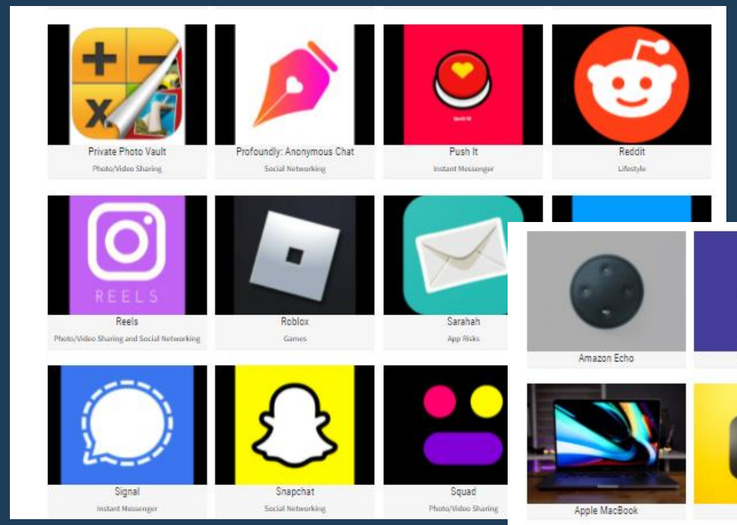
Fortnite
Nintendo Wii
Nintendo DS
PS5
PS4
PS3
PSP
Xbox

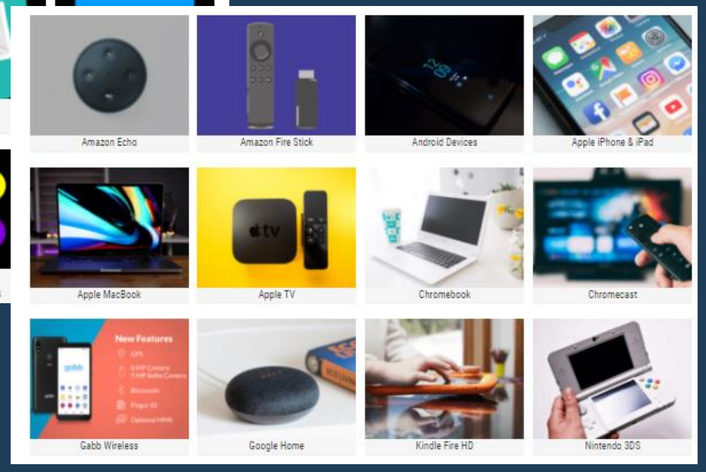
Internet Streaming Media Provider

Amazon Prime Video
CBS All Access
(Note- does not currently offer parental controls)
HBO Now

PROTECT YOUNG EYES

https://protectyoungeyes.com





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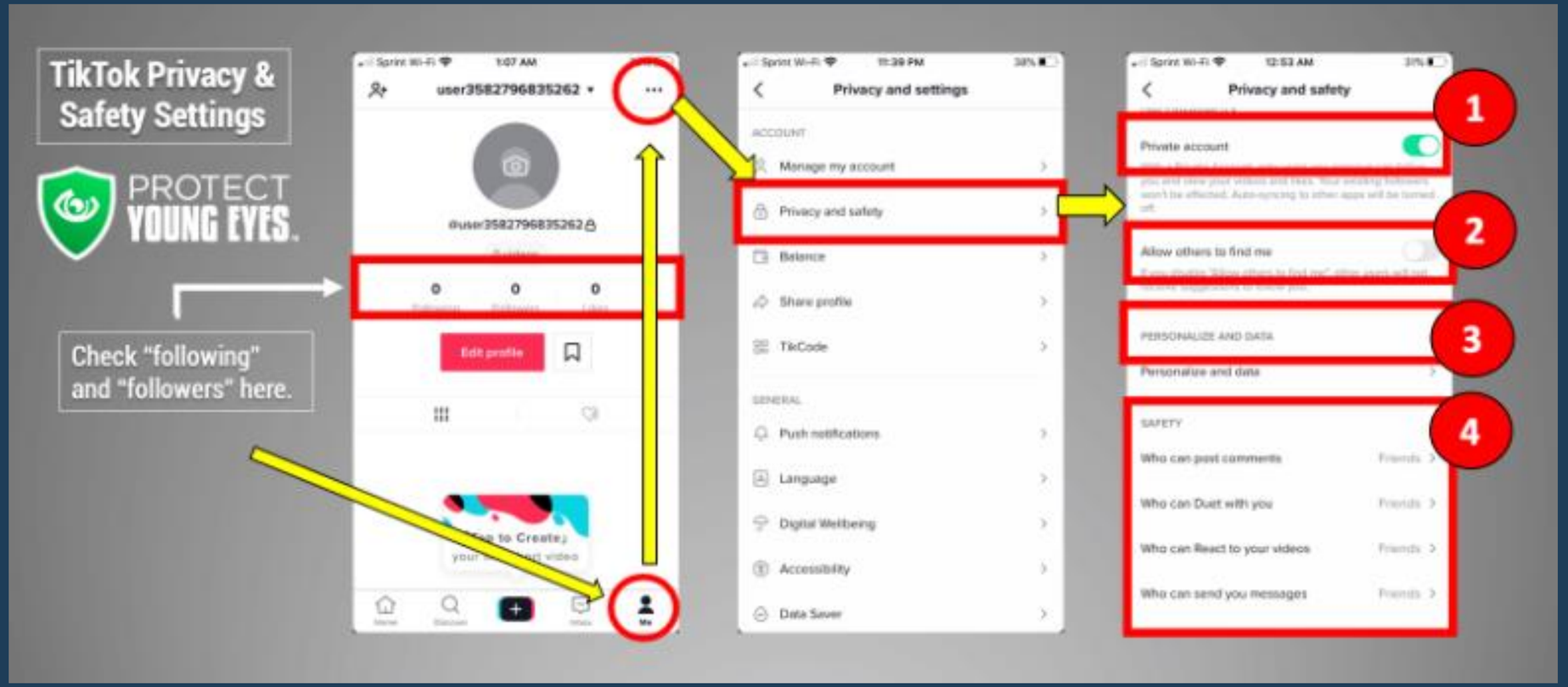
RESOURCES


TikTok Privacy & Safety Settings
PROTECT YOUNG EYES.
Check "following" and "followers" here.
user3582796835262
Edit profile
Privacy and settings
Manage my account
Privacy and safety
Balance
Share profile
TikCode
Push notifications
Language
Digital Wellbeing
Accessibility
Data Saver
Privacy and safety
Private account
Allow others to find me
PERSONALIZE AND DATA
Personalize and data
SAFETY
Who can post comments
Who can Duet with you
Who can React to your videos
Who can send you messages
1
2
3
4

KEEP IN MIND...

ONLY A TOOL

Parental controls are simply tools that can assist parents. Nothing is a substitute for ongoing, open communication.

KIDS ARE SMART

Children are smart, determined, and resourceful. They are growing up with this technology.

BE PATIENT

Children's brains will continue to develop into their 20s. They are undergoing immense changes.

Attorney General Miyares Files Lawsuit Against Meta for Harming Youth Mental Health Through Its Social Media Platforms

RICHMOND, VA — Today, Attorney General Jason Miyares and 41 other attorneys general throughout the country sued Meta in federal and state courts alleging that the company knowingly designed and deployed harmful features on Instagram and its other social media platforms that are purposefully addictive for children and teens. At the same time, Meta falsely assured the public that these features are safe and suitable for young users.

The attorneys general assert that Meta's business practices violate state consumer protection laws and the federal Children's Online Privacy Protection Act (COPPA). These practices have harmed and continue to harm the physical and mental health of children and teens and have fueled what the U.S. Surgeon General has deemed a "youth mental health crisis" which has ended lives, devastated families, and damaged the potential of a generation of young people.

Loudoun Times-Mirror

News Opinion Sports Business Entertainment Best of Loudoun Special Pubs Obituaries Jobs Classifieds Public Notices

FEATURED

Maryland man charged with extorting nude images from 15-year-old girl

By EVAN GOODENOW egoodenow@loudountimes.com Oct 31, 2023 0

LOCAL NEWS ›

New Jersey high school students accused of making AI-generated pornographic images of classmates

CBS NEWS NEW YORK

BY TIM MCNICHOLAS

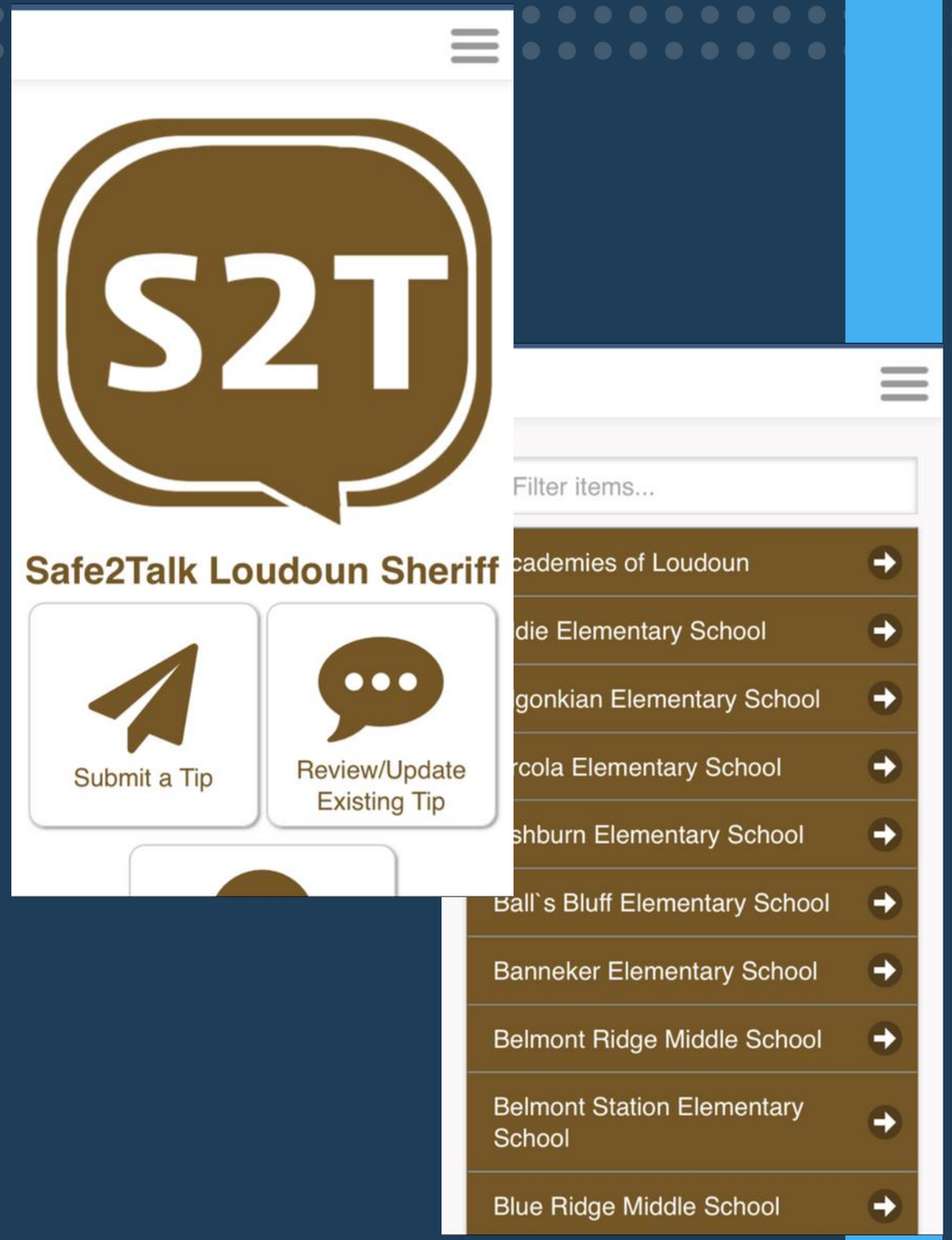
UPDATED ON: NOVEMBER 2, 2023 / 7:32 PM EDT / CBS NEW YORK

Hidden Vault Apps

- Looks like a standard installed calculator or clock.
- When opened, functions as a normal calculator or clock.
- Passcode enabled hidden functions.
- Some allow for sharing of files.

Safe2Talk

- 100% anonymous
- 365/24/7 monitoring by LCSO dispatchers
- Ability to select specific schools and incidents
- For serious threats, deputies are dispatched immediately.
- Available for free through Google Play and Apple App store.



You don't just hand over the keys as soon as they are old enough to drive....

THANK YOU!

SHERIFFS_CRIME_PREVENTION@LOUDOUN.GOV