

DATE	DAY	SY24 BAYSIDE HIGHSCHOL: MENTAL HEALTH SCHEDULE	LESSON NUMBER			
			9TH	10TH	11TH	12TH
6-Oct	FRI	Substance Abuse Prevention OR Alcohol	4	2	4	2
20-Oct	FRI	Gratitude and Resilience OR Being A Good Citizen OR Supporting a Peer/Family/Friend	3	3	5	5
3-Nov	FRI	MBF Teen Safety: Online Safety (pgs 1-20) <i>9TH - 12TH GRADES/LESSON 1</i>	1	11	1	3
8-Dec	FRI	MBF Teen Safety: The Digital Transformation (pgs 21-43) <i>9TH - 12TH GRADES/LESSON 1</i>	2	12	2	4
12-Jan	FRI	MBF Teen Safety: Mental & Emotional Health (pgs 1-12) <i>GRADES 9-12/LESSON 1 MENTAL HEALTH MATTERS</i>	6	5	6	6
26-Jan	FRI	MBF Teen Safety: Mental Illness & Coping Skills (pgs 13-32) <i>GRADES 9-12/LESSON 1 MENTAL HEALTH MATTERS</i>	7	6	7	7
9-Feb	FRI	MBF Teen Safety: Substance Use & Abuse Part 1 (pgs 1-14) <i>GRADES 9-12/LESSON 2 MENTAL HEALTH MATTERS</i>	8	7	8	8
16-Feb	FRI	MBF Teen Safety: Substance Use & Abuse Part 2 (pgs 15-25) <i>GRADES 9-12/LESSON 2 MENTAL HEALTH MATTERS</i>	9	8	9	9
13-Mar	WED	MBF Teen Safety: Mental Health & Suicide Part 1 (pgs 1-13) <i>GRADES 9-12/LESSON 3 MENTAL HEALTH MATTERS</i>	10	9	10	10
5-Apr	FRI	MBF Teen Safety: Mental Health & Emotional Intelligence Part 2 (pgs 14-30) <i>GRADES 9-12/LESSON 3 MENTAL HEALTH MATTERS</i>	11	10	11	11
17-Apr	WED	MBF Teen Safety: Physical Safety & Abuse Part 1 (pgs 1-20) <i>9TH - 12TH GRADES/LESSON 2</i>	12	13	12	12
8-May	WED	MBF Teen Safety: Human Trafficking Part 1 (pgs 21-34) <i>9TH - 12TH GRADES/LESSON 2</i>	13	14	13	13
17-May	FRI	Resilience OR Gratitude and Resilience	5	1	3	1