

Student Mental Health Instruction Implementation Plan



In alignment with State Board Ruling 6A.1.094121, students enrolled in grades 6 through 12 will receive 5 hours of instruction on mental and emotional health education during the 2019-2020 school year. All instruction is in alignment with Florida State Statute 1003.42 (2)(n):

“Comprehensive health education that addresses concepts of community health; consumer health; environmental health; family life, including an awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy; mental and emotional health; injury prevention and safety; Internet safety; nutrition; personal health; prevention and control of disease; and substance use and abuse...”

1. How many hours of instruction are required to be provided for each student?

Every student, in grades 6-12, will receive a minimum of five hours.

2. Are students allowed to “waive” or be excused from this instruction? Are parents allowed to request that their child not participate in this instruction?

There is no statutory waiver option at this time.

3. How should students participating in Dual Enrollment or Early Admission receive the instruction in mental and emotional health education?

For students who are dual enrolled or early admitted, schools must make arrangements to ensure those students participate with their cohort. This should not be the responsibility of the classroom teacher.

4. Who can facilitate these lessons? Is there a mandate of specific credentials/certification for the person delivering information?

No, there is no specific credential required. Florida certified teachers, school counselors, and social workers can facilitate the sessions. Substitute teachers may NOT facilitate these lessons.

5. What does the facilitation entail?

Teachers will be provided a facilitators guide and link to a video. The facilitator will play the video and stop it according to the provided instructions to allow for student discussion. Facilitators will be provided time prior to the lesson dates to review the lessons provided. Facilitators are not expected to prepare on personal time.

6. How will parents be notified?

Information will be available to parents and students on the BPS websites, including the videos used for lessons. Principals will be provided scripts that may be shared with parents via social media, Peach Jar/Blackboard, and other means of communication.



Student Mental Health Instruction Implementation Plan

School: _____ Date: _____

I am selecting the following (1) implementation plan for my school:

A. Mental Health Mondays

- We will implement **45** minutes of instruction on **7** Mondays
- We will implement **30** minutes of instruction on **10** Mondays

B. Talkin' Tuesdays

- We will implement **45** minutes of instruction on **7** Tuesdays
- We will implement **30** minutes of instruction on **10** Tuesdays

C. Wellness Wednesdays

- We will implement **45** minutes of instruction on **7** Wednesdays
- We will implement **30** minutes of instruction on **10** Wednesdays

D. Talkin' Thursdays

- We will implement **45** minutes of instruction on **7** Thursdays
- We will implement **30** minutes of instruction on **10** Thursdays

E. Forget about Friday! This is not an option.

The dates of implementation at my school will be:

November: _____ March: _____

December: _____ April: _____

January: _____ May: _____

February: _____

On days where a substitute is in a classroom my school will: _____

The following school based professionals will be available to students for a 2 hour timeframe following the sessions: _____

I will allow teachers/facilitators time to prepare on the following dates (these should not be additional meetings, but time in lieu of already scheduled meetings) Example: Early Release for PD or already scheduled faculty meeting:

November: _____ March: _____

December: _____ April: _____

January: _____ May: _____

February: _____

Administrator Submitting Plan: _____