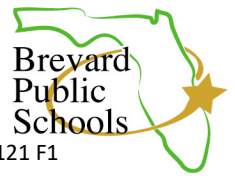


School Board of Brevard County

2700 Judge Fran Jamieson Way • Viera, FL 32940-6601

Mark J. Rendell, Ed.D., Superintendent



Form 3121 F1

Physical Abilities Testing Appointment Form

Name: _____ Home Phone: _____

Sending School/Department: _____

Please report to:

Merritt Island – Select Physical Therapy OR Melbourne – Ergonomics Plus

for your appointment on: Date: _____ Day: _____

Time: _____ am pm

You will be tested for the following position: _____

To allow you to do your best, please follow these instructions:

1. Wear comfortable, loose fitting clothing (shorts or sweat suit if you prefer).
2. Wear comfortable, closed toed shoes (*i.e.*, athletic shoes).
3. Do not eat a heavy meal or drink caffeinated beverages such as coffee, tea, or colas for at least 2 hours before your appointment.
4. Do not smoke or chew tobacco for 1 hour before your appointment.
5. Do not drink alcohol for 8 hours prior to your test.
6. Avoid vigorous activity for several hours before your appointment.
7. Bring your driver's license or other form of photo ID with you.
8. Be prepared to provide a list of all medications taken within 24 hours prior to the test.
9. If you are currently taking any non-prescription cold or allergy medication, you should postpone testing until you have discontinued the medication for at least 24 hours.

For Merritt Island

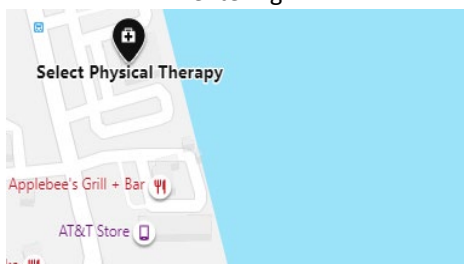
150 North Sykes Creek Parkway, Suite 103

Merritt Island, FL 32953

(321) 459-0303

*The tall building behind Applebee's
Restaurant*

Check in with the receptionist after
entering



For Melbourne

5000 North Wickham Rd Suite 107

Melbourne, FL 32940

Hjoyce1@cfl.rr.com

(321) 223-5844 – Heidi Joyce

In front of Home Depot by Fujiama's Restaurant



Human Resources Services REV 06/2023

Phone: (321) 633-1000, ext. 11200 • FAX: (321) 633-3525

