

# DERMATOLOGY CARE WITHOUT THE LONG WAIT

With virtual dermatology<sup>1</sup> through MDLIVE<sup>®</sup>, care is just a few clicks away.



When you need to see a dermatologist, it's important to receive that care and treatment promptly — especially if you're dealing with a rash, suspicious spot or other condition. But far too often, it may take weeks, even months, to get an in-person visit with a dermatologist.

**Now you can access Virtual Dermatology through MDLIVE.<sup>®</sup>** This convenient new option makes it easy to connect to a board certified dermatologist — all without the long wait. There's no appointment required. Best of all, access to virtual dermatology care is available to you and your eligible dependents as part of your health benefits.



## Convenient treatment for many of the most common skin, hair and nail conditions, including:

- Acne
- Rashes
- Eczema
- Dermatitis
- Psoriasis
- Suspicious spots
- Rosacea
- And more



Approximately **one in five** Americans will develop skin cancer in their lifetime.<sup>2</sup>



An estimated more than **14 million** people in the U.S. have rosacea.<sup>3</sup>



## Here's how virtual dermatology works:



Access MDLIVE by logging in to myCigna.com, clicking on "Talk to a doctor," then selecting virtual medical. No appointment is necessary.



Choose a provider and describe your dermatology concern and upload photos.



Get a diagnosis and treatment plan, usually within 24 hours.<sup>4</sup>



Prescriptions will be sent directly to your preferred local or home delivery pharmacy, if appropriate.



Have follow-up questions? Message the dermatologist for 30 days after the visit at no additional cost.



**Virtual dermatology through MDLIVE is available to you the next time you need convenient dermatology care.**

**Together, all the way.<sup>®</sup>**



1. Cigna provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and may not be available in all areas or under all plans. Referrals are not required. Video may not be available in all areas or with all providers. Refer to plan documents for complete description of virtual care services and costs. Virtual dermatological visits through MDLIVE are completed via asynchronous messaging. Diagnosis requiring testing cannot be confirmed. Customers will be referred to seek in person care.
2. Skin Cancer Facts & Statistics: What You Need to Know. January 13, 2021. <https://www.skincancer.org/skin-cancer-information/skin-cancer-facts/>
3. Rosacea. Accessed September 14, 2021. <https://www.hopkinsmedicine.org/health/conditions-and-diseases/rosacea>.
4. Treatment plans will be completed within a maximum of 3 business days, but usually within 24 hours.

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