

MEETING: SUPERINTENDENT'S INSURANCE ADVISORY COMMITTEE (SIAC)

August 24, 2022

1:00 – 4:00 p.m.

Location:
ESF - Board Room

Meeting called by:	Amy Williams	Type of meeting:	Advisory
		Minutes by:	Patty Snorf
SIAC Members Present:	Amy Williams (BFT); Dan Bennett (BFT); Patrick Darville (1010), Leslie Lawter (Local 1010); Nel Marshall (School Administration); Lisa Schmidt (Benefits)		
Staff:	Katie Campbell (Board Member); Cindy Lesinski (CFO); Antonia Scipio (Dir. Employee Benefits & Risk);		
Absent:	Kyle Savage (BFT); Dr. Beth Thedy (Deputy Superintendent/CHRO)		
Guests:	Debbie Poole & Lauren Bifano (Lockton); All via Zoom: Emion Hearn, Sue Giordano, Victoria Andrews, & Brian Roach (Hello Heart)		

MINUTES

Welcome and Introductions: Amy welcomed all to the meeting and called the meeting to order.

Approval of the July SIAC Minutes: Amy asked if any discussion was needed on the last meeting's minutes. There was none. Dan made a motion to approve the minutes, Patrick seconded. The committee unanimously approved the minutes.

Hello Heart Update: (via Zoom) Emion Hearn, Victoria Andrews, Brian Roach, Sue Giordano

The team explained how the Hello Heart app works, what blood pressure is, and what is considered normal vs. high blood pressure. They also summarized their communication plan to BPS Health Plan members.

- Total users are 534; 64% of which have lowered their blood pressure since using Hello Heart
- The average age of users is 53; 75% are female, 25% are male
- The Hello Heart app will also alert users of an irregular heartbeat

Dan asked about the cost per member using the program. Emion answered saying each user is counted and the fund is charged for the first year. After that, if a member has not engaged for 3 months, they will fall off the billing.

Katie asked what the goal was for participation during the first year. Emion answered, the goal was to have 20% or 800 users.

Financial Update: Antonia Scipio presented.

- Total of \$6.7 million in infusions to the trust fund in the first half of this year
- Fund balance as of June 30, 2022 is \$17,677,198

Debbie Poole continued with Lockton's financial report.

- Total claims are down 9.9% compared to the same time period last year, January – June
- Total plan cost is down 4.6%

EAP Utilization Update: Debbie Poole presented. (The EAP is for all BPS employees and their eligible dependents.)

- Year to date through June, utilization is 11% or 918 individuals
- Of the 918, 762 are employees, 156 are dependents
- There have been 2,480 total phone calls to the EAP provider CN Associates (800-531-0200)
- Depression and family relationships are the top two issues

Wellness Update: Antonia went over some numbers regarding the Motivate Me program through Cigna. As of August 9, 2022, 2,398 plan members earned two points by completing the biometric screening and the health assessment. Members that have earned enough points to redeem a gift card have until November to do so.

Antonia shared the Wellness Event Calendar and made brief remarks regarding the activities.

Antonia continued, the Well-Care Centers are making appointments only for biometric screenings for this week and next week. Deadline to have the screening and to complete the health assessment on MyCigna.com is August 31, 2022. She said the deadline will not be moved.

Antonia will send the revamped Living Healthy Liaisons' program details to the committee via email. She also said that not all leadership knows about the benefits or wellness programs.

Adjourned: The meeting adjourned at 2:09 p.m.

Upcoming SIAC Meeting: Wednesday, September 28, 2022