

Need help with pain, discomfort, or an injury?

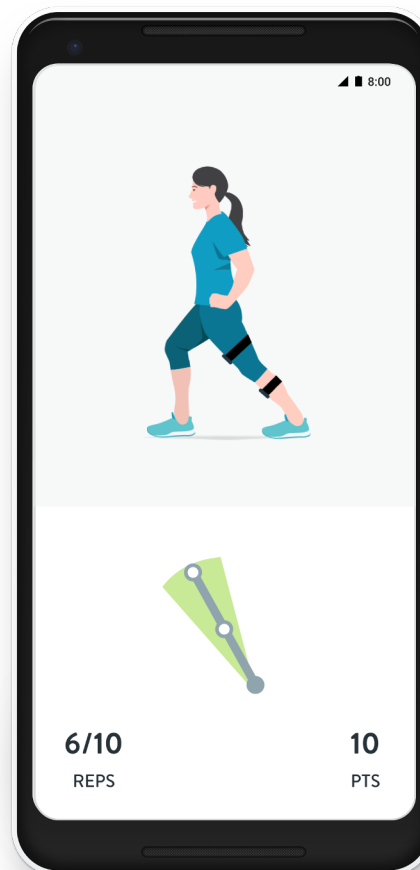


As a Brevard Public Schools employee, you and your eligible family members get **free access** to Hinge Health for help with remote back and joint care.

Your treatment can be done anywhere, and when it works best for your schedule. No need to drive to an appointment or worry about more costly care! All your care is easily found in your app, and can be customized by your physical therapist.

Here's all that Hinge Health can help with:

- **Conquering pain or limited movement**
Whether you have an occasional dull ache or frequent sharp pain, we can help you move freely again.
- **Recovering from an injury**
Whether you were injured yesterday or years ago, get expert help and recover better than ever.
- **Staying healthy and pain free**
Get expert support tailored to your specific job and lifestyle.
- **Get a second opinion on your treatment plan**
Our experts can help you decide if an upcoming surgery or procedure is right for you.



To learn more call (855) 902-2777, or apply at:
HINGEHEALTH.COM/BREVARD21



Employees and dependents 18+ enrolled in a Cigna medical plan through Brevard Public Schools are eligible.