



If you have been in close contact with **Someone Who Has COVID-19**

Stay Home

Stay home for 14 days as isolated as possible
(starting the day you were exposed)

Isolate

Keep 6 feet or more from others at all times
(including people and pets in your home)

Monitor

Monitor your health for symptoms of COVID-19
(fever, cough, shortness of breath)

Sick?

**If you think you are sick, follow guidance from
the CDC website**
(<https://tinyurl.com/preventspread>)