

School Board of Brevard County

2700 Judge Fran Jamieson Way • Viera, FL 32940-6601

Desmond K. Blackburn, Ph.D., Superintendent



January 22, 2018

MEMORANDUM

TO: All Principals

FROM: Beth Thedy, Ed.D., Assistant Superintendent *ETA*
Student Services and Exceptional Student Education

RE: Influenza Precautions and Materials

As you know, cases of influenza for this year's flu season have been increasing nationwide. According to the Department of Health in Florida, flu activity levels remain high statewide and remain above peak levels seen during the previous two flu seasons. The DOH-Florida recommends sick individuals stay home until fever-free for 24 hours (without the use of fever-reducing medication) and that all individuals exercise good handwashing practices. Please share the following everyday preventative actions from the Centers for Disease Control and Prevention with your staff and parents via Edline, newsletters, announcements, etc.:

1. Avoid close contact with sick people;
2. Cover nose and mouth with a tissue when coughing or sneezing;
3. Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer;
4. Avoid touching eyes, nose, and mouth as germs spread this way; and
5. Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.

In order to ensure good handwashing practices, wash hands with soap and warm water for 20 seconds, when soiled and/or look dirty, feel dirty, and/or after specific activities such as the following:

1. Coughing, sneezing, blowing nose;
2. Using the restroom;
3. Participating in indoor/outdoor play activities;
4. Beginning of each day, when children come into the classrooms;
5. Before and after mealtimes/snacks, etc.; and
6. End of the day before leaving for home.

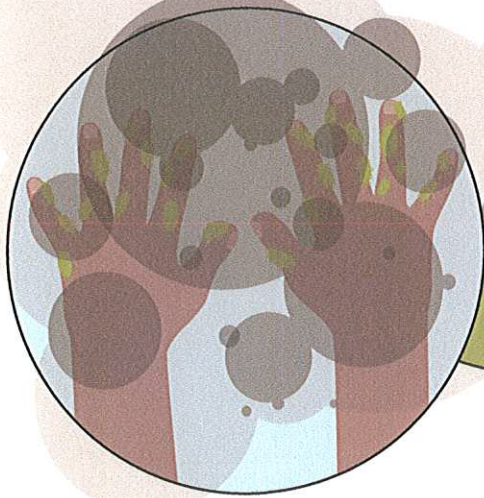
The Florida Department of Health has developed a handwashing video which may be accessed [here](#). I have also hyperlinked to the [Centers for Disease Control and Prevention handwashing site](#) which provides more information for your use in English and Spanish. In addition, I have attached two posters from the Centers for Disease Control and Prevention for you to use in your parent and staff communications. The [CDC](#) website offers many useful tips and has many of their materials translated into various languages for your use.

Thank you for your attention to this very important matter.

Elizabeth G. Thedy, Ed.D., Assistant Superintendent
Student Services
Phone: (321) 633-1000, ext. 270 • FAX: (321) 633-3454



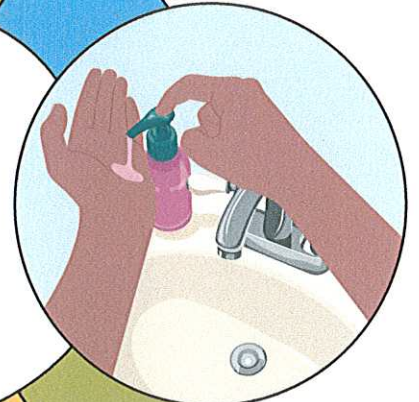
Wash Your Hands!



Dirty!



Wet



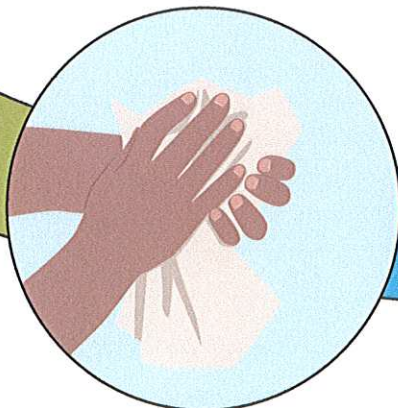
Get Soap



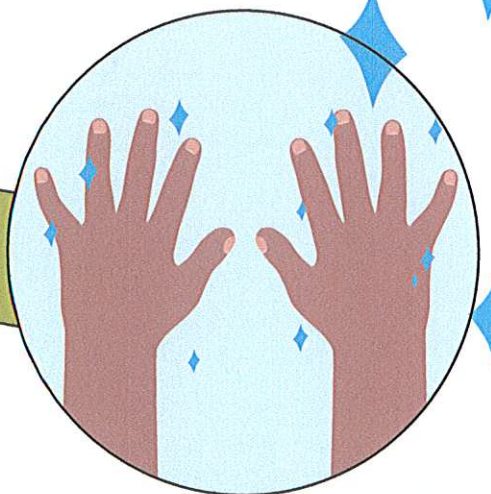
Scrub



Rinse



Dry



Clean!



Centers for Disease
Control and Prevention
National Center for Emerging
and Zoonotic Infectious Diseases

www.cdc.gov/handwashing

A HEALTHY FUTURE IS IN YOUR HANDS



CLEAN HANDS KEEP YOU HEALTHY

Accessible version: www.cdc.gov/handwashing



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention