Cocoa High School

2000 Tiger Trail Cocoa, FL 32926-5599



Enclosed are the required forms to complete for student-athletes who want to participate in athletic tryouts, post and pre-season conditioning as well as summer workouts for Cocoa High School. The completion of these forms is required by Florida law. Please follow the checklist below to ensure the forms are filled out completely. If you have any questions or concerns, you can contact the Athletic Director, Coach Mark Carstens or Assistant Athletic Director, Dr, Karen Lipscomb. Go Tigers!

Cocoa Jr/Sr. High School	l phone number 321-632-5300		
		Grade:	2018-19
Last Name	First Name		
Sports:			

Type of Form	Form Name	Complete
Parent/Player	EL 2 (Page 1)	
Physical	EL 2 (Page 2,3)	
Liability	EL 3 (Page 1)	
Health Insurance	EL3 (Page 1) Item G.	1
Information		
Concussion	EL 3 (Page 2)	
Heat	EL 3 (Page 3)	
Eligibility	EL 3 (Page 4)	
Insurance	Сору	
Student signature	All Forms	
Parent Permission	Brevard County	
Birth Certificate	verified (new students)	

Rachad Wilson, Principal
Desmond K. Blackburn, Ph.D., Superintendent
Phone: (321) 632-5300 • FAX: (321) 636-1218

APPLICATION FOR FHSAA ELIGIBILITY

			Stu	ident Na	ıme:	
Instructions: Part I: DO NOT WRITE IN THE Part II: Read Carefully. Please completely, Please give	print. Con	nolete all questi	ons The form			
PART I: DO NOT W	RITE IN	THIS SECT	TON			
Homeschool student	Private S	School Student_	Tran	sfer Studer	nt Current Gra-	de
Middle School student: Date entered 7th grade:	,		High Date	School St entered 9th	udent: h grade:	
Grade repeat Age						
GPA:EL3	EL2	Insurance	GA4		Student ID#	
PART II: BIRTH CER	TIFICAT	E NAME				
Last Name	· .	First Name		_	Middle Name	Jr/Sr/II
Date of Birth//			Circle One:		Male Female	
Home Address: Street		-		-		
City			Zip Code			
Did you live here last year?	Yes		No			
If no, list where:						
Home Phone Number:					one:	
Parent(s)/Guardian(s) Name:			· · · · · · · · · · · · · · · · · · ·			
Who do you live with?						
Relationship to you						
Parent/Guardian cell phone :					Work phone:	
Current year in School:	7	8	9	10	11	12
School Attended last year:	_				·	
Did you play a sport at Cocoa H	igh School	last year?	Yes_	<u> </u>	No	-
Are you currently living in the C	ocoa High	School District			No	
If not do you have an out of area	form on fi	le?	Yes		No	-
Or are a partici	ipant in CT	E Choice?	Ves		No	

Sport:	Coach:	
Printed Name of Student Athlete:	······································	Year: 2018-2019

STUDENT—ATHLETE CODE OF CONDUCT AND ELIGIBILITY REQUIREMENTS

Philosophy 1 4 1

The Cocoa High School Athletic Program strives to develop a well rounded student-athlete. We view student – athletes as an extension of the classroom where life-lessons are learned, sportsmanship, scholarship and physical development are promoted and developed through a wide variety and level of interscholastic sports.

Student-Athlete Standards

1. Maintain academic and scholastic eligibility according to CHS and FHSAA policies.

2. Display behavior that will add the good name of the Cocoa High School Athletic Department.

3. Maintain good school and community relations.

4. Comply with ALL school rules and policies.

5. Display good sportsmanship at all times.

- 6. Dress appropriately at all times. All student-athletes are expected to follow their coach's guidelines to dress.
- 7. Follow any additional team specific standards.

Student Eligibility

- All students who participate in athletic activities are required to have an annual medical evaluation. Student-athletes must submit a valid medical evaluation, insurance and parent/player agreement form before being allowed to participate in practice or contests.
- Pay-to-Participate fees are paid in full and Brevard Public Schools Pay to Participate contract is completed
- A student-athlete who has a grade point average of less than 2.0 at the end of a semester shall automatically be ineligible to participate in athletic contests and practices during the next semester.
- A student who is ineligible for any reason may not try out, practice, or play during the period of ineligibility.
- Unexcused absences, chronic tardiness to class or discipline problems may result in declaring a studentathlete ineligible at any time.
- Student-athletes must be in attendance a minimum of four (4) hours of instruction time to be considered present each day. Student athletes are expected to be present in order to participate in practice and contests. Field trips are part of the school program and are considered excused absences.
- Participation in athletic activity will not be permitted when a student is serving a suspension. A suspension ends the next school day morning after the last day of a suspension.
- A student who has an outstanding financial obligation to the school will be ineligible to participate in athletic activity until the obligation has been fulfilled.

Hazing and initiation

- Hazing and initiations are not allowed as they are against Brevard County Schools Policy, FHSAA and Florida State Law.
- Hazing is defined but not limited to; to persecute or harass with meaningless, difficult or humiliating tasks, to initiate by exacting humiliating performances from or playing rough practical jokes upon.
- Initiation is defined but not limited to; a ceremony, ritual, test or period of instruction with which a new member is admitted.

Care of Team equipment, Uniforms and Locker Rooms

- All athletic gear is on lad to the athlete and he/she is personally responsible for its care and return
- Lost uniforms and equipment must be reported immediately and if not found the athlete with be charged the replacement cost for it.
- It is the student-athlete's responsibility to maintain a neat locker room.
- Only players are allowed in the locker rooms.

Alcohol/tobacco/controlled substances Policy

The use of alcohol, tobacco, illegal drugs and controlled substances including steroids is an extremely serious health issue. Such use places the quality of life for the student-athlete in jeopardy. If the student-athlete is using alcohol, tobacco, or drugs he/she is placing himself/herself at risk and may compromise the safety of team members. Mandatory discipline action will occur when a student is determined to be in violation of school policy related to the use of alcohol, tobacco, illegal drugs and controlled substances including steroids. If the illegal sue, distribution or possession of alcohol or drugs is verified, he/she will be subject to suspension, exclusion, police referral and expulsion.

At no time will I be in the gym, locker room, hallways, weight room or any other part of the gym without direct supervision of my coach. I will meet my coach only at the place designated by the coach.

out the cet super vision of my coach, I will meet	my coach only at the place designated by the coach.
Your signature below indicates the you have read guidelines may result in the student-athlete's suspension	all parts of the agreement. Failure to comply with the accension or dismissal form the team.
Signature of student	Date
Signature of Parent/Guardian	Date
Printed Name of Parent/Guardian	

SCHOOL BOARD OF BREVARD COUNTY, FLORIDA

PARENT PERMISSION AND RESPONSIBILITY STATEMENT FOR OFF-CAMPUS EXTRA-CURRICULAR ATHLETICS

Name of Sport(s) Name (please print) Name of Sport(s)	Cocoa High School School Name	Date	
Activity / Event: On and Off Campus practices, games, conditioning and all other events pertaining to Cocoa High (List the extra-curricular sport(s), anti-planed contest dates and off-campus practice locations or attach the schedule for both to this form) (321) 632-5300 Phone Number TRANSPORTATION BEING PROVIDED (check all that apply) Walking School Bus Commercial Carrier (bus) Privately Owned Vehicle Leased Vehicle County Vehicle None Cother Browne Cother DRIVERS OF PRIVATE OR LEASED VEHICLES (check all that apply) Listed Volunteer Registered Volunteer Teacher or Staff Member Other TYPE OF ACTIVITY (Check all that apply) Interscholastic game or competition Enterscholastic practice(s) Cother Parents should direct questious concerning the athletic activity to the school Athletic Director or the following Coach: Name Telephone: Telephone: Telephone: Telephone: Telephone: Telephone: Telephone: Telephone athletic activity. When the school does not provide transportation, the parent or guardian and student understand that the school district, its officers, agents or employees are not responsible for the sundent during the time hebse is traveling to or from the off-campus athletic activity. The parent or guardian, and student will assume the liability for the student's participation in the Fordampus activity and will indemnify and hold the Florida High School Athletic Association and the School Board of Brevard County barmless for any injury or accident or property loss involving the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the studen			
(List the extra-carricular sport(s), seticipated contest dates and off-campus practice locations or attach the schedule for both to this form) (321) 632-53000 Phone Number TRANSPORTATION BEING PROVIDED (check all that apply) Walking B School Bus B Commercial Carrier (bus) B Privately Owned Vehicle Leased Vehicle B County Vehicle None B Other DRIVERS OF PRIVATE OR LEASED VEHICLES (check all that apply) Listed Volunteer Registered Volunteer B Teacher or Staff Member Flother TYPE OF ACTIVITY (Check all that apply) Interscholastic game or competition B Interscholastic practice(s) B Other Parents should direct questions concerning the athletic activity to the school Athletic Director or the following Coach: Name Telephone: PARENTAL AUTHORIZATION AND ACKNOWLEDGEMENT OF RISKS: 1. I understand that participation in athletics' is voluntary, that it is not required, and that it exposes my child to some risk(s). 2. When the school does not provide transportation, the parent or guardian and student are responsible for transportation to and from the off-campus athletic activity as thletic activity as the school is providing transportation. 4. The parent or guardian and student understand that the school district, its officers, agents or employees are not responsible for the student during the time he'sse is traveling to or from the off-campus activity, unless the school is providing transportation. 4. The parent or guardian, and student will assume the liability for the student's participation in the off-campus activity and will indemnify and hold the Florida High School Athletic Association and the School Board of Prevard County and will indemnify and hold the Florida High School Athletic Association and the School Board of Prevard County in the student is a participate in the above activity, tics) may be withdrawn by written notification to the principal or by a change in the student's servedule approved by the principal or designace. 5. Some trips may include or have the potential for participation in swimm	Student's Name (please print)	Name of	Sport(s)
Phone Number TRANSPORTATION BEING PROVIDED (check all that apply) Walking School Bus Commercial Carrier (bus) County Vehicle None Cother Delivers of Privately Owned Vehicle County Vehicle None Cother DRIVERS OF PRIVATE OR LEASED VEHICLES (check all that apply) Listed Volunteer Registered Volunteer Teacher or Staff Member Cother TYPE OF ACTIVITY (Check all that apply) Interscholastic game or competition Interscholastic practice(s) Cother Parents should direct questions concerning the athletic activity to the school Athletic Director or the following Coach: Name Telephone: Telepho	Activity / Event: On and Off Campus practices. (List the extra-curricular sport(s), anticipated contest dates and of	games, conditioning and ff-campus practice locations or at	d all other events pertaining to Cocoa High tach the schedule for both to this form)
■ Walking ■ School Bus ■ Commercial Carrier (bus) ■ Privately Owned Vehicle ■ Leased Vehicle ■ County Vehicle ■ None ■ Other ■ Other ■ Other ■ Other ■ DRIVERS OF PRIVATE OR LEASED VEHICLES (check all that apply) ■ Listed Volunteer ■ Registered Volunteer ■ Teacher or Staff Member ■ Other ■ Other ■ TYPE OF ACTIVITY (Check all that apply) ■ Interscholastic game or competition ■ Interscholastic practice(s) ■ Other ■ Parents should direct questions concerning the athletic activity to the school Athletic Director or the following Coach: Name ■ Telephone: () ■ — PARENTAL AUTHORIZATION AND ACKNOWLEDGEMENT OF RISKS: 1.1 understand that participation in athletics' is voluntary, that it is not required, and that it exposes my child to some risk(s). 2. When the school does not provide transportation, the parent or guardian and student are responsible for transportation to and from the off-campus athletic activity. 3. The parent or guardian and student understand that the school district, its officers, agents or employees are not responsible for the student during the time he/she is traveling to or from the off-campus activity, unless the school is providing transportation. 4. The parent or guardian, and student will assume the liability for the student's participation in the off-campus activity and will indemnify and hold the Florida High School Athletic Association and the School Board of Brevard County harmless for any injury or accident or property loss involving the student during the entire course of the extra-curricular athletic activity. 5. Parent or guardian permission for the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student's schedule approved by the principal or designee. 6. 1 understand that my child will be involved in athletics off school property: therefore, neither the School Board of Brevard County, or is employees and volunteers, will have any responsibility for the condition or use of any nonschool property.			(321) 632-5300 Phone Number
☐ Listed Volunteer ☐ Registered Volunteer ☐ Teacher or Staff Member ☐ Other	2 Walking School Bus 2 Commercial	Carrier (bus)	☐ Privately Owned Vehicle ☐ Other
Parents should direct questions concerning the athletic activity to the school Athletic Director or the following Coach: Name	DRIVERS OF PRIVATE OR LEASED VEE Listed Volunteer Registered Volunteer	HCLES (check all that Teacher or Staff I	apply) Member 🛮 Other
PARENTAL AUTHORIZATION AND ACKNOWLEDGEMENT OF RISKS: 1. I understand that participation in athletics' is voluntary, that it is not required, and that it exposes my child to some risk(s). 2. When the school does not provide transportation, the parent or guardian and student are responsible for transportation to and from the off-campus athletic activity. 3. The parent or guardian and student understand that the school district, its officers, agents or employees are not responsible for the student during the time he/she is traveling to or from the off-campus activity, unless the school is providing transportation. 4. The parent or guardian and student will assume the liability for the student's participation in the off-campus activity and will indemnify and hold the Florida High School Athletic Association and the School Board of Brevard County harmless for any injury or accident or property loss involving the student during the entire course of the extra-curricular athletic activity. 5. Parent or guardian permission for the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student's schedule approved by the principal or designee. 6. I understand that my child will be involved in athletics' off school property: therefore, neither the School Board of Brevard County, or its employees and volunteers, will have any responsibility for the condition or use of any nonschool property. 7. I certify that my child is in good heath and may participate, but in the event of medical emergency, I/We authorize the coach in charge of the off-campus athletic activity to seek emergency medical treatment for my child at my expense. 8. Some trips may include or have the potential for participation in swimming or other water based activities. Risks and dangers in water may arise from foreseeable or unforeseeable causes. Your signature signifies permission for your child to participate in these activities when supervised by a sponsor(s) and that you	TYPE OF ACTIVITY (Check all that apply) Interscholastic game or competition Interscholastic	scholastic practice(s)	🛚 Other
PARENTAL AUTHORIZATION AND ACKNOWLEDGEMENT OF RISKS: 1. I understand that participation in athletics' is voluntary, that it is not required, and that it exposes my child to some risk(s). 2. When the school does not provide transportation, the parent or guardian and student are responsible for transportation to and from the off-campus athletic activity. 3. The parent or guardian and student understand that the school district, its officers, agents or employees are not responsible for the student during the time he/she is traveling to or from the off-campus activity, unless the school is providing transportation. 4. The parent or guardian, and student will assume the liability for the student's participation in the off-campus activity and will indemnify and hold the Florida High School Athletic Association and the School Board of Brevard County harmless for any injury or accident or property loss involving the student during the entire course of the extra-curricular athletic activity. 5. Parent or guardian permission for the student to participate in the above activity (ies) may be withdrawn by written notification to the principal or by a change in the student's schedule approved by the principal or designee. 6. I understand that my child will be involved in athletics' off school property: therefore, neither the School Board of Brevard County, or its employees and volunteers, will have any responsibility for the condition or use of any nonschool property. 7. I certify that my child is in good heath and may participate, but in the event of medical emergency, I/We authorize the coach in charge of the off-campus athletic activity to seek emergency medical treatment for my child at my expense. 8. Some trips may include or have the potential for participation in swimming or other water based activities. Risks and dangers in water may arise from foreseeable or unforeseeable causes. Your signature signifies permission for your child to participate in these activities when supervised by a sponsor(s) and that you	Coach:		
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	Parent/Guardian Signature (required)	Date	



FUORIDA

Florida High School Athletic Association

Preparticipation Physical Evaluation (Page 1 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

tudent's Name:						
chool:						
Iome Address:					Home Phone: ()	· · ·
ame of Parent/Guardian:				E-mail:		
erson to Contact in Case of Emergency:						
elationship to Student: Ho						
ersonal/Family Physician:						
Part 2. Medical History (to be completed	l hy student	กะ ทอะ	ont) F	Evnlain "vae" aneware halaw	Cirala questione vou dan't know	aneware
The state of the s	Yes		ciity. I	Apiani yes answers below.	Circle questions you don't know	Yes
Have you had a medical illness or injury since you			26.	Have you ever become ill from	exercising in the heat?	7.00
check up or sports physical?					trouble breathing during or after	
. Do you have an ongoing chronic illness?				activity?		
. Have you ever been hospitalized overnight?			28.	Do you have asthma?		
. Have you ever had surgery?			29.	Do you have seasonal allergies	that require medical treatment?	
. Are you currently taking any prescription or non-				Do you use any special protecti		
prescription (over-the-counter) medications or pills	з ог			1	ally used for your sport or position	
using an inhaler?				(for example, knee brace, speci-	al neck roll, foot orthotics, shunt,	
. Have you ever taken any supplements or vitamins	to			retainer on your teeth or hearing		
help you gain or lose weight or improve your				Have you had any problems wi		
performance?				Do you wear glasses, contacts of		
Do you have any allergies (for example, pollen, lat medicine, food or stinging insects)?	ex,			Have you ever had a sprain, stra	0 3 7	
Have you ever had a rash or hives develop during					ny bones or dislocated any joints?	
after exercise?	or		35.	Have you had any other problet tendons, bones or joints?	ns with pain or swelling in muscles,	—
Have you ever passed out during or after exercise?				If yes, check appropriate blank	and explain below:	
Have you ever been dizzy during or after exercise?				Head Elbow		
I. Have you ever had chest pain during or after exerc				NeckForea	rm Thigh	
2. Do you get tired more quickly than your friends do				Back Wrist	Knee	
during exercise?				ChestHand	Shin/Calf	
Have you ever had racing of your heart or skipped				Shoulder Finge	rAnkle	
heartbeats?				Upper Arm Foot	 ·	
Have you had high blood pressure or high choleste			36.	Do you want to weigh more or	less than you do now?	
Have you ever been told you have a heart murmur?	?				meet weight requirements for your	
6. Has any family member or relative died of heart				sport?	,	
problems or sudden death before age 50?			38.	Do you feel stressed out?		
Have you had a severe viral infection (for example myocarditis or mononucleosis) within the last mon			39.	Have you ever been diagnosed	with sickle cell anemia?	
8. Has a physician ever denied or restricted your	ınç		40.	Have you ever been diagnosed	with having the sickle cell trait?	
participation in sports for any heart problems?					ecent immunizations (shots) for:	
9. Do you have any current skin problems (for examp	ماه			Tetanus:	Measles:	
itching, rashes, acne, warts, fungus, blisters or pressure				Hepatitus B:	Chickenpox:	
O. Have you ever had a head injury or concussion?						
Have you ever been knocked out, become unconsc	ious			MALES ONLY (optional)		
or lost your memory?			42.	When was your first menstrual	period?	
2. Have you ever had a seizure?					nstrual period?	
Do you have frequent or severe headaches?			44.		have from the start of one period to	
4. Have you ever had numbness or tingling in your ar	ms,			the start of another?		
hands, legs or feet?	, 				d in the last year?	
5. Have you ever had a stinger, burner or pinched nerv	re?		46.	What was the longest time between	een periods in the last year?	
xplain "Yes" answers here:						

Date: ___/ ___/ Signature of Parent/Guardian: ____





Preparticipation Physical Evaluation (Page 2 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Part 3. Physical Examination (to be completed by licensed physician, licensed osteopathic physician, licensed chiropractic physician, licensed physician assistant or certified advanced registered nurse practitioner). Height: __ Weight: % Body Fat (optional): _____ Pulse: _____ Blood Pressure: __/ __(__/ _ , ___/ __) Temperature: ___ Hearing: right: P ____ F ___ left: P ___ F ___ Corrected: Yes No Pupils: Equal Visual Acuity: Right 20/ Unequal... FINDINGS NORMAL ABNORMAL FINDINGS INITIALS* MEDICAL Appearance Eyes/Ears/Nose/Throat Lymph Nodes 4. Heart 5. Pulses б. Lungs Abdomen Genitalia (males only) Skin MUSCULOSKELETAL 10. Neck 11. Back 12. Shoulder/Arm 13. Elbow/Forearm 14. Wrist/Hand 15. Hip/Thigh 16. Knee 17. Leg/Ankle 18. Foot * - station-based examination only ASSESSMENT OF EXAMINING PHYSICIAN/PHYSICIAN ASSISTANT/NURSE PRACTITIONER I hereby certify that each examination listed above was performed by myself or an individual under my direct supervision with the following conclusion(s): Cleared without limitation _____Diagnosis: Disability: Reason: Cleared after completing evaluation/rehabilitation for: _____ For: _____ Recommendations: Address:

Signature of Physician/Physician Assistant/Nurse Practitioner:

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FLORIDA

Florida High School Athletic Association

dic Society for Sports Medicine and American Osteopathic Academy for Sports Medicine.

Preparticipation Physical Evaluation (Page 3 of 3)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

Student's Name:		
ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (if appl	•	
hereby certify that the examination(s) for which referred was/were pe	erformed by myself or an individual under my direct supervision with the following conclus	ion(s)
Cleared without limitation		
Disability:	Diagnosis:	
		_
Not cleared for:	Reason:	
Name of Physician (print):		
\ddress:		
Signature of Physician:		
	inima America A James C. D Jinton America America C.	





Revised 05/18

Consent and Release from Liability Certificate (Page 1 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature. This form is non-transferable; a change of schools during the validity period of this form will require this form to be re-submitted.

THIS TOTHER STRONG	rable; a change of schools during the validity period of this form will requ	nre tois form to be re-submitted.
School:	School District (if applicable):	
I have read the (condensed) FHSAA Eligibility my school in interscholastic athletic competitic know that athletic participation is a privilege, sion, and even death, is possible in such participarticipating in athletics, with full understandin hereby release and hold harmless my school, the liability for any injury or claim resulting from sathletic participation. I hereby authorize the us I hereby grant to FHSAA the right to review al academic standing, age, discipline, finances, ruse use my name, face, likeness, voice and appear limitation. The released parties, however, are un	ent and Release (to be signed by student at the bottom) Rules printed on Page 4 of this "Consent and Release Certificate" and know o on. If accepted as a representative, I agree to follow the rules of my school at I know of the risks involved in athletic participation, understand that serious pation, and choose to accept such risks. I voluntarily accept any and all responing of the risks involved. Should I be 18 years of age or older, or should I be e he schools against which it competes, the school district, the contest officials a such athletic participation and agree to take no legal action against FHSAA beceive or disclosure of my individually identifiable health information should treat II records relevant to my athletic eligibility including, but not limited to, my estidence and physical fitness. I hereby grant the released parties the right to physical connection with exhibitions, publicity, advertising, promotional and under no obligation to exercise said rights herein. I understand that the authorize y time by submitting said revocation in writing to my school. By doing so, heteics.	and FHSAA and to abide by their decisions. I injury, including the potential for a concussibility for my own safety and welfare while mancipated from my parent(s)/guardian(s), I and FHSAA of any and all responsibility and ause of any accident or mishap involving my ment for illness or injury become necessary, ecords relating to enrollment and attendance, to tograph and/or videotape me and further to commercial materials without reservation or attions and rights granted herein are voluntary
Part 2. Parental/Guardian Constom; where divorced or separated, parent/gu	ent, Acknowledgement and Release (to be completed and sig	
List sport(s) exceptions here		
is possible in such participation and choose to the risks involved, I release and hold harmless any and all responsibility and liability for any any accident or mishap involving the athletic p treatment while my child/ward is under the sup information should treatment for illness or inju athletic eligibility including, but not limited to, I grant the released parties the right to photogronnection with exhibitions, publicity, advertis obligation to exercise said rights herein. D. I am aware of the potential danger of corparticipate once such an injury is sustained with READ THIS FORM COMPLETEINA POTENTIALLY DANGEROUTHE SCHOOLS AGAINST WHICUSES REASONABLE CARE IN OUSLY INJURED OR KILLED BINHERENT IN THE ACTIVITY WING UP YOUR CHILD'S RIGUS SCHOOLS AGAINST WHICH IT A LAWSUIT FOR ANY PERSONATHAT RESULTS FROM THE RISTUSE TO SIGN THIS FORM, ANI	d/ward knows of, the risks involved in interscholastic athletic participation, ur accept any and all responsibility for his/her safety and welfare while particip my child's/ward's school, the schools against which it competes, the school injury or claim resulting from such athletic participation and agree to take no participation of my child/ward. I authorize emergency medical treatment for mervision of the school. I further hereby authorize the use or disclosure of my cry become necessary. I consent to the disclosure to the FHSAA, upon its request records relating to enrollment and attendance, academic standing, age, discipated and provide the standing, age, discipated and provide the standing of the standing, age, discipated and provide the standing and commercial materials without reservation or limitation. Incussions and/or head and neck injuries in interscholastic athletics. I also have hout proper medical clearance. LYAND CAREFULLY, YOU ARE AGREEING TO LETY AND THIS ACTIVITY, THERE IS A CHANCE PROVIDING THIS ACTIVITY, THERE IS A CHANCE PROVIDING THIS ACTIVITY, THERE IS A CHANCE AND YOUR RIGHT TO RECOVER FROM MY CHANNOT BE AVOIDED OR ELIMINATED, BY STHE AND YOUR RIGHT TO RECOVER FROM MY CHANNOT BE AVOIDED OR ELIMINATED, BY STHE AND YOUR CHILD (KS THAT ARE A NATURAL PART OF THE ACTIVITY, DMY CHILD'S/WARD'S SCHOOL, THE SCHOOLS AG. CONTEST OFFICIALS AND FHSAA HAS THE RIGHT.	ating in athletics. With full understanding of district, the contest officials and FHSAA of ol tegal action against the FHSAA because of ny child/ward should the need arise for such hild's/ward's individually identifiable health est, of all records relevant to my child/ward's line, finances, residence and physical fitness, ame, face, likeness, voice and appearance in The released parties, however, are under no re knowledge about the risk of continuing to COUR MINOR CHILD ENGAGE Y CHILD'S/WARD'S SCHOOL, TEST OFFICIALS AND FHSAA YOUR CHILD MAY BE SERIERE ARE CERTAIN DANGERS IGNING THIS FORM YOU ARE ILD'S/WARD'S SCHOOL, THE ST OFFICIALS AND FHSAA IND FHSAA IND RANY PROPERTY DAMAGE/OU HAVE THE RIGHT TO RE-
tion in FHSAA state series contests, such act F. I understand that the authorizations and writing to my school. By doing so, however, I of the series of the	igation seeking injunctive relief or other legal action impacting my child (in shall be filed in the Alachua County, Florida, Circuit Court, rights granted herein are voluntary and that I may revoke any or all of them a understand that my child/ward will no longer be eligible for participation in in ly health insurance plan, which has limits of not less than \$25,000.	at any time by submitting said revocation in terscholastic athletics.
My child/ward is covered by his/her scho	Policy Number: pol's activities medical base insurance plan.	
I have purchased supplemental football in	nsurance through my child's/ward's school. LY AND KNOW IT CONTAINS A RELEASE (Only one parent/	
Name of Parent/Guardian (printed)	Signature of Parent/Guardian	Date /
Name of Parent/Guardian (printed) I HAVE READ TH	Signature of Parent/Guardian HIS CAREFULLY AND KNOW IT CONTAINS A RELEASE (stu	Date Ident must sign)
Name of Student (printed)	Signature of Student	Date
rame or anacin (prince)	Signature of Student	Date



Revised 05/18

Consent and Release from Liability Certificate for Concussions (Page 2 of 4) This completed from page the least on file by the school. This form is well for 366 releaded to the first on the least on file by the school.

School: _	School District (if applicable):
Concussion is acceleration, a all concussion concussions a bump on the l	Information Infor
Concussion sy	inptoms of a Concussion: Aptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer or resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can -inclusive)
Emotions ou Headache or Altered visic Sensitivity te Delayed ver! Disorientatic Dizziness, ir Decreased ce Confusion at Memory loss Sudden char Irritability, de	ness of surroundings of proportion to circumstances (inappropriate crying or anger) ersistent headache, nausea, vomiting
Athletes with concussion leaconcussion ha	your child continues to play with a concussion or returns too soon: gns and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a cest the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first execolved and the brain has had a chance to heat are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second ne" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.
Any athlete su concussion, re In Florida, an physician (DC	if you suspect your child has suffered a concussion: oected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or ardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). opropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic as per Chapter 459, Florida Statutes). Close observation of the athlete should continue for several hours. You should also seek medical care and inform the child that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit
Following phy	y or practice: ician evaluation, the return to activity process requires the athlete to be completely symptom free, after which time they would complete a step-wise the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.
For current an	up-to-date information on concussions, visit http://www.cdc.gov/concussioninyouthsports/ or http://www.seeingstarsfoundation.org
Parents and s may lead to a suggesting th	Student Athlete Responsibility Idents should be aware of preliminary evidence that suggests repeat concussions, and even hits that do not cause a symptomatic concussion, normal brain changes which can only be seen on autopsy (known as Chronic Traumatic Encephalopathy (CTE)). There have been case reports development of Parkinson's-like symptoms, Amyotropic Lateral Sclerosis (ALS), severe traumatic brain injury, depression, and long term that may be related to concussion history. Further research on this topic is needed before any conclusions can be drawn.
bility for repe of CONCUSS	the annual requirement for my child/ward to view "Concussion in Sports-What You Need to Know" at www.nfhslearn.com. I accept responsi- ting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptom: ON. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participa

tion for myself and that of my child/ward. Name of Student-Athlete (printed) Signature of Student-Athlete Name of Parent/Guardian (printed) Signature of Parent/Guardian Name of Parent/Guardian (printed) Signature of Parent/Guardian



Name of Parent/Guardian (printed)

Name of Parent/Guardian (printed)

Florida High School Athletic Association Consent and Release from Liability Certificate for Sudden Cardiac Arrest and Heat-Related Illness (Page 3 of 4)

School:	School District (if appl	licable):
Sudden Cardiac Arrest Inform:	<u>ation</u>	
oudden cardiac arrest is a leading cause of sports- dded training. Sudden cardiac arrest is a condition where vital organs. SCA can cause death if it's not	related death. This policy provides procedures for educational on in which the heart suddenly and unexpectedly stops beating, treated within minutes.	requirements of all paid coaches and recommends If this happens, blood stops flowing to the brain and
Symptoms of sudden cardiac arrest include, bu	t not limited to: sudden collapse, no pulse, no breathing.	
Varning signs associated with sudden cardiac extreme fatigue.	arrest include: fainting during exercise or activity, shortness	s of breath, racing heart rate, dizziness, chest pains,
t is strongly recommended all coaches, whether p provide hands-on training and offer certificates that	naid or volunteer, are regularly trained in CPR and the use of an at include an expiration date.	AED. Training is encouraged through agencies that
Automatie external defibrillators (AEDs) are requivailable at all preseason and regular season even	ired at all FHSAA State Series games, tournaments and meets. Is as well along with coaches/individuals trained in CPR.	The FHSAA also strongly recommends that they be
What to do if your student-athlete collapses: L. Call 911 L. Send for an AED 3. Begin compressions		
FHSAA Heat-Related Illnesses	<u>Information</u>	
oody temperature rises rapidly, sweating just isn't	es cannot properly cool themselves by sweating. Sweating is the enough. Heat-related illnesses can be serious and life threateni even death. Heat-related illnesses and deaths are preventable.	he body's natural air conditioning, but when a person's ing. Very high body temperatures may damage the brain
Heat Stroke is the most serious heat-related illnestent disability and death.	ss. It happens when the body's temperature rises quickly and the	e body cannot cool down. Heat Stroke can cause perma-
Heat Exhaustion is a milder type of heat-related	illness. It usually develops after a number of days in high tempe	erature weather and not drinking enough fluids.
Heat Cramps usually affect people who sweat a he abdomen, arms, or legs. Heat cramps may also	lot during demanding activity. Sweating reduces the body's sale be a symptom of heat exhaustion.	t and moisture and can cause painful cramps, usually in
Who's at Risk? Those at highest risk include the elderly, the very succumb to heat if they participate in demanding prever, dehydration, poor circulation, sunburn, and	young, people with mental illness and people with chronic dise hysical activities during hot weather. Other conditions that can is prescription drug or alcohol use.	eases. However, even young and healthy individuals car increase your risk for heat-related illness include obesity
By signing this agreement, I acknowledge the a courses at www.nfhslearn.com. I acknowledge been advised of the dangers of participation for	nnual requirement for my child/ward to view both the "Suc that the information on Sudden Cardiac Arrest and Heat-R r myself and that of my child/ward.	dden Cardiac Arrest" and "Heat Illness Prevention' Related Illness have been read and understood. I have
Name of Student-Athlete (printed)	Signature of Student-Athlete	Date

Signature of Parent/Guardian

Signature of Parent/Guardian

Date

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		·	
			·



Consent and Release from Liability Certificate (Page 4 of 4)

This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

Attention Student and Parent(s)/Guardian(s)

Your school is a member of the Florida High School Athletic Association (FHSAA) and follows established rules. To be eligible to represent your school in interscholastic athletics, in an FHSAA recognized sport (i.e. bowling, competitive cheerleading, girls flag football, lacrosse, boys volleyball, water polo and girls weightlifting or sanctioned sport (i.e. baseball, basketball, cross country, tackle football, golf, soccer, fast-pitch softball, swimming & diving, tennis, track & field, girls volleyball, boys weightlifting and wrestling), the student:

- 1. This form is non-transferable; a separate form must be completed for each different school at which a student participates.
- 2. Must be regularly enrolled and in regular attendance at your school. If the student is a home education student or attends a charter school or Florida Virtual School Full time Program or a special/alternative school or certain small non-member private schools, the student must declare in writing his/her intention to participate in athletics to the school at which the student is permitted to participate. Home education students and students attending small non-member private schools must be approved through the use of a separate form prior to any participation. (FHSAA Bylaw 9.2, Policy 16 and Administrative Procedure 1.8)
- 3. Must attend school within 10 days of the beginning of each semester to be eligible during that semester. (FHSAA Bylaw 9.2)
- 4. Must maintain at least a cumulative 2.0 grade point average on a 4.0 unweighted scale prior to the semester in which the student wishes to participate. This GPA must include all courses taken since the student entered high school. A sixth, seventh or eighth grade student must have earned at least a 2.0 grade point average on 4.0 unweighted scale the previous semester. (FHSAA Bylaw 9.4)
- 5. Must not have graduated from any high school or its equivalent. (FHSAA Bylaw 9.4)
- 6. Must not have enrolled in the ninth grade for the first time more than four school years ago. If the student is a sixth, seventh or eighth grade student, the student must not participate if repeating that grade. (FHSAA Bylaw 9.5)
- 7. Must have signed permission to participate from the student's parent(s)/legal guardian(s) on a form (EL3) provided the school. (Bylaw 9.8)
- 8. Must not turn 19 before September 1st to participate at the high school level; must not turn 16 prior to September 1st to participate at the junior high level; and must not turn 15 prior to September 1st to participate at the middle school level, otherwise the student becomes permanently ineligibile. (FHSAA Bylaw 9.6)
- Must undergo a pre-participation physical evaluation and be certified as being physically fit for participation in interscholastic athletics (form EL2).
- 10. Must be an amateur. This means the student must not accept money, gift or donation for participating in a sport, or use a name other than his/her own when participating. (FHSAA Bylaw 9.9)
- 11. Must not participate in an all-star contest in a sport prior to completing his/her high school eligibility in that sport. (FHSAA Policy 26)
- 12. Must display good sportsmanship and follow the rules of competition **before**, **during and after** every contest in which the student participates. If not, the student may be suspended from participation for a period of time. (FHSAA Bylaw 7.1)
- 13. Must not provide false information to his/her school or to the FHSAA to gain eligibility. (FHSAA Bylaw 9.1)
- 14. Youth exchange, other international and immigrant students must be approved by the FHSAA office prior to any participation. Exceptions may apply. See your school's principal/athletic director. (FHSAA Policy 17)
- 15. Must refrain from hazing/bullying while a member of an athletic team or while participating in any athletic activities sponsored by or affiliated with a member school.

If the student is declared or ruled ineligible due to one or more of the FHSAA rules and regulations, the student has the right to request that the school file an appeal on behalf of the student. See the principal or athletic director for information regarding this process.

By signing this agreement, the undersigned acknowledges that the information on the Consent and Release from Liability Certificate in regards to the FHSAA's established rules and eligibility have been read and understood.

Name of Student-Athlete (printed)

Name of Parent/Guardian (printed)

Signature of Parent/Guardian

Signature of Parent/Guardian

Date

Name of Parent/Guardian (printed)

Signature of Parent/Guardian

Date