

Elementary Schools Wellness Policy/Procedures Survey

Proper monitoring is an essential component in determining if **policies** and procedures are meeting the intended goals. It also provides valuable input to update and improve the process of meeting the intended objectives.

District Wellness:

1. How have students and staff been made aware of the Wellness Policy?
(Check all that apply)
 - a. Newsletter
 - b. Edline
 - c. TV production
 - d. Morning Announcements
 - e. Signage
 - f. School website
 - g. School marquee
 - h. Telephone hold message
 - i. Blackboard Connect
 - j. Meetings
 - k. School Age Child Care
 - l. Other

Nutrition:

2. Did the school promote the **March National School Breakfast Week** and **October National School Lunch Week** activities? YES
3. Did the school promote healthy nutrition activities? (check all that apply)
 - a. in the classroom
 - b. during physical education classes
 - c. during health classes
 - d. in the cafeteria
 - e. parent/teacher conference/PTA/SAC
4. Are students given adequate time for eating, once the student is seated, 15 minutes for breakfast, and 20 minutes for lunch? YES
5. Does the school promote a healthy lifestyle and limit access to foods of minimal nutritional value? Foods of minimal nutritional value include but are not limited to carbonated soft drinks, chewing gum, and candy.

6. How does your school promote fundraisers that include the sale of non-food and nutritious food items and/or physical activity events that generate positive health habits? **JUMP FOR HEART/KICKBALL TOURNAMENT/PENNY FOR PASTA/"MILES FOR LIFE" PUTT-PUTT/TURKEY TROT**
7. Do the dining areas include enough seating to accommodate all students who would like to sit and eat lunch, as well as enough serving areas to minimize student wait time in line? **YES**
8. Does the school offer a la carte offerings that include appealing healthy choices?
9. Does the school prohibit using food as reward or punishment as part of the discipline plan? **MANY TEACHERS USE FOOD AS A REWARD. WE DO NOT RESTRICT OR USE FOOD AS A PUNISHMENT.**

Physical Activity:

10. Elementary physical education is mandated to include 150 minutes per week, with a minimum of 30 consecutive minutes on any day of physical education instruction. How many minutes do your students receive instruction from a certified physical education teacher during the week?
- 40 minutes or less
 - 41 – 80 minutes
 - 81 – 120 minutes
 - greater than 120 minutes
11. Has the elementary physical educator at your school provided teaching resources for your staff so that physical education may be conducted with fidelity during the remainder of the 150 minutes the certified physical education teacher is not able to cover? **YES *BRAIN GYM, *GO NOODLE, *EQUIPMENT PER GRADE (EXTRA RECESS IN EACH GRADE LEVEL)**
12. What is your student/physical education teacher ratio in physical education?
- 1-24 students per class
 - 25-34 students per class
 - 35-44 students per class
 - 45-54 students per class
 - 55 or more students per class

13. How often were individual Fitness Assessment report cards communicated to parents?
- once for the year
 - Twice during the year
 - three or more times during the year
14. How does our school provide bike/pedestrian safety resources?
- through Physical Education & PE teacher is trained in Bike/Pedestrian Safety
 - through Physical Education but PE teacher is NOT trained in Bike/Pedestrian Safety
 - through Supplemental Physical Education (classroom teachers)
FREE HELMETS, "BIKE SAFETY" (OCTOBER)
 - do not offer Bike/Pedestrian Safety
 - other _____
15. How many students waived out of Physical Education this school year?
- Ø
16. Do the school buildings, grounds, structures, and equipment meet all current health and safety standards (including environmental air quality) and are they kept clean safe, and in good repair? **NO – BASKETBALL BACKBOARDS**

Other School-based Activities:

17. In which community physical activities does your school participate? (Check all that apply)
- International Walk Your Child to School Day
 - The Walking School Bus
 - Let's Move in School
 - A.C.E.S. (All Children Exercising Simultaneously)
 - School Gardening Project
 - Hershey Track and Field Meet
 - Race and Walks
 - Other **TURKER TROT, STACK-UP (WORLD RECORD)**
18. Who at your school is providing students at all grade levels a district approved **anti-bullying/harassment** prevention strategies/curriculum?
- Physical Education teacher **BRAIN POP – "LESSON PLAN, BUT NOT A PROGRAM"**
 - Classroom teacher**
 - Media Specialist
 - Guidance Counselor**
 - Other _____

19. How are the components of health education taught in your school to meet the requirements of Florida Statute 1003.42(n) "Comprehensive Health Education Program"?

The following are the areas of required instruction in grades K-6:

- Community Health EDLINE/NEWSLETTERS
 - Consumer Health
 - Environmental Health
- Family Life (including the BPS Human Sexuality Curriculum)
6TH GRADE TEACHERS/NURSE
 - Mental and Emotional Health
- Nutrition
- Injury Prevention and Safety
- Personal Health
- Prevention and Control of Disease
- Substance Use and Abuse

20. How often is our school offering a Family Wellness Event to teach and promote physical activity, nutrition and health?
- a. once a year KICKBALL TOURNAMENT (MAY), PUTT-PUTT (MARCH)
 - b. twice a year
 - c. in the planning stages
 - d. not offering (state reasons)
21. How does your school comply with the District alcohol, tobacco free, and other drug free policies? "DRUG FREE WEEK" (OCTOBER)
22. How does your school staff educate and enforce a harassment free environment to address bullying and other forms of aggressive behavior?
MEDIA SPECIALIST (CYBER BULLYING)/DISCUSS WITH S.O.A.R. EXPECTATIONS
23. Please provide feedback on the implementation of the elementary Healthy Body Systems Curriculum and the integration of the Next Generation Sunshine State Standards for Health?
- a. Kindergarten – Fourth Grades "ORGAN WISE CURRICULUM"
 - a. Fifth and Sixth Grades PHYSICAL EDUCATION CURRICULUM GUIDE
MR. SAVAGE AND SIXTH GRADE TEACHERS, ALONG WITH HEALTH DEPARTMENT AND NURSE
24. How many certified CPR/AED personnel in your school? (7)
25. How many certified CPR/AED Instructors at your school? 0