**Eau Gallie High School 2023-2024 Cheerleading Tryouts**

**Parent/Student Information**

**Coaches: Chelsea George and Tia Geivet-Colon**

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1. **Vision, Mission, Objectives, & Goals:**
* A cheerleading **Family**
* Provide our young adults a learning environment, both physically and

philosophically, that fosters their **growth** as students, citizens, and

individuals through opportunity, **accountability**, encouragement and

security.

* assist participants in the development of **athletic** and

**leadership** skills

* To develop effective time management strategies.
* To develop socially through cooperation, competition and appropriate

standards of **behavior**.

- Set an example of good **behavior** and sportsmanship at all times (in

uniform or not)

* To promote and develop lifetime skills
* **Cheer** and support Eau Gallie Athletics

- Participate in all activities related to the **spirit** and support of the school.

- Perform **community** service, through different methods of participation

- Build personal and team **growth**

- Have **fun** together and enjoy each other’s company

1. **Tryout Eligibility:** FHSAA Mandated Minimum Cumulative GPA of 2.0.

 **Students in grades 10, 11, and 12** are invited to try out for the Varsity squad.

**The following forms must be completed and turned in on or before, February 27, 2023 clinic/tryouts or the candidate will not tryout/participate.** They may be signed, scanned and emailed to one of the coaches **or** printed, signed, and handed in on the day of tryouts.

* + - 1. **Students**: FHSAA Forms (Consent/Release and Physical Evaluation) for tryout purposes. These forms are valid for only one calendar year and must be on file with the Eau Gallie Athletic Director, Coach Oas. Your 2022-2023 physicals ***MUST*** be on the ***EGHS PHYSICAL PACKET***

**If you don’t have an EGHS physical on file you can obtain a physical for only $10 with Dr. Leigh Pauley – 402 N. Babcock St #101, Melbourne 32935. 321-655-8126, website is**[**www.launchsportschiro.com**](http://www.launchsportschiro.com/)**to schedule an appointment under school physicals.**

2**. Google Form Tryout Questionnaire**

3. **EGHS Grade Policy**

4. **Athletic Contract signed by candidate and parent**

5. **1st Semester** **Report Card**

6. **Tryout Checklist**

7. **Teacher Recommendations Initials: \_\_\_\_\_\_\_**

# **Tryout Clinic – Monday, February 27 through Thursday, March 2 4:00 pm – 6:00 pm. Wear Athletic attire, no jewelry, and hair up.**

## Tryouts – Friday, March 3, 2022, beginning at 3:00 pm. Your tryout time and group will be assigned. You will be judged on spirit, voice, dance, motions, cheer, chant, grades, work ethic, appearance, attitude, athleticism, teacher recommendations and optional standing and running tumbling.

a. Tryout wear: School colors

* T-shirt with short sleeves/Shorts/Athletic shoes/sox.
* Hair back with bow(s)
* No Jewelry **Initials: \_\_\_\_\_\_\_**

## Priorities -

## Obligations & Time Commitments include but are not limited to

* + 1. **Summer Practice:** Exact dates are on the Calendar
		2. **NCA Camp:** Wyndham Orlando Resort International Drive 7/17-19 **MANDATORY**
		3. **Football Season**: Home/Away Games - Friday Evenings.
		4. **Basketball Season**: Home games (1-3 weekly), possible district away games
		5. **Practices during season**: 1-2 per week
		6. **Community Events**: Volunteer activities
		7. **Fundraising**: Mandatory for all
		8. **Spirit Events:** Supporting school sports/clubs/events to increase spirit
		9. **Team Bonding Events:** Home game dinners, Scavenger Hunts, Pool Parties, etc.
	1. **Transportation:** must be provided by a **parent** to away games within Brevard County.
	2. **Extra-Curricular Activities:** **Cheerleaders may participate in other EGHS school-sponsored sports & organizations, but they may not take priority over Cheer, they must be scheduled and approved in advance with BOTH Coaches. Cheerleaders may be excluded from certain performances if not at practice. Please make sure that the coach/sponsor in other clubs/sports is willing to work with your cheer schedule.**
	3. **EFSC classes:** many of our cheerleaders take courses at EFSC, please remember thatyou are making a commitment to the cheer team and that if you plan on being unable to attend any practices, games, functions because of school schedule that is different than operating hours at Eau Gallie high school then you should not try out. Please make sure your goal and purpose of becoming a student athlete is to show your school spirit and support your school by attending **ALL** functions while maintaining your commitment to your education.
	4. **Again, Cheerleading must be your first priority (after academics).** If other clubs/sports/**jobs** on and off campus are **not willing to work with your cheer schedule**, then you should rethink trying out. **Work is NOT an excused absence!**

**Initials: \_\_\_\_\_\_\_**

1. **Approximate Cost Ranges**
	1. **Sponsors-** A final itemized fee list will be distributed as soon as I receive invoices from Varsity. A **sponsor letter** will be included in this packet. You can make as many copies as needed to hand out to local businesses/family members. This is one of the BEST ways to earn money for your student's cheer expenses. It is best that if you receive the money personally to put it in an envelope marked with your child's name, the amount of donation, the business name, and the signed sponsorship form. **Sponsors DUE by 7/31/2023!**
	2. **Returners-** $750 + tax on some items
	3. **NEW EG Cheerleaders**: $1550 + tax on some items
	4. **List of required items and approximate costs**
		* 1. NCA Away Camp $400
			2. White Uniform (own) $225, body liner $25, Spanx (2 pair) $50, Shoes $100, Bra $40
			3. Rented Uniform fee $50
			4. Practice Wear Package $175 (2 shirts, 2 shorts, sports bra, backpack)
			5. Spirit Baseball Jersey $115
			6. Warm-up $100
			7. Game Day items $225
	5. **OPTIONAL Items approximate costs**
		* 1. Warm Up Jacket $200
			2. Warm-up Pants $75
			3. Joggers $85
			4. Rain Jacket $110
	6. **Payment Breakdowns**

We understand that cheerleading is very expensive. However, we cannot go to camp or purchase needed materials unless you pay on time. Untimely payments may result in cheerleaders not getting their materials and thus not being able to cheer. PLEASE PLEASE PLEASE go out and get those SPONSORS to help reduce costs.

1. Tuesday, March 21st: $200 Camp Deposit Due (FIRST new squad meeting)
2. Monday, April 10th: $200 Payment Due (Remaining Camp Balance)
3. Monday, May 8th: $300 Payment Due or Remaining Balance
4. Wednesday, June 14th: $300 Payment Due or Remaining Balance
5. Thursday, July 27th: $300 Payment Due or Remaining Balance
6. Thursday, August 28th: Remaining Balance (Final Payment)
	1. **Fundraising**

Raising funds for the squadwill be done as a team and it is mandatory that all team members participate. Fundraising money will be used for new equipment, bus away game dinners, a new run-through sign, spirit bags, and other necessary items. Fundraisers include but are not limited to crowdfunding, fan cloth, bakes sales, car washes, Eau Gallie Umbrellas, Discount Cards, and the PeeWee clinic. Sponsors and Crowdfunding will go directly to the cheerleader’s individual accounts. All other fundraisers are to meet the needs of the squad as a whole unless the coaches decide otherwise.

**Initials: \_\_\_\_\_\_\_**

1. **Non-negotiables**

 **a. Safety**

- Cheerleading is a high-risk sport. We will discuss safety guidelines at depth during the first squad meeting to assure everyone is on the same page. Acrylics/Fake Nails, long nails, nail polish, and Jewelry are PROHIBITED during practice and games.

 b. **Respect**

- Coaches will be respected at ALL times.

- Teammates will be respected at ALL times.

- We will discuss what respect looks, sounds, and feels like and sign a social contract after teams are assigned.

 c. **Drama**

- direct communication is key

- gossip and rumors are not permitted

- ALL contact is through BAND (no outside cheer group chats)

- ALL group chats in BAND should include a coach or team mom

- If you have a problem, go to the source, ask questions, speak respectfully...Don’t assume.

d. **Attendance**

- cheerleading is a HUGE commitment and is a TEAM sport. Administration and Coaches understand parents want our students to be able to do it all, however, while you are watching out for the best interest of your child, the coaches are looking out for the best interest of ALL squad members.

- Excused absences are ONLY doctor notes, court, death in the family, or mandatory grade for another EGHS function (ex. Chorus, strings, or band concert)

- ALL absences must be submitted through a google form by the CHEERLEADER.

**- 2 unexcused games = dismissal**

**- 5 unexcused practices = dismissal**

**- 2 unexcused events = dismissal**

- You MUST be in school AT LEAST half a day to practice or cheer. If it is unexcused (see excused absences above), it will go towards you count.

- Absence at practice may result in removal from performances or being benched at the next game.

- Mandatory Attendance at ALL cheerleading events including practices, games, bonding, community service, etc.

- Summer vacations will be excused if coaches are notified by the last day of school unless the vacation interferes with camp.

- **Summer Camp is MANDATORY, failure to attend camp will result in immediate dismissal.**

**Initials: \_\_\_\_\_\_\_**

1. **Expectations**

 a. **Responsibility**

- Expected to Follow ALL school rules and set the standards at Eau Gallie (includes dress code)! ALL school rules supersede cheerleading policies.

- Keep up with your academics and grades.

- Be a role model on and off campus (avoid referrals)

- Attend school daily and on time

- Be prepared and on time for practice

- Read BAND

- Manage your time wisely (use a PLANNER)

- Read the Calendars and other documents posted on band

- Learn your cheers, chants, dances, etc. and practice them using the videos

- Uniform is worn appropriately at ALL times

 b. **Communication**

- BAND is the main source of communication, use private chats for questions and discussions the main feed is for COACHES ONLY to prevent phones from blowing up.

- Speak to teammates appropriately (2 Glows: 1 Grow)

- Complete the google absent form when not attending

- ALL group chats in BAND should include a coach or team mom

- Encourage other team members to do the right thing in and out of uniform

- Inform coaches of excessive or repeated misconduct by other members

- If you see a teammate, admin, COACH, and/or teacher in the hall, greet them.

- Respond on BAND with at least an emoji reaction.

c. **Parent Support**

- Speak positively of every cheerleader on the team, ESPECIALLY in front of your cheerleader.

- Speak positively about coaches, even if you disagree

- Encourage your cheerleader to work through struggles as it helps them grow.

- Ask questions vs. give opinions

- Be a positive influence at games and PLEASE participate in crowd cheers.

- If upset over a situation, cool off first by taking 24 hours before contacting the coach.

- Encourage your cheerleader to use proper communication and be responsible for their stuff and choices.

- Remember, this is not our first job, we have family, a teaching career, and are real people too. We do this because we love the sport and care about your students. Please be courteous and respectful.

- There is a chain of command when you have an issue. First contact the coach, if not resolved, the Athletic Director, if not resolved the principal, if not resolved the school board. Thank you for following this hierarchy.

**Initials: \_\_\_\_\_\_\_**

1. **Corrective Actions & Incentives**
* Cheerleaders will be rewarded throughout the year. We will have Anchor of the Week, Commodore Rising Star, Spirit gifts, etc. We will discuss other incentive ideas once squads are determined to assure positive recognition is a priority.
* The coach can assign corrective actions that fit the behavior at their discretion.
* Squad conditioning is used as a penalty for practice wear rules and other minor violations.
* Coaches may remove cheerleaders from performances for lack of knowledge or attendance.
* Coaches may bench cheerleaders for misconduct.
* Coaches may dismiss cheerleaders from the squad for willful disobedience, attendance, and other major infractions.
* If a cheerleader is dismissed or quits, they may not be able to tryout the following year depending on the circumstances.
* If an officer is not doing their job, they may be replaced.
* D/F list study hall will be held in the afternoons and is MANDATORY. Failure to attend could result in dismissal.

**Initials: \_\_\_\_\_\_\_**

1. **New Squad Announcement/Meetings: Squads will be posted on the EGHS cheerleading webpage by Saturday, March 11th. The first MANDATORY team meeting date is March 21st Varsity 4-5:30 pm and JV 4:30 – 5:30 pm. Parents MUST attend from 5:00-5:30 pm.**

**EAU GALLIE HIGH SCHOOL**

**ATHLETIC CONTRACT**

**ACADEMIC – BEHAVIOR – SOCIAL**

**2021-2022**

I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ am agreeing to remain in good academic standing (2.0 or above) throughout the 2022-2023 school year. In addition, I am promising to be a positive, cooperative, and polite individual at all practices, games, fundraisers, and any other Eau Gallie athletic commitment that may arise. I acknowledge that I am a role model and a representative of Eau Gallie High School both in and out of uniform. I understand that posting **or** commenting inappropriately on social media sites (ex: Facebook, Instagram, Twitter, Vine, Tumblr etc.) is a no tolerance rule and **will** result in a consequence that may include dismissal. This could include unfitting emails and text messages. I recognize that posting foul language, nudity, alcohol, illegal substance and fighting or bullying content will also result in a consequence that could include dismissal.

In addition, I realize that being associated with another student’s inappropriate comment or post could also result in a consequence or dismissal. I understand that being selected as a member of Eau Gallie athletics is a privilege and that athletes are held to a higher standard both on and off campus at all times. I am complying with my coach’s rules and agreement package for my sport and have committed to meeting all expectations. I understand that if a class grade drops below a 2.0 average on any 9 week report card or if a problem were to arise due to behavior on or off campus, my coaches have the ability to remove me from the team. Expulsion from school will result in immediate dismissal from the team. From this moment forward my parent/guardian and I agree and acknowledge the Eau Gallie High School Athletic Contract requirements and are fully committed to the 2020-2021 school year. Finally, we understand that this contract will be effective **April 11th, 2022** the first day of the cheerleading tryout clinic through the completion of the cheer season for the 2020-2021 school year.

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| **Student Athlete Name (print)** | **Signature** | **Date** |
|  |  |  |
| **Parent/Guardian Name (print)** | **Signature** | **Date** |
|  |  |  |
| **Parent/Guardian Name (print)** | **Signature** | **Date** |
|  |  |  |

**Eau Gallie High School**

**Cheerleader Grade Policy**

In order to be an Eau Gallie Cheerleader, the student must maintain a **cumulative GPA** of at least a **2.0**. Cheerleaders’ grades will be reviewed at 9 week report card distribution. It is the responsibility of the cheerleader to bring their coach a copy of their nine week report card. In keeping with state guidelines, the Eau Gallie cheerleaders will also abide by the academic eligibility rules set forth by the FHSAA. If you receive a **D or F** during the school year you will be benched until a progress report is filled out by your teacher in charge of that subject proving you have earned at least a **C**.

These are the guidelines a cheerleader must abide **throughout** the school year. If you receive a non passing grade (D or F) and are put on probation, participation in practice and fundraising is still **MANDATORY**. During games, you will dress out and sit with the coach for the entire game. If your GPA falls below a 2.0 and you fail to raise it during that quarter you will be dismissed from the squad.

**Final report card grade checks will be made of all candidates prior to the date of tryouts.** Should a cheerleader have below a 2.0 cumulative average or make an “Unsatisfactory” in conduct in any subject **they will not** be permitted to tryout for the Junior Varsity or Varsity cheer team for the 2022-2023 school year.

***By signing this form, I acknowledge that I have read and understand the above policy, and agree to abide by this policy.***

Student Printed Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­

Student Signature: Date:

Parent Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: Date:

**Try-out Checklist**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Potential EGHS Cheerleader please initial each line below:**

1. **\_\_\_\_\_\_\_\_ I have read the entire parent/student information packet and understand the cost, expectations, rules, and time commitment required for EGHS cheerleading.**
2. **\_\_\_\_\_\_\_\_ I have a physical packet on file with the EGHS Athletic Director or have a physical packet completed to hand to the Athletic Director BEFORE or on February 27th.**
3. **\_\_\_\_\_\_\_\_ I have signed and attached the EGHS Athletic contract.**
4. **\_\_\_\_\_\_\_\_ I have signed and attached the EGHS Cheerleader Grade Policy.**
5. **\_\_\_\_\_\_\_\_ I have attached a copy of my most recent report card (2nd semester).**
6. **\_\_\_\_\_\_\_\_ I have completed the try-out questionnaire google form** <https://forms.gle/1VvvwsoY3To5H7vz6>

1. **\_\_\_\_\_\_\_\_I have distributed all of my teacher recommendation slips.**

**I, the parent/guardian, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and the student, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, have read, signed, and agree that the above information is complete as well as understand the cost, time, rules, and expectations of the EGHS Cheerleading program. I understand that the rules and expectations set forth by the coaches are for the good of the team and school so that missions, visions, and goals can be met.**

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**