



**HealthAdvocate<sup>SM</sup>**

**We can help.**

**Hurricane Dorian is gaining strength, posing a serious threat to Puerto Rico, Florida and the southeastern communities.** Health Advocate has information to help you and your family prepare for the storm. Our experts are always here to help you.



### **Emotional Support**

- ✓ **Talk to a licensed clinician** to develop strategies to help you and your family adjust to the storm's impact
- ✓ **Help with anxiety**, stress, how to talk with your kids
- ✓ **Tips to stay positive** and productive

### **Information and Resources**

- ✓ **Find government relief organizations** to assist with locating temporary and permanent housing
- ✓ **Access local**, state and federal agencies

**Visit the Health Advocate EAP+Work/Life website** for resources and up-to-date information

### **We're here when you need us most**

Your Health Advocate benefit can be accessed 24/7.

**Turn to us. We can help.**

**877.240.6863**

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