

988 SUICIDE & CRISIS LIFELINE

24/7 CALL, TEXT AND CHAT TO 9-8-8

If you're thinking about suicide, are worried about a friend or loved one, or would like emotional support, the Lifeline network is available 24/7 across the U.S.

If you need someone to lean on for emotional support, call the Lifeline.

TALKING WITH SOMEONE ABOUT YOUR THOUGHTS AND FEELINGS CAN SAVE YOUR LIFE.



911

The three-digit telephone number "9-1-1" has been designated as the "Universal Emergency Number," for citizens throughout the United States to request emergency assistance.



National Alliance on Mental Illness



Coastal Psychiatric Urgent Care

Walk-in psychiatric care for those in need, which not only helps alleviate distressing symptoms but also helps reduce costs and burden to the client.

Individuals are able to walk-in as a new client and see a psychiatric provider the same day. We do not schedule future appointments for psychiatric visits. Walk-ins and same-day appointments only .

CALL: (321) 586-5444

NATIONAL ALLIANCE MENTAL HEALTH

NAMI works to educate, support, advocate, listen and lead to improve the lives of people with mental illness and their loved ones.

The NAMI HelpLine can be reached Monday through Friday, 10 a.m. – 10 p.m., ET.

**CALL: 1-800-950-NAMI (6264),
TEXT "HELPLINE" TO 62640 OR
EMAIL: HELPLINE@NAMI.ORG**

211 BREVARD

Specialists listen to and support callers in emotional crisis 24/7 and are highly trained in crisis intervention.

- By phone: CALL 2-1-1
- By text: Text ZIP code to 898211
- Text BeThe1To to 898211 to sign up for supportive, automated text messages for people in crisis and their friends or loved ones.

MOBILE RESPONSE TEAM (MRT)

On-site crisis counseling services to children and families in Brevard County 24/7. The program is staffed by Licensed and master level clinicians.

Primary Goal: to de-escalate the crisis situation, stabilize the family, maintain children in their natural home environment, provide support to families and connect families with appropriate resources.

CALL: (321) 213-0315

2.1.1

SUICIDE PREVENTION HOTLINE: 1-800-273-8255