

SECONDARY STUDENTS



WHAT YOU NEED TO KNOW ABOUT
BULLYING, HARASSMENT, & CYBERBULLYING

Florida State Statute 1006.147

Information on the Jeffrey Johnston
“Stand Up for All Students Act”

Policy Requirements to Uphold the Law

- Prohibit bullying or harassment by any student, school employee, volunteer, parent and/or school visitor
- Review standard definition of bullying, harassment and cyberbullying

Brevard Public School Policy

The Board is committed to a safe, secure, positive, productive, and nurturing educational environment that is free from bullying or harassment of any kind for all students, employees, volunteers, parents and/or school visitor.

Florida State Statute Definition of Bullying

Bullying means systematically and chronically inflicting physical hurt or psychological distress on one or more students or employees.

It is further defined as unwanted repeated written, verbal, or physical behavior, including any threatening, insulting, or dehumanizing gesture by an adult or a student that is severe or pervasive enough to create an intimidating, hostile, or offensive educational environment; to cause discomfort or humiliation; or unreasonably interfere with the individual's school performance or participation.

What is Normal Conflict?

- Conflicts happen and are accidental or unplanned event.
- Conflict behaviors are not attention-seeking or about power and control.

What is Bullying?

Harm occurs as the result of an intentional act, rather than the result of a mistake or negligence.

A power imbalance exists between the target and the bully.
(Real or imagined by the target)

The bully enjoys carrying out the action.

The bully repeats the behavior, often (if given a chance) in a systematic way.

The target is hurt physically or psychologically and has a sense of being persecuted or oppressed.

-Source Olweus

Bullying may involve, but is not limited to:

- (Unwanted) teasing
- Social exclusion
- Threat
- Intimidation
- Stalking
- Physical violence
- Theft
- Public humiliation
- Cyberbullying
- Cyberstalking
- Sexual, religious, or racial/ethnic harassment
- Damaging or destruction of property
- Placing a student in reasonable fear of harm to his/her person or property

Three Types of Bullying

Physical Bullying: Harm to another's person or property

Emotional Bullying: Harm to another's self-concept

Relational Bullying: Harm to another through damage (or threat of damage) to relationship or to feelings of acceptance, friendship, or group inclusion

Direct Bullying can be...

- Physical violence such as hitting, kicking, shoving, spitting
- Taunting, teasing, racial slurs
- Sexual, religious, or verbal harassment
- Threatening
- Obscene gestures
- Theft
- Destruction of property
- Stalking

Indirect Bullying can be...

- ▶ Getting another person to bully someone for you
- ▶ Intimidation
- ▶ Spreading rumors, public humiliation
- ▶ Deliberately excluding someone from a group or activity
- ▶ Relational aggression (gossip, lies, betrayal, isolation)
- ▶ Cyberbullying
- ▶ Cyberstalking

Characteristics of Bullying “RIP”

Repeated

(Note: A severe one-time incident may still meet the definition of bullying.)

Imbalance of Power

Purposeful

Topics People Tease About That Could Lead to Bullying, Harassment, or Cyberbullying

- Skin color
- Religion
- Sexual matters; gender
- Way they live
- Family
- Body: How they talk, walk, dress or act
- Where they live; whom they live with
- Grades
- Choice of friends

What is Harassment?

It is threatening, insulting or dehumanizing gestures that are written, verbal or physical.

A computer or another electronic device might be used to direct these behaviors toward another student or school employee.

Harassment - Continued

Places a student or school employee in reasonable fear of harm to his or her person or damage to his or her property.

Has the effect of substantially interfering with a student's educational performance, opportunities, or benefits.

Has the effect of substantially disrupting the orderly operation of a school.

Exclusion That Could Lead to a Bullying/Harassment Situation

- ▶ Judging an entire group based on the actions of a few
- ▶ Leaving someone out on purpose



What Should You Do if You Are Bullied?

- Tell the bully to STOP!
- Walk away
- Seek help from a trusted school adult
- If repeated fill out an incident reporting form
- Remember SAFE:

Say something to an adult,

Ask for help,

Find a friend,

Exit the area

- Stay calm, think
- Report it
- Move away from the person
- Join others
- Assert self
- Use Self-Talk



What is Cyberbullying and Cyberstalking?

- ▶ The use of electronic communication or technological devices to bully or harass another
- ▶ Harassment, insults, threats, name-calling, etc.
- ▶ Provoking fights
- ▶ Gossiping, spreading rumors, etc.
- ▶ Pretending to be someone else online

Cyberbullying and Cyberstalking

- ▶ Cell phones (phone calls)
- ▶ Text messaging
- ▶ Cell phone photos
- ▶ Digital pictures/images
- ▶ Instant messages
- ▶ Direct messages
- ▶ Email
- ▶ Online games
- ▶ Internet chat rooms or blogs
- ▶ Social Media Sites
(Example: Finstagram, TikTok
Instagram, Facebook, Twitter,
OnlyFans, Snapchat, etc.)
- ▶ Profile pages
- ▶ Gaming systems
- ▶ Webcams
- ▶ Video cameras
- ▶ Digital cameras
- ▶ Internet postings
- ▶ Defamatory websites to engage
in acts of bullying or harassment

Cyberbullying also includes:

- Forwarding private messages or pictures
- Adding details to someone's profile
- Setting up fake websites or profiles
- Ratings or voting competitions

How to Stay Safe on the Internet

- Know who you are talking with personally.
- Don't give out your passwords to just anybody.
- Think about what you say on the internet (don't disclose personal information).
- Do not post pictures of yourself unless your site is private/blocked.
- Be aware that many App's use GPS location tracking.
- Remember that all activity on the web leaves a blueprint and just because you deleted it doesn't mean it's gone (yes, even SnapChat).
- Report ALL cyberbullying and cyberstalking.

Don't be a Bystander – Be an Upstander!

Try to help solve the problem

Get adult help

Stand best to the person being bullied or harassed.

Ask the person to walk away with you

Show disapproval to the bully

Don't participate

Show empathy

Stand up and speak out – report ALL bullying

If You Are a Target of Bullying:

Talk to someone, a friend, parent, teacher, coach

Practice what to say to the bully if it happens again

Ask your friends for help

Stay calm and confident

Walk away

Report ALL bullying

Schoolwide Supports for Students Who Are Targets:

Referred to School Counselor

Safety Plan

Stay away contract*

Social skills training

Conflict resolution training

Check in check out contact person

Mentoring

Review Bullying Prevention Policy

Seating or Schedule Change

*(grades 5th to 12th)

Actions for Students Who Violate the Policy:

Referred to School Counselor
Safety Plan
Stay Away Contract*
Social Skills Training
Conflict Resolution Training
Mentoring
Review Bullying Prevention Policy
Seating or Schedule Change
Referral to Certified Behavior Analyst (CBA)
Suspension
Expulsion
Reported to Law Enforcement

*(grades 5th to 12th)

Did you Know?


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All bullying, harassment and cyberbullying must be reported!



How Students to Report:

- **Verbal:** In-person reporting
- **Written:** BPS Student Reporting Form
- **Anonymous:** Speak Out Hotline (1.800.226.7733)
- Verbal reports should be documented on the Student Reporting Form.

 **THE SCHOOL BOARD OF BREVARD COUNTY, FLORIDA
STUDENT REPORTING FORM**

***DIRECTIONS:** A student may file a complaint of bullying, harassment or teen dating violence and abuse with a school official or by placing this form in the identified school's drop off spot for anonymous reporting. The confidentiality of this form will be maintained in accordance with the Family Educational Rights and Privacy Act (FERPA), 20 U.S.C. § 1232g, Florida law, and/or as required by the 2020 Office of Civil Rights Title IX regulations.*

Today's Date: _____ School: _____

Your Name: _____ Date of Birth: _____

Contact Phone # _____ Contact Email: _____

Who is bothering you? _____

Nature of Complaint (tell what happened): Choose all that apply and describe the exact words or behaviors used under "Other"

<input type="checkbox"/> Teasing	<input type="checkbox"/> Hitting or kicking	<input type="checkbox"/> Gender Discrimination
<input type="checkbox"/> Gossip/rumors being spread	<input type="checkbox"/> Name calling	<input type="checkbox"/> Sexual Harassment
<input type="checkbox"/> Shoving or pushing	<input type="checkbox"/> Being left out on purpose	<input type="checkbox"/> Relationship/Dating Violence
<input type="checkbox"/> E-mail, text, social media (print all messages and attach)	<input type="checkbox"/> Sexual Assault	
<input type="checkbox"/> Other (please specify) _____		

Describe what happened. Attach a separate sheet, if necessary. _____

When did this happen? Date(s): _____

Where did this happen? Choose all that apply.

<input type="checkbox"/> Classroom	<input type="checkbox"/> Restroom	<input type="checkbox"/> Playground	<input type="checkbox"/> School bus
<input type="checkbox"/> Hallway	<input type="checkbox"/> Cafeteria	<input type="checkbox"/> School bus stop	<input type="checkbox"/> At a school related or sponsored event
<input type="checkbox"/> Other school location (please specify) _____			
<input type="checkbox"/> Off Campus/Other Location (please specify) _____			

How many times has this happened before? _____

Have you reported this problem to your teacher, principal, or other school staff before?

Yes No

If yes, to whom was it reported and what occurred in the past? *Attach a separate sheet, if necessary.*

Incident Reporting

Immunity and Anonymous Reporting

GOOD FAITH – Anyone making a report in good faith is immune from cause of action/damages. It will NOT affect employment, grades, learning/working environment or assignments.

WRONGFUL & INTENTIONAL REPORTING - Consequences and appropriate remedial action will apply.

ANONYMOUS REPORTING - Formal disciplinary action may not be based solely based on an anonymous report.

Definition of Teen Dating Violence and Abuse

A pattern of emotional, verbal, sexual, or physical abuse by one person in a current or past intimate relationship to exert power and control over another when one or both partners is a teenager.

Abuse may include insults, coercion, social sabotage, sexual harassment threats, and/or acts of physical or sexual abuse.

The abusive partner uses this pattern of violent and coercive behavior to gain power and maintain control over the dating partner.

CHARACTERISTICS OF A HEALTHY RELATIONSHIP

- > Mutual respect
- > Trustworthy, honest, kind
- > Independent
- > Able to control anger
- > Problem-solver
- > Self-confident
- > Understanding

Characteristics of an Unhealthy Relationship

- ~ Dependent
- ~ Dishonest
- ~ Disrespectful
- ~ Hostile
- ~ Intimidating
- ~ Violence

Warning Signs:

- ~ Withdrawn
- ~ Secretive
- ~ Isolated
- ~ Spending all time with partner
- ~ Alcohol and or drug abuse
- ~ Making excuses
- ~ Uncontrolled anger
- ~ Unexplained anger

How to be a Good Friend

- Spend time together
- Enjoy activities together.
- Respect each others' differences.
- Care for each others' safety.
- Practice kindness daily



Expected Behaviors

- ▶ Review the Secondary Code of Student Conduct
- ▶ Know Brevard Public Schools policies.
- ▶ Create a positive school climate with positive reinforcement for good conduct, self-discipline, good citizenship, and academic success.
- ▶ Demonstrate appropriate behavior and treat others with civility, respect and kindness.

Resources For Secondary Students:

<https://www.stopbullying.gov/blog/2019/10/25/effects-bullying-mental-health>

<https://www.loveisrespect.org/>

Resources For Secondary Students:

<https://pacerteensagainstbullying.org/>

<https://www.stompoutbullying.org/>

Resources For Secondary Students:

<https://www.stopbullying.gov/resources/teens>

<https://www.stopbullying.gov/blog/2021/07/29/preventing-cyberbullying-age-smart-phones>

Additional Questions?

District Contact:

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