# WHAT ELEMENTARY STUDENTS NEED TO KNOW ABOUT BULLYING / HARASSMENT

## Florida State Statute 1006.147

Information on the Jeffrey Johnston "Stand Up for all Students Act"

#### **Policy Requirements to uphold the law:**

- Prohibit bullying or harassment by any student, school employee, volunteer, parent and/or school visitor
- Standard definition of bullying/harassment

## **Brevard Public School Policy**

The Board is committed to a safe, secure, positive, productive, and nurturing educational environment that is free from bullying or harassment of any kind for all of its students, employees, volunteers, parents and/or school visitor.

## What is Normal Conflict?

- Conflicts happen every now and then and are accidental or unplanned event.
- Conflict behaviors are not attention-seeking or about power and control.

## What is Bullying?

Harm occurs as the result of an intentional act, rather than the result of a mistake or negligence.

A power imbalance exists between the target and the bully. (Real or imagined by the target)

The bully enjoys carrying out the action.

The bully repeats the behavior, often (if given a chance) in a systematic way.

The target is hurt physically or psychologically and has a sense of being persecuted or oppressed.

-Source Olweus

# **Three Types of Bullying**

**Physical Bullying-** Harm to another's person or property

Emotional Bullying- Harm to another's self-concept

**Relational Bullying-** Harm to another through damage (or threat of damage) to relationship or to feelings of acceptance, friendship, or group inclusion

## Direct Bullying can be...

- Physical violence such as hitting, kicking, shoving, spitting
- Taunting, teasing, racial slurs
- Sexual, religious, or verbal harassment
- Threatening
- Obscene gestures
- Theft
- Destruction of property
- Stalking

## Indirect Bullying can be...

- Getting another person to bully someone for you
- Intimidation
- Spreading rumors, public humiliation
- Deliberately excluding someone from a group or activity

- Relational aggression (gossip, lies, betrayal, isolation)
- Cyber-bullying
- Cyber-stalking

# Florida State Statute: Definition of Bullying

Bullying means systematically and chronically inflicting physical hurt or psychological distress on one or more students or employees. It is further defined as unwanted repeated written, verbal, or physical behavior, including any threatening, insulting,...

## Definition of Bullying continued...

...or dehumanizing gesture, by an adult or a student, that is severe or pervasive enough to create an intimidating, hostile, or offensive educational environment; to cause discomfort or humiliation; or unreasonably interfere with the individual's school performance or participation.

## What is Harassment?

It is threatening, insulting or dehumanizing gestures that are written, verbal, or physical. A computer or another electronic device might be used to direct these behaviors toward another student or school employee.

# Topics People Tease About That Could Lead To Bullying/Harassment:

### Skin color

- Religion
- Sexual matters; gender
- Way they live
- Family
- Body: How they talk, walk, dress or act
- Where they live; whom they live with
- Grades
- Choice of friends

# Exclusion That Could Lead to a Bullying/Harassment Situation:

- Judging an entire group based on the actions of a few
- Leaving someone out on purpose



## Characteristics of Bullying

# **R**epeated

(Note: A severe one time incident may still meet the definition of bullying.)

# Imbalance of Power Purposeful

# What is Cyber-bullying?

- Harassment, insults, threats, name-calling, etc.
- Provoking fights
- Gossiping, spreading rumors, etc.
- Pretending to be someone else

# Cyber-bullying also Includes:

- Forwarding private messages or pictures
- Adding details to someone's profile
- Setting up fake websites or profiles
- Bully-Boards used to mock or degrade others
- Ratings or voting competitions

# **Tools for Cyber-bullying:**

- Cell phones; text messages; cell phone photos
- Instant message; email
- Online games
- Chat rooms; blogs

- Profile pages
- Sony Playstation2 & Xbox Live 360
- Fake websites
- Webcams; video cameras; digital cameras

## How to be Safe on the Internet

- Know who you are talking with.
- Do not give our your passwords to just anybody.
- Think about what you say on the internet.
- Do not post pictures of yourself unless your site is blocked.

## **Internet Safety**

 Remember, once you put something out on the internet, it is there forever.



## Again! Expected Behavior...

- Create a positive school climate with positive reinforcement for good conduct, self-discipline, good citizenship, and academic success.
- Demonstrate appropriate behavior and treat others with civility, respect and kindness.

# What a Student Can Do if They Are Bullied?

- Stay calm, think
- Report it
- Move away from the person
- Join others
- Assert self
- Use Self-Talk



## How To Be a Bystander:

- Try to help solve the problem
- Get adult help
- Call the victim over

- Show disapproval
- Show empathy
- Stand up and speak out

## Ways for Students to Report:

- Verbal reports to any adult
- Written reports to adults
- Anonymous reports through Bully Box or Speak Out Hotline



## REPORTING

You won't get into trouble if you tell an adult and are trying to help someone out of a bad situation.

# Actions Taken for Students Who Violate the Policy:

- Referred to a school counselor
- Expulsion
- Reported to law enforcement

## Actions Taken for Students Who Are Targets:

- Counseling
- Safety Plan

## Remember, Spending Time with Others is Fun!

- Enjoy activities together.
- Respect each others' differences.
- Care for each others' safety.

