Field Day Games-2016

1) **Row Your Boat** ~ Students get on scooters (their boat) that are hooked together and use plungers (oars) to make their way to the cone and back

2) **Sponge Battle** ~ Students soak balls in water buckets and then throw them over the net to their partner who tries to catch the ball in a bucket

3) **50 Meter Dash** ~ students line up and race against others and receive a time for how long it took them to get from start to finish

4) **Egg & Spoon Race** ~ each student places an egg in the designated spoon. At the starter's signal, each student runs down around the cone and back while balancing the egg on the spoon. To make the race more challenging, you can have students use different locomotor skills

5) **Chicken Stix Race** ~ students line up at the starting point with each student having two “chopsticks” (rhythm sticks) in their hand- at the start signal students run down to the hula hoop and must pick up 1 rubber chicken from inside the hula hoop using only the sticks. They will have to bring the chicken down to their “stir-fry pan” (hula hoop) and then continue until all their chickens are in the pan

6) **Wet Noodle** ~ tape cup to the top of a noodle- student holds the noodle and runs to the bucket and pours the water in the bucket- continues until first student fills their bucket up to the line- (K-2 students can place their hands anywhere on the noodle, 3-6 must place their hands on the taped line on the noodle)

7) **Knock It Down** ~ students place the jump rope connected ring noodle around their neck- students then run and try to knock down as many cones as possible using the ring

8) **Sled Race** ~ Students will be in teams of 2, 1 student will pull another on a sled to a cone, students will then switch places and race back

9) **Brilliant Balancing Plates** ~ students put the plate on the stick and run to the other end and back while balancing the plate on the stick

10) **Marble Roll** ~ students’ stand on one end of the table with some marbles- students have to roll the marbles to the other side and get them to stick to the tape

11) **Broomski Ball** ~ roll tennis balls over taped down broomstick and catapult them into 3 buckets at different heights

12) **Dance** ~ Students will dance to exercise and movement songs, hula hoop, musical chairs and limbo

13) **Tug-A-War** ~ 2 teams of equal number will compete against each other trying to pull the center flag past a set marker

14) **Hamster Race** ~ Students get inside a box and crawl forward rolling their box to the finish line

15) **Frisbee Bowling** ~ students throw 3 frisbees trying to knock down 2 bowling pins that are scattered around inside various hula hoops- after their 3 throws students run to pick up their 3 frisbees and return them back to the cone for the next person

16) **Tilt-a-Cup**~ students will start out catching a ping pong bounced ball with 8 stacked cups- then keeping the ball in the cup taking the bottom cup off of the stack and place on the top cup with ping pong ball in cup- repeat until all 6 ping pong balls having landed in their containers

17) **Sun Safety Relay**~ there are two poster boards with a kid outline on each one. They have to run back and forth to stick each sun safety item on the poster. (Hat, sunglasses, sunscreen bottle, sun shirt, and shade tree/umbrella).