

## Parent Resource

# Accessing Emotional and Mental Health Supports

I have a concern about my child's emotional or mental health.  
**Is it an emergency or crisis (Harm to self or others)?**

**Yes**

**No**

If child is in **immediate** danger, please call  
your local law enforcement  
**9-1-1**

If your child currently sees a therapist from a BPS  
contracted agency, the agency can be contacted at  
the following numbers:

**Mobile Response Team**  
(321) 213-0315 or [2-1-1](tel:2-1-1)

\*Teams are mobilized to assist in crises and stabilize  
the family in need, if appropriate. This is a  
24/7 service that helps ensure the safety of the  
children and the stability of the homes in which the  
child resides.

- [Big Bear Behavioral Health](tel:8008402528): (800) 840-2528
- [Children's Home Society](tel:3217523179): (321) 752-3179
- [Impower](tel:4072150095): (407) 215-0095
- [Kinder Konsulting](tel:3214331111): (321) 433-1111
- [Lifetime Counseling Center](tel:3216325792): (321) 632-5792

\*All agencies now have the capacity to continue to provide  
counseling services via telehealth platforms that remain  
HIPAA compliant.

### Youth Crisis Stabilization Facilities

- [Circles of Care](tel:3217225222) (Melbourne)  
(321) 722-5222
- [Palm Point](tel:3216036550) (Titusville)  
(321) 603-6550

If your child does not have a therapist currently and  
you would like a referral to a BPS contracted  
agency, please reach out to your child's school  
counselor or school social worker via email to have  
the referral initiated.

[Coastal Psychiatric Urgent Care](tel:3215865444)  
(321) 586-5444

\*The BPS contracted agencies currently accept Medicaid and  
some private insurances. If you have private insurance, we  
suggest you work with your insurance company to find  
providers in your area of the county.