Should You Go to Urgent Care or the ER?



Urgent Care

Mild to Moderate Symptoms

- Fever that lasts more than 3 days
- Mild to moderate shortness of breath
- Worsening cough or persistent sore throat
- Ear or sinus pain from an infection
- Minor dehydration (feeling light-headed, dry mouth)
- Nasal congestion, mild headache or body aches
- Runny nose, cough or mild flu-like symptoms



Emergency Room (ER)

Severe Symptoms

- Difficulty breathing or shortness of breath
- Chest pain or pressure that doesn't go away
- Confusion or inability to stay awake
- Bluish lips or face (possible oxygen deprivation)
- Fever over 104°F that doesn't improve with medication
- Severe dehydration (little or no urination, dizziness)
- Uncontrollable vomiting or diarrhea

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