

# Cheer and Dance Checklist

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Name: \_\_\_\_\_

Checklist

Clinics & Tryout Permission Form

Rules and Regulations

Parent/Coach/Student Agreement

Sizes

Teacher Recommendation Form

Information Sheet

Copy of Last Report Card

Participation Physical Evaluation (EL2) 5 pages

Parent Consent and Release/Heat/Concussion/ Cardiac Arrest (EL3)

5 pages



# Stone Magnet Middle Team Tryout Application & Permission Form

\*\*\*\*\*

## Section 1 (Please Print)

Name: \_\_\_\_\_

Current Grade: \_\_\_\_\_

Birthday: \_\_\_\_\_

\*\*\*\*\*

## Section 2 Previous Experience

Total Years of Experience (Combined School team or Studio experience) \_\_\_\_\_

Type of Experience: \_\_\_\_ Cheer \_\_\_\_ Dance

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## Section 3 Parent Permission to Tryout

My student, \_\_\_\_\_, has my permission to participate in the cheer or dance clinics and tryout in the gym at Stone Magnet Middle School. I understand that all Health Forms/Sports Physical must be completed prior to the date of tryout.

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_

# Rules & Regulations

## Purpose:

As a team, you should strive to promote and uphold school spirit and good sportsmanship. Being one of the most recognizable representatives of our school, the cheer or dancers must display high standards of conduct. Using appropriate behavior will earn the respect of the student body and faculty, which is the core of developing effective school spirit and student involvement within our community.

## Eligibility:

1. The Brevard County School Board requires that a student maintain a grade point average of 2.0 on a scale of 4.0 to participate in athletics, pass all subjects and receive an "S" in conduct from each teacher. Any team member failing to comply with this academic requirement will be ineligible until reviewed by the coaches and parents.
2. County rules for conduct and grades as well as Stone's Standards of Excellence:
  - a. 2 C's or 1 D on the report card – Discussion with parent(s) and Teacher(s) to determine whether a student is overwhelmed and should proceed.
  - b. No Failures in any class at any time - Discuss with Coach if Extenuating Circumstance.
  - c. Detention/Referrals (not every situation) – Possible dismissal from the team. **Meeting will be held to determine the outcome. One suspension or one referral for disrespect, misconduct, or insubordination will result in dismissal from the team.**
  - d. Attendance - Must attend school in order to be eligible to attend practices and performances. Excessive (even excused absences) could result in your cheerleader/dancer being removed from the team. **A Doctor's note is required for any excessive number of missed practices.**
3. All Candidates are required to:
  - a. Have a current player Medical Form.
  - b. Attend school all day the week of clinics and try-outs.
  - c. Attend **ALL** days of clinics and try-outs. **BE ON TIME!**
  - d. Must be in top physical condition with doctor's approval.
4. All dancers are to set an example with regards to discipline. More than **two** discipline referrals (for minor offenses) like tardiness, failure to serve detention, breaking a class rule will result in dismissal from the team. **NO EXCEPTIONS!!**
5. The team member must complete the entire season and be in good standing and in compliance with all rules and regulations in order to be eligible to receive any awards.
6. If a team member quits or is removed from the team, s/he is eligible to try-out the following school year.

\_\_\_\_\_/\_\_\_\_\_ **Parent & Student Initials**

**Membership:**

1. Members holding a current position on the team **MUST** try out each year. The number of team members chosen is with a point system. The coaches' decisions are final! The coach will determine how many members will be selected for the current season. All try-out results are kept on file with the Athletic Director as well as the Coach.
2. **Every team member is REQUIRED to attend Practices and Camp Days** (Please see the Coach for concerns).
3. **Team Leaders will be chosen by the Coaches.** Coaches will carefully observe each dancer during season rehearsals and during camps then decide who is best qualified in leadership and will be announced at the awards ceremony. There is the possibility that no officers will be selected. This is a Coaches decision and is final!
4. All team members will perform at **ALL** basketball games as well as scheduled events. **team performances are MANDATORY.** If you are not ill, and make the choice to skip a performance, or practice the dancer will be asked to leave the team. All absences must be cleared in writing, well in advance with the coach. **NEW: Attendance will be tracked-if needing to leave early or arrive late, becomes a consistent issue, a meeting will be held with parent and cheerleader/dancer to determine if this team is a priority. Excessive unexcused attendance issues will result in dismissal from the team.**
5. Each member is required to rent and purchase some performance attire. Each member is to be responsible for all uniform items during the course of their participation with the team and agrees to return all items in the same condition the cheerleader or dancer received it; **otherwise, they will be responsible to pay for its replacement.**  
  
**\*\*If you are participating in other athletic activities, please discuss this with the coach before try-outs. It will be difficult to re-work routines when you are not fully present and participating\*\***
6. **ALL Members must be committed to the TEAM, have determination to strive, have tolerance for hard work; without excessive complaining or excuses and keep a positive spirit.**

\_\_\_\_\_/\_\_\_\_\_  
Parent & Student Initials

## Attendance for Practices/ Performances/ Events:

1. **Practice sessions are work sessions. Practice sessions are NOT FOR SOCIALIZING. This will NOT be tolerated.**
2. Practice days are Monday through Thursdays and the time varies each year. Prior notice will be given to adjust plans. All members are expected to be at all weekly rehearsals.
3. Cheerleaders and dancers must be on time for each performance and practice or they will be counted tardy. Any possible excused tardy must be accompanied by a note to the coach. After 15 minutes of unexcused tardiness, the dancer will be **benched** for the remainder of practice. **No exceptions!**
4. Cheerleaders and dancers must attend all practices unless there is an EXCUSED absence from school or the coach has given **prior** approval. If a team member is absent from school, they **must** bring the excused note to the coach to excuse the absence. Planned absences for other activities that conflict with rehearsals must be submitted in writing well in advance to a coach. Telling a coach, the day you plan to miss practice will result in being benched. **No Excuses!**
5. If a member has been absent from practice before a performance, the team member will **NOT** be allowed to perform at the event, but must attend in complete performance attire. In order to perform at a weekend event, the member MUST be at school the Friday before.
6. If a doctor or dentist appointment must be scheduled during practice/performances, it will be an excused absence **ONLY if the coach is notified in advance**.
7. Cheerleaders and dancers must be present at all games. They must also be present for all fundraisers, parades, pep rallies, all scheduled performances and competitions, unless otherwise designated by the coaches in **advance**. Failure to attend an event will result in suspension from the following activity or performance. Failure to be picked up from an event or practice on time will not be tolerated. Two warnings will be given and after that the cheerleader or dancer will be benched from the next performance.
8. Cheerleaders and dancers are expected to remain at practice and performances the **entire** time allotted. Prior approval must be obtained **before** the event in order to leave early without consequences. Same day notification is not acceptable. Except in the case of sudden illness or a family emergency.
9. For the safety of the team members, shoes must be worn at all times. If a cheerleader or dancer does not have the **PROPER** footwear, they will be **benched** from practice. **No exceptions!**
10. Cheerleaders and dancers must wear the designated outfit to each practice and performance. Each team member will receive a warning the first time out of uniform. The second time, they will be **benched** from practice. **OTHER STUDENTS ARE NOT PERMITTED TO WEAR ANY OF YOUR ATTIRE!**

\_\_\_\_\_ / \_\_\_\_\_ **Parent & Student Initials**

## Performances or any Event

Full uniform (clean and neat) is required for participation in any activity. If any team member is not in full uniform from head to toe, you will be **benched** and will not be allowed to participate. Uniforms, or any part of a uniform, can only be worn on approved days.

1. Full uniform includes outfits and accessories.
2. No jewelry while in uniform. Stud earrings are acceptable.
3. Team members should always be seated or standing together as a group with excellent conduct while representing the school at **ANY** function.

## Behavior:

1. No sarcastic remarks or foul language to the coaches, faculty, and staff members, or other team members will be tolerated, or they will be **benched**. **Team members should always be courteous to all school officials and to each other.** ANY behavior appearing to create small groups or cliques, exclusive type of behavior will result in one warning. If the cheerleader/dancer is unable to keep the TEAM mentality throughout the season, your cheerleader/dancer will be dismissed from the team.
2. Team members are prohibited from engaging in ANY negative behavior towards other teams during any and all performances. **You are held to a higher standard!**
3. All team members are expected to give their undivided attention to anyone (**peer or adult**) who is giving instructions; if anyone is constantly disruptive, they will be **benched**.
4. Chewing gum is prohibited during practice and performances. Water breaks will be given periodically and team members are encouraged to bring their water bottle to practice with them.

## Grounds for Dismissal: NO EXCEPTIONS TO ANY OF THESE

1. Benched from practices, performances or events more than three times in a school year.
2. Use of alcohol, drugs, and/or tobacco at any time.
3. Serious offenses (violence, any criminal offenses).
4. More than two discipline referrals for the entire year (depending on severity).
5. **ONE** suspension from school or ISS, or a referral for disrespectful behavior, misconduct, or insubordination towards a teacher.
6. Excessive absences from practices and activities; attendance and tardies are tracked.
7. Malicious or slanderous behavior towards another teammate that leads to team division.
8. Inappropriate pictures/comments posted to **ANY Social Media Webpage and/or texting**. This includes bathing suit "selfies", pictures with cleavage, kissing, inappropriate touching etc., comments including: slander, bullying, cursing, racist remarks, etc... **You will get ONE warning only.**

\_\_\_\_\_ / \_\_\_\_\_ **Parent & Student Initials**

# Parent/Cheer/Dance/Coach Agreement

**Parent Print Name:** \_\_\_\_\_

I/We the parents of \_\_\_\_\_ have read Stone's rules and regulations and understand all the requirements and consequences of improper actions. We understand the coach has the final say in my child remaining on the team. We also realize this is a team effort and that we may be called upon to help in some ways throughout the year which are within our capacity to help, and we will make every effort to do our share of assisting on behalf of our students.

**Parent Signature** \_\_\_\_\_

**Team Member Print Name:** \_\_\_\_\_

As a member of the team, I have fully read the rules and regulations and understand what is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules and realize the consequences of poor behavior or inappropriate actions may be severe. I will do all I can to uphold the honor and tradition of the dance team, and respect my team members, my school, and all persons associated with school spirit at all times.

**Signature:** \_\_\_\_\_

As Coach of the team, I pledge to keep parents informed of problems before they become serious, to treat all members as fairly as possible, to be reasonable in practice expectations and to always keep in mind that academics and family need to be highly considered within the framework of my expectations.

**Coach Signature:** \_\_\_\_\_

# Teacher Recommendations

◇ Mrs. E. Kent - kent.erin@brevardschools.org

**Incoming 7th graders:** Please provide the first name, last name, and school board email of two (2) elementary teachers. This form will be provided to them digitally.

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Current Stone Students:** Please provide the first name, last name, and school board email of your four (4) seventh grade core class teachers (Math, English, Science, and Civics). The form will be provided to them digitally.

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**First & Last Name:** \_\_\_\_\_

**Email:** \_\_\_\_\_

