Dear Sea Park Families,

Welcome to Physical Education.  My name is Coach Ahern and I have been teaching Physical Education & Health in Brevard Public Schools for 15 years.  I look forward to helping your child excel and reach his/her potential.

My goal as an educator is to guide your child toward making positive healthy choices and encourage physical fitness. I will do my part to inform you when your child isn't working to his/her potential.  **I am dedicated to the well-being of your child and I need your cooperation in helping him/her reach his/her potential.**

We will be working on these curriculum units during the year: Establish rules, procedures and safety, low organization and cooperative games, non-locomotor movements and locomotor skills, physical and health related fitness, body and spatial awareness, educational gymnastics, dribbling with feet, educational dance, invasion games, chase flee and dodge, throwing, catching, rolling, ball handling, striking/volleying, striking with long and short handled implements, pedestrian/bicycle safety, and nutrition. In addition, new this school year, is the run/walk club, more information to come. Your help and support will not only make your child more successful in school this year but will instill good healthy habits that will last a lifetime.

Your child will have recess daily and Physical Education class on their assigned day please send them to school prepared with appropriate athletic shoes, clothing, hair secure out of eyes and face, and water bottles. Sunscreen, hats, and sunglasses aren’t a bad idea and are acceptable for PE. I expect your child to come to class in the appropriate attire ready to learn. Please encourage your child to be consistent and responsible for a successful school year.

Finally, I want you to know that one of my most important goals this year is to keep the lines of communication open with you. I am available every day to talk with you between 7:30 a.m. and 8:00 a.m. and between 3:00 p.m. and 3:30 p.m. Please don’t hesitate to contact me at **321-779-2050** ext. 51062 or ahern.christine@brevardschools.orgif you have any questions or concerns during the year.

Sincerely,

Christine Ahern, B.S.E.

Certified Physical Education K-12 & Health K-12

Sea Park Elementary

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