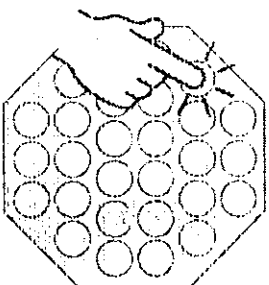


POP-IT Word Work

1. Say the picture word.



2. 'Pop' a popper for each sound you hear.



3. Write the letter that spells each sound you hear in the circles provided.



4. Write the whole word on the line. Say each letter sound as you write the word.

cat

5. Flip the card over and check your work.



Say It, Pop It, Graph It, Spell It

○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○
○	○	○	○	○	○

U underline the title of text	N now predict the topic	R run through & number paragraphs	A are you reading the questions?	A are key words all circled?	V venture through the text (read)	E eliminate the wrong answers	L Let the question be answered	S Show "Why" (text evidence/ explain)
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Take 10!



Take 2 Minutes:

Empty your backpack. Take everything out of your backpack first, including any smaller compartments. Next, tip it over a trashcan and shake it to get those last few scraps, crumbs, and bits of lint out. If your backpack is stuffed full of papers, books, and other stuff sort out the important items from the trash. Throw the trash away.

Take 2 Minutes:

Sort everything you've taken out into 3 piles. In your first pile, place all of your school textbooks, folders, binders, and notebooks. In your second pile, place your school supplies, such as pens, pencils, erasers, glue, etc. In your last pile, put the other items that you use on a daily basis such as your lunch box. Discard or put away anything that doesn't fit in any of these 3 piles, such as trash, candy, toys, extra phone chargers, etc.

Take 2 Minutes:

Put your school supplies into the compartments in your backpack. Backpacks typically have 1 large compartment and at least 1 small compartment. Open up the small compartment, and start putting your school supplies away into it. Some backpacks even have slots for pens, pencils, and cellphones. Use these for those items. If your backpack doesn't have a smaller compartment, get a pencil bag. Put your supplies into the bag, then put it into your backpack.

Take 2 minutes:

Sort your school textbooks, notebooks, folders, and binders by subject. For example, put all of your English books, notebooks, and binders into 1 pile, and all of your Science stuff into another pile, etc. If you have any loose papers, put them away into the right folder or binder first. Stack binders with their spines facing away from each other. This will create a straight stack rather than a sloped one. It will take up less space.

Take 2 minutes:

Pack only the notebooks, folders, and books you need. There is no need to pack everything. Go through your backpack and take out anything that you don't need for the next day. Put everything that you *do* need back into your backpack. Leave the stuff that you don't need at home. Always make sure you bring your planner each day and home folder on Wednesdays.

In 10 minutes you will be organized to start home learning and/or be ready for the next school day!!

Study Skills Checklist for Students

1. Y__ N__ I spend more time than necessary studying for what I am learning.
2. Y__ N__ It's common for me to spend hours cramming the night before an exam.
3. Y__ N__ If I dedicate as much time as I want to my social life, I don't have enough time left to focus on my studies, or when I study as much as I need to, I don't have time for my social life.
4. Y__ N__ I often study with the TV or radio turned on.
5. Y__ N__ I struggle to study for long periods of time without becoming distracted or tired.
6. Y__ N__ I usually doodle, daydream, or fall asleep when I go to class.
7. Y__ N__ Often the notes I take during class are difficult for me to understand later when I try and review them.
8. Y__ N__ I often end up getting the wrong material into my class notes.
9. Y__ N__ I don't usually review my class notes from time to time throughout the semester in preparation for exams.
10. Y__ N__ When I get to the end of a chapter in a textbook, I struggle to remember what I just read.
11. Y__ N__ I struggle to identify what is important in the text.
12. Y__ N__ I frequently can't keep up with my reading assignments, and consequently have to cram the night before a test.
13. Y__ N__ For some reason I miss a lot of points on essay tests even when I feel well prepared and know the material well.
14. Y__ N__ I study a lot for each test, but when I get to the test my mind draws a blank.
15. Y__ N__ I often study in a sort of disorganized, haphazard way only motivated by the threat of the next test.
16. Y__ N__ I frequently end up getting lost in the details of reading and have trouble identifying the main ideas and key concepts.
17. Y__ N__ I don't usually change my reading speed in response to the difficulty level of what I'm reading, or my familiarity with the content.
18. Y__ N__ I often wish that I was able to read faster.

19. Y__ N__ When my teachers assign me papers and projects I often feel so overwhelmed that I really struggle to get started.

20. Y__ N__ More often than not I write my papers the night before they are due.

21. Y__ N__ I really struggle to organize my thoughts into a logical paper that makes sense.

If you answered "yes" to two or more questions in any category listed below, we recommend finding self-help study guides for those categories. If you have one "yes" or less in one of the categories, you are probably proficient enough in that area that you don't require additional study help. However, no matter how you score it's always advisable to review all study guides to help you improve your study skills and academic performance.

- Time Scheduling - 1, 2, and 3.
- Concentration - 4, 5, and 6.
- Listening & Notetaking - 7, 8, and 9.
- Reading - 10, 11, and 12.
- Exams - 13, 14, and 15.
- Writing Skills - 19, 20, and 21.

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