

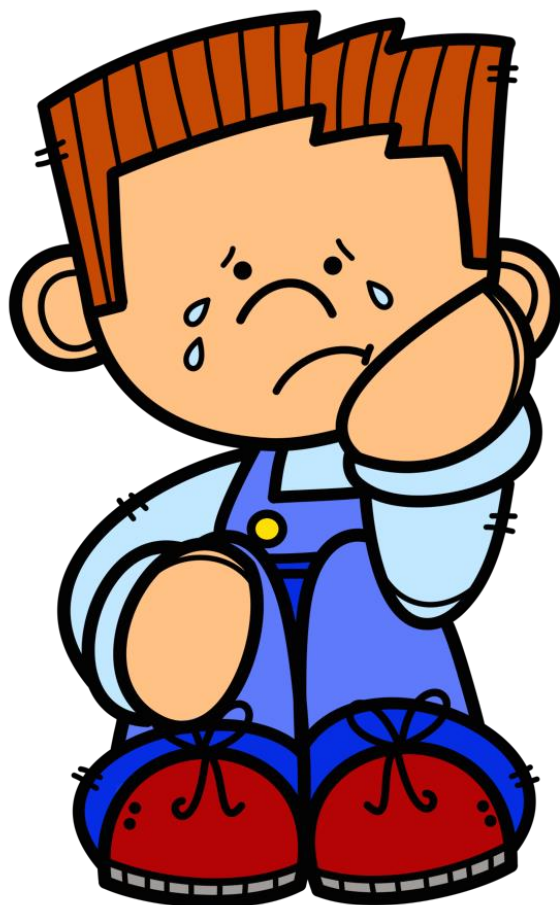


Understanding Remote Learning

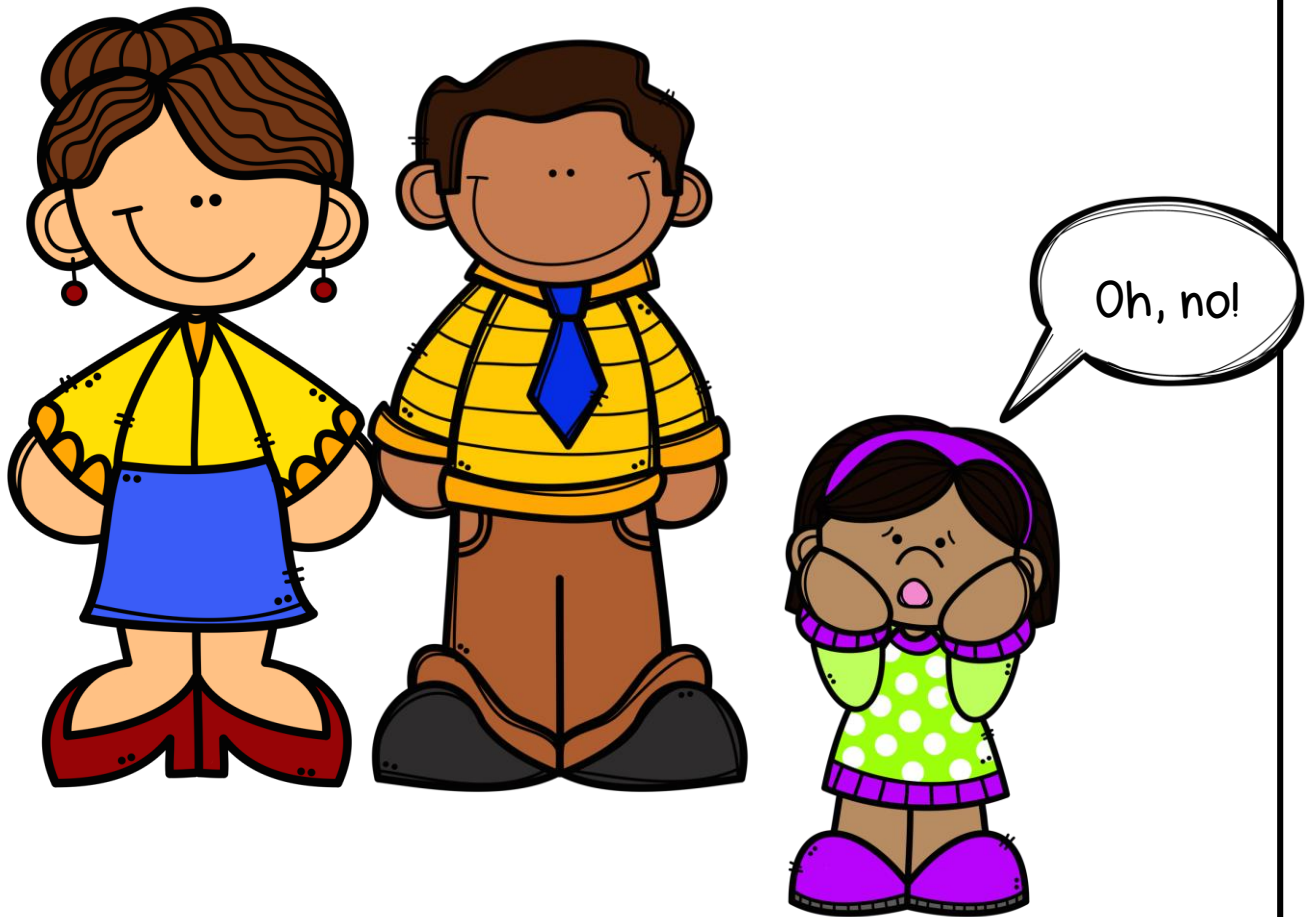
I like routines. I like when things are planned and I know what's coming up next. I feel safe and in control.



**However, my routines are broken
right now because of the
coronavirus. That makes me very
sad.**



I am not going to school anymore.
My parents say we all need to
practice social distancing and be
away from other people to avoid
spreading the virus.

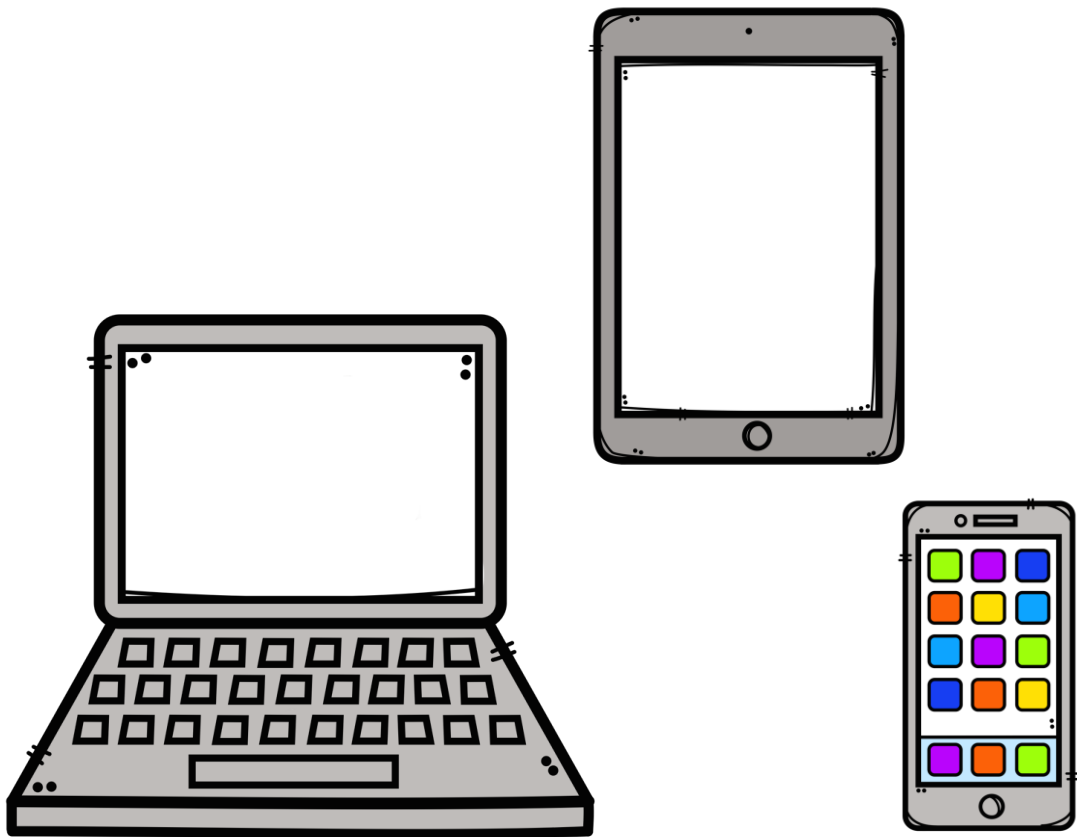


I am told I might need to do remote learning. I need to understand what that means.

Remote like the tv remote? That doesn't make any sense!



My parents tell me that *remote learning* means that the teacher and I are separated by time and distance and therefore cannot meet in the classroom. Information is transmitted via technology like email, discussion boards, videos, and more.



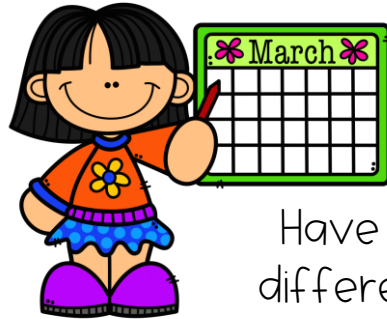
Remote learning means I will not be going to school to learn, but instead learn from a remote place, like my house.



Remote learning means I will:



Need to spend time learning at home.

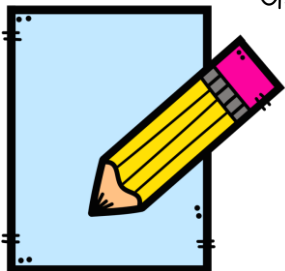
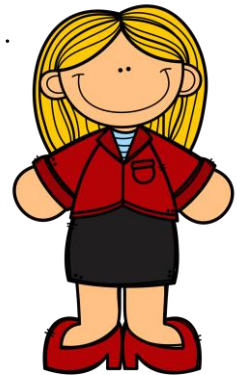


Have a different schedule.

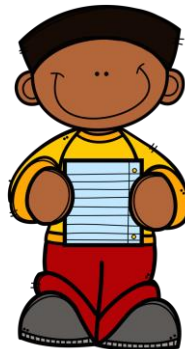


Possibly need to use a computer.

Get messages from my teacher.



Get assignments from my teacher.



Need to turn in my work the way my teacher is asking me to.

Some of the positive aspects of remote learning are

I get to sleep in a few extra minutes.



I can learn in my pjs.



I get to work at my own pace.



If I finish my assignments fast, I have more time to play.



I will not contact the virus from my friends at school.



I won't spread the virus.



Some of the negative aspects of remote learning are:

I can't see my friends.



I can't play with my friends.



I don't get to use all the fun tools we have at school.



I might not get my teacher's help right away.



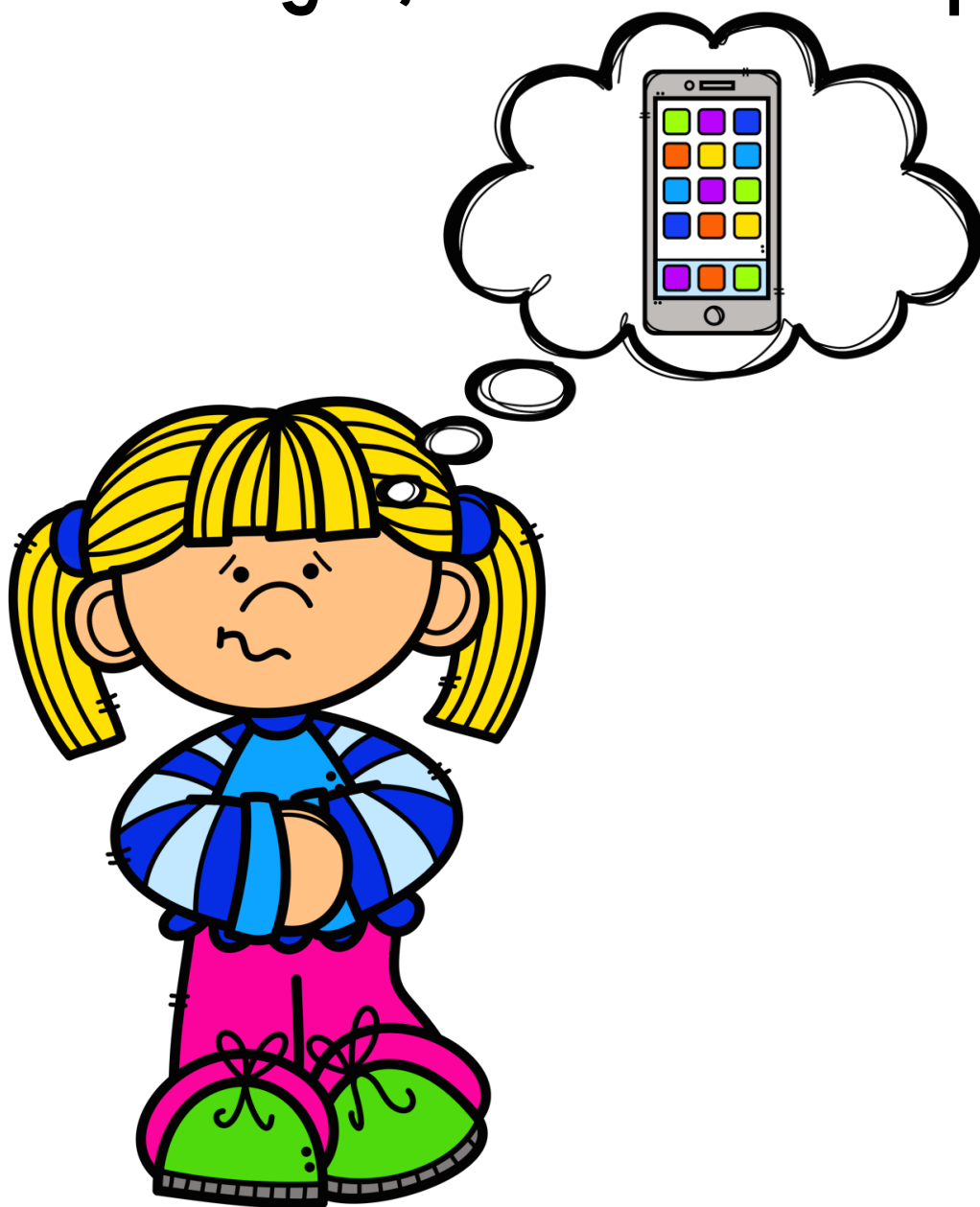
I may get distracted by things around me, like the tv, my siblings, my toys.



I may not feel like learning some days.



If I don't have access to a computer, I can ask an adult to help me from their smart phone. I can check messages from my teacher, send messages, and ask for help!



If I don't have school supplies at home, I can try to use other things in the house and continue to learn.

I can practice reading food labels.



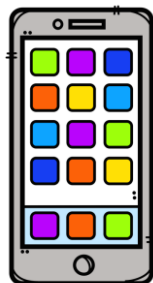
I can count cheerios or other objects in the house.



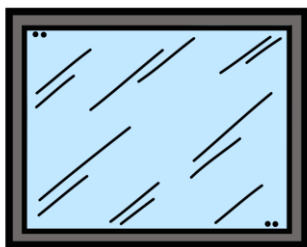
I can ask an adult to quiz me on math facts.



I can use my parents phone to listen to stories online.



I can practice writing on a foggy mirror.



I could try to find resources in my backyard to help me with my learning.



Remote learning may not be as fun as going to school, but it is a necessary measure for now. I understand it is a temporary measure.



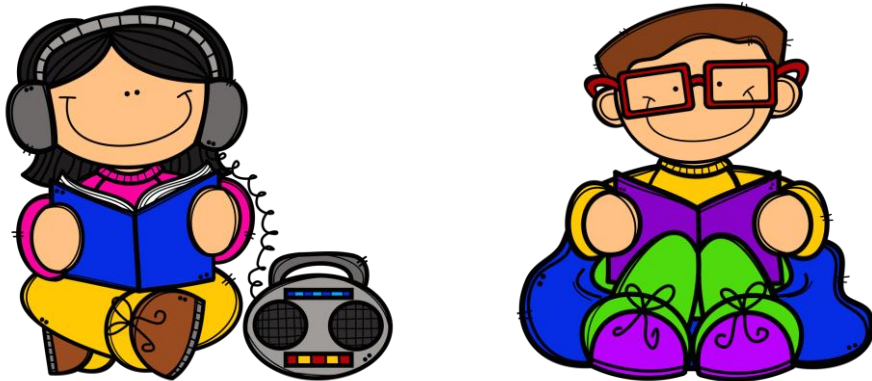
I need to remember that once the virus situation is under control and it is safe to be with other people outside my family, I will be able to go back to school and be with my teacher and my friends.



My attitude is very important for successful remote learning. When I stay positive, complete my assignments, and stay focused, I can continue to learn and be successful.



All my friends are doing the same
at their house.



When I don't have a positive attitude, I complain, and refuse to learn at home, I fall behind my peers and miss important information for my education.



Remote learning is a new plan put in place by people who are trying hard to protect us from getting sick. I need to accept the change and stay calm.



When I stay calm, I am in control of my feelings and my actions. When I stay calm, I can focus my attention on the new plan and try to do my best of the new situation! Remote learning can be fun after all!



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