

West Shore Jr./Sr. High School

250 Wildcat Alley
Melbourne, FL 32935



Dear BPS Families,

In alignment with the Florida State Board of Education Ruling [6A.1.094121](#), students enrolled in grades 6 through 12 will receive five (5) hours of instruction in mental and emotional health during the 2019-2020 school year.

Additionally, instruction will be provided for students enrolled in grades Kindergarten through 12th grade in substance use and abuse (Rule 6A.1094122) and child trafficking prevention and awareness (Rule 6A 1.904123). Lessons were designed to be developmentally appropriate for each grade level.

Licensed mental health professionals, along with BPS staff certified in health education, physical education, school psychology, school counseling, and school social work, have developed lessons consisting of basic instruction aligned with Florida's Health Education Standards. Resources used include: KidsHealth, Teenmentalhealth.org, Teen NIDA, Erika's Lighthouse, Everfi, Brevard Public Schools' Healthy Body Systems curriculum, Nemours Foundation, National Institute of Health, National Institute on Drug Abuse, Monique Burr Foundation, Florida Department of Juvenile Justice, teenhealth.org, Youth Toolkit on Human Trafficking, and Devereux Advanced Behavioral Health Florida.

As we provide this basic instruction to students during the school day, we encourage all families to have ongoing conversations with their children about mental and emotional health and wellness.

Please reach out to me if you have any questions.

Respectfully,

Rick Fleming, Principal

A handwritten signature in blue ink that reads "Rick Fleming".

Rick Fleming, Principal
Mark W. Mullins, Ed.D., Superintendent
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