

Greybull Middle School & Greybull High School

Activities Handbook

2026-2027

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Student handbooks are meant to be used as quick references for most common issues and questions. They are not all inclusive and board policy takes precedence. Board Policies are located on the district website under the school board tab.

https://simbli.eboardsolutions.com/Policy/PolicyListing.aspx?S=36031904

A printed copy is available for review at the district office.

District Contact Numbers

Superintendent	Mark Fritz	765-4756 extension 400
Special Education Director	Cadance Putnam	765-4756 extension 423
Compliance/Curriculum	Kerri Thiel	765-4492 extension 240
Technology Director	Julie Tracy	765-4756 extension 413
Maintenance Director	Joe Forcella	765-4756 extension 421
Transportation Supervisor	Austin Willette	765-4756 extension 456
Food Service Supervisor	Chris Dalin	765-4756 extension 153
High School Principal	Robyn Wilkinson	765-2537 extension 102
Middle School Principal/Grants	Cadance Putnam	765-4492 extension 204
Elementary Principal	Rob Nuttall	765-2311 extension 301
Student Resource Officer	Kolby Broederlow	765-2537 extension 108

Board of Education

Bette Rae Jones.....…..…. Chairperson

Todd Dalin……..... Vice Chairperson

Lynette Murray…….....…..Clerk

Bill Robertson.....…….....Treasurer

Mart Hinckley.....…….....Member

Pam Flitner.....…Member

Mike Whaley……...…….Member

Introduction

In Big Horn County School District #3, we believe that involvement in activities helps students grow as individuals ***and*** leaders. Greybull High School offers many opportunities for students to develop leadership abilities. A variety of clubs, classes, and varied activities are offered for student involvement. The learning that takes place in these activities can prove very valuable during a student's lifetime, so ***Look Around and Get Involved***. This handbook provides the framework for participation so students can contribute positively to their teams, organizations, and school community.

List of Activities

Greybull High School

Athletics	Activities
volleyball football cross country (Worland) girl's basketball boy's basketball wrestling indoor track (Worland) track and field ~~golf (Lovell)~~ fall and spring golf	Academic Challenge - Jonathan Cauffman Art Club - Teresa Boyer Student Council - Renae Waddell & Tim Eardley FBLA - Mark Sanford National Honor Society - Mike Blissett Journalism - Lynn Forcella Skills USA - Ralph Wensky Speech - Em Wilson Spanish Club - Tim Eardley ~~Science Club - Joel Kuper~~ History Day - Keesha Savage FFA - ~~Brianna Osborn~~ Michelle Arnett Spring Play - Em Wilson

Greybull Middle School

Athletics	Activities
volleyball football girl's basketball boy's basketball wrestling track and field	Student Council Lego League History Day Science Fair FFA

Greybull High School Activities Mission Statement

Mission Statement

Our mission at Greybull High School is to provide meaningful opportunities in athletics and activities that support student growth, character, and lifelong success.

Activities Objectives

- To learn **teamwork**: Extracurricular involvement teaches students to work

cooperatively, communicate effectively, and contribute to a shared goal, which are essential skills for success in any setting.

- To learn **sportsmanship**: Learning how to win with humility and lose with grace prepares students to handle real-world challenges with respect, maturity, and perspective.
- To develop **grit**: Through consistent effort, setbacks, and perseverance, students build resilience and the determination to stay committed to long-term goals.
- To be a **positive role model**: By showing respect, responsibility, and a strong work ethic, students lead by example and contribute to a positive school and community culture.
- To develop **life-long healthy habits**: Participation encourages routines that support physical, mental, and emotional wellness, creating habits that strengthen students far beyond the activity itself.

Greybull High School Activities Culture Statement

At Greybull High School, we believe activities play a vital role in shaping student character, growth, and connection to our school. Participation in athletics and activities is not just about competition or performance; it is about becoming part of something bigger. We expect our coaches, sponsors, and student leaders to create an environment where students feel safe, valued, challenged, and respected. Through activities, students build habits of responsibility, teamwork, and perseverance. Our goal is to ensure every student involved in activities leaves with a stronger sense of identity, belonging, and purpose.

The following expectations apply to all individuals involved in GHS activities:

Coaches

- Model respectful, composed, and ethical behavior at all times.
- Prioritize skill development, effort, and sportsmanship.
- Treat officials, players, and opponents with courtesy and professionalism.
- Communicate expectations clearly with athletes and families before and during the season.

Players

- Compete with integrity, respect opponents, and show appreciation for officials.
- Demonstrate self-control and responsibility both on and off the field/court.
- Accept coaching and officiating decisions without argument or disrespect.
- Represent your team, school, and community with pride.

Parents and Spectators

- Cheer positively and support all participants respectfully.
- Allow coaches to coach and refrain from negative remarks toward players or officials.
- Demonstrate composure and good sportsmanship, win or lose.
- Understand that your behavior reflects on our entire school community.

Student Body and Crowd

- Show support through positive chants and encouragement.
- Respect all participants, coaches, and officials, whether home or away.
- Refrain from inappropriate language, gestures, or disruptions.

- Remember that as students of GHS, your actions help define our school's reputation.

Together, we create a culture where every event, whether we win or lose, reflects the pride, respect, and integrity of Greybull High School.

School Song

Greybull High School, Oh, Greybull High School,
Greybull High School, We're all for you.
We will fight for our Alma Mater, and the glory
Of gold and blue.
Never daunted, we cannot falter in the battle
So tried and true.
Greybull High School, Oh, Greybull High School,
Greybull High School, We're all for you.

School Colors

Navy blue and yellow

School Mascot

Buffalo

Participation Requirements

For athletes to participate in **athletic** events, the student must:

1. Have a physical form completed and on file at the activity's office (May 1st or after of that school year).
2. Have a signed WHSAA eligibility form turned into the activity's office (not applicable for Greybull Middle School students).
3. Complete the online registration process, including the required parent/student acknowledgments confirming they have reviewed the GHS/GMS Activities Handbook and agree to the expectations outlined within.

For a student to participate in **activities,** the student must:

1. Have a signed WHSAA eligibility form turned into the activity's office (not applicable for Greybull Middle School students).
2. Complete and submit any other form required by the sponsor.
3. Complete the online registration process, including the required parent/student acknowledgments confirming they have reviewed the GHS/GMS Activities Handbook and agree to the expectations outlined within.

Grade-Level Participation

High school athletic and activity programs are intended for students enrolled in grades 9–12. Middle school students are not eligible to participate in, manage, assist with, travel with, or otherwise represent a high school athletic or activity program.

Eligibility

1. Eligibility to participate shall be determined on a weekly basis. The eligibility period will run from Wednesday to Wednesday. **All activity students will have their eligibility checked by the activities office every Wednesday beginning the ~~third full~~ first week of September.** Any student not meeting the above requirements will have one (1) week to improve course work to remain eligible. If a student is determined ineligible, he/she will be unable to participate in any activities until eligibility is checked the following Wednesday. Eligibility will then be determined each week for all activity students.
2. Participants shall meet all eligibility requirements established by the school district, and, as applicable, by the Wyoming High School Activities Association.
    a. Students who wish to participate in extracurricular activities and/or student council sponsored events must be passing all classes and be in good standing.
3. Semester Eligibility: To be eligible for any activities during the current semester, students cannot fail more than one class. If they fail 2 or more classes, they will be ineligible for participation the following semester.
4. Practice: Ineligible students are required to attend all practices. They are not allowed to travel or participate in activity events.
5. Wednesday Practices (Youth Night Activities): By arrangement with the local church groups, Wednesday evening is kept free of school activities and is reserved as youth activities night. No Big Horn County District #3 activities are to be held after 6:00 pm on Wednesday. However, some regional and state activities may occur on a Wednesday evening.

Home-Based (Home School) Student Participation in Activities

Home-based students participating in school-sponsored activities must comply with all district and activity rules, regulations, and eligibility requirements. All Home-Based students receiving (ESA) Education Saving Account, can participate in activities but can not attend any classes in the district.

Academic Eligibility Monitoring

1. Home-based students must submit a weekly grade report to their coach **no later than Tuesday of each week**.
2. Coaches will submit all grade reports to the principal on **Wednesday** for eligibility verification.
3. Failure to submit a grade report by the Tuesday deadline will result in the student being considered **academically ineligible for that week**.

Out-of-District Home-Based Students

1. Home-based students residing outside district boundaries who wish to participate in activities are **required to enroll in and attend at least one course both semesters at Greybull High School**.
2. All other participation and eligibility requirements apply equally.

WHSAA Rule 6.2.1

In order to be eligible for any level of interscholastic competition, a student must be currently enrolled and must have been enrolled in school the immediate preceding semester and received passing grades during the semester in subjects that earn a minimum of 5.0 credits or the equivalent, per year toward graduation.

Conduct Requirements

1. Participation in extracurricular activities of Big Horn County School District #3 is a privilege, not a right. Participation in such activities is voluntary and not for credit. Participation in such

activities may be limited or conditioned upon compliance with school district policies, rules, and regulations, including separate codes of conduct.

2. Code of Conduct
   Students participating in extra-curricular activities of Big Horn County School District #3 are regarded as representatives of School District #3 and shall be required to demonstrate good citizenship and sportsmanship. Misconduct may result in dismissal from the organization or other suspension from the activity. Special dress codes for trips may be established by the sponsor of the organization and shall be adhered to by the students. Sponsors or coaches may also adopt other codes of conduct or rules applicable to their particular activity, which also must be strictly adhered to by the students desiring to participate in the activities. Any student who commits an infraction while at school or at a school activity may be subject to loss of privileges relating to the extra-curricular activity in which they participate as well as other forms of school discipline if the conduct is a violation of Board Policy JFC or Board Policy JGD/JGE.
   Infractions to good citizenship requirements include the following:
   - Causes or attempts to cause damage to school property; or steals or attempts to steal school property;
   - Causes or attempts to cause damage to private property stored at school; or steals or attempts to steal private property stored at school;
   - Attempts to cause physical injury to another person except in self-defense;
   - Possesses or transmits any weapon, firearm, knife, explosive, or other dangerous object;
   - Possesses, uses, transmits, or is under the influence of any illegal drug, alcoholic beverage, tobacco product (including e-cigarettes, hookahs, or vaporizers), controlled substance, inhalant, stimulant, or depressant without a valid prescription except when being administered at the direction of a student's physician and in accordance with those directions. Any student who, in the judgment of school personnel, has consumed alcohol or any illicit controlled substance, as defined by Wyoming State Law; recently enough to display signs of consumption, such as unusual behavior or the odor of the breath, is also in violation of this policy.
   - Uses or copies the academic work of another and presents it as his/her own without proper attribution;
   - Cheats or steals academic work of others;
   - Uses behavior which is detrimental to the welfare, safety, and morals of other students;
   - Displays willful disobedience and/or defiles the valid authority of supervisors, teachers, or administrators. This includes violation of rules of classroom conduct established by individual teachers or as indicated in the student handbook.
   - Violates any of the provisions of school policies, rules, procedures, or student handbooks.

3. The penalties set forth herein are for students participating in activities. Students participating in activities will follow the Student Code of Conduct and all other district policies that pertain to students.
4. The administration specifically reserves the right to implement a more harsh consequence if, in the opinion of the administration, the conduct is so severe as to warrant a harsher penalty. In that regard, the penalties set forth herein are intended to be minimum guidelines.
5. The administrator responsible for enforcing these guidelines may rely on any source he/she determines through investigation, to the best of his/her ability, is reliable. Investigation may include police officers, immediate faculty or administration, parents of the student, or students involved.

Chain of Communication

To ensure concerns are addressed effectively and respectfully, it is important to follow the proper chain of command. The steps below outline the process parents and guardians should follow when seeking resolution to an issue or concern.

4. Communicate with the coach/sponsor.
5. Communicate with the Activities Director.
6. Communicate with the building principal.
7. Communicate with the Superintendent.
8. Communicate with the School Board.

Coach/Sponsor Communication

SportsYou is the district-approved communication platform for all athletic and activity programs. To promote student safety, transparency, and consistent communication, coaches and sponsors will use SportsYou as the primary method for sharing information with students and families. Program announcements, schedule changes, reminders, and other team-related communications will be provided through SportsYou. Students and parents are encouraged to join and regularly monitor their program's SportsYou group to stay informed about activity updates and expectations. In emergency situations, alternative methods of communication may be used as needed.

Attendance

1. Students in activities are expected to attend all scheduled practices and meetings. If circumstances should prevent a student from attending a practice or meeting, the validity of the reason will be judged by the individual coach or sponsor in all cases.
2. When a student is absent without good reason, he/she will be unexcused. The situation will be handled as follows:
    a. One unexcused absence will result in a written warning.
    b. Two unexcused absences will result in suspension from the activity for the remainder of the year.
3. Participants absent from school because of illness during the day of a contest shall not be allowed to compete in the contest unless excused and verified by a note from a practitioner.
    a. If a student has an excused absence on Friday and wants to compete on Saturday, he/she must submit a medical note to the school office by 4:00 pm on Friday.
4. For excused absences other than illness on the day of a contest, the participant's eligibility for the day's event shall be determined by the principal.
    a. The student will be able to participate on Saturday if this excused absence is on Friday, and a student can participate on Friday if this excused absence is on Thursday.

Student Conduct

These guidelines shall apply to all students participating in activities and Student Council-sponsored activities in Greybull Middle School and Greybull High School. They cover the school-year calendar year which starts at the beginning of the first day of season practice, or the first day of school, whichever is first, and ends when the student has completed any school-supported activity and/or activity which the student is representing Big Horn #3 School.

Students and parents will be required to sign the activity form at the beginning of the first activity in which the student is a participant. The following activity code will use two charts in dealing with students who violate this code, an "Infraction Chart," and a "Steps of Ineligibility Chart." Multiple

infractions will run consecutively. If a single action constitutes more than one infraction, the consequences for the more severe infraction will be implemented. The purpose of this code is to:

1. Emphasize concern for the health and well-being of students who are or will be participating in extracurricular activities;
2. Provide a chemical–free environment;
3. Assist students who desire to resist peer pressure;
4. Ensure consistency of student discipline among the various activity programs; and
5. Provide the district's students and staff a positive set of guidelines for extra-curricular and co-curricular activities that are in addition to the academic criteria of the school year.

Drug and Alcohol Possession or Use: It shall be a violation of the rules applicable to all students participating in school activities to possess or use tobacco, illegal drugs, controlled substances without a valid prescription, or inhalants, including any substance that is inhaled or sniffed that is not intended for that specific purpose or need, except when being administered at the direction of a student's physician and in accordance with those directions.

Tobacco: The penalties for use of tobacco, either chewing or smoking (including e-cigarettes, hookahs, or vaporizers) are the same as drugs/ alcohol, except on the second offense, there is no assessment. Instead, the student must do research on the hazards of tobacco use and present his/her findings to the building principal.

Alcohol-Drug Distribution/ Alcohol-Drug Party Host: Any student participating in activities who is determined to have furnished or distributed alcohol and/or drugs or to have hosted a party where alcohol and/or drugs were used or consumed shall receive the consequences provided at the Step 3 level.

Theft and/or Vandalism: A student participating in activities who is determined to have committed a theft or vandalism, or who self-admits to the theft or vandalism of school property or property belonging to another, either at school, on school property, or at a school activity, will be punished at a Step 3 level. For any other theft or vandalism, the first offense will be punished at a Step 1 level.

Hazing (Physical/Mental/Cyber), Harassment, or Bullying Behaviors: Misconduct by one student toward another, whether physical, mental, or cyber, is not permitted. Any student participating in activities who is determined to have engaged in hazing (physical, mental, or cyber), harassment, or bullying behaviors, or who self admits to any such conduct, will be subject to ineligibility, at a minimum, of Step 1. For severe misconduct, the administration may apply the penalty at Step 2 or higher. It shall be left to the sole discretion of the building administrator or athletic director as to whether or not the student's misconduct constitutes hazing, harassment or bullying behavior.

Sexual Misconduct: Any student who is determined to have engaged in sexual harassment as per the policies of the school district, or who is otherwise determined to have assaulted or battered another person or been found guilty of or entered into a plea agreement to any sexual offense, will be subject to the consequences set forth, at a minimum, at the Step 3 level.

Felonious Infraction: Any student who is charged with a felony will be suspended immediately for an indefinite period while school administration determines the course of action that will be used in dealing with that student. Any student who is found guilty of a felony will be dealt with at a minimum Step 4 level.

Admission: It will be considered an admission if the student contacts a coach or school official within 48 hours to report that they have violated the guidelines for participation (a phone call, voice mail, text message, email, or canceled stamp on a mailed envelope are all acceptable as "contact"). If the student admission is the first knowledge by the school personnel, then the penalty under the "if admission made" portion of the consequences will be administered. If the violation is reported in the local newspaper or by legal sources, and *then* the student admits to the violation, this will not be considered an admission. If more than one student is involved in an incident, all students will be given an opportunity to admit within the 48-hour period, in which event, even though the school may have knowledge as a result of another student's admission, all students so admitting will receive the consequences applicable to the admitting student.

Honesty Clause: If a student is honest when confronted by a school official with a violation, the consequences shall be as set forth in these guidelines. If a student denies involvement and conclusive evidence of guilt as determined by the administration is later established, the maximum suspension shall be doubled.

Competitive Week: A competitive week shall be a week including a contest or event in which the student is a participant. If the student violates these guidelines between seasons, the penalty will take place during the first competitive week of the next season in which the student participates, even if that is the following school year. In the event that the penalty takes place at the end of any competitive season, and the full suspension cannot be served, the remainder of the suspension shall carry over to the next season in which the student participates. A student may not go out for another sport or any school sponsored activity just to serve the penalty unless the student completes the entire season for the sport/ activity.

Penalty: The penalties set forth herein are for students participating in activities. Students participating in activities will follow the Student Code of Conduct and all other district policies that pertain to students. The administration specifically reserves the right to implement a more harsh consequence if, in the opinion of the administration, the conduct is so severe as to warrant a harsher penalty. In that regard, the penalties set forth herein are intended to be minimum guidelines. The administrator responsible for enforcing these guidelines may rely on any source he/she determines through investigation, to the best of his/her ability, is reliable. Investigation may include police officers, immediate faculty or administration, parents of the student, or students involved.

Drugs, Alcohol, Tobacco, Inhalants, e-cigarettes, Hookahs, Cannabis based products (CBD oil), or Vaporizers

A. Infractions to the activity code OFF of school grounds or outside school times

First Offense:

a. See Infraction and Step Charts
b. The student practices but does not participate nor travel with team.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is notified.

First Offense - If admission made:

If a student who violates this policy admits the violation to the student's sponsor, building principal, or athletic director, the penalty will be as set forth below:

a. Two competitive week's suspension
b. The student practices but does not participate nor travel with the team.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is notified.

Second Offense:

a. See Infraction and Step Charts
b. The student practices but does not participate nor travel with team.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is notified.

B. Athletics, Speech, and all school sponsored Competitive Activities ON school grounds OR attending a school sponsored activity off of school grounds:

First Offense:

a. See Infraction and Step Charts
b. The student practices but does not participate nor travel with team.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is notified.

C. All other School Sponsored Activities:

To attend school sponsored activities, a student must be eligible both academically and in no violation of the Student Code of Conduct.

First Offense:

a. Suspension for a three week period. If there are not at least two (2) scheduled events during that time frame, it will be necessary for the student to be suspended from the next two (2) scheduled events, no matter when they fall on the school calendar.
b. The student practices but does not participate nor travel for any activity.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is notified.

First Offense - If Admission Made:

If a student who violates this policy admits the violation to the student's sponsor, building principal, or activities director, the penalty will be as set forth below:

a. Suspension for two-week period. If there is no scheduled event during that time frame, it will be necessary for the student to be suspended from the next one (1) scheduled event no matter when it falls on the school calendar
b. The student practices but does not participate nor travel for any activity.
c. Student will meet with the counselor/principal to discuss negative impacts of choice, discuss alternative choices, and be made aware of potential consequences of their actions.
d. Parent is contacted.

Second Offense:

a. Suspension for a six-week period. If there are not at least four (4) scheduled events during that time frame, it will be necessary for the student to be suspended from the next four (4) scheduled events, no matter when they fall on the school calendar
b. The student practices but does not participate nor travel for any activity.

Third Offense:

a. Out of all activities for the remainder of their school career at the school in which he/she is currently enrolled (i.e. middle school or high school).
b. A student and his/her parents may appeal after one calendar year if the student has successfully completed a treatment program. See guidelines in "Steps of Ineligibility."

D. Multiple Activities:

Students in multiple activities will suffer the outlined consequences in each activity (example: football/band). The outcomes to the student's actions will run concurrently.

Infractions other than Drug, Alcohol, Inhalant and Tobacco Violations

A. See Infraction and Steps Charts
B. The student practices but does not participate or travel with the team if the applicable step is Step 1, Step 2, or Step 3.
C. Parent is notified.
D.

Infractions Chart

Infraction	Violation 1	Violation 2	Violation 3
Alcohol/Drugs/tobacco/e-cigarettes, hookahs, snus, CBD Products, and vaporizers Use and/ or possession off of school property	Step 1	Step 2	Step 3
Tobacco (including JUULs, snus, and e-cigarettes) vaporizers use and/ or possession or CBD oils (non THC content) on school property or school function off school grounds.	Step 1	Step 2	Step 3
Alcohol use and/or possession on school property or school function off school grounds	Step 2	Step 3	Step 4
Drug use and/or possessions including paraphernalia and THC based cannabis based product on school property or school function off school grounds	Step 3	Step 4	Step 5

Alcohol/Drugs/JUUL/ Tobacco/CBD distribution or hosting a party where alcohol/drugs used	Step 3	Step 4	Step 5
Theft and/or Vandalism	Step 1	Step 2	Step 4
Theft and/or Vandalism on school property and/or at a school activity	Step 2	Step 3	Step 4
Hazing, Harassment or Bullying	Step 2	Step 4	Step 5
Sexual Misconduct	Step 3	Step 4	Step 5
Any Felony Infraction	Step 4	Step 5	N/A
Any other violation of the Student Code of Conduct or which would be a violation of the Student code of Conduct had it occurred at school, or at a school activity (excluding possession of weapon)	Administrator Decision	Administrator Decision	Administrator Decision

If an infraction occurs on school grounds or off school grounds while attending a school sponsored activity and the infraction includes usage of a tobacco product, any form of electronic smoking device, the use of alcohol, and or drugs/possession or CBD product containing THC, police will be contacted.

Any student participating in an activity in which a grade is assigned (band, choir, FFA, or art, for example) and receives a suspension from the activity, that student will be expected to participate in programs, concerts, pep band, or any other graded activity during the duration of the suspension. If, however, a field trip or competition away from school grounds occurs during the suspension, that student will not be allowed to travel.

Greybull High School Steps of Ineligibility

Step	Consequence
1	Three competitive weeks
2	Six competitive weeks
3	Eight competitive weeks of extracurricular season, dismissal for remainder of sports season
4	Removal from all school-sponsored activities for one calendar year
5	Removal from all school-sponsored activities for the remainder of that student's career at the building in which they are currently enrolled. A student and his/her parents may appeal after one calendar year if the student has successfully completed a school approved treatment program at the expense of the parent, guardian, or outside resource. The appeal process with the student and his/her parents may also include but not be limited to: Activity director, building principal, coach, teacher, and guidance counselor or another counselor of the student's choice. The appeal will then be forwarded to the Superintendent of Big

	Horn County School District #3 and the BGH#3 Board of Trustees. The Board of Trustees will then make a ruling on final eligibility.

Greybull Middle School Steps of Ineligibility

Step	Consequence
1	One competitive week
2	Three competitive weeks
3	Eight competitive weeks of extracurricular season, dismissal for remainder of sports season
4	Removal from all school-sponsored activities for one calendar year.
5	Removal from all school-sponsored activities for the remainder of that student's career at the building in which they are currently enrolled. A student and his/her parents may appeal after one calendar year if the student has successfully completed a school approved treatment program at the expense of the parent, guardian, or outside resource. The appeal process with the student and his/her parents may also include but not be limited to: Activity director, building principal, coach, teacher, and guidance counselor or another counselor of the student's choice. The appeal will then be forwarded to the Superintendent of Big Horn County School District #3 and the BGH#3 Board of Trustees. The Board of Trustees will then make a ruling on final eligibility.

Concussion Education & Information

Greybull High School is committed to the health and safety of all student-athletes. A concussion is a type of traumatic brain injury caused by a bump, blow, or jolt to the head or by an impact to the body that causes the head and brain to move rapidly. Even what appears to be a mild bump or "ding" can have serious consequences if not properly recognized and treated.

To support safe participation in school athletics:

- All student-athletes are required to complete baseline ImPACT testing prior to participation in any practices or competitions. This testing provides important data to support safe return-to-play decisions in the event of a head injury.
- All coaches and relevant staff complete annual concussion recognition training to identify symptoms and follow appropriate response protocols.
- Parents and guardians will receive concussion information each season and are encouraged to review signs, symptoms, and Return to Play expectations.
- Any student suspected of sustaining a concussion will be immediately removed from play and may not return the same day. They must be evaluated by a qualified healthcare provider and cleared before resuming any physical activity.
- If a concussion occurs outside of school-sponsored activities, families are encouraged to notify the school so academic and athletic supports can be put in place as needed.

Common symptoms of concussion include:

- Headache or head pressure
- Nausea, dizziness, or balance problems
- Sensitivity to light or sound
- Confusion, fogginess, or memory issues
- Changes in mood, sleep, or energy levels

We encourage families to report any head injury symptoms and seek medical attention promptly. ***When in doubt, the athlete sits out.***

Return to Play Protocol

Greybull High School is committed to the health and safety of all student-athletes. In alignment with state guidance and best practices, the following Return to Play protocol has been established for students recovering from a concussion or other serious head injury:

- **Immediate Removal & Notification**: Any student-athlete who exhibits signs, symptoms, or behaviors consistent with a concussion during a school-sponsored athletic event or practice will be immediately removed from participation. A staff member will notify the student's parent or guardian, and the student will not return to activity that day.

- **Medical Clearance and ImPACT Testing Required**: Before returning to any form of physical activity, the student must (1) be evaluated and cleared by a licensed healthcare provider trained in concussion management **and** (2) successfully complete the ImPACT baseline test administered by the school. These steps may be completed in any order, but **both must be fulfilled** prior to beginning the Return to Play progression. Written medical clearance must be submitted to the Activities Office.

- **Stepwise Return to Play**: Once symptom-free for at least 24 hours and cleared by a healthcare provider, the student will follow a gradual, supervised return-to-play progression:
    1. Light aerobic activity (e.g., walking or stationary cycling);
    2. Sport-specific exercise (e.g., running, movement drills without contact);
    3. Non-contact training drills (e.g., passing drills, strength training);
    4. Full-contact practice (only with medical clearance);
    5. Return to full game participation.

- Each step should take at least 24 hours. If symptoms return at any point, the student will rest until symptom-free for 24 hours before resuming the previous step.

- Students who experience a loss of consciousness or have multiple diagnosed concussions may be subject to extended rest periods and further medical review before returning to play.

We ask families to report any head injuries that occur outside of school so we can help support your student's recovery. Questions can be directed to the Activities Director or your student's coach.

Travel Procedures

1. Only registered and qualified members of an organization will be eligible to go on school-sponsored trips.
2. There will be a minimum of one female chaperone on any overnight trip when girls travel.
3. Travel will be timed as closely as practical to the time of the event.

4. The organization will return as soon as their competition is completed, providing they are able to do so safely as determined by the sponsor. Trip returns that are anticipated to be later than 2:00 am must have prior administrative approval.

Student/Athlete Travel Attire

The school dress code shall be enforced during home and away events. The participants shall adhere to a code as prescribed by the coach or sponsor. The minimum for boys which the coach or sponsor shall enforce shall be a shirt or sweater with dress slacks, nice colored jeans without holes, or other travel apparel approved by BGH#3. The minimum for the girls which a coach or sponsor shall enforce shall be a blouse, shirt or sweater with dress slacks, skirt, dress, nice colored jeans without holes, or other travel apparel approved by BGH#3.

The following items are deemed appropriate:

1. On away events, the above policy must be enforced both before and after the game. The athletes arrive dressed nicely and come out of the locker room dressed nicely as well.
2. At home events, a student/athlete may wear nice blue jeans as long as they do not have holes, rips, tears, or missing pockets. They must be clean and in good condition as well. At a home event, students must wear a nice shirt of some type (no plain or graphic t-shirts.) A team t-shirt may be worn if it is worn by the entire team.
3. Team issued travel suits may be worn as well (home or away). If the travel suit is worn, the top and bottom must be worn as a unit. If a student or athlete removes the top because it becomes too warm, a team t-shirt must be under the top.
4. At down time of a tournament where the athletes are spectators, item #2 can be applied as well. This would apply to a competitor if he or she were no longer competing in a tournament as well.
5. Pajamas, slippers, and other flannel-type items are not to be worn except inside the motel room.

The principal or the principal's designee has the final authority for interpreting whether a student's apparel conforms to the dress code. When it is determined that a student's clothing does not comply with the dress code, a parent/guardian may be asked to bring an appropriate change of clothes to the school or a student may be sent home to change clothing. See District Policy JFCA.

Sponsor Responsibilities

1. It is the responsibility of the activity's sponsor to be informed on all school policies and to ensure that these are adhered to. Any infraction will be reported to the administration. A sponsor who does not adhere to school policies will be relieved of all extra-curricular responsibilities for the school year.
2. Practice sessions/meetings shall be organized by the sponsor of each activity and conducted with a sponsor present at all times.
3. Practice sessions/meetings will be held at the high school or middle school and shall be arranged by the sponsor with schedules established prior to the sessions.
4. The sponsor shall send information concerning time of departure, return, mode of travel, and meals to the parents of each student participating in an out-of-town event. Students who use school transportation for activities will return on school transportation unless a parent (in person with student) obtains a release from the sponsor at the time of the activity or release is prearranged with the principal.
5. Parents transporting any students participating in school activities shall be advised of the possibility of liability risks.

6. The sponsor will establish curfew, check-in times, and "lights out" times for all students, and students are to adhere to those times.
7. The sponsor must make sure that all students have turned in their trip consent forms BEFORE the sport or activity season begins.
8. The sponsor shall not behave in any manner that could bring discredit to the school or himself as a professional. Sponsors are not to use alcoholic beverages or controlled substances.
9. The sponsor will report students who violate the law to the appropriate local authorities and then to the principal, or the superintendent if the principal is unavailable.
10. The legal speed limits shall be observed.
11. At least one sponsor will always be in attendance to supervise students wherever they are at all times.
12. The sponsor will not use nor allow the use of profane or abusive language.

School Trips

For activities sanctioned by the school, transportation will be provided for the participants. Any exception necessitates a parental request made directly to the activity sponsor and principal. In going to and from and while at the place of activity, all school rules are in force. The parent and student must sign the school trip form with the understanding that if the student violates the law (e.g. use of controlled substances, shoplifting, etc.) while on the trip, the sponsor will contact the administration, parents, or police as appropriate. During a student activity trip, proper supervision and operation shall be a cooperative venture between the driver and the faculty member sponsoring the activity. All arrangements for routes, meals, lodging, etc. shall be made by them before the trip starts. The sponsor, coach, or chaperone shall be responsible for enforcing the general rules of student conduct and any specific rules for the trip, with the exception that meals may be eaten on the bus. The sponsor will set meal policies after consulting with the bus driver about the time, place, etc. of meals and will take the responsibility for any meals eaten on the bus. Any refuse left on the bus after it reaches its destination will be personally removed by the students under the direction of the sponsor.

Athletic Squad and Varsity Letters

1. High school teams may be divided into varsity, junior varsity, and freshman squads. Squad placement will be determined by performance skills, attitude, and adherence to program policies.
2. A high school varsity letter will be based upon entry into at least one half of varsity football quarters, volleyball games, basketball quarters, or wrestling matches. An athlete must average at least one point per varsity meet for track. State meet qualification in either wrestling or track may justify a varsity letter. Special consideration may be given to those athletes who make a major contribution to the varsity team or have a major role on the team cut short due to injury. A varsity letter is also contingent upon completion of the season in good standing.
3. Letters and pins will be awarded to team managers, trainers, statisticians, and video operators providing their contributions to the team are significant, frequent, and routine and that they complete the season in good standing.

Late Activity Bus

1. Big Horn County School District #3 may provide a late activity bus for out of town students based on superintendent discretion. ~~There is no charge to ride this bus.~~
2. Buses will leave from the Buff Gym parking lot at 6:30 pm Monday through Thursday. The transportation supervisor will monitor Friday usage of the buses to determine feasibility of continuing the buses on Friday.

3. Busses will transport students to Emblem, Shell, and Greybull River areas but will travel on main highways only. Parents will be responsible for transportation off the main highway.
4. The purpose of the bus service is to accommodate students participating in school activities and school events. **Students who simply wish to stay in town until the late buses run will not be transported.**

High School Rodeo

High school rodeo is not sanctioned by the Wyoming High School Activities Association or Greybull High School. Students participating in rodeo outside the sanctions of WHSAA and Greybull High School will be allowed 5 days of absences or 35 missed periods throughout the year without those absences requiring permission from the building principal or resulting in attendance points. Any missed days or periods beyond 5 or 35 will require principal approval or result in attendance points.

National Honor Society Selection

The National Honor Society induction will take place in the fall of every year. Juniors and seniors are eligible for selection to the National Honor Society with at least a cumulative 3.5 GPA. Students who meet the GPA requirement will be sent a letter and an application packet in May which must be completed and returned in August. Returned packets will be submitted to the NHS selection committee, which evaluates nominees based on the NHS principles. Nominees are selected not only on their grade point average but also on the basis of scholarship, leadership, service, and character.

Student Council

The student council is an organization provided to give students a voice in the activities of the school. Although the ultimate legal responsibility for all policies and decisions rests with the administration and faculty, every effort is made to encourage students to express themselves through their committee to affect better organization and a continued pleasant environment for all concerned with the daily activities of the school.

Class Organizations

Each grade has its own class organization with elected officers and faculty sponsors. It is within this framework that the class activities are planned and implemented.

Senior Class Trip

The senior class trip is for students who are eligible and are on track to graduate during the current school year. If a student is a senior and will not graduate with their class, they will not attend the class trip.

Participation in the senior trip is a privilege. Students who receive a WAF (Withdrawal Attendance Failure), are significantly deficient in credits required for graduation, have ongoing attendance concerns, or are not making satisfactory academic progress may be deemed ineligible to participate in the senior trip. Eligibility for participation will be determined by the principal based on the student's overall academic standing, attendance record, and progress toward graduation requirements.

Fundraising

Classes and organizations may be allowed to have special projects for the purpose of earning funds. Groups involved, with sponsor approval, will complete a fundraising form and turn it into the building principal for final approval. A time line must be established for the project. Monies will be received by those involved during the project. A calendar of approved fundraising projects will be maintained in the high school office.

Decorations, Posters, and Signs
Permission to decorate must be secured from the principal. When decorating for games and special occasions, care must be taken not to damage the walls, windows, or lockers. Sponsors are to be with any group who is decorating after school hours. All decorations and tape must be removed by the decorating group after the event.

Printed Student Material
Any written material produced, posted, circulated, or otherwise distributed must be approved by the class or organization sponsor and the principal.

Student Complaint Procedure
Any student of this district who believes that he/she has been discriminated against, denied a benefit, or excluded from participation in any district program or activity on the basis of sex, age, race, religion, national origin, or handicap may file a written complaint with the Big Horn County School District #3 Title IX Coordinator.

Prior to filing the grievance, the student shall contact the building principal or the individual whose decision generated the grievance, and make an appointment for an informal meeting in an attempt to resolve the issue. If the alleged grievance is not resolved satisfactorily at the informal meeting, the student may file a grievance in accordance with the procedures set forth in Board Policy AC-R. The written grievance shall be presented to the Title IX Coordinator within fifteen (15) school days of the date upon which the complainant learned or should have known of the circumstances upon which the complaint is based.

Insurance
An insurance plan shall be made available to students to protect them in case of injury at school (at parent/guardian cost). The plan shall not be compulsory, but all pupils participating in competitive athletics shall be required to be covered by an insurance plan unless the parent signs a waiver to the effect that coverage is not needed. (Policy JHA)

- All students participating in athletics must carry either the school-provided insurance or provide written verification of insurance coverage, signed by the parent or legal guardian.
- It should be remembered that the school is not assuming the insurance liability, but is performing a service whereby through large numbers of participants, students are able to obtain coverage at a reduced rate. The school makes every effort to obtain the best coverage possible at the least expense and from a reputable company. File claims immediately after occurrence of injury.

Money and Valuables
Large sums of money or valuables are not usually necessary in school. In the event such items are brought to school, check them in at the office. Please do not leave items in lockers during gym classes or during athletic practices. It is highly encouraged to purchase a lock for your gym locker. Check in items with the coach or teacher.

Non-discrimination Policy
This school is committed to a policy of nondiscrimination in relation to race, sex, age, religion, national background, or disabilities. This shall prevail in all of its policy concerning staff, students, education programs, services, and individuals with whom the Board does business.

Notification of Nondiscrimination: Big Horn County School District No. 3 does not discriminate on the basis of economic status, intellectual ability, race, color, national origin, sex, sexual orientation, gender identity, transgender status, age, disability, or religion in admission or access to, or treatment of employment in, its educational programs or activities. Inquiries concerning Title VI, Title IX, Section 504, and ADA may be referred to Big Horn County School District No.3:

Title IX Coordinator	**Section 504 Coordinator**
Sara Schlattmann	Leann Vigil
640 8th Avenue North	640 8th Avenue North
Greybull, WY 82426	Greybull, WY 82426
(307) 765-4756	(307) 765-4756

Principal Discretion

The principal has the authority to make the exceptions to the student handbook depending on the circumstances of the situation and in compliance with Board policy. Any discretion items will be reported to the superintendent immediately in writing and placed in the monthly board report.

Wyoming High School Activities Association (WHSAA)

Please click the following link to access the WHSAA Handbook.

https://www.whsaa.org/whsaa/handbook.pdf

Big Horn County School District #3
Greybull High School / Greybull Middle School
Activities Handbook & Eligibility Acknowledgment

At Greybull High School and Greybull Middle School, we believe participation in athletics and activities is an important part of the educational experience, providing students with opportunities to grow as learners, leaders, teammates, and citizens.

The GHS/GMS Activities Handbook outlines the expectations, responsibilities, and procedures that support a positive experience for all participants. By signing this acknowledgment, the student and parent/guardian confirm that they have read and understand the GHS/GMS Activities Handbook and acknowledge the following:

Activity Eligibility
We understand that eligibility requirements begin with the student's first school-sponsored practice or activity (including activities held before the first day of school), continue throughout the student's participation in school-sponsored activities, and remain in effect while the student represents Big Horn County School District #3 in school-sponsored activities.

Student Conduct
We understand that students participating in school-sponsored activities are expected to comply with the Activities Handbook, the Student Handbook, and all applicable district policies, including Board Policy JGD/JGE governing student conduct. We understand that violations of these expectations may affect a student's eligibility to participate.

Participation Expectations
We understand that participation in school-sponsored activities requires students to maintain academic, attendance, behavioral, and citizenship expectations established by the district.

Health & Safety Requirements
We acknowledge the district's pre-participation requirements, including required physical examinations, ImPACT testing (when applicable), medical clearance, and Return-to-Play procedures.

Sportsmanship & Responsibility
We understand the expectations regarding conduct, travel, dress, sportsmanship, and prohibited substances as outlined in the Activities Handbook. We agree to support coaches, sponsors, and school staff in maintaining high standards of character, responsibility, sportsmanship, and citizenship.

By signing, we certify that we have read and understand the information above and acknowledge our responsibility to comply with the expectations outlined in the GHS/GMS Activities Handbook and applicable district policies.

Acknowledgement Form

Greybull Middle School/Greybull High School Activities Handbook

Big Horn County School District #3

By signing below, I acknowledge that I have read and understand the Greybull Middle School/Greybull High School Activities Handbook. I understand that participation in school activities is a privilege that comes with responsibilities, and I agree to support the expectations outlined in the handbook.

Specifically, I acknowledge the following:

1. I understand the eligibility requirements for student participation in activities, including academic, behavioral, and attendance expectations.

2. I am aware of the procedures for pre-participation requirements and will ensure my student meets these prior to participation.

3. I understand the school's policies on conduct, travel, dress code, and use of substances as they relate to student participants.

4. I have read the Concussion Education & Information and Return to Play protocol outlined in the handbook and understand the requirements for medical clearance and ImPACT testing before my student may return to participation. I agree to follow and support these procedures.

5. I agree to support the coaches, sponsors, and staff in their efforts to uphold high standards of character, effort, and sportsmanship.

6. I understand the consequences that may result if my student fails to meet the expectations outlined in the handbook.

I understand that I must acknowledge this information prior to my student's participation in any school-sponsored activity.

_____ _____ _____

Student Name (PRINTED) Student Signature Date

_____ _____ _____

Parent/Guardian Name (PRINTED) Parent/Guardian Signature Date

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION

SCHOOL PHYSICAL EXAMINATION

MEDICAL RECORD

PHYSICIANS STATEMENT MUST BE DATED AFTER MAY 1 TO BE VALID FOR THE UPCOMING SCHOOL YEAR

Name _____ Sex _____ Age _____ Date of Birth _____

Grade _____ School _____ Sport(s) _____

Address _____ Phone _____

Personal Physician _____

In case of emergency, contact

Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers below. Circle questions you don't know the answers to.

	Yes	No
1. Have you had a medical illness or injury since your last check up or sports physical?	[ ]	[ ]
2. Have you ever been hospitalized overnight?	[ ]	[ ]
3. Are you currently taking any prescription of nonprescription (over-the-counter) medications or pills or using an inhaler?	[ ]	[ ]
4. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	[ ]	[ ]
5. Have you ever passed out during or after exercise?	[ ]	[ ]
Have you ever been dizzy during or after exercise?	[ ]	[ ]
Have you ever had chest pain during or after exercise?	[ ]	[ ]
Do you get tired more quickly than your friends do during exercise?	[ ]	[ ]
Have you ever had racing of your heart or skipped heartbeats?	[ ]	[ ]
Have you had high blood pressure or high cholesterol?	[ ]	[ ]
Have you ever been told you have a heart murmur?	[ ]	[ ]
Has any family member or relative died of heart problems or of sudden death before age 50?	[ ]	[ ]
Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	[ ]	[ ]
Has a physician ever denied or restricted your participation in sports for any heart problems?	[ ]	[ ]
6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	[ ]	[ ]
7. Have you ever had a head injury or concussion?	[ ]	[ ]
Have you ever been knocked out, become unconscious, or lost your memory?	[ ]	[ ]
Have you ever had a seizure?	[ ]	[ ]
Do you have frequent or severe headaches?	[ ]	[ ]
Have you ever had numbness or tingling in your arms, hands, legs, or feet?	[ ]	[ ]
Have you ever had a stinger, burner, or pinched nerve?	[ ]	[ ]
8. Have you ever become ill from exercising in the heat?	[ ]	[ ]
9. Do you cough, wheeze, or have trouble breathing during or after activity?	[ ]	[ ]
Do you have asthma?	[ ]	[ ]
Do you have seasonal allergies that require medical treatment?	[ ]	[ ]

	Yes	No
10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	[ ]	[ ]
11. Have you had any problems with your eyes or vision?	[ ]	[ ]
Do you wear glasses, contacts, or protective eyewear?	[ ]	[ ]
12. Have you ever had a sprain, strain, or swelling after injury?	[ ]	[ ]
Have you broken or fractured any bones or dislocated any joints?	[ ]	[ ]
Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints?	[ ]	[ ]

If yes, check appropriate box and explain below

[ ] Head	[ ] Elbow	[ ] Hip
[ ] Neck	[ ] Forearm	[ ] Thigh
[ ] Back	[ ] Wrist	[ ] Knee
[ ] Chest	[ ] Hand	[ ] Shin/calf
[ ] Shoulder	[ ] Finger	[ ] Ankle
[ ] Upper Arm		[ ] Foot

	Yes	No
13. Do you want to weigh more or less than you do now?	[ ]	[ ]
Do you lose weight regularly to meet weight requirements for your sport?	[ ]	[ ]
14. Do you feel stressed out?	[ ]	[ ]
15. Do you, or someone in your family, have sickle cell trait or disease?	[ ]	[ ]

FEMALES ONLY

16. When was your first menstrual period? _____
When was your most recent menstrual period? _____
How much time do you usually have from the start of one period to the start of another? _____
How many periods have you had in the last year? _____
What was the longest time between periods in the last year?
Explain "Yes" answers here: _____

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete _____ Signature of parent/guardian _____ Date _____

PARENT/GUARDIAN CONSENT FOR EMERGENCY MEDICAL ASSISTANCE

I hereby authorize _____ School District and its faculty members in charge of my child named below to obtain all necessary medical care for my child in the event that I cannot be reached to authorize it myself. I hereby authorize any licensed physician and/or medical personnel to render necessary medical treatment to my child.

Student's Name _____ Work Phone Number; Father _____

Address _____ Mother _____

_____ Home Phone Number _____

INSURANCE INFORMATION: Company _____ Policy # _____

Insured Person _____

Policy Holder's Social Security Number _____

Signature acknowledges that we have read and understand the above warning and we give consent for emergency assistance that might be needed.

Date _____ Signature of Parent/Guardian _____

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION
SCHOOL PHYSICAL EXAMINATION
MEDICAL RECORD

PHYSICIANS STATEMENT MUST BE DATED AFTER MAY 1 TO BE VALID FOR THE UPCOMING SCHOOL YEAR

DATE OF EXAM _____

Name _____ Date of Birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP ____/____ (____/____, ____/____)

Vision R 20/_____ L 20/_____ Corrected: Y N Pupils: Equal _____ Unequal _____

	NORMAL	ABNORMAL FINDINGS
MEDICAL		
Appearance		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart		
Pulses		
Lungs		
Abdomen		
Genitalia (males only)		
Skin		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand		
Hip/thigh		
Knee		
Leg/ankle		
Foot		

*Normal indicated by check or N

[ ] **Cleared**

*[ ] **Cleared after completing evaluation/rehabilitation for:** _____

_____

_____

_____

*[ ] **Not cleared for:** _____ **Reason:** _____

Recommendations: _____

_____

_____

***IF THESE BOXES ARE CHECKED, A COPY OF THIS FORM NEEDS TO BE SENT TO THE APPROPRIATE SCHOOL DISTRICT.**

Name of physician (print/type) _____ **Date** _____

Address _____ **Phone** _____

Signature of physician _____, **MD, DO or DC**

STUDENT/PARENT/GUARDIAN INFORMED CONSENT

Participation in all activities requires the acceptance of risk of possible serious injury. The risk can be minimized by following your coaches' rules and procedures, by familiarizing yourself with the rules of the activity, and by following the specific rules issued by manufacturers for the safe use of your activity equipment. The risk is always there, but you can help minimize it by making safety a shared responsibility. When you make the decision to participate in an activity, you are assuming the shared responsibility of following the activities rules, the coaches' rules, and the equipment manufacturer's rules. You, as a participant, can help make the activity safer by not intentionally using techniques which are illegal and which can cause serious injury.

Your signature below indicates that you have been informed about the importance of following rules in activities participation; and you realize that there is a risk of being injured that is inherent in all activities. You realize that the risk of injury may be severe, including the risk of fractures, brain injuries, paralysis or even death.

Activity programs specifically excluded: _____

Date _____ Signature of Student _____

Signature of Parent _____

ASOCIACIÓN DE ACTIVIDADES DE LAS ESCUELAS
PREPARATORIAS DE WYOMING

EXAMEN FÍSICO ESCOLAR
HISTORIAL MÉDICO

LA DECLARACIÓN DEL MÉDICO DEBE SER FECHADA DESPUÉS DEL 1 DE MAYO PARA SER VÁLIDA PARA EL PRÓXIMO AÑO ESCOLAR

Nombre _____ Sexo _____ Edad _____ Fecha de Nacimiento_____ Grado

Escuela_____Deporte(s)_____ Direccion

Telefono_____Doctor Personal_____ ***En caso de emergencia, contactar a:*** Nombre Relación Teléfono (Casa) (Trabajo)

Marca "Si" en donde corresponda. Circula la pregunta de la que no sepas las respuestas.

	Si	No
1 .¿Has tenido alguna enfermedad o lesión médica desde tu último chequeo médico o físico deportivo?	[ ]	[ ]
2. ¿Alguna vez has estado hospitalizado durante la noche?	[ ]	[ ]
3. ¿Estás tomando actualmente algún medicamento prescrito o píldoras (de venta libre) o usas algun inhalador?	[ ]	[ ]
4. ¿Tienes alguna alergia (por ejemplo, al polen, medicamentos, alimentos o insectos)?	[ ]	[ ]
5. ¿Alguna vez te has desmayado durante o después del ejercicio?	[ ]	[ ]
¿Alguna vez te has mareado durante o después del ejercicio?	[ ]	[ ]
¿Alguna vez has tenido dolor en el pecho durante o después del ejercicio?	[ ]	[ ]
¿Te cansas más rápido que tus amigos durante el ejercicio?	[ ]	[ ]
¿Alguna vez has tenido latidos cardíacos acelerados o saltos de palpitaciones?	[ ]	[ ]
¿Has tenido presión arterial alta o colesterol alto?	[ ]	[ ]
¿Te han dicho alguna vez que tienes un soplo cardíaco?	[ ]	[ ]
¿Algún miembro de tu familia o pariente ha muerto de problemas cardíacos o de muerte súbita antes de los 50 años?	[ ]	[ ]
¿Has tenido alguna infección viral grave (por ejemplo, miocarditis o mononucleosis) en este último mes?	[ ]	[ ]
¿Alguna vez un médico te ha negado o restringido tu participación en deportes por algún problema cardíaco?	[ ]	[ ]
6. ¿Tienes algún problema cutáneo actual (por ejemplo, picazón, erupciones cutáneas, acné, verrugas, hongos o ampollas)?	[ ]	[ ]
7. ¿Alguna vez has tenido una lesión en la cabeza o una conmoción cerebral?	[ ]	[ ]
¿Alguna vez te has quedado inconsciente, has perdido el conocimiento o has perdido la memoria?	[ ]	[ ]
¿Has tenido convulsiones alguna vez?	[ ]	[ ]
¿Te dan dolores de cabeza frecuentes o intensos?	[ ]	[ ]
¿Alguna vez has tenido entumecimiento u hormigueo en tus brazos, manos, piernas o pies?	[ ]	[ ]
¿Alguna vez has tenido un aguijón, un ardor o un nervio pinzado?	[ ]	[ ]
8. ¿Alguna vez te has sentido enfermo por hacer ejercicio en el calor?	[ ]	[ ]
9. ¿Has tosido, con respiración ruidosa, o has tenido problemas para respirar durante o después de la actividad?	[ ]	[ ]
¿Tienes Asma?	[ ]	[ ]
¿Tienes alergias estacionales que requieran tratamiento médico?	[ ]	[ ]

	Si	No
10. ¿Utilizas algún equipo o dispositivo de protección o de corrección especial que no se usa normalmente para tu deporte o posición (por ejemplo, rodillera, enrollamiento especial para el cuello, ortesis de pie, retenedor en los dientes, audífonos)?	[ ]	[ ]
11. ¿Has tenido algún problema con tus ojos o visión?	[ ]	[ ]
Usas anteojos, lentes de contacto o protección para los ojos?	[ ]	[ ]
12. ¿Alguna vez has tenido un esguince, distensión o hinchazón después de una lesión?	[ ]	[ ]
¿Te has roto o fracturado algún hueso o dislocado algúnas articulaciones?	[ ]	[ ]
¿Has tenido algún otro problema con dolor o hinchazón en músculos, tendones, huesos o articulaciones?	[ ]	[ ]

Si es así, marca las casillas correspondientes donde esto padecimientos han ocurrido.

[ ] Cabeza [ ] Codos [ ] Cadera
[ ] Cuello [ ] Antebrazo [ ] Muslo
[ ] Espalda [ ] Muñeca [ ] Rodilla
[ ] Pecho [ ] Mano [ ] Pantorrilla/Espinilla
[ ] Hombro [ ] Dedo [ ] Tobillo
[ ] Parte superior del brazo [ ] Pie

13. ¿Quieres pesar más o menos de lo que pesas ahora?	[ ]	[ ]
¿Pierdes peso con regularidad para cumplir con los requisitos de peso de tu deporte?	[ ]	[ ]
14. ¿Te sientes estresado(a)?	[ ]	[ ]
15. ¿Tienes tu o alguien de tu familia, el rasgo o la enfermedad de células falciformes?	[ ]	[ ]

SOLO MUJERES

16. ¿Cuándo fue tu primer período menstrual? _____
¿Cuándo fue tu período menstrual más reciente? _____
¿Cuánto tiempo tienes normalmente desde el inicio de un período al comienzo del otro?_____
¿Cuántos períodos ha tenido en el último año? _____
¿Cuál fue el tiempo más largo entre períodos en el último año?_____

Explica las respuestas "Sí" aquí

_____
_____

Por la presente declaro que, a mi leal saber y entender, mis respuestas a las preguntas anteriores son completas y correctas.

Firma del atleta_____ Firma del padre/guardián legal_____Fecha _____

CONSENTIMIENTO DEL PADRE/TUTOR PARA ASISTENCIA MÉDICA DE EMERGENCIA

Por la presente autorizo _____ El Distrito Escolar y los miembros de la facultad a cargo de mi hijo(a) nombrados a continuación para obtener toda la atención médica necesaria para mi hijo(a) en caso de que no se me pueda localizar para autorizarlo yo mismo. Por la presente autorizo a cualquier médico y / o personal médico con licencia a brindar el tratamiento médico necesario a mi hijo(a).

Nombre Del Estudiante:_____ Numero de Teléfono del trabajo, Padre: _____
Dirección:_____ Madre:_____
Numero de teléfono de casa:_____

INFORMACIÓN DEL SEGURO: Empresa:_____ # de Polizia:_____
Persona Asegurada:_____
Persona Asegurada Numero de seguro social del titular de la polizia:_____

Al firmar se reconoce que hemos leído y entendido la advertencia anterior y damos consentimiento para la asistencia de emergencia que pueda ser necesaria.

Fecha:_____ Firma del padre/guardián legal:_____

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION SCHOOL PHYSICAL EXAMINATION MEDICAL RECORD

PHYSICIANS STATEMENT MUST BE DATED AFTER MAY 1 TO BE VALID FOR THE UPCOMING SCHOOL YEAR

DATE OF EXAM:_____

Name_____Date of Birth_____
Height_____ Weight_____ % Body fat (optional) _____Pulse_____ BP_____ / _____(___ / _.__ /___)
Vision R 20____/ L 20/_____ Corrected: Y___ N____ Pupils: Equal_____ Unequal _____`

	NORMAL	ABNORMAL FINDINGS
MEDICAL		
Appearance		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart		
Pulses		
Lungs		
Abdomen		
Genitalia (males only)		
Skin		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand		
Hip/thigh		
Knee		
Leg/ankle		
Foot		

*[ ] Cleared after completing evaluation/rehabilitation for: _____
_____
_____
_____

*[ ] Not cleared for: _____ Reason: _____
Recommendations _____

CONSENTIMIENTO INFORMADO DEL ESTUDIANTE / PADRE /GUARDIÁN LEGAL

La participación en todas las actividades requiere la aceptación del riesgo de posibles lesiones graves. El riesgo se puede minimizar siguiendo las reglas y procedimientos de sus entrenadores, familiarizándose con las reglas de la actividad y siguiendo las reglas específicas emitidas por los fabricantes para el uso seguro de su equipo de actividades. El riesgo siempre está ahí, pero puede ayudar a minimizarlo haciendo de la seguridad una responsabilidad compartida. Cuando toma la decisión de participar en una actividad, asume la responsabilidad compartida de seguir las reglas de las actividades, las reglas de los entrenadores y las reglas del fabricante del equipo. Ustedes, como participantes, pueden ayudar a que la actividad sea más segura al no usar intencionalmente técnicas que son ilegales y que pueden causar lesiones graves. Su firma a continuación indica que se le ha informado sobre la importancia de seguir las reglas en la participación en las actividades; y se da cuenta de que existe el riesgo de lesionarse que es inherente a todas las actividades. Se da cuenta de que el riesgo de lesiones puede ser grave, incluyendo el riesgo de fracturas, lesiones cerebrales, parálisis o incluso muerte.

Programas de actividades específicamente excluidos:_____

Fecha:_____ Firma de Padre de familia/Guardián:_____

Firma del estudiante:_____