Saint Marys Middle School Football

Welcome to SMMS Bobcat Spring Football! Below is important information about our spring football practices.

***All student-athletes must have a valid physical and updated insurance paperwork on file at SMMS before being allowed to participate. Sports physicals are good for one calendar year. Please make sure your physical has not expired.**

You are expected to be at practice and conditioning every day. Conditioning is getting in shape for football (no pads) and learning football basics. Practice will be with full pads or just helmets. If you are not able to attend, you must communicate with a coach before the missed practice/conditioning. There will be consequences for any missed practices/conditioning. We will practice/condition rain or shine. Be prepared.

Practice/Conditioning ends at 4:30 most days. Please have a ride pick you up on time. Activity buses will be available to take players home. If your ride is not there by 4:30, you will be responsible for riding the activity bus.

All equipment (helmets, shoulder pads, pants, jerseys) will be provided for you, except cleats and girdles. (Girdles are padded shorts that you may purchase online). Each player will receive one mouthpiece. It is $1 to replace mouthpieces.

Each player will have their own locker and be responsible for keeping up with their equipment throughout the season. We recommend you buy a lock to keep your equipment secure.

During conditioning we will wear shorts and T-shirts, cleats are recommended. You will need to bring cleats and tennis shoes every day.

Our first day of conditioning is Thursday, April 23. Make sure all physicals are completed and turned in by this date. No equipment or lockers will be assigned until a current physical is on file.

We will be using the SportsYou app to communicate throughout the year. Both parents and players should download the app to stay informed on team information. Please download the app and follow the directions attached.

Sports You Team Code: BFYL-35EP

If you have any questions or concerns, please contact me.

Thanks,

Coach Tucker Jenkins

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