2026 Saint Marys Spring Conditioning and Practice Schedule

If you are not able to attend, you must communicate with a coach before the missed practice/conditioning. There will be consequences for any missed practices/conditioning. We will practice/condition rain or shine. Be prepared.

*****During conditioning we will wear shorts and t-shirts, cleats are recommended. You will need to bring cleats and tennis shoes every day.***

Week of April 23rd begins after school and ends at 4:30

Thursday will be a conditioning day: Must bring shorts and t-shirt for practice.

Week of April 27th-April 30th practice begins after school and ends at 4:30

Monday, Tuesday are Conditioning days, Wednesday and Thursday – padded practice (helmets and shoulder pads) may wear girdle with shorts or football pants.

Week of May 4th-8th practice begins after school and ends at 4:30

Monday - Thursday – padded practice (helmets and shoulder pads) may wear girdle with shorts or football pants.

scrimmage vs CMS on Friday May 8th at the high school.

Week of May 11th-13thth practice begins after school and ends at 4:30

practice Monday, Tuesday, Wednesday scrimmage vs Richmond Hill– padded practice (helmets and shoulder pads) may wear girdle with shorts or football pants.

**Scrimmage vs Richmond Hill will be at SMMS

This schedule is subject to change. Please check Sports You often to for updates to the schedule. Make sure you contact Coach Jenkins if you have any questions.

Coach Jenkins: tljenkins@camden.k12.ga.us